



Gymnastics for All 2020 **The Great British Gym for Life Challenge**

Event Handbook

Saturday 1st & Sunday 2nd August 2020
The M&S Bank Arena, Liverpool, L3 4FP

British
Gymnastics

Version History

British Gymnastics reserves the right to make amendments to this Handbook.

Notification of a change to the handbook will be communicated through the [British Gymnastics website](#)  and an updated version will be made available to download at the time of change.

All versions will be listed on this page, regarding amendments made;

Version 1.0 Original

This pack includes all the information necessary to support you with your entry into The Great British Gym for Life Challenge 2020. Any details that need confirming nearer the time will be sent directly to clubs who have entered by email after the closing date for entries.

Contents

Version History	2
Contact Information.....	4
Event Details Summary	5
What is The Great British Gym for Life Challenge 2020?	5
Date.....	5
Venue.....	5
Theme.....	5
Format*.....	6
Entries.....	6
Spectators.....	6
Performer / Team Information	6
Equipment.....	6
Performance Time.....	7
Music.....	7
Late Music Submission.....	7
Music Upload Instructions.....	7
Team Information Sheet.....	8
Dress Code.....	8
Warm Up.....	8
Gymnast Seating.....	8
Arrival Details.....	8
Transport and Travel.....	8
Accommodation.....	8
Merchandise.....	8
Photography	8
Belongings.....	8
Changing facilities.....	8
Participant Entries	9
Opening date for entries.....	9
Closing date for entries.....	9
Late entries.....	9
Entry Fee.....	9
Entry Details.....	9
Participants.....	9
Coaches.....	9
Medical.....	10
Spectator Information	10
Seating.....	10
Ticket sales.....	10
Travel, Transport & Parking.....	10
Refreshments.....	10
Terms & Conditions	11
Terms & Conditions of Entry to All BG Events	11
Appendix 1 - Auditorium Layout and Performance Area	12
Appendix 2 - Event Entry	14
Appendix 3 - Team Information Sheet	15
Appendix 4 - GymNET Entry Guide	16
Appendix 5 - GB Gym for Life Challenge Evaluation Criteria	16

Definition of Terms

BG means British Gymnastics

BGF means British Gymnastics Foundation

Criminal Record Certificate means DBS (previously CRB) Access NI Eligibility or PVG

CPSU means Child Protection in Sport Unit

GEL means Gymnastics Enterprise Ltd

Organiser means the British Gymnastics Event Organiser

 means it is a **hyperlink** to official policy statements and other event related information.

Contact Information

British Gymnastics

Customer Support 0345 1297129 customersupport@british-gymnastics.org

Participation
(For support & advice on festival activities & events) participation@british-gymnastics.org

Danielle Crowe
(British Gymnastics Events Coordinator) danielle.crowe@british-gymnastics.org

Dom Elsom
(British Gymnastics Events Manager) dom.elsom@british-gymnastics.org

Please note that your main point of contact throughout is [Danielle Crowe](#), 0345 1297129 ext.2660.

Event Details Summary

What is The Great British Gym for Life Challenge 2020?

The World Gym for Life Challenge is an International Gymnastics Federation (FIG) event with the objective to offer gymnastic groups (display teams) the opportunity to participate in a contest to have their performances evaluated. The Great British Gym for Life Challenge is the domestic equivalent.

At the Great British Gym for Life Challenge, much like GymFusion, teams of gymnasts will perform their routine(s) in a festival style, to a large audience which unlike GymFusion will include a panel of trained Evaluators. The Evaluators will use set criteria ([Appendix 5](#)) to assess each performance and give it an overall final score. Teams will then be awarded Bronze, Silver or Gold dependent upon their score and each gymnast receives a pin badge to represent their award. Team awards are also given out to teams which the Evaluation Panel deem as showing the best representation of each individual category within the criteria.

The event will have a varied format for 2020 giving the opportunity to take part for either one or two days.

To get more of a feel for the atmosphere and the excitement please take the time to look over the highlights from The Great British Gym for Life Challenge 2016 by following this link [🔗](#).



Date

Saturday 1st & Sunday 2nd August 2020.

Venue

M&S Bank Arena,
King's Dock, Monarchs Quay,
Liverpool,
L3 4FP [📍](#)

Theme

There is no theme to adopt when planning team performances.

Format*

*Please note that this format is a guide regarding “what to expect”.

	Day 1 (Saturday 1 st August) <i>Evaluation Performances</i>	Day 2 (Sunday 2 nd August) <i>Second Performances</i>
	Entry into the full event - £30 per gymnast	
	Entry for Saturday ONLY - £20 per gymnast	
Team Registration	Coaches / Team Mangers to register team with event organisers in an allocated location within a designated time slot.	Coaches / Team Mangers to register team with event organisers in an allocated location within a designated time slot.
Briefing & Orientation	Coaches / Team Managers will be given briefing documentation and an orientation of the event venue.	Coaches / Team Managers will be given briefing documentation.
Warm-up	Teams will be allocated a warm up time slot within a back stage warm up area to prepare for performance.	Teams will be allocated a warm up time slot within a back stage warm up area to prepare for performance.
Performance	Teams will perform their full <u>six minute maximum routine/display</u> .	Teams will perform a predetermined <u>three minute segment</u> of their full routine that was performed on the previous day or a different routine that is a maximum of three minutes long.
Feedback	Teams will be given feedback on stage from the evaluation panel regarding their performance (coaches are welcome to join their gymnasts for this). <i>Evaluation using set criteria reflecting the FIG Gym for Life Challenge criteria.</i>	There will be no evaluation or feedback on the second day/ for the second performance.
Ceremony		Awards ceremony to include the announcement of banding (to present teams with their achieved banding). And awards for the teams achieving the best scores in each of the evaluation criteria category banding.

Entries

Clubs: Online through GymNET (see attached [Appendix 2](#) for GymNET entry guide)

Clubs can enter either the full event or the Saturday only.

For questions regarding entries please contact [Danielle Crowe](#), 0345 1297129 ext.2660.

Please note that there is a maximum capacity of 45 teams that can take part in the event. The team places will be allocated on a first come first serve basis through the completion of an online entry using GymNET. Incomplete entries do not confirm a place. Clubs are permitted to enter more than one team. Online entry using GymNET is the only method of entry available for this event.

Spectators

Spectator tickets are available from the M&S Bank Arena. Can clubs/coaches please ensure that ticket information is sent out to all potential spectators well in advance - It is the responsibility of each club to ensure that ticket information is distributed to all potential spectators. Neither the organisers nor the venue will be held responsible if parents/guardians are unable to purchase tickets.

More information for spectators and details regarding tickets can be found in [Spectator Information](#).

Performer / Team Information

Equipment

The performance area will be a 14m (width) x 14m (depth) tribond mat floor. No other equipment will be provided.

It is the responsibility of the team to transport any additional equipment and carry out a full equipment check and risk assessment. We can only insure British Gymnastics approved equipment. Any additional equipment requirements, or if you are bringing any of your own equipment, will need to be organised in advance with the event organisers (prior to the entry closing date). Those bringing equipment will be contacted closer to the event to arrange drop off/collection of equipment.

A 12m (width) x 10m (depth) carpeted roll up floor mat will be provided in the warm-up gym, however accessing your equipment will not be possible as it will already be in the auditorium ready to bring on for your performance. The warm-up room has a maximum height of 3.9m so not all balance or acrobatic skills may be rehearsed prior to the team performance. It is the responsibility of team coaches to adequately prepare gymnasts and teams to be able to warm up safely before performing. If you wish to practice to music, there will be a system available. Please bring an additional copy of your music on a USB drive as a backup.

Performance Time

Performance slots (routines) are to be a maximum of 6 minutes in length for the initial performance on Saturday. This must be adhered to. The show is timed and the event organisers must stick to the timings scheduled. Requests for longer time will not be accepted. Performance slots are to be a maximum of 3 minutes in length for the second performance on Sunday. The second performance can be a segment of the initial routine (performed on the Saturday) or a completely separate routine of three minutes' maximum length.

Music

Music choice is optional and may contain vocals and sound effects (please ensure any lyrics are suitable for a family audience).

The organisers require a copy of your music to be uploaded to GymNET by 12:00 noon on Friday 3rd July 2020. If you have any problems uploading your music via this method then please contact Danielle Crowe, 0345 1297129 ext.2660.

Please ensure your music is uploaded as a single complete track (up to six minutes long); if using multiple tracks, that these are sequenced in the correct order and edited together to create one single track.

You are also required to upload the pre-edited three minute long track to accompany your team's second performance on the second day of the event.

Please note that at the GB Gym for Life Challenge your team can use certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque but you need to check on the PPL website if the track is included within their repertoire.

To check if the track that you wish to use is permitted please use the following link to the PPL UK website. Please use this link to the PPL Repertoire Search . Enter the artists name and title of the track. Any music listed as part of the search can be used.

If the music is not included within the listed tracks the club/performing team would have to apply directly to Disney, ALW or Cirque to secure a license which will involve a cost.

It is advised that you bring a USB drive back-up copy of your team's music in the event of any problems on the day.

Late Music Submission

Late submission of music will attract a fee of £20.00 per team. This fee will be added to your club basket. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

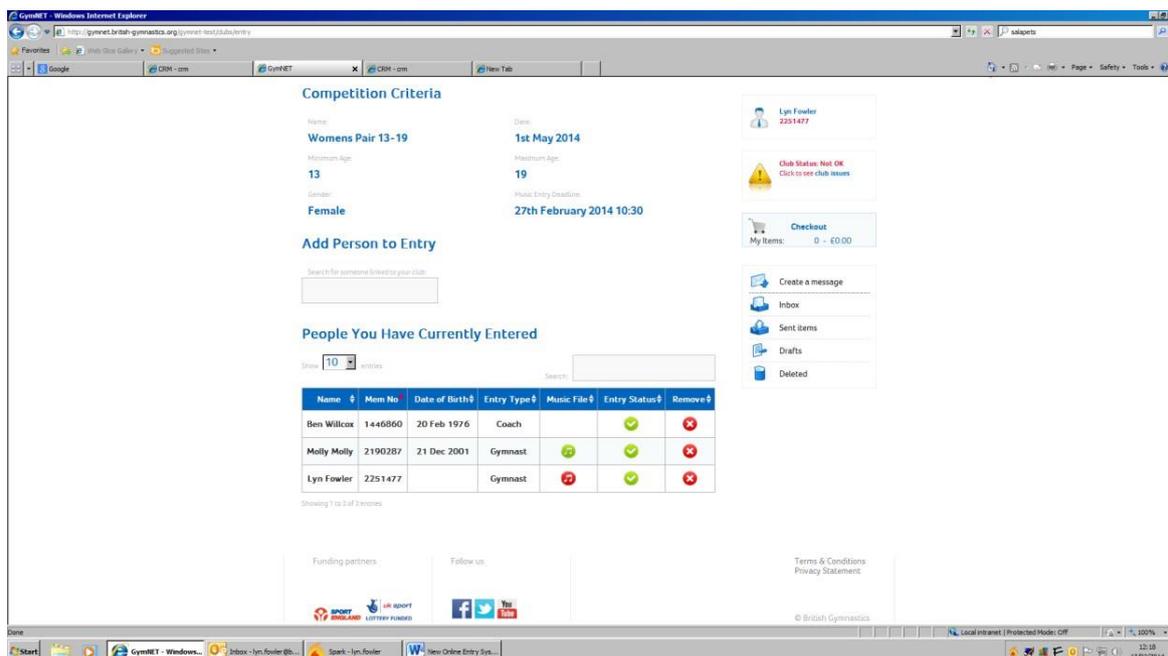
Music Upload Instructions

When you have input your gymnasts using the GymNET online entry system you will see this icon - .

By clicking on this icon you can upload the music that your team will use whilst performing in this GB Gym for Life Challenge. You can upload a music file as long as it is one of these formats: MP3, M4A, OGG, WMA, WAV or FLAC.

As you are uploading music for a partnership/group you only need to upload the music once. You will need to upload your six minute maximum length track and your three minute maximum length track using this process. Make sure to group your team together before uploading the team's music as this means when you do upload the piece. Once you have done that you can select any gymnast to upload the music against and it will then the music will cascade to the other gymnasts in that team.

When you have completed uploading your music the icon becomes green  indicating the music upload is OK.



Name	Mem No	Date of Birth	Entry Type	Music File	Entry Status	Remove
Ben Willcox	1446860	20 Feb 1976	Coach			
Molly Molly	2190287	21 Dec 2001	Gymnast			
Lyn Fowler	2251477		Gymnast			

You can find more information on uploading music using GymNET in [Appendix 4](#).

Team Information Sheet

The team information sheet ([Appendix 3](#)) must be [fully completed](#) and returned to the Organiser via email ([Danielle Crowe](#)) by Friday 3rd July 2020. Please return completed sooner if possible. This sheet will provide details to the Organiser to allow your team to be appropriately announced and featured within the show and sports presentation.

Dress Code

We encourage teams to be creative with their outfits as this really adds to the performance and makes the show more spectacular. However, coaches and participants are requested to dress with safety in mind and ensure all jewellery is removed.

Warm Up

Teams will be expected to wait in their designated areas and will therefore need to keep warm. Teams will be provided with a time to attend warm up in a designated warm up area, please adhere to this as if you miss your chance to warm up the safety of your gymnasts is at risk and you may not be able to perform. Warm up will consist of a pulse raising area, a stretching area and a display area where you will have the opportunity to perform your routine. There will be no opportunity to warm up in the performance arena.

Gymnast Seating

Accredited gymnasts and coaches who wish to watch performances may sit in the assigned seating. Please ensure you respect this and do not sit in any other area during the performances. Coaches must ensure their gymnasts are supervised by a responsible adult at all times in the gymnast spectator seating.

Arrival Details

Entry to the venue for gymnasts and coaches will be accessible via the main entrance. Please arrive at the main entrance for the registration time with all coaches and gymnasts at the same time. Parents/guardians will be allowed into the venue without a ticket. It is the responsibility of all team managers and coaches to make suitable arrangements to ensure gymnasts are safely collected and returned to parents/guardians at the beginning and end of the event.

Transport and Travel

Please see the M&S Bank Arena website for specific travel and transport information. How to find us: 

Accommodation

If you are planning on an overnight stay, please ensure all the correct procedures are in place according to the BG policy and that the BG Overnight Stay form is completed and returned no later than Friday 3rd July. The form can be found on the British Gymnastics website. 

Merchandise

British Gymnastics t-shirts, hoodies, bags and other merchandise will be available to purchase at the event.

Photography

By entering / attending the event all coaches, participants and spectators consent to being filmed / photographed at the event. Please notify Danielle Crowe (details previously listed) if this causes any problems for any members of your team. If a member of your team would prefer not to be photographed, this will mean that the official photographers and spectators will not be able to take any photographs or video of your entire team's performance. Photography by spectators is permitted, but no flash is to be used.

Belongings

Please note we will not provide a secure place for belongings. You will have the option to leave belongings in allocated rooms (to be shared with all others taking part in this event) but these won't be locked. We recommend that you don't leave any valuables in these rooms.

Changing facilities

Non-allocated dressing areas will be available for team members/gymnasts to get changed. These dressing areas will not fit your whole team in and you will have to share any facilities with all other teams taking part. We recommend that participants arrive in a pre-prepared state ensuring that they are as ready as possible for their warm up and performance.

Participant Entries

Opening date for entries

Entries will open on 8th May 2020.

Closing date for entries

Entries will close on 19th June 2020 at 12:00 noon.

Late entries

Late entries will only be considered in exceptional circumstances.

In the unlikely event of a late entry being accepted, payment of two times the normal entry fee stated for the event will be required. However, the late entry payments will be capped at £1000 (i.e the additional payment over and above the normal entry fee per gymnasts / partnership / group / team will be capped at £1000).

Late entries must be made in writing to the BG Events Department for consideration. The BG Events department & event organiser will have absolute discretion whether to accept a late entry. Applications will normally only be considered up to 7 days after the closing date.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal.

A maximum of 45 performance slots in total are available at this event and these will be allocated on a first come first served basis. Once all spaces have been allocated the entry process will close. At this point, if you would like to be placed on the reserve list, you will need to email [Danielle Crowe](mailto:Danielle.Crowe).

An entry counts when your team entry has been submitted and paid for. Incomplete and un-submitted entries do not count and will not be accepted.

Entry Fee

The fee to enter the full weekend event is £30 per gymnast within a team.

This cost includes the following: Two performances, Award pin badge, T-Shirt, Saturday evening social event & accreditation to spectate at the Championships Series.

The fee to enter the Saturday only is £20 per gymnast within a team.

This cost includes the following: One performance (Saturday), Award pin badge, T-Shirt & accreditation to spectate at the Championships Series.

Entry Details

All entries must be made online through GymNET. If your club already renews its membership online, then the club secretary will already have a user name and password to access GymNET. The secretary can also select a nominated person from the club to have access to the clubs GymNET to allow another person from the club to complete the online entry form for The Great British Gym for Life Challenge.

If you don't have a GymNET username or password for your club, please contact the British Gymnastics Customer Service department on 0345 1297129 or customersupport@british-gymnastics.org.

Please refer to the entry user guide ([Appendix 2](#)) if you require details on how to enter your team on GymNET.

Participants

There is a minimum of two and no maximum number of gymnasts that can perform within the team, subject to safety and coach ratio.

Only participants entered through the online entry system will be allowed to perform at the event.

All participants must be at least Gymnast (Bronze) members of British Gymnastics throughout training and at the time of the event. Participants can hold temporary BG membership but this must be in place when the team entry is made and must last until the day of the event. All participants should be accompanied and accounted for at all times by BG coach's / club officials.

Coaches

All coaches must be members of British Gymnastics and at least one coach per team must hold a minimum Level 2 coaching qualification. The coaches attending the event must be qualified in the discipline that the gymnasts will be performing in and must be qualified to coach the skills being performed. (The skills must be in the coaching syllabus of their qualification.) The Head Coach of the team will be required to sign a disclaimer on the day of the event at Team Registration to confirm that the skills being performed are covered under the coaching qualification of a coach present. At this point, it is this individual that takes the responsibility to ensure that this is correct at all times.

We have allocated space for 2 coaches per team however we understand that this must meet the needs of the performers and also the coach to gymnast ratio. If you wish to bring more than 2 coaches, or have choreographer's/makeup artists, you will need to confirm their attendance with us prior to the event, please contact Danielle Crowe directly ASAP.

Any coaches wishing to perform in the GB Gym for Life Challenge as part of a performing team must enter themselves as a gymnast when the team is entered on GymNET. There is the option of choosing 'Gymnast' when using the online entry system on GymNET. Please note that a coach taking part as a gymnast cannot also be the supervising coach.

Medical

A Physiotherapist will be available in the designated medical area within the venue. Treatment will be accessible by all accredited gymnast who sustain an injury at the event. The medical team are not available to treat pre-existing or chronic injuries.

Any injury occurring during the official warm up or performance must be reported to the medical team to ensure a record can be kept of treatment given and by whom.

The decision of the British Gymnastics appointed medical officer as to the gymnast's health, medical status and their ability to take part in the event is absolute and final.

Clubs must have medical and emergency contact details for all participants in their team and will be directly responsible for their well-being.

Spectator Information

Seating

The auditorium at the M&S Bank Arena can hold over 1000 spectators at any one time in the tiered seating.

Ticket sales

Tickets are on sale and can be purchased through the M&S Bank Arena Box Office (please do take the time to look at all of the ticket options that suit your requirements best).

Book Online 24/7- 

Book by telephone – 0344 8000 400

Please note that there will be a booking fee from the Box Office when purchasing tickets.

All tickets will be sold on a first come first served basis. Please where possible book in advance as we can't guarantee that tickets will be available on the door.

Travel, Transport & Parking

For full details on how to get to the venue, information on parking and charges please see the M&S Bank Arena website: 

Parking fees will be operational on these dates.

Refreshments

Snacks and light refreshments will be available to purchase at the venue. Please ensure all gymnasts bring sufficient amounts of water to remain hydrated throughout the event.

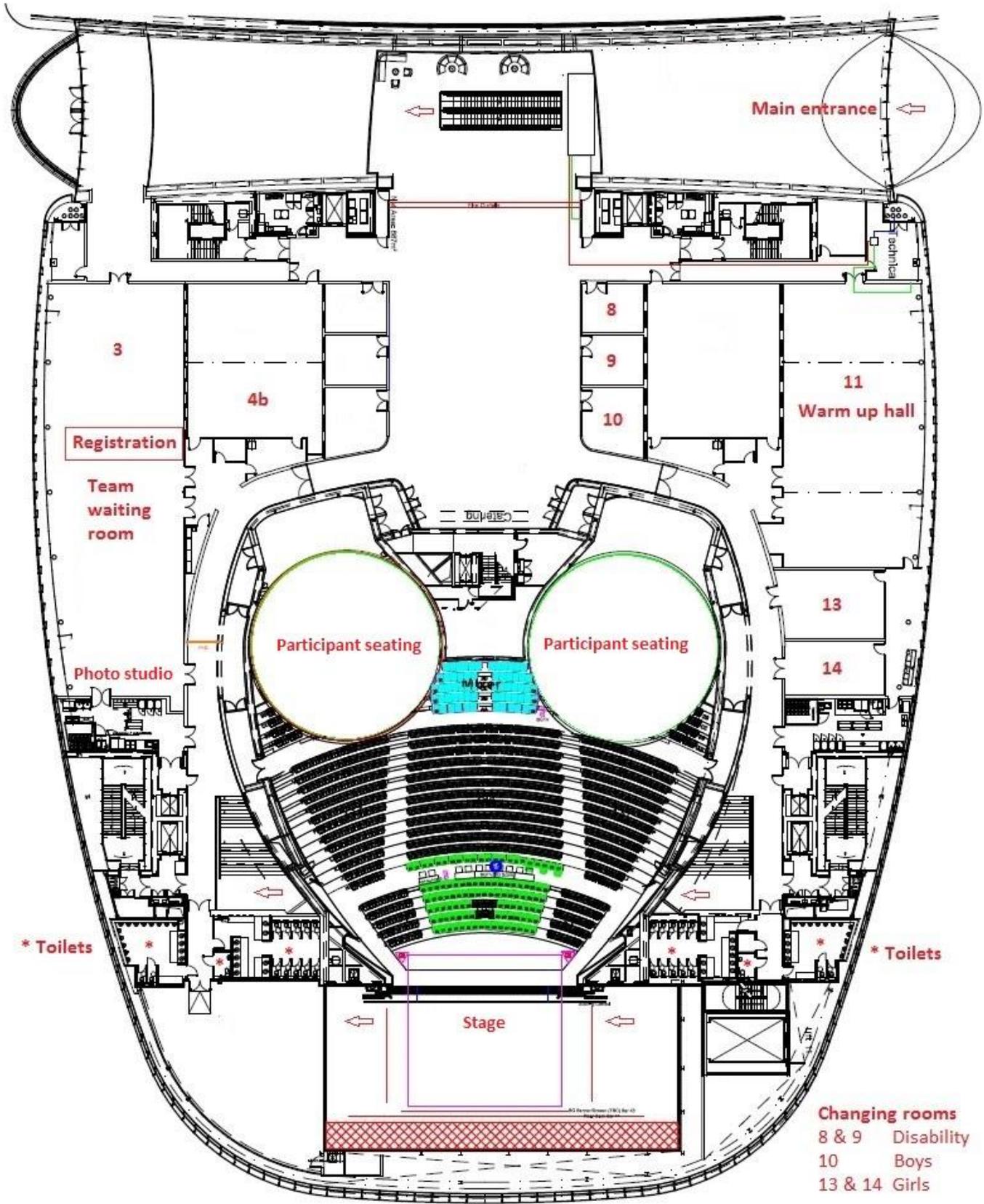
Terms & Conditions

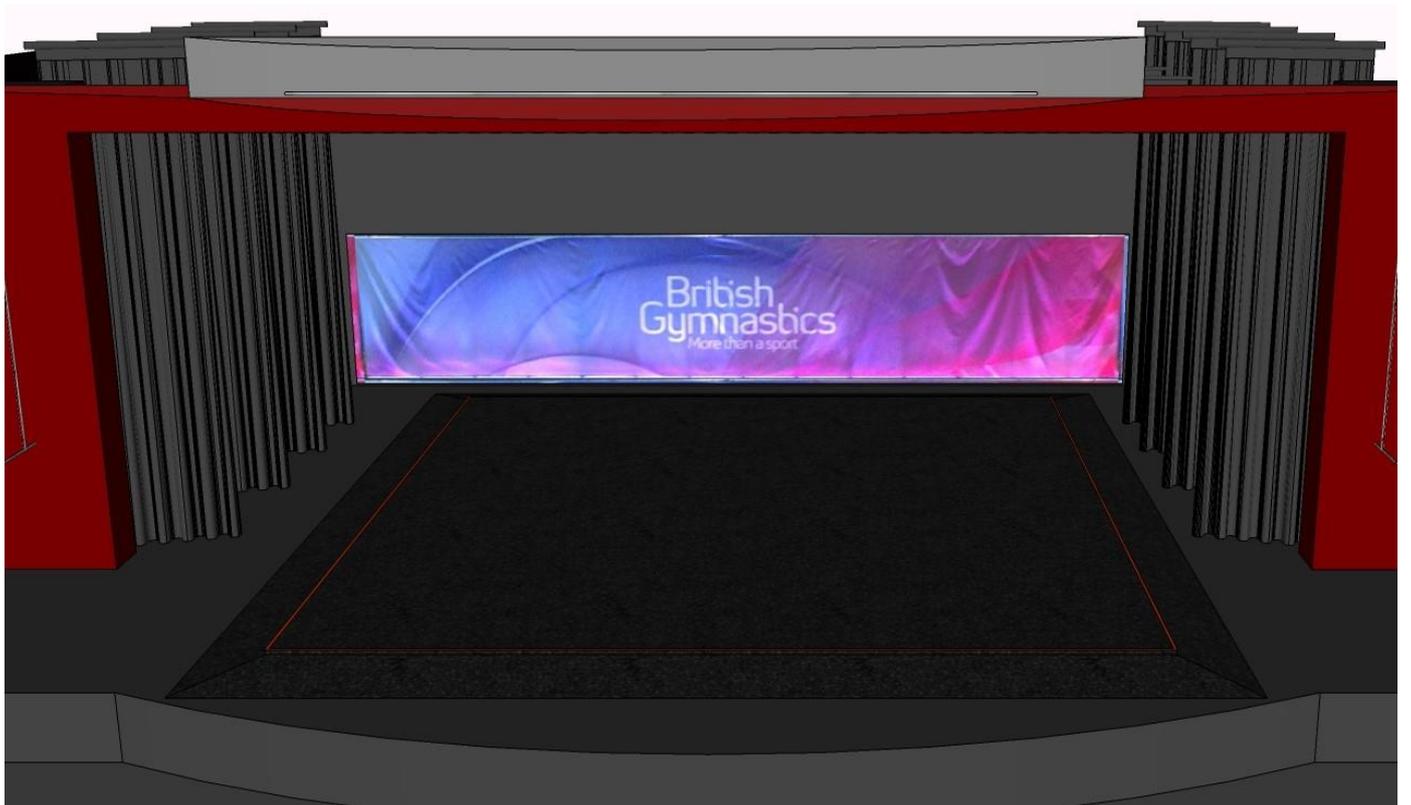
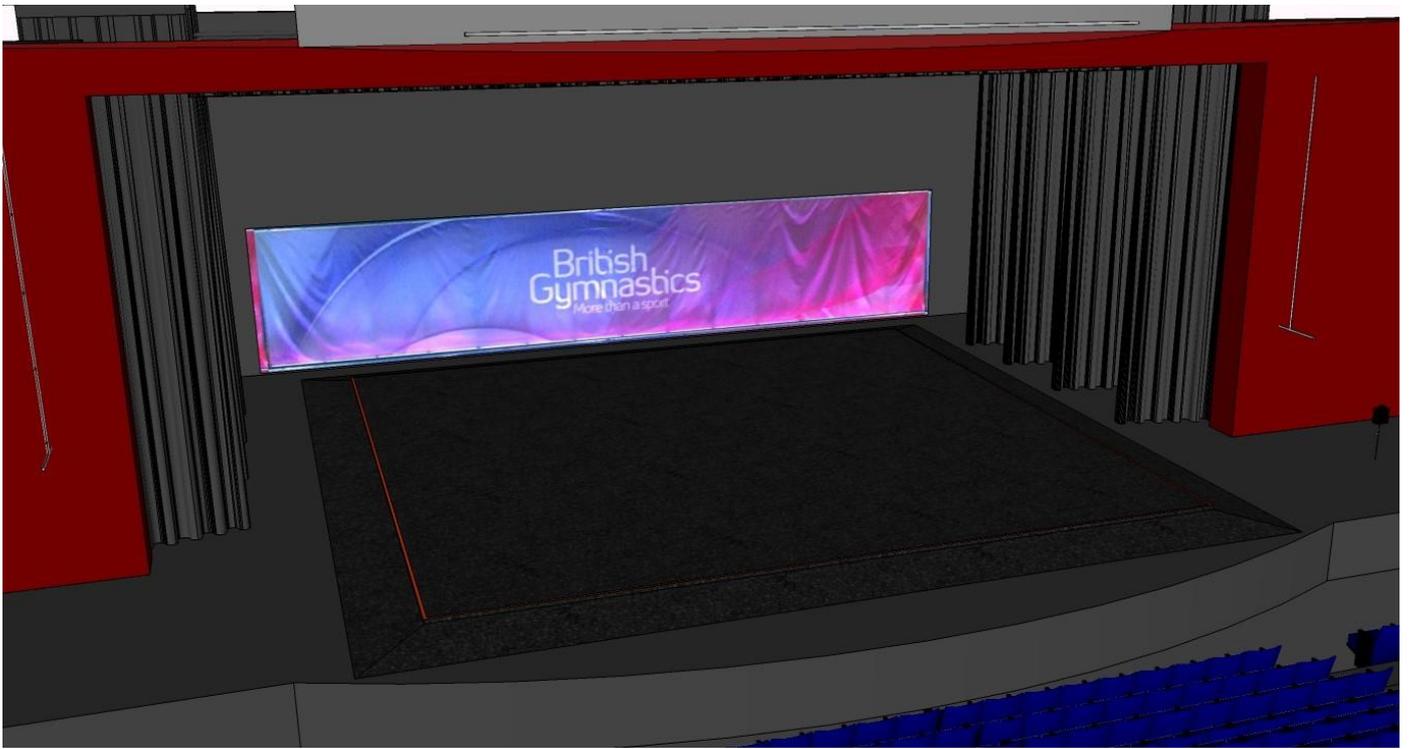
- It is the team's responsibility that all registered gymnasts/participants/coaches are members of British Gymnastics on the day of the event.
- All Coaches must be members of British Gymnastics and at least one coach per team must hold a minimum Level 2 coaching qualification.
- All GB Gym for Life Challenge charges must be paid cleared from the Club Shopping Basket prior to the event
- Teams must ensure that all music and team info sheets are with the event organiser by the stipulated deadlines: Friday 3rd July 2020.
- Team performances/routines will be a maximum of 6 minutes on the first day of the event and a maximum of a 3 minute section of this routine or a different routine will be performed by teams on the second day of the event.
- Teams (coaches and participants/gymnasts) must arrive at the same time and register together. Under no circumstances will parents/guardians be allowed passed the registration desk.
- The Head Coach of the team will be required to sign a disclaimer on the day of the event at Team Registration to confirm that the skills being performed are covered under the coaching qualification of a coach present.
- The coaches attending the event must be qualified in the discipline that the gymnasts will be performing in and must be qualified to coach the skills being performed.
- Only entered participants/gymnasts and nominated coaches prior to the event will be allowed into the team areas.
- Any changes in team personnel must be made known to the event organiser, prior to the event.
- Teams must respect the venue and staff at all times.
- Teams with own equipment must bring risk assessment for each item with them on the day of the event.
- Participants /gymnasts are the full responsibility to their coaches.
- Spectators, parents/guardians, teams and staff are to remain in their allocated areas at all times. Anyone found in a non-permitted area will be removed from the building.
- When gymnasts/coaches are in the performance hall to watch the show, they must remain in the designated seating area at all times.
- A strict limit has been set with regard to the numbers attending the Great British Gym for Life Challenge 2020. This limit will be vigorously monitored and adhered to. It is imperative that you identify accurately the number of people in your party for full registration. No additional people can be added to the numbers identified and confirmed within your entry.
- Please ensure all of your contact details held by British Gymnastics (through GymNET self-service) are up to date and correct for ease of contact to ensure all official communications reach you in a timely manner.
- Gymnasts may perform with one team only.
- Incomplete online entry forms minus payment or form will be classed as void and will not be included in the registration process.
- Full event details and information will be communicated approximately two weeks before the event.
- The 14m x 14m Tribond carpet floor area has a performance area of 12m². Coaches and team managers are to ensure that team performances are suitable for the floor space available. A diagram of the Auditorium at the M&S Bank Arena included ([Appendix 1](#)).
- By entering the Great British Gym for Life Challenge 2020 you are agreeing to all Terms & Conditions as listed.
- The event will only be cancelled if the venue fails to open on the day due to unforeseen circumstances. If the venue remains open the event will take place and no refunds to teams or spectators will be made.

Terms & Conditions of Entry to All BG Events

- In addition to BG General Rules & Regulations -
 - All entrants agree to be treated by BG appointed medical staff only and be bound by the decision of BG medical staff in relation to their ability to take part in the event.
 - By submitting an inquiry you agree to pay a fee which will be added to the club/region basket.
 - You agree to the storing of competition scores. BG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication.
 - You agree to abide by the BG Photography at Gymnastics events policy.
 - The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this document.

Appendix 1 - Auditorium Layout and Performance Area





Appendix 3 - Team Information Sheet

Club Name	
Team Name if different from club (this will be used in the programme)	
Title of performance	
Title of music	
Where do the team train?	
Are you arriving by Coach?	
Does the team have any disability gymnasts? If Yes does the gymnast need any extra assistance.	
Which types of gymnastics will be displayed?	
Please confirm both of your performance lengths (three minutes & six minutes)	
What is your starting position/when does the music need to start?	
Does your music need to stop anywhere or can it be left to play to the end?	
Is there a particular colour incorporated into your costumes which we can include in the lighting during your performance?	
Is there a particular theme that your performance follows?	
Are you bringing any equipment with you? If so please list the equipment you are bringing, and when it was last checked and tested.	Is the equipment a standard item produced and maintained by a reputable Gymnastics equipment manufacturer? Yes/No If No, then please complete a Risk Assessment & Method Statement (attached)
Do you need time before your performance starts to place equipment on the floor? If so, how long?	
Do you require assistance placing your equipment, either at the start or during your performance? If you would like to receive assistance you must provide a diagram of set up in the box. Please note: Large apparatus including landing mats must only be moved by qualified BG coaches and event staff. Gymnasts cannot move large apparatus on and off the floor on their own.	
Help us introduce you!! What interesting facts can you tell us about your team? How long have you been rehearsing for this performance? Have the rehearsals gone well and been good fun? How has the team worked together? Are there any surprises within the routine? Who's helped in getting the performance ready? Do any of the gymnasts have any special talents they have been able to make use of?	
Would you like to receive written feedback on your performance?	Yes / No (delete as applicable)

This must be fully completed and returned to the Organiser via email (Danielle.Crowe) by Friday 3rd July 2020. Please return completed sooner if possible. This sheet will provide details to the Organiser to allow your team to be appropriately announced and featured within the show and sports presentation. *An editable version of this will be sent to you upon entry into the event.*

Appendix 4 – GymNET Entry Guide

For guidance in making an online entry using British Gymnastics GymNET please refer to the [Online Entry Guide](#).

If you are having trouble in making using GymNET please contact British Gymnastics Customer Support Department: 0345 1297129

If you have a specific query regarding this particular event, please contact [Danielle Crowe](#), 0345 1297129 ext.2660.

Appendix 5 - GB Gym for Life Challenge Evaluation Criteria

The criteria used for the GB Gym for Life Challenge follows that set by the International Gymnastics for All committee for the FIG World Gym for Life Challenge. It is not based on technical high performance skill level, but very much focused around putting on a high quality performance for the performers and spectators to enjoy.

Section 1: Entertainment

- Does the group performance keep the audience engaged throughout the performance?
- Are their surprise/wow moments within the routine?
- Does the group interact with the audience throughout the performance?
- Was the music choice entertaining? Did it keep you interested in the performance?

Section 2: Innovation/originality

- Is the groups theme/story interesting or original?
- Is the theme/ story easily understood from the performance?
- Does the group use exciting floor patterns (formations)?
- Does the group use interesting choreography and different styles of dance?

Section 3: Variety and Technique

- Are the gymnastic skills within the performance suitable to the overall skill level of the group?
- Are all gymnasts involved throughout the performance (i.e. no single gymnast is showcased throughout, each gymnast's best qualities are utilised)?
- Are the gymnastics and dance skills performed well with correct technique?
- Are there a variety of gymnastics and dance styles used throughout the performance (i.e. dance, tumbling, acro, hand apparatus/props, large apparatus)

Section 4: Overall impression

- Were the costumes suitable to the age and gymnastics skills within the performance?
- Was the music suitable to the age and gymnastics skills within the performance?
- Was the performance memorable?
- Would you like to watch the performance again?

Group performances will be evaluated in 4 sections using the criteria and maximum score of 20 is available (5 per section). A panel of trained evaluators will decide the score and this panel will remain the same for the whole day. Groups will then be awarded a bronze, silver or gold pin based on their score given for their performance. The highest scoring teams will receive Gold, with Silver and Bronze awards being split evenly amongst the remaining teams based on their scores.

Feedback will be delivered on stage to every team directly after their performance based on the criteria. This will be provided by the evaluation panel who have watched the performance on stage directly after the performance. Written feedback from the panel may be available upon request. Exact scores will not be printed as this is not a competition, the scores are only used to decide the colour of pin awarded. Pins will be presented to each team on Day 2 of the event in the award ceremony. There will also be an Award presented for each section to the team which shows the Evaluators the best fulfilment of the criteria within that section.

All teams are welcome to apply for written feedback but it is not compulsory. Please ensure you make the event organiser aware that you are keen to receive written feedback on your teams' performance (using the Team Information Sheet). You will be made aware of this process when you arrive on the day during the coaches briefing. If you would not like to receive feedback you can "opt-out". Please ensure you state you would like to opt-out of receiving written feedback using the Team Information Sheet.