SEPTEMBER 2013

2013 Age Group Championships – please note that the apparatus set ups for these competitions should follow the guidance on the new rules sheets rather than that printed in the handbook.

Compulsory Elite Grades Clinic – this will take place on Saturday 16th November at Lilleshall NSC at a cost of £15 per person. Details of how to book your place are on the BG Website: Technical Information/Discipline Specific Updates/ WAG Compulsory Elite Grades Clinic 2013 (under ‘Latest Information’ on right hand side)

NPRG – a reminder that the National Planning and Review Group (NPRG) meeting will be held at Lilleshall National Sports Centre on Sunday 17th November 2013: we look forward to welcoming all regional WTC Chairs to this important event.

NDP Club Grades – will not be updated for next year however the penalties to be applied in 2014 will come in line with the new Cycle 13 Code of Points.

British Championships – it has been decided that there will be no relegation scores from the British Championships.

Protest Fees – to be renamed “Inquiry Fees” to come in line with the FIG code of points. An inquiry is only permitted regarding the gymnasts D score and must be submitted within 15 minutes of the coach receiving the score slip. The coach must notify the competition organiser/superior jury that they wish to inquire; the time will be recorded on the inquiry form.

We would like to encourage coaches and judges to work together therefore we suggest that coaches ask to discuss scores and performances with the judges after the competition. However, coaches must be aware that having discussed a score they cannot subsequently submit an inquiry.

Springboards – An additional “extra soft” board (soft turbo board) will be available for all Espoir events (British and Challenge). For the Compulsory Grades, Club Grades and Voluntary Levels 2/3/4, three boards will be available: a soft coil board, a turbo board with bungs and a turbo board without bungs.

New Element – The following element has been awarded a BG rating of B for the current cycle – Stand with back to the beam, straddle jump backwards over the beam to front support.

2014 Team Championships
- British Team Championships
  - Age 12 or over in the year of the competition
  - Full FIG Code of Points
  - 1 team per club
  - 6 in a team 5 to work 4 to count
- Bill Slater Teams
  - Minimum age 9, maximum age 15 in the year of the competition
  - Junior code
  - 6 in a team 5 to work 4 to count
New Competition for 2014:

- **Regional Team Apparatus Championships**
  - Age 12 or over in the year of competition
  - Full FIG Code of Points
  - Maximum 1 gymnast per apparatus
  - Entry by a regional team (not individual clubs)