

Rhythmic Technical Committee

Dear all,

Please find below and attached the updates for July. We are looking forward to the British Championships at the end of the month, and hope to see you all there.

If you would like to receive our newsletters, please send a request to [RG TC Contact](#). Previous newsletters can be found [here](#). If you no longer wish to receive this information, then please send an email with the subject "Rhythmic News Opt Out" to [RG TC Contact](#)

Kind regards
Ruth Wilson
RG TC Information Officer

11th July 2016

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BQT Ballet for 2017

The new BQT Ballet program for pre-Espoir, Espoir and Juniors has been developed for 2017 is now available on BG website. Please login to GymNET and access the coaching resources, where you can find the music, videos and the written ballet program.

GBR Representation

Please find below results from recent international competitions

Grand Prix & Irina Deleanu Cup

In May, a Senior team travelled to Bucharest in Romania, supported by Jo Coombs as coach and Judy Warrack as Judge, with the following results

Grand Prix – Stephani Sherlock – 61.55 (15th)

Irina Deleanu Cup – Gemma Frizelle - 55.850 (4th)

Gemma Frizelle also competed in reaching all Finals, congratulations for her 3rd place in Hoop, Ball and Ribbon

World Cup Berlin

On 1st-3rd July, Laura Halford competed in the World Cup in Berlin, supported by Jo Coombs as coach and with an overall score of 59.600 (24th)

World Cup Kazan

On 7th-9th July, Stephani Sherlock competed in the World Cup in Kazan, supported by Vicki Hawkins as Judge and Ruth Wilson as coach and with an overall score of 60.950 (32nd)

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Competition Update

Congratulations to everyone who took part in the NDP Finals and Group League Round 1, with 2016 Individual Age Group champions as follows:

NDP Finals

Grade 4

Gold - Cara Mackay (Esprit)
Silver - Alisa Welfair (Esprit)
Bronze - Eva Yordanova (Worcester)

Grade 6

Gold - Erica Kuregenov (Elite)
Silver - Rosie Gaines (City of Bath)
Bronze - Evie Savage (South Essex)

Grade 8

Gold - Azra Dewan (Elite)
Silver - Daisy Burke (City of Birmingham)
Bronze - Maise Hazar (Devotion)

Grade 10

Gold - Tiola Gleeson (City of Bath)
Silver - Lottie Wittich (City of Canterbury)
Bronze - Louise Christie (Beacon)

Group Leagues

Espoir National

1st - Deeside
2nd - South Essex Rainbow
3rd - Ribby Hall Purple

Junior National

1st - Trafford
2nd - Elena Firecrackers
3rd - Ribble Valley

Senior

1st - I-Star Academy Ice
2nd - Esprit Rhythmic
3rd - I-Star Academy Fire

Grade 5

Gold - Julia Cepulyte (LSA)
Silver - Eva Marshall (Finesse)
Bronze - Ellie Race (Trafford)

Grade 7

Gold - Liza Breykin (Trafford)
Silver - Clara Angus Lane (Hendon)
Bronze - Marina Barker (Elena)

Grade 9

Gold - Ermine Bozova (Elite)
Silver - Diana Punt (Castle)
Bronze - Jade Woollard (South Essex)

Espoir Elite

1st - Ribby Hall Pink
2nd - City of Canterbury
3rd - I-Star Academy Magenta

Junior Elite

1st - City of Birmingham
2nd - City of Canterbury
3rd - Esprit Rhythmic Pink

Full results can be accessed on BG website [here](#).

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We look forward to the British Championships, which will take place on 29th- 31st July in Liverpool Echo Arena. For more information and ticketing information and purchase, please see [here](#).

Judging Update

Judges are reminded that they are bound by the "Rhythmic Judges Code of Conduct", which can be found [here](#). Judges are expected to be courteous to other judges, and are not permitted to approach other judges in a hostile manner relating to scoring of specific routines nor gymnasts. BG, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, judge, gymnast or team at any time, if they do not comply with BG regulations.

Technical Symposium

Registration is now open for the Technical Symposium, which will take place on the 17th/18th September in Lilleshall. The aim of the technical symposium is to bring together coaches, judges and club officials from across the Rhythmic community, with the goal of providing a series of lectures and practical workshops covering a wide range of topics of interest from beginners to elite performance.

Registration form and information flyer attached. Please note, closing date for registrations which require room bookings at Lilleshall is Thursday 4th August.