Due to the COVID 19 Pandemic we have all had to deal with this year, there are only some minor changes to the Discipline specific competition structures for 2021. Please download and study each of the discipline structures and competition information.

Unfortunately, there will be no national competitions in 2020 but we hope that clubs will be able to return to training in the very near future and that the regions will be able to commence the season towards the end of the year. It is important to focus on clubs being able to restart and gymnasts dedicate time to training rather than getting ready to compete and this is the reason, together with the social distancing measures in place, that we have made the decision to cancel the British Synchro and British Club Teams for this year. Therefore, these inaugural events will be in October 2021.

On behalf of the Technical Committee, I hope it won’t be too long before you are back in your gyms and preparing for the new season. Please keep up to date with the British Gymnastics ‘Step Forward Plan’ which is being updated regularly to support clubs and coaches getting back to training. There is a lot of valuable information in these documents and example templates, which can be used to assist clubs. I hope you all stay safe and look forward to the time when we can all be together and celebrate the gymnasts’ achievements and hard work in 2021.

In the meantime, if there is any information or clarification required, please don’t hesitate to contact myself, or one of the TC members (depending on query) and we will do our best to respond as soon as we can.

Sharon Wood
Chair