

Acrobatic Technical Committee

DATE: 10th October 2019

1. NPRG

The Acrobatic NPRG took place on the morning of the 7th September 2019. The event was well attended with representation from the Regions and Home Counties.

2. Technical Regulations changes for next cycle

The structure of Technical Committees(TC) will change next cycle with each TC consisting of only 3 members:

- Chairman (NTCC)
- National Judging Coordinator (NJC)
- National Committee Member (NCM)

All three TC members will be by application and appointment, there will be no members voted on by the Regions. .

The timeline for the new TC is:

- July 2020: An information pack will be sent out inviting applications for the TC roles
- August 2020: Closing date for applications
- September 2020: Interviews and appointment of the TC Chairs
- December 2020: BG Board formally approves appointments
- December 2020: Handover of TC commences
- April 2021: New TC and Cycle commences

3. NDP9

The NDP9 has undergone its yearly review and the following changes have been made in version V1.6:

- Introduction of a new level IDP2 level to help support the transition to 13-19. This level is based on 13-19 rules but with reduced difficulty. There is a restriction of no more than 9 years age difference between the oldest and youngest partners in IDP2.
- The limitations on maximum values for elements in IDP has been removed.
- Youth and IDP level gymnasts will be able to compete in the Pat Wade Classic and either the NDP Prelims or British Championships in the same year, however if an average execution score across all routines performed at a National FIG event greater than 25.00 is achieved the same partnership can't compete at NDP the following year at the same or lower level.

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- Grade 5 Pairs Balance has been altered to cater for MP, WP and MxP and align to FIG 11-16.
- In Grade 5 Pairs pitch to catch and pitch half turn to catch has been moved so that it is possible to link this element with a backward or forward salto from hands.
- Grade 5 MG has been updated to be more aligned with 11-16
- Gymnasts competing in Youth, Grade 5 and IDP levels can wear skirts

The updated NDP9 V1.6 is published on the BG website and will come into play in Jan 2020.

4. Disability Acrobatic NDP9

A new grade has been included into the Disability NDP9 for 2020 - Grade 3 Women's Groups.

5. PWC

Youth and IDP levels will be included in the Pat Wade Classic in 2020. However, for Youth Level there is a qualification required in the regions to go to the PWC. Only the top three partnerships in each Youth discipline from each Region will be eligible to participate in the PWC, provided they achieve a qualifying average execution score of 14.00 or higher.

6. English Acrobatic Championships

Funding has been provided by English Gymnastics for Acrobatics to continue to hold an Acrobatic English Championships. The date and location for 2020 is yet to be confirmed. The proposal is to include Youth and IDP levels in addition to FIG levels at the English Acrobatic Championships.

7. Performance Pathway

The performance pathway programme is underway, and the current programme will run from June 2019 – March 2020. Gymnasts working at G5 and Youth level were selected to take part in the Performance Pathway programme based on results of the PWC (2018), NDP (2018) and English Championships (2019). Selected gymnasts were then invited to a testing day at LNSC in June 2019 which involved Strength, Conditioning and Profiling.

Any coaches can attend the programme for educational purposes, it is not a requirement to have gymnasts selected to attend. Any coaches interested in attending should contact Chris Hughes at British Gymnastics.

8. Competition Handbook 2020

Tracksuits are to be worn for Medal Presentations at all National Events. At National Finals regional kit must be worn for medal presentations.

Medals will only be awarded for a score of 24.00 or more. This applies to NDP9 (Grades 1-4, Youth, IDP1 & 2) and FIG (Age Groups 11-16, 12-18, 13-19 and Seniors) regardless of the number of entries. The only exception to this rule is Disability NDP9.

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Partnerships are not permitted to enter both the NDP Finals and British Championships in the same year but can do the PWC in addition if competing at Youth or IDP levels.

Partnerships who achieve an average execution score across all routines performed at a National FIG event greater than 25.00 can't compete at NDP the following year in the same partnerships at the same or lower level.

9. Worlds Selection Announcement

British Gymnastics has published an important announcement regarding the Acrobatic 2020 World Championships selections – see link below.

<https://www.british-gymnastics.org/technical-information/selection/acrobatic>

10. National Calendar 2020

- BG Awards Dinner – 25th Jan 2020
- Pat Wade Classic – 15th -16th February
- English Acrobatic Championships – TBC
- National Finals – 16th -17th May
- British Championships – 30th July – 2nd August