The following updates to the Compulsory Levels and NDP Grades were agreed by the WTC

Compulsory Levels

There will be no change to the content of the Compulsory Levels and NDP Grades until 2018.

Execution deductions for the 2017 competitions will be as COP 2017-2020

The Difficulty value of the elements will be as COP 2017-2020

Change to Compulsory Level 1 Beam

Leap series minimum 2 different elements (must include 1 leap minimum C) from COP 2017-2020

1 x additional C dance element or above

Elements that have raised from B to C

- Split leap & split jump ½ turn
- Straddle jump ½ turn
- Straight jump 1/1 turn
- Cat leap full turn
- Tuck jump 1/1 turn

Elements that have raised from C to D

- Split jump 1/1 turn
- Straddle jump 1/1 turn
- Tour jeté
- Pike jump 1/1 turn
- Straight jump 1 ½ turn
- Tuck jump 1 ½ turn

Element lowered from D down to C

- Sheep jump
NDP GRADES

GENERAL

Execution deductions for the 2017 competitions will be as COP 2017-2020.
The Difficulty value of the elements will be as COP 2017-2020.

Change to National 4 Bars

The Low Bar will be in place for this level bar exercise to encourage shaping in the
down swing.

The cast penalties for this grade will be the same as National 3, 2 & 1.

Beam Exercises

Where Difficulty values are mentioned in the exercises they will be as COP 2017-
2020 values.

Regional 1

‘A’ coded mount. As per FIG – any mount not in the COP (including Japana) will
be valued ‘A’ except squat on or straddle round which have no value and are not
recognised mounts

Dance series: Change leg split leap connected to any coded leap/jump/hop
‘B’ coded jump with ½ turn

Elements that have raised from A to B

• Tuck jump ½ turn
National 3

Dance series: Split leap connected to Sissone – Split leap can have either a bent or a straight lead leg

National 2

‘A’ coded mount. As FIG – any mount not in the COP will be valued ‘A’ except squat on or straddle round which have no value and are not recognised mounts.

Dance series: Split leap connected to any coded leap/jump/hop.

National 1

B coded mount as FIG COP 2017

Elements that have raised from A to B

- Forward roll mount
- Russian lever (2 second hold) will also count

Dance series: Change leg split leap connected to any coded leap/jump/hop

‘B’ coded jump with ½ turn

Elements that have raised from A to B

- Tuck jump ½ turn