

FEBRUARY 2014

Assistant Competition Organisers – applications are invited from anyone interested in volunteering to assist the National Competition Organiser to provide high class events for all of our gymnasts. Please contact Karen – Karen.hofen@british-gymnastics.org for further details.

National Compulsory Elite Levels - Pass Marks

Level 4 – 50.00

Level 3 – 50.00

Level 2 – 50.00

Level 1 – 48.00

- There is no individual pass mark for Range and Conditioning.
- All pass marks are subject to review following the 2014 National Finals.
- For 2014 only, gymnasts who do not achieve a pass mark but finish in the top 4 in their regional qualifying competition may be included in their regional team at National Finals. If they achieve the pass mark at the National Finals they can move to the next level the following year.

NDP Grades – will not be updated this year however the penalties to be applied in 2014 will come in line with the new Cycle 13 Code of Points. A draft of the new grades will be available shortly.

FIG Newsletter 34 - As stated previously GBR will implement ALL of the changes to the Code of Points from 1 March 2014 (including those changes due to be implemented internationally from 1 May). **This means that all NDP Grades and Compulsory competitions from 1 March should apply the relevant artistry penalties.**

Compulsory Level 1 – A gymnast who has passed Compulsory 1 will not be eligible to compete at the Challenge Cup unless she has applied to the WTC and been granted dispensation to do so.

All NDP Grades/Compulsory Levels – it is not possible for a gymnast to take more than one NDP Grade or Compulsory Level in one year.

Junior British Championships – the following penalties will be applied during the All-Around competition:

- **Bars** - 1.00 - GBR penalty for not showing minimum 1 x cast to handstand without ½ turn (straddle permitted) *no tolerance*
- **Beam and Floor** - 1.00 - GBR penalty for not showing minimum 1 x 180° split (cross or side split) in leap/jump elements *no tolerance*

Women's Artistic Technical Committee

Team Championship Events – the rationale for the changes to both team events (British Teams and Bill Slater Teams) is to encourage all clubs to take part in a British Team Championships with either a Junior or Senior (or one of each) team. We have removed all restrictions from both events to create competitions based solely on age. We would like to remove the perception that British Teams is an Elite competition and see a return to the days of the Bognor Regis type event - a jam packed two day event with all clubs in the country taking part. In order to encourage clubs with older challenge gymnasts to take part in the British Team Championships we will be adjusting the regulations regarding short exercises on bars to mirror those which were in effect for last year's Bill Slater event. We are keen to encourage clubs to develop teams and participate in both team events.

**Please note that a gymnast may only compete in one Team Championship event per year. However, there is no restriction regarding gymnasts competing in different events each year providing they fulfil the age requirements for the relevant competition.

Short Exercises on Bars at Team Championships – the FIG short exercise penalty will not be applied at either Team Championship, instead the following will apply:

- On Bars, an exercise with less than 5 different coded elements will be deducted 1.00 for each missing element

UEG Training Camp, Tirrenia – in order to ensure that we are able to offer coaches and gymnasts a worthwhile educational experience a number of changes have been made to the selection criteria for this event:

- The place at the camp is for the coach of the gymnast at Compulsory Level 3 and 2
- If the gymnasts' named coach cannot attend he or she must apply to the National Coaches for permission to send a different coach
- A coach or gymnast cannot attend the camp in consecutive years

Full details of the changes will be circulated by the WAG Sport Programme Officer.

Reward Squad for Challenge Cup Medallists – the WTC would like to offer an incentive to participants in the Challenge Cup.

- From 2014 the top three gymnasts in each age group of the Challenge Cup will be invited to attend a national squad training camp (All-Around Medallists from Espoir Challenge will be invited to an Espoir Squad, Junior medallists to a Junior squad and Senior medallists to a Senior squad).
- Gymnasts will have to be accompanied by their personal coach.
- This will be at the gymnast/personal coach own expense.
- The invitation will be issued following the competition by the WAG Sports Programme officer.

Women's Artistic Technical Committee

Minimum Coaching Qualifications for Women's Artistic National Competitions

Competition	Minimum Coach Qualification
British Championships	Level 4
National Compulsory Level 3	Level 3
National Compulsory Level 4	Level 2
National NDP Club Grades 8,7,6,5	Level 2
National Compulsory Levels 2 & 1	Level 3
Espoir, Junior & Senior Challenge	Level 3
British Senior Team Championships	Level 3
Bill McLoughlin National Apparatus Team Championships	Level 3
Bill Slater British Junior Team Championships	Level 3
Voluntary Age Group 4	Level 2
Voluntary Age Group 3, 2	Level 3
National Compulsory Levels 2 & 1 retake	Level 3
Espoir British Championships	Level 4

Bill McLoughlin National Apparatus Team Championships – the McLoughlin family have kindly donated a trophy and given us permission to name the new Inter-Regional Team Competition in memory of Bill who died recently. Bill was a well-loved, highly-respected figure in gymnastics and education with an extensive record of success as a coach, judge, tutor and lecturer – many of GBR's top coaches and judges have been influenced by Bill and his passion for the sport.