

Rhythmic Technical Committee

Dear all,

Please find below updates for the October newsletter.

If you would like to receive our newsletters, please send a request to [RG TC Contact](#). Previous newsletters can be found [here](#). If you no longer wish to receive this information, then please send an email with the subject "Rhythmic News Opt Out" to [RG TC Contact](#)

Kind regards
Ruth Wilson
RG TC Information Officer

2nd October 2016

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Technical Symposium Recap

Thanks for everyone who attended the Technical Symposium and making it a worthwhile event.

We had a very welcoming introduction by Jane Allen, followed by some excellent speakers over the two days and some very interactive practical sessions.

The weekend also provided a great opportunity for exchange of views and ideas and a great social evening with the annual quiz 😊

Attached are the slides from the RGTC Update and the session on the new CoP along with the Q & A. The S & C program can be found in the [RGTC Downloads](#). In addition, a clarification on the apparatus for Level 3 is attached.

Competition Update

The Group League Round 2 will take place on Sunday 9th October in Fenton Manor. More information and advanced ticket sales can be found [here](#).

Reminder that the closing date for entries to the Club Team Championships and Group League Round 3 is Friday 14th October at 12 noon.

Competition Requirements for 2017

Please find attached competition requirements for Individual, including Disabilities, and Group for use during 2017.

"Aspiring to create a performance environment for Rhythmic Gymnastics to flourish in the UK"

Rhythmic Technical Committee

Regional Representation

Following on from the technical conference, the RGTC wanted to bring to your attention to a forum held annually which is a mechanism to feedback to the Technical Committee on key areas.

The National Planning and Review Group (NPRG) hold a meeting annually usually in the Autumn.

The topics covered are in three areas:

- National Programmes
- NDP
- Resources
- Events.

The NPRG is made up of one member from each English Region & one member from each of the Home Nations.

Our next NPRG meeting is in November, if you want to provide feedback on the above areas please provide your input to the RHG chairperson in your region.

It is the responsibility of your NPRG member to feedback to your regions, county & club associations, after the meeting. Your regional contacts can be found in the table below.

Zone	Region	Rhythmic Chair
A	London	Ben Murphy
	South	Deb Hows
	South East	Maria Foster
B	South West	Mike Euridge
	Wales	Linda Thomas
C	East	Verity Adams
	East Midlands	Jo Anna Gardner
	West Midlands	Nicky Richards
D	North	Peter Crawford
	N. Ireland	Elaine Bailey
	North West	Laura Hogg
	Scotland	Laura Donaldson
	Yorkshire	Karen Priestly

Did you know ?

You can now renew your Safeguarding qualification online with BG if you have previously attended a Safeguarding and Protecting Children course. For more information, please see [here](#).