



NTTC update to Regions and Home Nations

Following on from our last Zoom call, I am happy to announce that the Technical Regulations for each discipline for 2022 competitions have now been published.

Overview:

Some changes have been made for the following considerations:

- Information/feedback to TC from coaches and clubs
- Collaboration with the national coaching teams, performance pathway team, personal and club coaches
- Change to the FIG Code of Points
- Lack of development and training opportunities due to the pandemic
- Number of gymnasts competing at Regional Team Final
- Requests for national competition opportunities to follow FIG competition format wherever possible (qualification to final rounds)
- Alignment of the British Gymnastics Performance Pathway

Attached to this document are some PowerPoint slides for each discipline to show each level and how they develop.

Club Cup Level: This level is for Clubs and Regions as an introduction to competition, and for events that are held in Region, an opportunity to culminate in a Regional Championships.

Challenge Cup Level: This level is for Regional progression from qualification events to the Regional Challenge Cup Championships, which will be the qualification event to select the gymnasts to compete at the Inter-Regional Challenge Cup Final.

Regional events are to be held from January to July each year with the Inter-Regional Challenge Cup Final taking place in late September to Mid October (dates to be confirmed).

Adult British Championships will be scheduled for August.

Spring Cups: These will replace the SES events and will be competitions in their own right with a final for each age group. These events are for Gymnasts following the National Pathway with FIG requirements and gymnasts will rank from these two events to qualify to the National Age Group Final.

National Age Group Final (NAGF): For the top ranked gymnasts to compete for the National Age Group Titles.

Spring Cups will run between March and June with the NAGF in July each year.

British Championships: A different format for the British Championships to give more opportunity to follow Championship criteria. There will be 3 age categories: Youth (10-12yrs), Junior (13-16yrs)

and Senior (17+yrs). Qualification will be from the NAGF and gymnasts will be invited based on a gymnasts ranking. Synchro will also be offered for gymnasts that have qualified as an individual

The British Championships will take place between September and October each year.

From 2022:

- 'DNF' zero scores will no longer be used
- Time of flight will be added to scores at all levels (with the exception of Club Level – Regional discretion) for ranking purposes
- Minimum Execution scores for qualification have been removed for TRA, however there will be a minimum total score (TBC)
- Age group changes in all disciplines
- Entry to Spring Cups from the age of 10yrs

The Competition handbook is in the process of being updated, and venues for 2022 events secured, and will be published in due course. The BG Code of Points will be published as soon as possible following the publication of the Cycle 15 FIG Code of Points. The TC reserves the right to amend any of the above, the competition handbook, and the technical regulations as may be required.

A handwritten signature in black ink, appearing to read 'Sharon Wood', with a stylized, cursive script.

Sharon Wood

Chair of the National Technical Committee for Trampoline, Tumbling & Double-Mini Trampoline