

### Issue No. 21 - September 2019

As a result of coaches' requests for changes to the 2019 Handbook regards matting and springboards, the WTC and National Coaches would like to confirm the following

#### Clarification for Espoir Challenge Cup 2019

1. An additional "jersey-style" Gymnova mat may be used on Bars for Espoir – but can only be moved once (ie. the same rules for Espoir at the British Championships).
2. An additional 4 spring modified soft Gymnova springboard can be used on Vault for Espoir and Junior level gymnasts (maximum 4 springboards – one hard, one soft and one modified 4 spring, one modified 5 spring).

#### Apparatus rules as per FIG

1. Could we just remind everyone that chalk marks on the Vault run up matting is not allowed and is deductible.
2. The beam may only have small orientation marks in chalk on the side or the beam but no markings on the top surface either in chalk or by a sharp implement. This is again deductible.
3. The surface of the mats under the bars must be cleared of lumps of chalk

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