

Acrobatic Technical Committee

DATE: 17th May 2019

1. Events

- **English Championships**

The first Acrobatics English Championships on 4th - 5th May 2019 at Newton Aycliffe, were a big success. Special thanks to Debby Said and her team who did an excellent job in organising and running the event for Acrobatics.

- **Pat Wade Classic Competition**

There will be no PWC in November 2019, it will instead take place on 15th – 16th February 2020. This event will see the following changes:

- Separate balance, dynamic and overall medals will be awarded for Juniors and Seniors.
- All other age groups overall medals will be awarded based on the sum of 3 routines only.

- **British Championships**

- The British Championships will take place at the M&S Bank Arena in Liverpool on 25th -28th July 2019.
- The following minimum difficulty requirements will be imposed on entries into this event:
 - Senior must have at least 13-19 difficulty on all routines (Bal=120, Dyn=110 & Com=140).
 - 13-19 must have at least 12-18 difficulty on all routines (Bal=80, Dyn=70 & Com=100).

- **Competition Entry**

- Where there is contradiction between the NDP9 and the Competition Handbook the Competition Handbook rules prevail. In the case of competition entry all competitors entering the National British Gymnastics Acrobatic Events must choose whether to enter the NDP Preliminaries or The British Championships/Pat Wade Classic, they cannot enter both in the same year in the same partnership with the exception of IDP, where the same partnership can enter both the NDP and the British Championships in the same year.

2. FIG Newsletter

The latest FIG newsletter, [ACRO Newsletter No 7 February 2019](#), is available on the BG website or it can be [downloaded](#) from the FIG website.

3. Performance Pathway

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- After a year of evaluation and restructuring a new performance pathway programme will begin in June 2019. The new programme will be based around two, one day camps that will take place in the North and South of the country and one weekend-long camp. All content will be aimed at helping gymnasts to grow and develop through the British Gymnastics Performance Pathway to senior level.
- Selection onto the programme will be based on the results from the FIG 11-16 level, NDP Youth and Grade 5 at the Pat Wade Classic (2018), English Championships (2019) and NDP Finals (2019). Selected gymnasts will be invited to attend a testing day at Lilleshall National Sports Centre and based on this, the gymnasts selected will be informed and invited to be on the programme squads.
- Coaches of gymnasts selected onto the programme will also be invited to be a part of the programme giving them the opportunity to develop as coaches through working with our programme lead and industry experts.

4. Dates 2019

- 25-28 Jul 2019 - British Championships – Liverpool
- 7th Sept 2019 – NPRG - Lilleshall