

Bulletin #1 – May 2017

11th EuroGym 2018 Liège, Belgium



Introduction

What is EuroGym?

EUROGYM is one of the biggest gymnastics events specifically for young people. A non-competitive festival event, EUROGYM takes place every two years, the objective being to unite young European gymnasts, providing the opportunity for gymnasts to perform their team display routines on an international stage.

Performances, workshops and parties, EUROGYM is a huge social non-competitive event for young people where everyone is welcome.

EUROGYM is specifically targeted and tailored for gymnast's age 12-18 years old. The minimum number for a team is 6 gymnasts and each team must have a minimum of 2 leaders. For teams with more than 24 gymnasts there should be 1 leader per 12 gymnasts.

Teams can register gymnasts aged 10 or 11 but these gymnasts cannot make up more than 10% of the team. 10% can also be older than 18 but no older than 20 years old. At the final registration a copy of the participant's passport must be sent to British Gymnastics.

Further information can also be found via British Gymnastics website and EuroGym website.

- <http://www.british-gymnastics.org/clubs/gymnastics-for-all-activities/festivals>
- <https://www.eurogym2018.com/>

All routes lead to Liège!



Liège is situated on the East Side of Belgium

- There are 2 main airports in Belgium: Brussels South Charleroi airport and Brussels Airport
- Airports of Maastricht and Weeze (Dusseldorf) are also possibilities to come to Liège
- From Brussels South Charleroi airport to Liège: 1.5 hours with the train
- From Brussels airport to Liège: 1 hour with the train
- From Maastricht (NLD) to Liège: 0.5 hours with the train
- From Weeze (Dusseldorf) to Liège: 2 hours with the train

Welcome to Liège!



Liège is a thousand-year-old city that conceals countless of treasures to discover!

It contains lively areas and many restaurants, this makes it a must-visit stopping place of Belgium, not to mention an intense cultural and artistic life and a significant architectural patrimony.

For the shopping addicts, all kind of shops are grouped together in the city centre and the surrounding pedestrian streets: renowned fashion designers, department stores, designers and delicatessens...

There you will find everything you are looking for, and no doubt everything you are not looking for. The Marché de la Batte is the biggest and the oldest market of Belgium, a veritable institution.



The coloured market stands sell things such as fruit and vegetables, cheeses, fabrics, flowers, books ... under the calls of the stallholders who praise the price and the freshness of their products in Walloon.

Liège and Sport, it's a long story! A decade ago, Liège has received three Euro 2000 matches. 12, 18 and 21 June are still very present in the football fans memories. The Town also was twice the starting point of the Tour de France: in 2004 and in 2012, and each year, she is receiving a staging point.



Liège counts so many good eating places, the most difficult choice is where to go! From the small, cheap tasty dishes to the de lux dinners, from the local specialties to the most exotic of dishes, you will always find food suitable to your wishes.

Architecturally the Town of Liège isn't outdone. It owns one of the most beautiful archaeological collection of the world as well as collections of weapons, religious art, decorative arts and art of glass making. The art galleries from Liège conceal discoveries such as, for example, the Aquarium-Museum of the University of Liège, centre of excellence of the animal biodiversity, or the Grand Curtius proposing exhibitions throughout the year to highlight one or another aspect of the museum collections from Liège.



Let's dream together!

Behind our slogan is the desire to gather and federate around the EUROGYM for all the people present by creating meetings, exchanges and sharing among participants from all walks of life. To further strengthen this sense of solidarity and give meaning to our slogan, we also want to set up a collaboration with reception centres in the region. Our goal will be to involving a group of stateless young people in EUROGYM to “**dream together**” and make the 11th edition of this event a memorable one for all!

Opening & Closing ceremony



PLACE SAINT-LAMBERT

The Place Saint-Lambert is a square in the centre of Liège. Until 1794, it was the site of St. Lambert's Cathedral. Remains of the foundations of the cathedral have been conserved, and are on display at the Archéoforum museum, under the square.

When?

Sunday & Thursday evening

UEG Gala



COUNTRY HALL

The hall can be used for various national and international sports events ranging from basketball to tennis, gymnastics, or boxing. Since the inauguration in 2005, the Country Hall hosted the first class basketball championship, the European and Belgian basketball cup, the Fed Cup (twice), the world championship boxing and a gymnastics event, but there was also table tennis and other sports disciplines.

The UEG TC GfA will launch a new format for the Gala, more information about this will be revealed soon!

When?

Wednesday evening

Workshops



Planned in tired places, in sports hall, in swimming pools, on water ... some of the sites that are favourable to discover a new sport.

- Water Sports (e.g. kayak, rowing)
- Expression workshops with music (e.g. fitness, dance, parkour)
- General sports (e.g. volleyball, football, tennis, handball)
- And many more ...

When?

Monday, Tuesday, Wednesday & Thursday in the morning

Educational Forum



Taking place within the University, in an appropriate place, presentations regarding health of sportsmen, theoretical and practical subjects about sports in general, about the individual well-being of sportsmen.

The themes will be presented in Bulletin no 2.

When?

Monday & Tuesday morning

City Performances



City performances will take place at different venues in the heart of the city, in public squares, in a park, at the place where the inhabitants of Liège are used to walk. The groups should present their performance at least twice during the week.

When?

Monday, Tuesday & Wednesday afternoon

Stage performances cannot be longer than 6 minutes
(including equipment preparation/removal)

The groups must consist of a minimum of 6 gymnasts

Gym Zone



An especially created area for evening activities will be reserved for participants. Disco parties, entertainments and fun competitions will be organized there, so many opportunities to create relationships between participants from all the countries.

When?

Monday & Tuesday evening

Gym For Life Challenge

European Gym for Life Challenge is a contest for group performances which will take place for the first time on July 14th 2018 in connection with the 11th EUROGYM 2018 in Liège, Belgium.



Preliminary Schedule

Gym For Life Challenge

- Groups arrival: Thursday 12th or Friday 13th July 2018
- Event: Saturday 14th July 2018

Detailed information will be provided separately.

EuroGym Programme

EuroGym events shall consist of demonstrations and performances from the entire range of Gymnastics, exclusive of competitions. The event programme shall include:

- Parade
- Opening Ceremony
- Stage Performances
- Workshops
- UEG Gala
- Educational Forum
- Closing Ceremony

The planned programme is shown below.

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning						
Groups arrival	Groups arrival	Workshops Forum	Workshops Forum	Workshops	Workshops	Groups departure
Afternoon						
Groups arrival	Parade	Stage performance	Stage performance	Stage performance	Closing ceremony rehearsals	Groups departure
				Gala rehearsals		
Evening						
Groups arrival & fireworks	Opening ceremony	Party or concert	Party or concert	UEG Gala	Closing ceremony & Farewell party	Groups departure

In the Liège area

Extra city performances will be eventually foreseen in nearby cities such as Huy, Verviers, Waremme, etc.

These performances will make part of a paying excursion: Visit to another town, representation on a podium installed in the city centre, free time etc.

Excursions at a charge will also be organized during the day off:

- Visit of a coal mining with a descent into the mine with a lift-cage of coal miners.
- A day at the Wégimont castle: castle, the castle grounds, swimming pool, mini-golf, canoeing, ...

More information will be available in Bulletin 2.

Transport

By Air - By Train - By Bus

By Air

Optional shuttles from/to the airport:

- Brussels National Airport (90 kms),
- Brussels South Charleroi Airport (85 kms),
- Maastricht Airport (40 kms),
- Köln Airport (130 kms),
- Düsseldorf Airport (130 kms)

By Train

It is easy to travel to Liège by train. There are frequent connections, both international and domestic.

By Bus

With your own bus or car it is easy to travel to Liège from all over Europe.

In Liège

Most facilities within the city are at walking distance. If not, busses will be provided.

Our intention is also that all participants will be able to use the local busses with their attendance cards.

Special shuttles will also be available when needed (to/from the workshops, gala, back to the school at night, etc.)



Accommodation – Catering

Accommodation in schools is provided for all participants and is included in the participation fee. Liège has many schools in the city centre.

Through our volunteers and a safety/security agency there will be 24-hour service at all schools and security will be provided always. All schools are inspected by the fire authorities and approved for overnight accommodations.

All participants must bring their own sleeping (inflatable) mattress and sleeping bag.

Breakfast is served at each school or at the main venue if it is not possible to serve a breakfast in a school. Lunch and dinner are served at the main venue (Palais des Congrès).

Who can register as a Participant?

Who can register as a participant:

- Gymnasts from the year they turn 12 throughout the year they are 18 (born in 2006 to 2000)
- 10% of the gymnasts in a group can be 10 and 11 years old (born in 2007 and 2008)
- 10% of the gymnasts in a group can be 19 and 20 years old (born in 1999 and 1998)

All gymnasts who register must send a copy of their passport or other valid id which includes a photo and the date of birth.

Only participants are allowed in workshops, gala performances and at the stages for city performance - accreditations will be checked. Coaches may enter the stage for safety support when using equipment that requires this, like a trampette or tumbling/air track.

Who can have an accreditation?

Who can have an accreditation:

- Participants per the definition above
- Coaches
- Group/Team leaders
- Head of Delegation

Coaches may not take part on a performance as gymnasts.

Accompanying persons are not allowed in the schools and will not get an accreditation.

Registration and Cost

£55 non-refundable deposit – to be paid by 23rd October 2017

£150 non-refundable payment – to be paid by 12th January 2018

£175 non-refundable payment – to be paid by 16th March 2018

Participation card **EUROGYM 2018**

Fees : **£380**

Included:

- School accommodation and breakfast
- Meals (lunch and dinner)
- Transport in Liège during the Eurogym 2018
- Entry to all ceremonies (opening - closing - gala)
- Participation in 2-4 workshops
- 2 performances
- Parties
- GB Kit; 2 T-Shirts and 1 Jacket

Participation card **Gym For Life Challenge**

Fees:

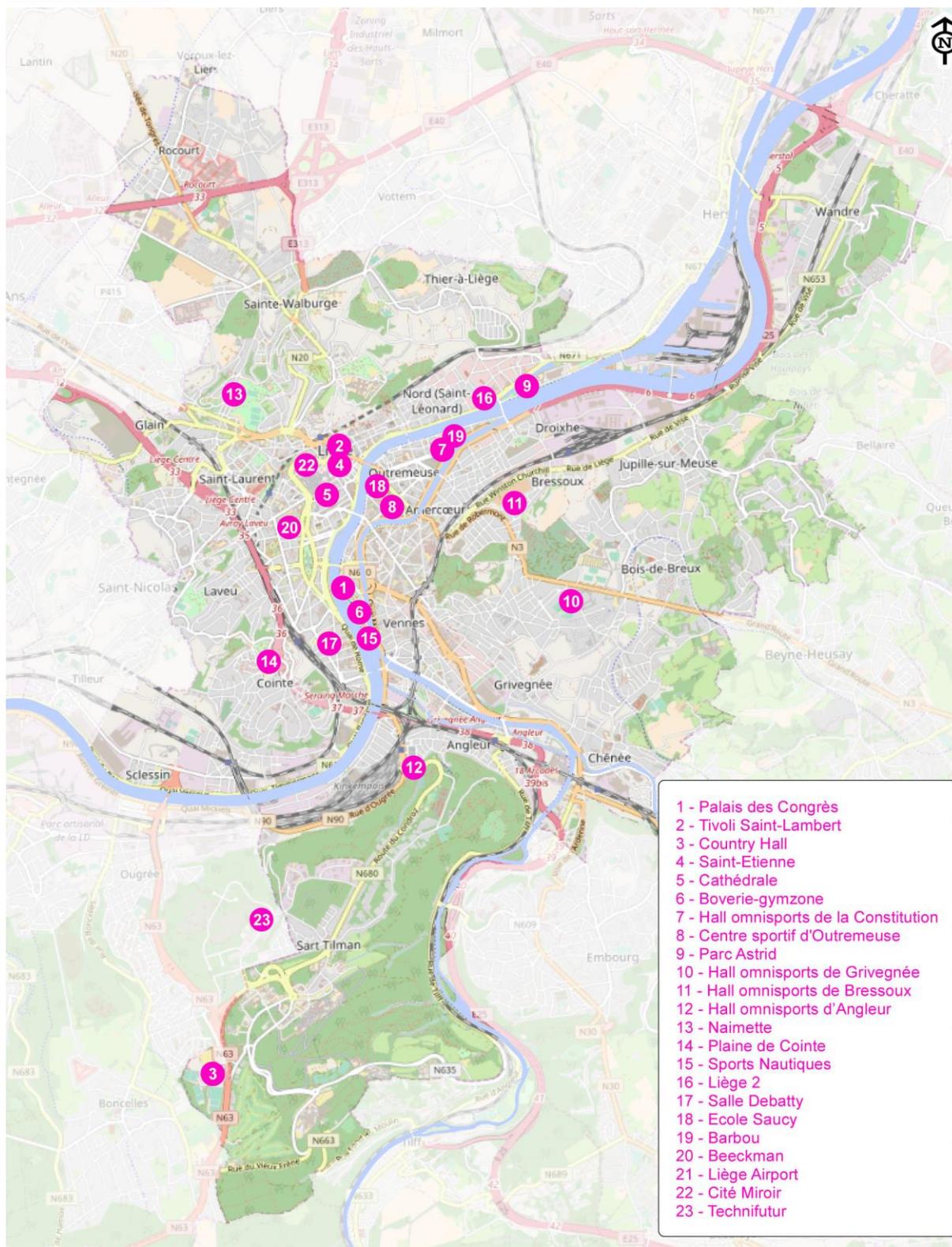
- **If** you take part in Eurogym: **£45** in addition to **£380**

Included:

- School accommodation for one night (Friday)
- Meals on Saturday (breakfast - lunch - dinner)
- Participation in Gym For Life Challenge

A meeting of the delegations from the 12th of the 14th of May 2017 will be the occasion to present the whole structure of the organization of 2018.

Main Venues



Main venue - 1

Opening – Closing - 2

UEG Gala - 3

City performance - 2 - 4 - 5 - 6

Workshops

6 - 7 - 8 - 9 - 10 - 11 - 12 - 13 - 14 - 15 - 16 - 17 -

18 - 19 - 20 - 21 - 23

Forum - 22

