

Technical Update August 2022

We hope that everyone is enjoying the lovely summer and preparations are going well for the Inter-Regional Challenge Cup Final.

We are working hard to finalise the Technical Regulations and Competition Handbook for 2023 and hope to publish these after our next TC meeting on 11 September 2022.

In order to assist regions, clubs, coaches, and judges with planning, we would like to inform you of the events for 2023 and the rationale behind some of the difficult decisions that have been made.

The TC has been acutely mindful of the financial implications that the current cost of living, projected energy bills, and inflation will have in the coming months, and we are aware that frequent participation in competition can constitute a material financial burden on gymnasts and their families (including entry fees, transport, hotel costs, etc.).

As we are sure you will appreciate, the COVID-19 pandemic and the Whyte review has also resulted in financial pressures at British Gymnastics, and as a result, every department is being required to reassess spending and make savings where possible. In turn, all disciplines have been asked to look critically at which kinds of BG-run events, and how many, are offered in 2023.

In light of the above considerations, the TC has taken the decision to not host any Spring Cup events in 2023. The National Age Group Final event will become an 'open' entry event for FIG level gymnasts, and guidance on the scores that gymnasts should be able to achieve to compete at this level will be in the Technical Regulations. Qualification to the British Championships will derive from this event and will be based on a minimum top 24 ranked gymnasts for each group, per the 2022 structure. We will also maintain the Inter-Regional Challenge Cup Final.

The provisional dates and venues are:

NAGF – 2nd-4th June 2023, International Centre, Telford

IRCCF – 8th-10th September, Utilita Arena, Birmingham



British Championships – 15th-17th September, Utilita Arena, Birmingham

We will be looking carefully at the 2024 season in the coming months and plan to engage in discussions with the Regional Chairs and Home Nation representatives at the NPRG later this year, including on the topic of potential qualification pathways to national BG events.

We hope that this information will assist everyone with their 2023 planning. We will continue to keep you updated on any further developments.

As a reminder, British Gymnastics is hosting the FIG World Championships and World Age Groups in 2023 for our 3 disciplines, and our gymnasts would love to compete in front of a home crowd and enjoy the atmosphere that we all witnessed at the recent Commonwealth Games. Please keep checking the BG website and social media for ticket information.

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