

BG WTC Updated 10/03/2021

WOMEN'S ARTISTIC CLASSIC CHALLENGE CHAMPIONSHIPS RULES 2021

Philosophy

This new competition has been devised to bridge the gap between FIG and Regional level gymnasts. It is hoped that this new competition pathway will become an integral part of British Gymnastics Women's Artistic programme.

The underlying principle of the Classic Challenge is for competition based on ABILITY rather than AGE. The Classic Challenge is about inclusion, a level playing field, fair play philosophies, and is pro-choice. This category must not be deemed to be "lesser" or of a "lower class", and coaches, judges, gymnasts and parents are discouraged from framing it that way.

The overriding aim is to allow the vast majority of Club Gymnasts a meaningful competition structure that is ACHIEVABLE FOR ALL. The new structure will allow gymnasts who train less hours per week to fulfil the rules within their ability level and receive a score which promotes self-value, self-worth and pride in their achievement, whilst giving an additional opportunity for these gymnasts to represent their region at National Finals.

Gymnasts will be able to compete at the Classic Challenge if they have not competed a compulsory level or FIG Challenge Qualification in that year. Gymnasts and coaches will have the option to switch between Classic Challenge and FIG Challenge Qualification each year, but they may not compete both competitions in the same year. Gymnasts competing compulsory levels will still have National Voluntary Levels which will be reviewed annually.

Introduction

For the past few years, WTC has been looking at ways to address the mandated reduction of gymnasts at the British Championships, yet also meet the demands of the vast increase in membership. In addition, keeping clubs in business, keeping gymnasts in the sport, and continuing to build tomorrow's coaches and judges has needed careful consideration. A working group was thereby commissioned towards the end of 2019, to take on this much needed body of work.

It can be stated that the current WAG competitive system in the UK is primarily based on FIG rules, but for all sorts of reasons most gymnasts cannot sustain or manage Bars, and/or cannot develop Vault beyond a certain point or make an international standard. The FIG Code is made for international level gymnasts. This then leaves a large majority of competitors needing a more realistic and less demanding way of competing and enjoying performing.

As a result, a new domestic "code of points" has been created to address these challenges, yet still allow for exceptional talent or late starters to emerge. This new code has been therefore created to address these and other challenges. The code is based largely on FIG rules and directives, yet much more choice and variety are highlighted.

This is a new competitive category that aims to keep these gymnasts in the sport, have a National Final Championship that they can strive for outside of the British Championships, and that values them in such a way that they consider their long-term involvement in the sport. These aims can be met by increased variety for a more personal and suitable choice of a lower number of counting elements and compositional requirements, thereby reducing potential stress and injury. Considering the impacts of Covid-19, every effort has to be made to keep gymnasts in the sport, and so save the clubs. Our hope is that this code contributes to those efforts.

Framework

The traditional Challenge Cup is to be renamed to "FIG Challenge Qualifier". This event is to enable gymnasts to attain a qualification score to progress to The British Championships only.

These new rules fall under the new "Classic Challenge" heading. An annual review with the WTC Working Group will occur to make any necessary changes.

So as to not require a whole new set of judging awards, the judging system is based on current FIG D and E evaluations with the addition of uncoded elements being recognised and counted towards the start value of the exercise. Gymnasts have a choice of Compositional Requirements (CR) which have also been modified to reflect the difficulty level. It is hoped that by allowing a choice of CR's the gymnasts will be better able to work within their ability. Execution will remain as FIG (unless otherwise stated), encouraging clean, aesthetic work.

Competition Structure

The different levels are called Zinc, Copper, Bronze, Silver and Gold Levels.

Zinc (8+ years) & Copper (9+ years) will be regional only levels and will not progress to National Finals. It is hoped that these new levels will enable regions to all work from the same rules for gymnasts that are not working to full FIG.

Bronze (10+ years), Silver (12+ years) & Gold (14+) will progress to National Finals in format of a regional team. The final details of this will be published as soon as possible.

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2021

BG WTC Updated 20/05/2021

ZINC – 8 Years+ (County / Regional competition only)

Uncoded = 0.10 A = 0.10 B = 0.20 Moves of higher value are not permitted Short Exercises	Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 14 Code of Points [2017] Rules and Regulations are as FIG Cycle 14 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS – 4 highest elements to count BEAM/FLOOR – 5 highest elements including dismount BEAM/FLOOR – 2 acrobatic + 2 dance + 1 optional FLOOR No acro lines required Elements higher than a B are not allowed and no Difficulty Value, CR or bonus will be given if they are performed. Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded A element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution. On Beam & Floor, an exercise with less than 5 elements will be deducted 1.00 for each missing element.						
	Vault	On Bars, there is no penalty to	or an exercise with less than 4 elements. Beam	Floor			
Apparatus	Piled mats to height of 60cm, 90cm or 120cm 1 x springboard	FIG Bars Regulations with: A FIG Beam Regulations with: A Safety mat (depth 20cm), and/or a jersey A jersey style mat (depth 10cm) is allowed for no acro line are requ		FIG Floor Regulations except acro lines where no acro line are required. A routine with no acro lines will not incur dismount deductions.			
Requirements	DV 2.50 Handspring Flat Back onto Pile of Safety Mattresses at a choice of 60cm, 90cm or 120cm to suit the gymnast. 2.00 penalty for coach support. Applies to each vault. Best score of 2 performed vaults. (No deduction if only 1 vault performed)	A Gymnast should fulfil 3 of the 4 CR's (Maximum awarded 1.5): Upstart (no penalty if stop after) Close bar circle element (back hip circle allowed) Cast to minimum horizontal A dismount coded or listed uncoded A/ B elements only allowed C/D or move – no DV Maximum D Score 2.60	A Gymnast should fulfill 4 of the 6 CR's (Maximum awarded 2.00): 1. ½ spin on one foot 1. Connection 2 Dance elements (can be same or different) 1. Leap or jump with 160° split (cross or side) or straddle 1. Acro element backwards 1. Acro element forwards / sideways 1. A dismount coded or listed uncoded 1. A/ B elements only allowed 1. C/D or move – no DV 1. Maximum D Score 3.00	A Gymnast should fulfill 4 of the 6 CR's (Maximum awarded 2.00): Acro line with min 2 elements (non-flighted allowed) Mixed series minimum 2 directly connected elements A dance passage of 2 different leaps / hops No split required 360° spin Acro elements forwards / sideways & backwards (non-flighted allowed) Flighted Acro element A/ B elements only allowed C/D or move – no DV			
Uncoded Permitted Elements (receive 0.1 DV)		Squat onto low bar (There will be no penalty for performing a jump from LB to HB) 34 Giant from LB to HB (No penalty for empty swing at the end of this element) Straddle or pike on undershoot dismount Chin up circle over mount Cast to within 45° handstand Float swing (from board, back to board) Cast Straddle, pike dismount from LB Squat on LB jump forwards to land as dismount	Tuck jump Stretched or arched jump Stretched jump ½ Changement Stag leap & Stag jump Double stag jump Double stag jump ½ spin on one foot Torward roll Backward roll Cartwheel rebounding straight jump dismount Roundoff Dismount Handspring dismount Cartwheel to handstand drop down dismount (side of beam)	Cat leap ½ Scissor kick Tuck jump Tuck jump ½ Straight jump ½ W Jump or hop with ½ Changement Stag leap & Stag jump Double stag jump Maximum D Score 3.00 Backward walkover Forward walkover Tic-toc Handstand forward roll Backward roll to front support and / or handstand Backward roll with optional exit Cartwheel			
Notes	No other vaults are permitted at this level.	See clarifications.	Any mount may be used Coaches are encouraged to be present for dismounts	No Acro line required			
GBR Bonus (in addition to FIG) Only awarded if performed without a fall		 0.3 – Upstart performed without a stop 0.3 – Cast above 45° 0.1 – Stuck dismount 	0.2 – 180° split leap or jump	0.1 – Dance passage with 180° split 0.2 – Acro line minimum 2 connected flighted elements 0.2 each – Salto backwards & forwards			

Additional Clarifications for Zinc Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Vault:

- Only the specified vault may be performed.
- Additional modified 4 & 5 coil springboards will be available

Bars:

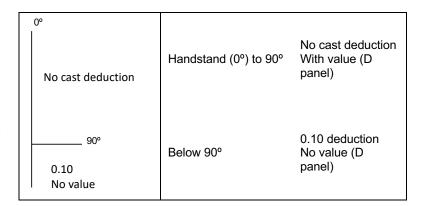
- There is no penalty for performing less than 4 elements
- There is no penalty for using only the low bar and no requirement to use both bars.
- Gymnasts using only the low bar, may start their exercise between the bars and dismount away from the bars.
- There is no penalty for bent legs in a sole circle
- There is no penalty for performing a back hip circle
- There is no penalty for performing a jump from LB to HB either from a sole circle or from a squat / stoop / straddle on
- Cast immediate cast will NOT attract the 0.5 empty swing penalty.
- ¾ giant will NOT attract the 0.5 empty swing penalty.
- FIG penalties will NOT apply for the empty swing after performing backward hip circles.
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

Beam:

- The 5 elements only are required
- A backward roll on one shoulder will class as a backwards element at this level.
- A fall from, or on the apparatus will only incur a 0.50 deduction instead of the FIG 1.00.
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).
- A forward roll will count as a forwards element for CR.

Floor:

Bonus for backward salto can only be awarded if performed within an acro line and without a fall



WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2021

COPPER – 9+ Years (County / Regional Competition only)

Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 Moves of higher value are not permitted Short	A = 0.10 B = 0.20 C = 0.30 ves of higher lue are not permitted Dermitted Rules and Regulations are as FIG Cycle 14 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 5 highest elements including dismount BEAM/FLOOR – 2 acrobatic + 2 dance + 1 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements Elements higher than a C are not allowed and no Difficulty Value, CR or bonus will be given if they are performed. Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded A element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.							
Exercises	Vault	Bars	r an exercise with less than 5 elements.	Floor				
Apparatus	FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.	FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view. 1.00 penalty for not using both bars.	A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).	FIG Floor Regulations except acro lines where an acro line will be considered to be 2 x directly connected flighted elements no salto required. A routine with only 1 acro line will not incur dismount deductions.				
Requirements	Any vault without a salto from the new vault table Height of vault 105, 110, 115, 120 or 125cm 1 x springboard Execution deductions of 0.1, 0.2, 0.3, 0.4 & 0.5 for height will apply	A Gymnast should fulfil 4 of the 6 CR's (Maximum awarded 2.0): Coded mount on LB Close bar circle element (back hip circle allowed) Any bar change LB to HB Cast to within 45° handstand An additional different close bar element A giant circle in any direction A/B/C elements only allowed D or move – no DV Maximum D Score 4.00	A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50): 1/2 spin 1/2 turn or 1/1 spin Connection 2 different dance elements (no split required) Leap or jump with 180° split (cross or side) or straddle 1 x acrobatic series with 2 elements [minimum] Non flighted OK Mixed Series (Minimum 2 element – no flight required on acro element) 1/4' valued salto dismount A/B/C elements only allowed D or move – no DV Maximum D Score 4.00	A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50): Acro line with a backward salto Forward salto (in or out of an acro line) A dance passage of 2 different leaps / hops No split required Additional leap, hop or jump 360° spin Mixed series minimum 2 directly connected elements A/B/C elements only allowed D or move – no DV Maximum D Score 4.00				
Uncoded (U) Permitted Elements (receive 0.1 DV)		Squat onto low bar (There will be no penalty for performing a jump from LB to HB) 3/4 Giant from LB to HB (No penalty for empty swing at the end of this element) Straddle or pike on undershoot dismount Chin up circle over mount Cast to within 45° handstand	Tuck jump Stretched or arched jump & Stretched jump ½ Changement Stag leap & Stag jump Double stag leap & Double stag jump Forward roll Backward roll ½ spin on one foot Cartwheel rebounding straight jump dismount	Tuck jump Tuck jump ½ Straight jump ½ Tic-toc W Jump or hop with ½ Changement Stag leap Stag jump Double stag leap & Double stag jump Backward walkover Tic-toc Handstand forward roll Backward roll to front support and / or handstand Scissor kick Cartwheel				
Notes	Best score of 2 performed vaults. (No deduction if only 1 vault performed)	The sole circle (5.108) may be performed with bent legs without incurring execution penalty)	Any mount may be used Coaches are encouraged to be present for dismounts					
GBR Bonus (in addition to FIG)		0.3 – 2 x upstarts 0.3 – Close bar Value B or C 0.1 – Stuck dismount	0.2 – Acro series with minimum 1 flighted element	 0.1 – Straight salto forwards or backwards 0.2 – A routine with 2 FIG Acro lines 0.2 – An acro line with a ½ twist 				

Additional Clarifications for Copper Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

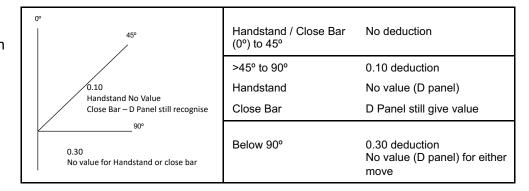
Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Vault:

- 2 different vaults may be performed
- Additional modified 4 & 5 coil springboards will be available

Bars:

- 5 elements only are required
- The coach may stand between the bars and be present for the transition between the bars without deduction.
- An additional 20cm mat can be placed underneath through-out the bars without deduction.
- Cast immediate cast will attract the 0.5 empty swing penalty.
- There is no penalty for performing a back hip circle
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.



Beam:

- 5 elements only are required
- Forward and backward rolls can be used as DV, CR & bonus unless the backward roll goes over one shoulder and therefore will not class as a backwards element at this level and not receive no value, CR or bonus.
- A fall from, or on the apparatus will only incur a 0.50 deduction instead of the FIG 1.00.
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

- A routine with only 1 acro line will not incur dismount deductions.
- A routine with no acro lines will incur a 1.00 penalty.

BG WTC Updated 10/03/2021

BRONZE – 10 years+

Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 D = 0.40 E = 0.50 F, G, H = 0.50 Short Exercises	Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 14 Code of Points [2017] Rules and Regulations are as FIG Cycle 14 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 5 highest elements including dismount BEAM/FLOOR – 2 acrobatic + 2 dance + 1 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded A element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution. On Beam & Floor, an exercise with less than 5 elements will be deducted 1.00 for each missing element. On Bars, there is no penalty for an exercise with less than 5 elements.					
	Vault	Bars	Beam	Floor		
Apparatus	FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.	FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.	A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).	FIG Floor Regulations with: for D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.		
Requirements	Any vault from the new vault table Height of vault 110, 115, 120 or 125cm 1 x springboard Execution deductions of 0.1, 0.2, 0.3, 0.4 & 0.5 for height will	A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.5): Close bar circle element min B A different close bar element An element LB to HB (uncoded OK) A giant circle in any direction An element that passes through handstand – circle or cast An element with min 180° turn including mount & dismount Dismount must be included in counting elements Maximum D Score 4.00	A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50): Spin on one foot (minimum 1/1 spin) Connection of minimum 2 different dance elements (no split required) Leap or jump with 180° split (cross or side) or straddle 1 x acrobatic series with 2 min elements at least one with flight Mixed Series (Minimum 2 element – no flight required on acro element) may include mount Dismount min B or an A salto directly connected to an acro skill Maximum D Score 4.00	A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50): Acro line with min 2 saltos A dance passage of 2 different leaps / hops 1 with 180° split (cross or side) or straddle Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance) Spin on one foot (minimum 360°) Saltos in different directions (no aerials). Acro line not necessary, no stationary skills. Salto with LA Turn (min 180) (must be in acro line) Maximum D Score 4.00		
Uncoded (U) Permitted Elements (receive 0.1 DV)	apply	Squat onto low bar (There will be no penalty for performing a jump from LB to HB) 3/4 Giant from LB to HB (No penalty for empty swing at the end of this element) Straddle or pike on undershoot dismount	Tuck jump Stretched or arched jump Stretched jump ½ Changement Stag leap Stag jump Double stag leap Double stag jump	Tuck jump ½ W Jump or hop with ½ Changement Stag leap Stag jump Double stag leap Double stag jump		
Notes	Best score of 2 performed vaults. (No deduction if only 1 vault performed)	The sole circle (5.108) may be performed with bent legs without incurring execution penalty) Upstart (kip) after "Shaposhnikova" type elements – no penalty Stopping to adjust handguards on the bar – penalty 0.50 (intermediate swing)	A fall from, or on the apparatus will only incur a 0.50 deduction instead of the FIG 1.00.	Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.		
GBR Bonus (in addition to FIG)		See Bonus sheet	See Bonus sheet	See Bonus sheet		

Clarifications for Bronze Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Vault:

Additional modified 4 & 5 coil springboards will be available

Bars:

- 5 elements only are required
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.
- A sole circle can count as CR2

Beam:

- 5 elements only are required 2 dance, 2 acro and 1 optional
- A fall from, or on the apparatus will only incur a 0.50 deduction instead of the FIG 1.00.
- CR 1, 2, 3, 4 must be performed on the beam, CR 5 can include mount and / or on the beam
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

- 5 elements only are required 2 dance, 2 acro and 1 optional
- Minimum 2 acro lines to be performed (penalty 1.00)
- For D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.

SILVER – 12 years+

Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 D = 0.40 E = 0.50 F, G, H = 0.50	Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 14 Code of Points [2017] Rules and Regulations are as FIG Cycle 14 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 6 highest elements including dismount BEAM/FLOOR – 2 acrobatic + 2 dance + 2 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded A element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution. On Beam & Floor, an exercise with less than 6 elements will be deducted 1.00 for each missing element. On Bars, there is no penalty for an exercise with less than 5 elements.						
Exercises	Vault	Bars	Beam	Floor			
Apparatus	FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.	FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.	A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).	FIG Floor Regulations with: for D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.			
Requirements	Any vault from the new vault table Height of vault 120 or 125cm 1 x springboard Execution deductions of 0.1, 0.2, 0.3, 0.4 & 0.5 for height will apply	A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.5): Close bar circle element min B An element in a different grip A flighted element LB to HB An element from HB to LB or flight element on same bar* A cast / circle element with min 180° turn A Dismount minimum 'B' value A straddle cut will not be considered a flight element Dismount must be included in counting elements Maximum D Score 4.50	A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50): Spin on one foot (minimum 1/1 spin) Salto or aerial skill Connection of minimum 2 different Dance elements to include one Leap or jump with 180° split (cross or side) or straddle 1 x acrobatic series with min 2 flighted elements or one salto connected to another acro element (flight not necessary) Mixed Series (Minimum 2 element – no flight required on acro element) may include mount Dismount min B or an A salto directly connected to an acro skill Maximum D Score 4.50	A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50): Acro line with min 2 saltos A dance passage of 3 different leaps / hops 1 with 180° split (cross or side) or straddle, may include 1 jump which must be the final element of series Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance) Spin on one foot (minimum 360°) Saltos in different directions (no aerials). Acro line not necessary, no stationary skills. Salto with LA Turn (min 360) (acro line not necessary) Maximum D Score 4.50			
Uncoded (U) Permitted Elements (receive 0.1 DV)		Squat onto low bar (There will be no penalty for performing a jump from LB to HB) 34 Giant from LB to HB (No penalty for empty swing at the end of this element) Straddle or pike on undershoot dismount	Tuck jump Stretched or arched jump Stretched jump ½ Changement Stag leap Stag jump Double stag leap Double stag jump	Tuck jump ½ W Jump or hop with ½ Changement Stag leap Stag jump Double stag leap Double stag jump			
Notes	Best score of 2 performed vaults. (No deduction if only 1 vault performed)	The sole circle (5.108) may be performed with bent legs without incurring execution penalty) Upstart (kip) after "Shaposhnikova" type elements – no penalty Stopping to adjust handguards on the bar – penalty 0.50 (intermediate swing)	A fall from, or on the apparatus will only incur a 0.50 deduction instead of the FIG 1.00.	Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.			
GBR Bonus (in addition to FIG)		See Bonus sheet	See Bonus sheet	See Bonus sheet			

Clarifications for Silver Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise. An element can be utilised to fulfil more than one CR (unless otherwise stated). Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements. Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Vault:

Additional modified 4 & 5 coil springboards will be available

Bars:

- 6 elements only are required
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

Beam:

- 6 elements only are required 2 dance, 2 acro and 2 optional
- A fall from, or on the apparatus will only incur a 0.50 deduction instead of the FIG 1.00.
- CR 1, 2, 3, 4 must be performed on the beam, CR 5 can include mount and / or on the beam
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

- 6 elements only are required 2 dance, 2 acro and 2 optional
- Minimum 2 acro lines to be performed (penalty 1.00)
- For D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.

BG WTC Updated 10/03/2021

GOLD – 14 years+

Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 D = 0.40 E = 0.50 F, G, H = 0.50 Short Exercises	Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 14 Code of Points [2017] Rules and Regulations are as FIG Cycle 14 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 7 highest elements including dismount BEAM/FLOOR – 2 acrobatic + 2 dance + 3 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded A element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution. On Beam & Floor, an exercise with less than 7 elements will be deducted 1.00 for each missing element. On Bars, there is no penalty for an exercise with less than 5 elements.					
2/0101000	Vault	Bars	Beam	Floor		
Apparatus	FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.	FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.	A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).	FIG Floor Regulations with: for D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.		
Requirements	Any vault from the new vault table Height of vault 125cm 1 x springboard Execution deductions of 0.1, 0.2, 0.3, 0.4 & 0.5 for height will apply	A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.0): An element in a different grip A flighted element LB to HB A flighted element from HB to LB A flight element on same bar* A cast / circle element with min 360° turn *A straddle cut will not be considered a flight element Dismount must be included in counting elements Maximum D Score 5.00	A Gymnast should fulfill 4 of the 5 CR's (Maximum awarded 2.00): Spin on one foot (minimum 1/1 spin) Connection of minimum 2 different Dance elements to include one Leap or jump with 180° split (cross or side) or straddle 1 x acrobatic series with min 2 elements one must be a salto / aerial connected to a flighted or non-flighted acro element Mixed Series (Minimum 2 element – no flight required on acro element) may include mount Dismount min B Maximum D Score 5.00	A Gymnast should fulfill 4 of the 5 CR's (Maximum awarded 2.00): Acro line with min 2 saltos A dance passage of 3 different leaps / hops — 1 with 180° split (cross or side) or straddle, may include 1 jump which must be the final element of series Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance) Saltos in different directions (no aerials). Acro line not necessary, no stationary skills. Salto with LA Turn (min 540°) (acro line not necessary) Maximum D Score 5.00		
Uncoded (U) Permitted Elements (receive 0.1 DV)		Squat onto low bar (There will be no penalty for performing a jump from LB to HB) 3/4 Giant from LB to HB (No penalty for empty swing at the end of this element) Straddle or pike on undershoot dismount	Tuck jump Stretched or arched jump Stretched jump ½ Changement Stag leap Stag jump Double stag leap Double stag jump	Tuck jump ½ W Jump or hop with ½ Changement Stag leap Stag jump Double stag leap Double stag jump		
Notes	Best score of 2 performed vaults. (No deduction if only 1 vault performed)	The sole circle (5.108) may be performed with bent legs without incurring execution penalty) Upstart (kip) after "Shaposhnikova" type elements – no penalty Stopping to adjust handguards on the bar – penalty 0.50 (intermediate swing)		Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.		
GBR Bonus (in addition to FIG)		See Bonus sheet	See Bonus sheet	See Bonus sheet		

Clarifications for Gold Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Vault:

Additional modified 4 & 5 coil springboards will be available

Bars:

- 7 elements only are required
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

Beam:

- 7 elements only are required 2 dance, 2 acro and 3 optional
- CR 1, 2, 3 must be performed on the beam, CR 4 can include mount and / or on the beam
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

- 7 elements only are required 2 dance, 2 acro and 3 optional
- Minimum 2 acro lines to be performed (penalty 1.00)
- For D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.

WAG CLASSIC CHALLENGE BONUS SHEET 2021

BRONZE

Maximum possible bonus on each apparatus = 1.00. This includes any FIG bonus Bonus can only be awarded if performed without a fall							
Bonus' in addition to FIG		Bars		Beam		Floor	
Bonus awarded each time	0.10 0.10 0.20 0.20 0.20	Any cast / circle with 180° turn Any additional close bar to a minimum 45° from handstand C + C or more (elements may be the same or different, but DV awarded once) Flighted element LB to HB Any close bar with minimum 180° turn	0.10 0.10 0.10	Dance series B+B or more (elements must be different) Mixed series D+A or more Spin C Value or more	0.10 0.10 0.20 0.20	2 directly connected saltos Double spin (any position) Double (BA) salto, in an acro line 1 ½ twist or more (LA) salto, acro line not necessary	
Bonus awarded once only			0.10 0.10 0.10 0.20	Mount D value or more Mixed series 3 or more elements (each element must be different) 2 or more different salto / aerial in routine (can include mount) Salto / aerial connected to a flighted or non-flighted acro element	0.20	Minimum 3 dance elements B or more throughout routine	
Dismount Bonus (award once only)	0.10 0.10	Dismount minimum value B Back away (any shape)	0.10 0.20	Dismount A from Acro flight Or Dismount B value or more from Acro flight	0.10	Dismount (last acro line) B or more	

SILVER & GOLD

Maximum possible bonus on each apparatus = 1.00. This includes any FIG bonus								
	Bonus can only be awarded if performed without a fall							
Bonus' in addition to FIG		Bars		Beam		Floor		
	0.10	C + C or more (elements may be the same or different, but DV awarded once)	0.10	Dance series C+C or more (elements must be different)	0.10 0.10	2 directly connected saltos Double spin (any position)		
	0.10	Any cast / circle with 180° turn plus flight	0.10	Mixed series D+A or more	0.20	Double (BA) salto, in an acro line		
Bonus awarded each time	0.10	Any additional close bar to a minimum 45° from handstand	0.10	Spin C Value or more	0.20	Double twist or more (LA) salto, acro line not necessary		
	0.20	Flight + flight directly connected				not necessary		
	0.20	Any close bar with minimum 180° turn						
	0.10	Any cast / circle with minimum 180° turn	0.10	Mount D value or more	0.20	Minimum 3 dance elements C or more		
Bonus awarded once only		connected to dismount	0.10	Mixed series 3 or more elements (each element must be different)		throughout routine		
			0.10	2 or more different salto / aerial in routine (can include mount)				
			0.20	Acro series flight + salto				
Dismount Bonus (award once	0.10	Stuck dismount minimum value B	0.10	Dismount C value or more	0.10	Dismount (last acro line) C or more		
only)	0.10	Double tuck back away (inc. open tuck)	0.20	Dismount C value or more from Acro flight				

BG WTC Updated 01/09/2020

GROUP I HANDSPRING / YAMASHITA with or without LA turn (no salto in second flight)

	D Score
1.101 Handspring	1.00
1.102 Handspring with ½	1.50
1.103 Yamashita	1.00
1.104 Yamashita with ½	1.50
1.105 ¼ - ½ turn on & repulsion off	1.20
1.106 ½ on ½ off or ¼ on ¾ off	1.30
1.107 ½ on 1/1 or ¼ on 1¼ off	1.50
1.108 ½ on 1½ or ¼ on 1¾ off	2.00
1.109 ½ on 2/1 off or ¼ on 2¼ off	4.00
1.201 Handspring with 1/1 turn	2.00
1.202 Handspring with 1½ turns	2.50
1.203 Yamashita with 1/1 turn	2.00
1.204 Yamashita with 1½ turns	2.50
1.205 Handspring with 2/1	4.20
1.206 Handspring with 2½	4.50
1.207 Yamashita with 2/1	4.80
1.208 Yamashita with 2½	5.00
1.301 H/Y 1/1 on H/Y off	3.00
1.302 H/Y 1/1 on H/Y ½ off	3.50
1.303 H/Y 1/1 on H/Y 1/1 off	4.00
1.304 H/Y 1/1 on 1½ off	4.50

GROUP IV

YURCHENKO: R/O Flic on with/without SALTO BWD with/without LA turn or R/O Flic on LA turn & SALTO FWD with or without LA turn

	D Score
4.101 RO, Flic with Repulsion	2.50
4.102 RO, Flic with Repulsion ½	2.70
4.103 RO, Flic with Repulsion 1/1	3.00
4.104 RO, Flic with Repulsion 1½	3.20
4.201 RO, Flic Salto Tuck	3.50
4.202 RO, Flic Salto Tuck ½	3.70
4.203 RO, Flic Salto Tuck 1/1	4.00
4.205 RO, Flic Salto Pike	3.50
4.301 RO, Flic Salto Straight	4.00
4.302 RO, Flic Straight ½	4.50
4.303 RO, Flic Straight 1/1	5.00

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	GROUP II
HANDSPRING	
with or without LA tu	rn and
SALTO FORWARD/BA	CKWARD

	D Score
2.301 Handspring FWD Salto Tuck	3.70
2.302 Handspring FWD Salto Tuck ½	4.00
2.303 Handspring ½ BWD Salto Tuck (Cuervo Tuck)	4.00
2.304 Handspring FWD Salto Pike	4.00
2.305 Handsping FWD Salto Pike ½	5.00
2.306 Handspring ½ BWD Salto Pike (Cuervo Pike)	5.00

All FIG decuctions apply but for Height take 0.10, 0.20, 0.30, 0.40 or 0.50 to create a greater spread between the majority of vaults performed

GROUP V

R/O Flic with ½ turn on, Handspring off with/without SALTO FWD with/without LA turn

	D Score
5.101 RO, Flic w ½ turn, Handspring off	2.50
5.102 RO, Flic w ½ turn, Handspring ½ off	2.70
5.103 RO, Flic w ½ turn, Handspring 1/1	3.00
5.104 RO, Flic w ½ turn, Handspring 1½	3.40
5.201 RO, Flic w ½ turn, Salto Tuck	4.00
5.202 RO, Flic w ½ turn, Salto Tuck ½	4.30
5.203 RO, Flic w ½ turn, Salto Pike	4.50
5.203 RO, Flic w ½ turn, Salto Pike ½	5.00

GROUP III

TSUKAHARA or KASAMATSU

SALTO with or without turn

All Group 3 Vaults - allow a 90° to 180° LA turn in first flight

	D Score
3.101 Tsukahara Tuck	3.50
3.102 Tsukahara Pike	3.50
3.103 Tsukahara Tuck ½	3.70
3.104 Tsukahara Tuck 1/1 (Kasamatsu Tucked)	4.00
3.201 Tsukahara Straight	4.00
3.202 Tsukahara Straight ½	4.50
3.203 Tsukahara Straight with 1/1 (Kasamatsu)	5.00

GROUP VI

R/O Flic with 1/1 turn on with/without SALTO BWD

Vaults performed with 1/1 on allow for tolerance of $\frac{3}{2}$ (270°) to $\frac{1}{1}$ (360°)

	D Score
5.301 RO, Flic w ¾ + with Repulsion	2.50
5.302 RO, Flic w ¾ + with Repulsion ½	2.70
5.303 RO, Flic w ¾ + with Repulsion 1/1	3.00
5.401 RO, Flic w ¾ + Salto Tuck	4.50
5.402 RO, Flic w ¾ + Salto Pike	4.60
5.403 RO, Flic w ¾ + Salto Straight	5.00