

Rhythmic Technical Committee

Dear all,

Welcome to the November newsletter. We are looking forward to the Club Team and final Round of the Group League this month and hope to see you all at Fenton Manor. Congratulations also to Eva Balova on the birth of her daughter Andrea and to Maria Gateva on the birth of her baby daughter Natalia 😊

If you would like to receive our newsletters, please send a request to [RG TC Contact](#). Previous newsletters can be found [here](#). If you no longer wish to receive this information, then please send an email with the subject "Rhythmic News Opt Out" to [RG TC Contact](#)

Kind regards
Ruth Wilson
RG TC Information Officer

2nd November 2016

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BQT Ballet Updates

Please note that a new revision of the BQT Ballet Program has been uploaded. This includes a text change on the Espoir Plie exercise only. In addition, corrected music files for the Pre-Espoir Ballet have also been uploaded. To access, please login to GymNET and select the coaching resources, where you can find the music, videos and the written ballet program.

Zonal Grades

Please see below dates for 2017 Zonal Grades

- Zone A : Sunday 2nd April, Canterbury
- Zone B : tbc
- Zone C : Sunday 9th April, Birmingham
- Zone D : Saturday 25th March, venue tbc

Calendar Updates

Please find attached calendar updates for the remainder of 2016 and 2017

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Competition Update

Group League Round 2 – Results - Congratulations to everyone who took part in the Group League Round 2. Overall results below. Full results can be found on BG Website [here](#).

Senior Group Overall

Gold – I-Star Academy Ice
Silver – I-Star Academy Fire
Bronze – South Essex

Junior Elite Group Overall

Gold – City of Birmingham
Silver – Esprit Pink
Bronze – City of Canterbury

Junior National Group Overall

Gold – Trafford
Silver – Northampton
Bronze – City of Bath Orchids

Espoir Elite Group Overall

Gold – City of Bath Snowdrops
Silver – I-Star Academy Magenta
Bronze – Ribby Hall Pink

Espoir National Group Overall

Gold – South Essex Rainbow
Silver – Deeside
Bronze – I-Star Academy Pear/Trafford

Group League Round 3/Club Team – Round 3 of the Group League and the Club Team Championships will take place on Saturday 25th and Sunday 26th November in Fenton Manor. More information and advanced ticket sales can be found [here](#).

Competition Handbook – The competition handbook for 2017 has now been released and can be downloaded from BG website [here](#).

Apparatus for 2017 – the latest version with clarification on Level 3 Apparatus can be found [here](#).

Competition Entry Deadlines

Clubs are requested to prepare and submit their entries for competitions in good time, so that there is time to resolve any issues with the competitions entry. In particular, if a club thinks that they may need a judging waiver they need to ask permission at least one week prior to the entry deadline.

Coaching Course Update

Please find below the latest available coaching courses.

UKCC Level 2 Coach – Northern Ireland

Venue : Appa NI Ltd, Unit 7/8, 5 Prince Regent Road, Belfast, BT5 6QR

Dates : 5th, 19th & 26th February & 12th March 2017

Exam Date : 18th June 2017

Closing Date : 5th January 2017

Course Organiser : Pippa Davis

Contact : pippa.davis@british-gymnastics.org

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BG Awards

The British Gymnastics National Awards recognise and celebrate the achievements of the most inspirational people within our gymnastics community. Congratulations to members of our Rhythmic Community who received the following awards. The full list of BG Awards winners can be found on [BG Website](#).

- Nik Stuart Honorary Life Member – Iris Critchley
- Award of Merit – Tracy Hurwood, Sue Morgan, Linda Thomas



NDP Supplement – Disabilities

In advance of the availability of the 2017 NDP, a supplement which outlines the program for Disabilities can be downloaded from the BG Website [here](#). Note that this document will be replaced by the NDP once released and that the information is preliminary and intended to provide early access.

International Club Competitions

International competitions which are available for clubs can be found on the [BG Website](#).

Reminder that clubs should adhere to the BG policy when travelling. The appropriate form needs to be completed in full and sent to British Gymnastics **at least** four weeks prior to travel so we can get your trip approved by British Gymnastics and endorsed by the insurers. Failure to inform British Gymnastics of **any** overnight stays may invalidate your insurance. Full information and forms can be found [here](#).

Did you know ?

Tickets are now on sale for the 2017 World Championships in Pesaro ☺

For more information and ticket sale, see the official [website](#).

