

Dear all,
Please find attached January updates.
Kind regards
Ruth Wilson
RG TC Information Officer

11th January 2018

Contents

- FIG CoP Update
- Competition Requirements Update
- Judging Courses
- GBR Selection & Ranking Event
- NDP for 2018
- 2018 Calendar Update
- Competition News
- GDPR Opt-out

FIG CoP Update

An updated version of the Cycle 14 CoP has now been released and can be downloaded from [here](#). Please note that this will apply to all competitions and from 1st February in GB, and across all age groups and levels, including the Open Individual Apparatus, Group Seeding & Zonal Grades.

Competition Requirements Update

In accordance with the new code, the competition requirements have now been updated for both Individual and Group and can be found on the BG website [here](#). Note that the new body-wave requirement included in the Artistic component, as defined by FIG, will apply to all age groups. Note also that there are new requirements for the special collaborations permitted in Espoir Group Free routines to align with the code amendments.

Judging Courses

A Regional Judge course will run in Northampton on 10th February. To register for this course, please see [here](#).

A Club Judge course will run in Belfast on 24th February, with examinations on 10th March. To register for this course, please see [here](#).

GBR Selection & Ranking Event

The next GBR Selection & Ranking Event will take place on the weekend of 3rd/4th March at Fenton Manor. Coaches are reminded that entries should be sent, according to the selection policy to [Marie Johnson](#). The selection policies can be found on BG website [here](#).

NDP for 2018

The 2018 version of the NDP will shortly be available on BG website [here](#). Please remember you have to be logged into your BG account to be able to access this document.

2018 Calendar

Please find attached latest version of the 2018 calendar

Competition News

London Spring Cup

The London Spring Cup will take place on Saturday 5th and Sunday 6th May 2018 at Townley Grammar School, London. For more information, please contact [Galina Clark](#)

Welsh Championships

The Welsh Championships will take place on Saturday 19th/Sunday 20th May 2018 at Sport Wales National Centre, Cardiff. For more information, please contact [Jo Coombs](#)

GDPR Opt out

If you don't already receive our newsletters and would like to be added to the mailing list, please send a request to [RG TC Contact](#).

If you no longer wish to receive this information, please email with the subject "Rhythmic News Opt Out" to [RG TC Contact](#)