

Rhythmic Technical Committee

Dear all,
Please find the latest Rhythmic news

If you no longer wish to receive this information, just email "Rhythmic News Opt Out" to [RG TC Contact](#)
If you are a coach, judge or club official and would like to join the mailing list, please send a request to [RG TC Contact](#).

Kind regards
Ruth Wilson (RG TC Communications)

October 3rd 2019

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Group Workshop

Please find attached flyer for the Group coach workshop, which will take place at Lilleshall on Saturday 7th December. The sessions will be run by Kameliya Dunavska, international renowned group coach, who has a strong background in group work and has worked with a number of federations including the France National Group and Turkey Junior National Group. She will impart understanding, experience and knowledge around four key areas:

- Choreography for groups
- Constructing D3/4 collaborations
- Group lifting
- Artistry for groups

Registration for the workshop is open and can be found [here](#) for Level 1 coaches and [here](#) for Level 2 and above coaches.

North West Championships

The North West Championships for Level 1 / 2 and Groups will take place on Saturday 9th November, Robin Park, Wigan. Please find attached the competition details and entry form. Note the closing date is Friday 11th October. For further information, please contact [Laura Hogg](#).

Group Seeding Eligibility for 2020

Apart from Groups where at least 50% of the gymnasts are born in 2011, to be eligible for Seeding, at least 50% of the gymnasts in a group entering seeding must have competed in a group which completed the Level 3, 4 or 5 Group Leagues in 2019

Please note for that Groups who granted permission to compete as "Guests" in the Level 3 Group League, this will be considered equivalent to competing towards eligibility to enter Group Seeding.

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Esplor Group BQT

Please find attached a supplement to the NDP, which describes the requirements for Esplor Group BQT.

International Representation

Congratulations to all gymnasts, coaches, judges and clubs for their selection to the following events.

FIG World Challenge Cup, Kazan, Russia, 28 August – 2 September

Senior Individual: Alida Bogdanova (Elite), Gemma Frizelle (Llanelli)

Supported by Coach Jo Coombs and Judge Nia Evans

FIG World Challenge Cup, Portimao, Portugal, 4-9 September

Senior Individual: Gemma Frizelle (Llanelli), Christianna Vitanova (Elite)

Supported by Coach Laura Hogg and Judge Nia Evans

International Tournament, Portimao, Portugal, 4-9 September

Junior Individual: Marfa Ekimova (LAGAD), Elizabeth Popova (Llanelli), Saffron Severn (Rhythmic Excellence), Leyla Yilmaz (Rhythmic Excellence)

Junior Group: Emily Austin, Rosina Cheale, Amelia Deane, Isabella Rittman, Alexandra Velicko-Xhafa (I-Star)

Senior Individual: Louise Christie (Beacon), Alice Leaper (Ribby Hall)

Supported by Coaches Eleonora Baio, Luara Hogg and Lynne Hutchison, and Judge Rebecca Bunce

Competition Handbook Clarification

Please note that according to BG policy, a change of coach on the day of a competition could result in the gymnasts not being able to compete at the competition. This could mean if you do not turn up with your designated coach to the registration, desk, then this could result in the gymnasts not being permitted to enter the warm-up hall and would result in them being withdrawn from the competition. This is in force for all National competitions.

Foundation Squad Selection

Please note that a selection event for the GBR Rhythmic Foundation Squad (formerly known as the Aspire Squad) will take place at Lilleshall on Saturday 30th November. Notice of selection event and selection policy is now available on BG website [here](#). Note that the closing date is 25th October 2019.

GBR Esplor, Junior & Senior Squad Selection

Please note a selection event for GBR Esplor, Junior and Senior squads for both Individual and Group will take place at Fenton Manor, Stoke, on 22-24th October. The selection policy is now available on BG website [here](#). Note the closing date is 11th October 2019.

England Squads – Declaration of Interest

Please find attached declaration of interest for England Potential & Performance Squads. Note that the closing date for registrations is 11th October 2019.

Clubs Internationals

Reminder that international competitions, which are available for clubs, can be found on BG Website [here](#).