

Issue No. 22 - November 2019

At recent WTC and National Coaches' meetings the following decisions were made:

The National Coaches proposed removing Voluntary Level 2 and replacing it with Compulsory Level 1 so that there are less hoops (and rules) for the gymnasts to jump through and give them adequate time to be prepared for the demands of the Espoir Level.

The National Coaches proposed moving both the Compulsory Championships and the Voluntary Age Group Championships slightly later in the season to also accommodate this development. This will commence in 2021. It should be noted that if a gymnast did not pass Compulsory Level 1, then they can retake the following year (approx. 6 months later) to attempt to enter the subsequent Espoir British Championships. This scenario provides the gymnast with more time to prepare properly, versus having to do Compulsory Level 2 in Spring, Voluntary Level 2 in Autumn, Compulsory Level 1 in Winter, and then (if qualified) adjust to the Espoir British Rules. Therefore, in 2020, there will be Compulsory 1 in February to qualify for the British Championships 2020, **and** in November 2020 in order to qualify for the British Championships 2021. Please note the dates below:

Compulsory 1	8 th February 2020 (to qualify for British Championships 2020)
Compulsory 2 qualifier	3 rd October 2020
Compulsory 1 qualifier	14 th & 15 th November 2020 (to qualify for British Championships 2021) with Age Group Finals for Level 4 & 3. There will be no Voluntary Level 2 competition.

The Compulsory 1 qualification mark to progress to the British Championships 2020 & 2021 will be 57.00.

Amendments to Compulsory Level 1:

Beam - A free cartwheel connected to flic in this order only will also be allowed as the flic salto requirement.

Vault - New diagrams for the vaults will be published on the BG website and will be in an updated Compulsory Levels booklet.

Entry to Compulsory 1 on 8th February 2020 has already opened. Entries will close as published at noon on **18th December 2019**.

Women's Artistic Technical Committee

British Championships 2020

Senior British Championships 2020 - This competition will be on full FIG rules. There will be no additional GB bonus or penalties applied.

Senior gymnasts who have already qualified and are looking to enter the 2020 British Championships must have either:

- competed at a British Championships since 1st January 2018
- or scored a minimum of 47.00 at their respective Home Nations Championships or at a full FIG National Competition since 1st January 2018
- gymnasts that do not compete on 4 pieces and have not competed at a British Championships since 1st January 2018 will need to write to the WTC for consideration.

Junior and Espoir British Championships will remain unchanged with GB Bonus and penalties.

Compulsory Finals 2020

There will be no change to the content for Compulsory 4,3,2 in 2020. The first 4 gymnasts at Regional qualifiers will represent the Region at the National Finals for Compulsory 4 & 3, irrespective of their score, providing they have passed the grade. For individuals to go to National Finals they must score 60.00 or more at Compulsory 4, or 57.50 or more at Compulsory 3.

Challenge Cup 2020

The Regional qualification score to National Finals will increase to 43.00 for all age groups.

Symposium

The 2020 Symposium will take place at Lilleshall on 22nd & 23rd February. The symposium will include an update of the National programme by the National Coaches. Application is already open on the BG website.

The NPRG review meeting will take place on the evening of Friday 21st February 2020 and the one representative per region attending the NPRG will automatically receive admission to the symposium.

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