

## National and Regional Safeguarding/Welfare Officers

### British Gymnastics

#### **Safeguarding Manager/Lead Officer**

Mike Harrison MBE  
0345 129 7 129 ext 2633  
[mike.harrison@british-gymnastics.org](mailto:mike.harrison@british-gymnastics.org)

#### **Safeguarding Officer North**

Helen Murphy – 07860 844160  
[helen.murphy@british-gymnastics.org](mailto:helen.murphy@british-gymnastics.org)

#### **Safeguarding Officer East**

Karly Good - 07394563170  
[karly.good@british-gymnastics.org](mailto:karly.good@british-gymnastics.org)

### Scottish Gymnastics

#### **Scotland Lead Officer**

Lorna Whyte - 01312 719733  
[lorna@scottishgymnastics.org](mailto:lorna@scottishgymnastics.org)

### Northern Ireland

Jean McMahan  
[welfareofficergni@gmail.com](mailto:welfareofficergni@gmail.com)

### Regional Welfare Officers

#### **North**

Enid Harrison  
[enid.harrison@british-gymnastics.org](mailto:enid.harrison@british-gymnastics.org)

#### **North West**

Justine Caroll  
[northwest.rwo@british-gymnastics.org](mailto:northwest.rwo@british-gymnastics.org)

#### **West Midlands**

Hollie Styles  
[westmids.rwo@british-gymnastics.org](mailto:westmids.rwo@british-gymnastics.org)

#### **East Midlands**

Jennifer Harris  
[eastmids.rwo2@british-gymnastics.org](mailto:eastmids.rwo2@british-gymnastics.org)

#### **East**

Verity Adams  
[east.rwo2@british-gymnastics.org](mailto:east.rwo2@british-gymnastics.org)

#### **South West**

Michelle Routley  
[southwest.rwo@british-gymnastics.org](mailto:southwest.rwo@british-gymnastics.org)

#### **Safeguarding & Compliance Team**

Lilleshall National Sports  
0345 1297129 EXT. 2564, 2609, 2724  
[safeguarding@british-gymnastics.org](mailto:safeguarding@british-gymnastics.org)

#### **Safeguarding Officer South**

Catherine Wall – 07523 518603  
[catherine.wall@british-gymnastics.org](mailto:catherine.wall@british-gymnastics.org)

### Welsh Gymnastics

#### **Wales Lead Officer**

Carys Kizito – 02920 334961  
[carys.kizito@welshgymnastics.org](mailto:carys.kizito@welshgymnastics.org)

### Northern Ireland

Helen Woods  
[woods02helen@yahoo.co.uk](mailto:woods02helen@yahoo.co.uk)

#### **North**

Lynda Kouache  
[north.rwo@british-gymnastics.org](mailto:north.rwo@british-gymnastics.org)

#### **Yorkshire**

Helen Monks  
[yorkshire.rwo@british-gymnastics.org](mailto:yorkshire.rwo@british-gymnastics.org)

#### **East Midlands**

Linda Thompson  
[eastmids.rwo1@british-gymnastics.org](mailto:eastmids.rwo1@british-gymnastics.org)

#### **East Midlands**

Tony Ford  
[eastmids.rwo3@british-gymnastics.org](mailto:eastmids.rwo3@british-gymnastics.org)

#### **London**

Christine Cason  
[London.rwo@british-gymnastics.org](mailto:London.rwo@british-gymnastics.org)

#### **South West**

Sue Clark  
[southwest.rwo2@british-gymnastics.org](mailto:southwest.rwo2@british-gymnastics.org)

## **Regional Welfare Officers Continued**

### **South**

Annabelle Bailey

[south.rwo@british-gymnastics.org](mailto:south.rwo@british-gymnastics.org)

### **South East**

Dawn Hyland

[southeast.rwo1@british-gymnastics.org](mailto:southeast.rwo1@british-gymnastics.org)

### **Isle of Man**

Judith Hedges

[isleofman.rwo@british-gymnastics.org](mailto:isleofman.rwo@british-gymnastics.org)

## **County Welfare Officers**

### **Bedfordshire**

Angela Smith

[beds.cwo@british-gymnastics.org](mailto:beds.cwo@british-gymnastics.org)

### **Suffolk**

Jayne Jones

[jaynevjones@gmail.com](mailto:jaynevjones@gmail.com)

### **South**

Tony Horne

[south2.rwo@british-gymnastics.org](mailto:south2.rwo@british-gymnastics.org)

### **South East**

Mike Gevaux

[Southeast.rwo2@british-gymnastics.org](mailto:Southeast.rwo2@british-gymnastics.org)

### **Cambridgeshire**

Andrew Aistrup

[cambs.cwo@british-gymnastics.org](mailto:cambs.cwo@british-gymnastics.org)