

Rhythmic Technical Committee

Dear all,
Please find below and attached the updates for February.

Kind regards
Ruth Wilson
RG TC Information Officer

14th February 2016

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Olympic Call

Special congratulations this month to Vicki Pearson who has been selected by the FIG to judge at both the Olympic test event and the Olympic Games !

GBR Selection Event

Reminder that coaches who would like their gymnasts to be entered into the Junior/Senior selection event need to complete the appropriate form, which can be found [here](#) and must be returned to [Marie Johnson](#) by Friday 19th February.

Mentoring Workshop

There are a few places remaining on the mentoring course which will take place on Saturday 20th February in St Martins School, Solihull. If you are working with coaches to help prepare them for their coaching qualifications, then this course is for you ! Cost £40 per delegate, application form attached.

English Championships

The English Championships will take place on Sunday 3rd July in GMAC, Birmingham. Competition information and entry form attached. Closing date is Friday 5th May. For further information, please contact [Rachel Haines](#).

Calendar Update

Please find attached latest calendar planner and detailed overview for 2016.

Rhythmic Technical Committee

Competition News

Please find below information on other competitions

North West Open Championships

This competition will take place on 9th April at Robin Park, Wigan. Competition information and entry form is attached. Closing date is Saturday 5th March 2016. For further information, please contact [Laura Hogg](#).

Zone C Level 1 & Level 2 Novice Competition

This competition will take place on 11th June at Weavers Leisure Centre, Wellingborough, and is organised by the Committee of the East Midlands Region Rhythmic Technical Committee & open to BG registered gymnasts of any club within Zone C. Closing date is 15th May 2016. Competition format and entry form attached. For more information, please contact [Helen Barber](#).

Coach Education

Please find below the latest available coaching courses.

UKCC Level 2 – North West

Venue : All Saints Roman Catholic High School, Roughwood Drive, Liverpool, L33 8XF

Dates : 24th April, 7th, 14th & 28th May 2016

Exam Date : 3rd September 2016

Closing Date : 27th March 2016

Course Organiser : Helen Wallis

Contact : northwest.education@gymnasticsengland.org

UKCC Level 1 Coach – West Midlands

Venue : Elena Gymnastics Club, Unit 1 & 2, Wellington Street. Oldbury. B69 4PH

Dates : 11th and 26th June & 3rd July 2016

Exam Date : 25th September 2016

Closing Date : 17th May 2016

Course Organiser : Katy Cuddington

Contact : katy.cuddington@british-gymnastics.org

UKCC Level 2 Coach – West Midlands

Venue : Elena Gymnastics Club, Unit 1 & 2, Wellington Street. Oldbury. B69 4PH

Dates : 8th, 21st and 22nd May & 12th June 2016

Exam Date : 11th September 2016

Closing Date : 8th April 2016

Course Organiser : Katy Cuddington

Contact : katy.cuddington@british-gymnastics.org

More information and registration for the courses can be found on the BG website, please [click here](#).

If you would like a course to run, then you need to go onto the BG site and request a course using the declaration of interest form, which can be [found here](#). The request will then be sent to the Regional Workforce Development Coordinator, who will then report to BG which courses are being requested.

"Aspiring to create a performance environment for Rhythmic Gymnastics to flourish in the UK"

Rhythmic Technical Committee

GBR Representation

Gracia Fair Cup, Budapest, Hungary

On the 5th-7th February, GBR gymnasts competed in the Gracia Fair Cup, supported by Lisa Higgins and Tania Bonici as Coach along with Karen Surridge as Judge.

Results below:

- Junior
 - 53rd Emily Woodruff (44.683)
 - 66th Abigail Hanford (41.433)
- Senior
 - 23rd Mimi-Isabella Cesar (55.700)
 - 30th Jael Gore (47.900)

Miss Valentine, Tartu, Estonia

On the 11th-14th February, GBR gymnasts competed in the Miss Valentine competition, supported by Anni Ahmavaara, Daniela Balova and Nia Evans as the coaching team, along with Judy Warrack as Judge.

Results below:

- Junior (2 pieces)
 - Hannah Martin (26.900)
 - Alida Bogdanova (26.400)
 - Christianna Vitanova (25.950)
 - Eve Baker-Roberts (25.100)
- Senior
 - 19th Laura Halford (59.400)
 - 23rd Gemma Frizelle (57.000)

Schools Competition

It is hoped that there will be a schools competition run in 3 zones this year to make it more accessible to schools and to grow the opportunity to participate. The first of these will be run in Zone C, with information below.

Please find attached competition format and application form for the BSGA Zone C Rhythmic gymnastics competition, which will take place on the 11th June at Weavers Leisure Centre, Wellingborough. Closing date for entries 30th April 2016. For further information, please contact [Helen Barber](#).

If you would like to receive our newsletters, please send a request to [RG TC Contact](#). Previous newsletters can be found [here](#). If you no longer wish to receive this information, then please send an email with the subject "Rhythmic News Opt Out" to [RG TC Contact](#)