

Issue No.10 June 2015

Welcome to Helen Galashan – Many of you will remember Helen from her days as a Scotland and GBR International gymnast. Helen joined BG recently as the Sports Programme Officer responsible for Womens Artistic Gymnastics. The WTC are delighted to welcome Helen to the role and look forward to working with her.

GBR Element Evaluation – the following element has been given a GBR rating of C and will be considered a different element to the backward walkover to splits

Beam - Valdez to splits

Withdrawals from Competition – A plea from the National Competition Organiser - please could clubs and coaches notify the WTC Competition Organiser of any withdrawals in advance of the event. We realise that on occasion this is not possible but on many occasions you are aware well in advance of the event that your gymnasts will not be competing – please take a moment to let us know. This will make organisation on the day easier and also allow us to offer the opportunity to compete to a gymnast on the waiting list.

Podium Training for Age Group Finals – The WTC provides the opportunity for gymnasts to undertake podium training on the Friday of this weekend. Last year very few regions took up this opportunity and even fewer let us know that they would not be doing so. The number of gymnasts attending could have been fitted into half a day.

Please could you let us know your thoughts on this – should we continue to provide this opportunity?

Espoir British – please note that this event will be held in South Essex and there will be NO podium training in 2015.

Women's Artistic Technical Committee

CHANGES TO COMPETITION REGULATIONS FOR 2016

Compulsory 1 & 2 Pass Marks – following the recent National Finals for these two grades the pass mark has been reviewed and for 2016 the required scores will be:

- Compulsory 1 – 54.00
- Compulsory 2 – 53.00

Please note the pass marks for the 2015 Compulsory 2 & 1 Qualifier in September remain unchanged.

Qualification to National Finals for Compulsory 4 & 3

Teams - In order to represent their region in the National Finals a gymnast must finish in the top 4 in her regional competition and achieve a pass of 50.00 or above.

Individuals – In order to qualify to compete as an individual at the National finals a gymnast must achieve the following score

- Compulsory 4 – 59.00
- Compulsory 3 – 56.00

An individual can only qualify if their region has entered a full team.

If a region has only 1, 2 or 3 gymnasts at any level they must still be entered as a team and compete in regional kit.

Individuals in NDP National Grade Finals – this is a team event, individual entries are not accepted. All gymnasts must enter as part of their regional team. A team may consist of 1, 2, 3 or 4 gymnasts.

Bill McLoughlin Teams – changes for 2016

- 1 team, minimum age 12
- 4 in a team, 3 up on each piece
- Vault – average of 2 different vaults
- Best score on each apparatus counts for the team total
- Joker can be played on any apparatus – not linked to an individual gymnast

How to contact us – all enquires can be directed to the Chair but specific guidance can be obtained by contacting the committee member with specific responsibilities for certain areas

- General Enquiries – Karen Hofen – karen.hofen@british-gymnastics.org
- Compulsories – Chris Still – chrisstill@hotmail.com
- Voluntaries – Rod Smith – rod.smith@glasgowlife.org.uk
- NDP – Liz Kincaid – lizgym@btinternet.com
- Judging – Maria McLoughlin (mcloughlinmt@gmail.com) & Glynis Tovey (gtovey@btinternet.com)
- Competitions – Chris Paddock – womens.competitions@british-gymnastics.org

Feedback – The WTC welcomes constructive feedback. If there is anything you'd like us to consider please don't hesitate to contact us – karen.hofen@british-gymnastics.org

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Update

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