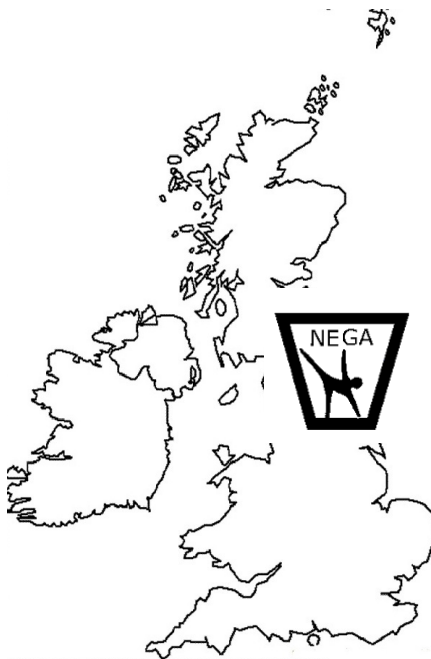


NORTH OF ENGLAND GYMNASTICS ASSOCIATION



CLUB HANDBOOK

2020

The North of England Gymnastic Association is one of the 10 English Regions that, along with the Home Nations, forms the structure of British Gymnastics. Gymnastics in the Region is the responsibility of the Regional Executive Committee, which oversees the work of the Technical Committees responsible for the various Gymnastic disciplines and also County Federations where these exist.

All Clubs in the region are required to pay an annual affiliation fee to N.E.G.A. Fees are due on October 1st each year. The basic fee is £40 increasing in small increments based on the number of Bronze and Silver members registered with British Gymnastics. Late payment after December 1st will incur an additional fee of £25.

Affiliation to the Region offers many benefits, including a Handbook, website listing, regular newsletter and the opportunity to join in all regionally organised competitions, courses, seminars, squads, awards and events. Affiliated Clubs also receive regular information and news from the Regional and National Committees. To be accepted as an affiliated Club:

- The Club and all its members must be registered with British Gymnastics
- The Club must have at least one Coach qualified at UKCC Level 2 or equivalent.
- The Club must have a BG trained and approved Welfare Officer
- The Club must be located within the boundary of the Region
- The Club must agree to abide by all BG rules and regulations
- The Club must agree to abide by all NEGA policies.

COMMUNICATION

All British Gymnastics registered and North Affiliated Clubs receive regular email communication from the NEGA Secretary, the BG Regional Officers, the relevant County Federation where appropriate, and from discipline specific Technical Committees. Policy documents, coaching course details and other information is available on the North of England Gymnastics website at www.british-gymnastics.org/north

ELECTED OFFICERS

President Mr. P. Crawford

1 Auckland Road, Billingham, Stockton on Tees. TS23 3LZ

Tel. 01642 560885 peter.crawford@ntlworld.com

Chairperson : Mr. D. Portas

2 Kensington Avenue, Normanby, Middlesbrough

01642 453929 d.portas@ntlworld.com

Vice Chair: Mrs. S. Sargeant

18 Wallington Walk, High Grange, Billingham. TS23 3XJ

Tel. 01642 647652 sandra.sargeant44@googlemail.com

Secretary/Treasurer: Mrs Enid Harrison

3 Granwood Road, Eston, Middlesbrough. TS6 9HX

Tel 01642 457168 enid.harrison@british-gymnastics.org

Regional Welfare Officers: Mrs L. Kouache, 8 Hereford Square, Sunderland

SR2 9LF Tel. 0191 5654001. north.rwo@british-gymnastics.org

And Mrs Enid Harrison

British Gymnastics Regional Staff

Workforce Development Coordinator: Mrs. Emma Docherty

07581 365 246 emma.docherty@british-gymnastics.org

Working hours - Monday, Tuesday, Wednesday, Friday 9am-3pm

Courses and examinations at all levels are managed by Mrs. Docherty, and all enquiries regarding courses should be directed to her.

Regional Technical Committees

Each Gymnastics discipline is managed by a Technical Committee. Committees are elected annually or biannually at an AGM. Members are volunteers who take on the responsibility for organising and managing a programme of competitions and events, including Squad training and entry to national finals. Further information is available by contacting the Committee Chair or Secretary.

MEN'S ARTISTIC GYMNASTICS

Chairman: Mrs Jill Tan
City of Newcastle Gymnastics Club, Benfield Road, Walkergate, Newcastle on Tyne. jill@newcastlegymnastics.org

Secretary: Mr. Matthew O'Hara
City of Newcastle Gymnastics Club, Benfield Road, Walkergate, Newcastle on Tyne. matthew@newcastlegymnastics.org

Treasure: Mrs Julie Youngman
City of Newcastle Gymnastics Academy; Benfield Road; Walkergate, Newcastle on Tyne joolzyoungman@yahoo.co.uk

Competitions: Jill Tann and Matthew O'Hara

TUMBLING

Chairperson Mrs Shelley Walton shell.hpgym@yahoo.com
Hartlepool GC, 136 Lynn Street South, Hartlepool TS24 7LX

Vice Chair Mr S. Gilmour steve-gilmore@hotmail.co.uk

Secretary Mrs. Lynn Hope Fabtots@aol.com
8 Valley Forge, Washington, NE38 7JN

Treasurer Mrs Melissa White melissa.white1@nhs.net
20 Hoskins Lane; Middlesbrough; TS4 3RR

Competitions Mr. Denis Robinson margaret.robinson33@ntlworld.com
37, Scarborough Street, Thornaby, Stockton on Tees. TS17 6HR

Coach Education Representative Mrs. D. Couch. dcgymnastics@gmail.com

Judging Coordinator Mr. Neale Davies nandca27@icloud.com

DISABILITY GYMNASTICS

Mr. Andrew Revell. andi.revell@AAAsports.co.uk

Mrs Joan Briggs, Middlesbrough College joanbriggsgym@yahoo.co.uk

Following BG good practice guidelines, each gymnastics discipline can make provision for gymnasts with special needs within their regional competition programme. Evidence of disability is required. Contact the relevant competition organiser if you need more details of the opportunities available

SPORTS ACROBATICS

Chairperson: Mrs Sandra Sargeant
18 Wallington Walk, High Grange, Billingham. TS23 3XJ
Tel. 01642 647652 sandra.sargeant44@googlemail.com

Vice Chair: Mrs Dot Atkinson
10, Cedar Road, Ormesby, Middlesbrough.
Tel. 01642 318346 DotAtkn@aol.com

Secretary: Mrs Charlotte Wilkinson;
38 Spenborough Road, Stockton on Tees
Tel: 01642 890245 charlotte@stainsbyacro.co.uk

Treasurer: Mr Denis Robinson
37 Scarborough Street, Thornaby, Stockton on Tees. TS17 6HR
Tel. 01642 641253 margaret.robinson33@ntlworld.com

Competitions: Mrs Sandra Sargeant
Judging Convenor: Mrs Dot Atkinson

Disability Representative: Brittainy Carruthers
brittainy_1@hotmail.com

RHYTHMIC GYMNASTICS,

Ina Wightman, Penrith GC ina.wightman@northcountryleisure.org.uk

FREESTLYE GYMNASTICS Andi Revell andi.revell@AAAAsports.co.uk

TRAMPOLINE

Chairman: Mr Adam Rear

Velocity, Marsh House Sports & Community Centre, Billingham TS23 3HB

Tel 07979833484 chair@nettc.org.uk

Secretary: Mrs Susan Robertson

AAA Sports, Shakespeare Street, Sunderland SR5 2JF

secretary@nettc.org.uk

Treasurer Mrs Natalie Collins treasurer@nettc.org.uk

Competitions: Mrs Joanne Rear Tel 07971549450;

competitions@nettc.org.uk

Disability: Ms. Emily Morrill bg31wa@student.sunderland.ac.uk

Judging Coordinator: Mrs Susan Robertson secretary@nettc.org.uk

GENERAL GYMNASTICS

Chairperson: Paula Bone paulaboro@hotmail.com

Secretary: Mrs E. Harrison enid.harison@british-gymnastics.org

3 Granwood Road, Eston, Middlesbrough. TS6 9HX. Tel. 01642 457168

Treasurer: Mrs Andrea Lamb andrea.lamb@ntlworld.com

Competitions: Mrs E. Harrison enid.harison@british-gymnastics.org

Representatives: Mr. P. Crawford peter.crawford@ntlworld.com;

Shelley Walton shell.hpgym@yahoo.com

Myrtle Sunley myrtlemsunley@hotmail.com

WOMEN'S ARTISTIC GYMNASTICS

Chairman: Mr Gordon McDonald
130 Sherburn Way, Wardley, Gateshead. NE10 8TZ
Tel. 0191 4696023 gordonmcd49@gmail.com

Secretary: Ms. Sally Austin,
Email: sally_austen@hotmail.com. Tel: 07971303594
21 Regal Drive, Darlington, DL1 3EX

Treasurer: Mr Gordon McDonald; gordonmcd49@gmail.com

Competitions: Mrs Diane Richardson
Redcar GC, Unit 5, West Coatham Lane, Redcar. TS10 5QD
Tel. 01642 473358 (Gym) 07969705998 dianergc@hotmail.co.uk

Judging Convener: Mrs. Kelly Milnes
kelly@southdurhamgym.co.uk 07525946094 01388 811877 (Gym)

Coaching Representative: Mrs Nicola Preston. Tel. 01388 811877 (Gym)
nic@southdurhamgym.co.uk

TEAM GYM

Lesley Rutter lesleyrutter@live.co.uk
Abbie Rutter abbie_rutter05@hotmail.co.uk
Eve Dymore eve.tyneside@gmail.com
Samantha Smith samsmith2809@yahoo.co.uk
Enid Harrison enid.harrison@british-gymnastics.org

NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION

The N.E.S.G.A. Committee offers a full programme of competitions for Schools, administered both regionally and at County level. Affiliations are due each September. The current fees are £18 for Secondary Schools, £12 for Primary Schools or £6 for individuals. Details of events are available from the following people:

Chairperson: Mrs Jane Hughes
9 Pemberton Bank, Easington Lane, Tyne and Wear DH5 0HN
Tel: 07788 947 980 janesafchughes@sky.com

Secretary and Treasurer: Mrs Enid Harrison
3 Granwood Road, Eston; Middlesbrough. TS6 9HX
Tel. 01642 457168 enid.harison@british-gymnastics.org

Affiliations Mrs Enid Harrison
Cheques payable to NESGA or pay direct online at www.BSGA.org

British Schools Representative: Mr Howard Todd
184 Dalston Road, Carlisle CA2 6DY ihowardtodd@yahoo.com

NEGA Representative: Mrs Jane Hughes janesafchughes@sky.com

Competition Entry:
Floor & Vault, Milano, Tumbling & Acrobatics entry to Enid Harrison
Trampoline Entry to Joanne Rear competitions@nettc.org.uk

Coaching and Judging Courses Contact:
BG Workforce and Coach Education: Mrs. Emma Docherty 07581365246
emma.docherty@british-gymnastics.org

NORTH of ENGLAND GYMNASTICS ASSOCIATION CONSTITUTION AND TERMS OF REFERENCE

PRELIMINARY

In the following articles, unless the context otherwise requires, the singular shall include the plural, and the masculine, the feminine and bodies corporate, and references to gymnastics shall be considered as applicable to the sports and practice of Artistic Gymnastics, Rhythmic Gymnastics, Sports Acrobatics, General Gymnastics, Sports Aerobics, Trampoline, TeamGym and any other discipline accepted by the English Gymnastics Association and the British Gymnastics Association.

TITLE: The name of the Association shall be the 'North of England Gymnastics Association' (referred to as 'NEGA'). NEGA is affiliated to the English Gymnastics Association and to British Gymnastics.

2. JURISDICTION

The area of administration shall be the current geographical boundaries of the Counties of Cumbria, Northumberland and Durham and the former counties of Cleveland and Tyne and Wear.

3. AIMS AND OBJECTIVES

The Aims and Objectives of the NEGA shall be –

- to encourage, promote and control the sport and practice of Gymnastics for everyone irrespective of gender, ethnicity, geographical location, age or ability
- to promote and increase opportunities to volunteer, coach, officiate, participate, perform and excel in gymnastics
- to maintain strong and sustainable links between the National Governing Bodies and all Clubs and individual members affiliated to British Gymnastics and the North of England Gymnastics Association
- to adhere to all British Gymnastics and Regional Policies to ensure the safety of all participants including competitors, officials and coaches at all times

- to encourage the development of properly constituted Technical Committees, to plan, manage and deliver appropriate, high quality training to promote and improve knowledge of gymnastics within NEGA and to arrange all such matters as may be conducive to the attainment or extension of these objectives.

4. REPRESENTATION

4.1 Full Membership of the North of England Gymnastics Association shall be open to any Club in the Region that applies for Affiliation, which has all of its members registered with the British Gymnastics (BG), and which has, as a minimum requirement, a currently qualified BG Club/UKCC Level 2 Coach in charge.

4.2 Full Membership includes the provision for entry into competitions, attendance at squad training, participation on courses, an invitation to the Regional Conference, voting rights at the AGM or an SGM, the opportunity to make nominations for NEGA Awards, regular communications, access to the web site and support, advice and information from the Regional volunteer administrators.

5. MANAGEMENT

5. 1 The North of England Gymnastics Association shall be managed by an Executive Committee of elected officials who must be full members of British Gymnastics.

5. 2 The Executive Committee shall be empowered to select a President of the Association. Once selected, the role of President may be held, without election, until the incumbent chooses to relinquish the role. The President shall be a full member of the Executive Committee and have the same voting rights as all elected officials. All such appointments shall be announced at the AGM.

5. 3 All members of the Executive Committee shall have full voting rights.

5.4 The Executive Committee includes the Officers: Chairman, Vice-Chairman, Secretary and Treasurer

And also:

The EGA Director for the Region – normally the Chair or nominated representative

A representative from each Technical Committee

A representative selected from the registered Clubs

A representative from North of England Schools Gymnastics Association

5.5 The Officers and the EGA Director) shall be elected at an AGM for a period of two years, to provide continuity in the conduct of the Association's affairs.

5.6 Representatives of Technical Committees shall be elected annually by those bodies.

5.7 The voting members of the Executive Committee may appoint such co-opted members as they consider appropriate, and the Executive Committee may also establish such sub-committees and working parties as may be deemed necessary from time to time. Any recommendations or decisions from any such group must be approved by the Executive Committee before they are put into effect.

The Auditor shall be appointed annually by the Executive Committee and need not be a member of British Gymnastics.

5.8 The Executive Committee shall meet at least five times a year.

6. QUORUM

The quorum for all meetings shall be four, which must include two Officers. Should any meeting be non-quorate, the meeting shall be abandoned and another arranged. 21 days written notice shall be given.

7. ANNUAL GENERAL MEETING

7.1 The AGM shall be held within three months of the end of the Association's financial year.

7.2 The notice convening the AGM shall be circulated at least six weeks before the meeting. Copies of the Annual Report and the audited Accounts shall be made available at the meeting and copies will be circulated to other members as appropriate

7.3 The Treasurer of each Technical Committee, shall submit a copy of the organisation's accounts to the AGM.

7.4 The Secretary or Chair of each Technical Committee, shall submit a copy of the organisation's Annual Report to the AGM.

7.5 The Secretary must receive nominations for office, one month before the date of the AGM. Details of nominations will be circulated and no further nominations will be accepted at the AGM. In the event of no nominations being received for a position, then nominations may be taken at the AGM. All nominations shall be decided by a vote of those present. Voting shall be by a show of hands, or by ballot, if requested by a majority of those present. Proxy votes shall not be used in these elections.

7.6 Voting at the AGM shall be restricted to those present who have been nominated by their registered Club as the 'voting member'. Each registered Club shall be entitled to nominate one voting member.

7.7 The President of the NEGA, or in his absence the Chairman or Vice Chairman, shall preside at the AGM.

7.8 The business of the AGM shall be as follows: -

- a. Apologies for absence
- b. Minutes of the Previous AGM and Matters Arising
- c. To receive the Annual Report
- d. To receive the Audited Accounts
- e. Election of Officers

8. SPECIAL GENERAL MEETINGS

8.1 A Special General Meeting (SGM) may be summoned at any time, by the President, the Executive Committee, or on a requisition signed by not less than three members of the Executive Committee, or by not less than ten ordinary members. The reasons for calling such a meeting shall be given in writing, to the Secretary, who will give at least 14 days' notice of the SGM. Those entitled to attend shall be the same as those entitled to attend the AGM. No business shall be discussed other than that set out in the calling notice.

8.2 If the business at the SGM proceeds to a vote, voting shall be by a ballot of those member's present, and decisions shall be by a simple majority, except as provided in suspensions and reinstatements of BGA articles.

8.3 Voting at the SGM shall be restricted to those present who have been nominated by their registered Club as the 'voting member'. Each registered Club shall be entitled to nominate one voting member.

8.4 The President of the NEGA, or in his absence the Chairman or Vice Chairman, shall preside at the SGM.

9. UNUSUAL CIRCUMSTANCES

If the designated Officer is not present to chair any meeting, a chairman for the meeting shall be elected from amongst those present by the majority vote on a show of hands. At all meetings, the person presiding shall have a casting vote, as well as a deliberate vote.

10. AFFILIATION FEE

Each BG registered Club shall pay an affiliation fee to NEGA annually. The fee will be reviewed and determined at the AGM. The affiliation fee shall be due on the 1st of October, and failure to pay the fee by 1st December in the affiliation year will involve the loss of voting rights at the AGM or SGM and associated benefits including entry into competitions, attendance at squad training, regional awards and other support from the Association until the fee has been paid.

Late payment of the affiliation fee will incur an additional fee of £25. This will not apply to new clubs registering with the Association for the first time.

11. FINANCES

11.1 The income and property of the NEGA, from whatever origin, shall be applied solely to the promotion of the objectives of NEGA as set out in Section 4 of this Constitution.

11.2 All funds received by the Association shall be held in the North of England Gymnastic Association Bank Account. Two signatures shall be

required on all cheques. The following shall be authorised to sign - President, Chairperson, Vice Chair, Treasurer and Secretary.

11.3 The Treasurer shall report on financial matters at every Executive Meeting. A copy of the audited Accounts shall be available at each AGM.

11.4 In the case of the Association being dissolved, all debts and liabilities of the group shall be discharged. The remaining assets shall be transferred to other such group with similar objectives.

12. ALTERATIONS TO THE CONSTITUTION

12.1 No alteration of the Constitution shall be made except at an AGM or SGM called for the purpose, and which is quorate under Section 7 of this Constitution.

12.2 Alterations must be supported by at least two thirds of those present and voting and this number must include at least two thirds of the members of the Executive Committee in office at the time.

12.3 Notice of an alteration to the Constitution; must be sent to the Secretary at least four weeks prior to the general meeting called to discuss the proposal and the proposal shall be set out in the notice convening the meeting.

13. REPORTING PROCEDURE The North of England Gymnastics Association will report regularly to all affiliated Clubs with details of all gymnastic activity undertaken or planned

HONORARY AWARDS

The following members have been recognised for their achievements, contribution and commitment to Gymnastics in the North.

Honorary Vice Presidents: Mrs. June Groom MBE; Mrs. Mary Rodgers

President's Award for Lifetime Achievement: Mr. J. Grey; Mr. C. Lee; Mrs. V. Robson; Mr. K. Sunderland; Mrs. J Hills; Mr. W. Leach; Mr. K. Wharton; Mrs. M. Sunley; Mrs. S. Sargeant; Mr. J. Crowe; Mr. C. Smith; Mrs. E. Harrison, Mr. John and Mrs. Dot Atkinson; Mr. G. McDonald; Mrs. A. Waters; Mrs. R. Wright; Mrs. N. Preston; Mrs. K. Chapman; Mrs D. Richardson; Mrs D. Said; Mr P. Crawford; Mr D Robinson; Mrs M. Gates; Mr G. Wharton.

Honorary Life Members: Mrs. J. Groom MBE; Mrs. M. Rodgers; Mr P. Crawford; Mrs. M. Sunley; Mr L. Readhead; Mr. P. Arnold; Mr J. Grey; Mr C. Lee; Mrs. E. Harrison; Mrs. S. Sargeant; Mr. J. Atkinson MBE; Mr. C. Smith; Mr. D. Robinson; Mr. J. Crowe; Mr. W. Leach; Mrs. J. Dixon-Cubbitt; Mr K Sunderland; Mrs. K Chapman Mrs. J Foster; Mr J Foster; Mr J Atkinson; Mrs. D Atkinson; Mr. G McDonald; Mr. H Todd; Mr. W Freeman; Mr. M Redmond; Mr. and Mrs. D Turnbull; Mr Alan and Mrs Muriel Ridley; Mr G. Wharton, Mrs M Sinclair; Mrs D. Richardson; Mrs M. Robinson; Mrs L. Hope; Mrs D. Said; Mr C. Burton; Iain and Lynn Fraser; Ms K Lawton; Mrs J. Tann; Mrs D. Hill.

Master Gymnasts: Lisa Grayson; Suzie Arnold; Vicki Kirkham; Michael Bone; Austin Woods; Glen Wharton; Joanne Greggs; Mark Flores; Martyn Smith Andrew Atkinson; Nicholas Walton; Craig Heap; Stuart Thompson; Louise Wood; Katie Lawton; Lindsay Peters; Daniel Hedley; Vicky Cook; Carl Morritt; Cassie Burnett; Sally McMennemy; Lauren Belchamber; Gemma Middleton; Amy Clarke; Mark Tyzack; Sharlene Slater; Barrie Hindson; Amy Fossheim; Rachael Collinson; Joanne Richardson; Scott Paterson; Stuart McKenzie; David Scott; Glen Smith; Nicola Green; Mark Fyson; Chris Jones; Robert Tregoning; Hannah Browning; Gary Short; Yacine Kouache; Leigh Simpson; Natalia Hope; Leonni Jennison; Andrew Burlison; Hayley Robson; Emma Horsham; Lyndsey Bailey; Jasmine Danby; Chelsea Fisher; Maddy Gamblin; Kristie Harrington; Catherine Spence; Danna Murray;

Dannie Hailstone; Hugh Monghan; Hannah Johnson; Louise Lee; Richard Hurst; Dorian Walker; Matthew Evison; Jesse Heskett; Erin Mattinson; Lauren Emmerson; Kat Driscoll; Steven Gilmore; Rachel Davies; Georgia Clayton; Matilda Hamilton; Alexandra Richardson Zack Willis; Shanice Davidson; Carys Ridsdale; Emily Forsyth; Millie Nesbitt; Liam Sneath; Abbi Greaves; Angus Martin; Michael Gill; Stuart Napier; Nathan Brady; Finnian Gavin; Amy Cook; Nathaniel Scott; Amy Tinkler; Jade Armstrong; Claudia Barkes; Emily Talbot; Lucy Atkinson; Lucy Weir; Faye Wardhaugh, Hannah Pilling, Sofie Lincoln, Lauren Said, Vienna Ramsey, Ryan Dury; Jessica Ross; Owen Kennedy; James Stewart; Olivia Pourke; Gabrielle Evans; Sanyago Dubov; Georgia Hewison; Lucia Woodhouse; Sophie Allen; Rebecca Temperley; James Richardson; David Richardson; Lauren Husband; Lydia Overall; Lewis Westwood; Mike Hill; Jake Phelan; Caitlin Owston; Amelia Palmer; Bethany MacDougall; Lana Chilton.

Master Coach: Jack Grey; Craig Burton; Karen Chapman; Carol Cutcliffe; Karl Wharton; Debbie Said; June Dixon-Cubbitt; Bill Leach; Nicola Preston; Rachael Wright; Matt Portas; Stuart Thompson; Glen Wharton; John Atkinson; Terry Lewis; Michael Redmond. Vicki Kirkham; Katie Lawton; Iain Said; Diane Richardson; Victoria Pattison; Adam Rear; Alison Thain; Gary Short; Brendan O'Brien; Shelley Walton; Samantha Smith; Hannah Rowley; Ruth Tonks; Scott Lowery; Billie Percival.

Master Judge: Joyce Hills; Sandra Sargeant; Dorothy Atkinson; Bill Leach; Gordon McDonald; Ed Toward; Debbie Said; Enid Harrison; Katie Lawton; Victoria Pattison; Kelly Milnes.; Adam Rear; Karen Chapman.

Outstanding Gymnast Award:

Mia Scott; Leah Greenland; Jake Wahab; Abbie Bolam.

Outstanding Service to Gymnastics: Joan Briggs; Pamela Portas; Fiona Austen, Chris Wrigley, Julie Kidd, Charlotte Wilkinson, Sue Mattinson, Marsha Hill, Marie McLoud; Margaret Freeman; Glenn Armstrong; Angela Robinson; Daphne Ridley; Arthur Smith; Lyndsay Madden; David and Avril Lawton.

Service to Gymnastics: Peter Blake; Anita Waters; Vi Robson; Dot Atkinson; Anne Readman; Lynda Kouache; Clive and Elsie Lee; Jack and Joyce Foster; Derek and Joan Turnbull; Brian and Pauline Robson; Margaret and Denis Robinson; David and Pamela Portas; Fiona Ford; Ken Hedley; Ken Sunderland; Marjorie Chapman; Marion Gates; Mike Flowers; Gordon McDonald; Colin Smith; Joyce Hills; John Atkinson; Val Johnson; Lynn Hope; Irene Metcalfe; Pat Reed; Gill Shea; Maria Sinclair; Dale Grosert; Marie McLeod; Anne Black; Janice Boon; Derek Cox; Howard Todd; Peter Warburton; Sandra Jennison; Jim Crowe; Lynne Henzell; Julie Kidd; Heather Sayer; Janet Wake; Kath Ellison; Gill Sanderson; Joan Uren; Bill Freeman; Gloria Gosling; Marion Bailey; Alan and Muriel Ridley; Jill Tan; Terry Burgess; Janet Potter; Lynda Kouache; Joan Briggs; Denise Hill; Mary Watkins; Marilyn Robson; Charlie Preston; Diane Richardson; Susan Philpott; Julie Dimbleby; Linda Dodds; Joan Williamson; Vanessa Foster; Fiona Austen; Paula Jobson; Sylvia Cox; Marsha Hill; Daphne Ridley; Harry Waring; Carol Bashford; Brian Everett; Lyn and Ian Fraser; Rosemary Holt; Margaret Freeman; Debra Moorhead; John Young; Barry Donald; Michael Archbold; Charlotte Wilkinson; Shannon Pateman; Mary Gosnell; Joanne Dicken; Anne Mosely; Nicola Prosser; Susan Noake; Norma Watson; Diane Smith; Shona Welsh; Chris Gatenby; Diane Whitestall; Vivien Leather; Dennis Brittain; Chris Wrigley; Donna Brakenbury; Linda Rodgers; Leeann Scott; Maureen Morrison; Barbara and Steve Hall; Justine Fowler; Sue Cook; Diane Walker; Andrew Walker; Paula Bone; Jade Jackson. Nicola Preston; Rachel Wright; Emma Thompson; Julie Brydon; Julian and Jackie Camp; Julie Bowler; Diane Belchamber; Adam Rear; Jo Emerson; Joyce Mercurio; Debbie Couch; Arthur Smith; Nora Tinkler; Jill Scott; Alison Thain; Jennifer Collings; Andrew Revell; Joanne Stephenson; Caroline Ayre; Rose Marie Glover; Jill Page; Susan Carr; Laura Court; Lyndsey Madden; Gayle Crowell; Jayne Dixon; Paula Metcalfe; Jill Tan; Susan Mattinson; Nikki Wilson; Robert Davies; Melissa White; Erika Soos; Natalia Hope; Shelley Taylor; Susan Robertson; Ann Revell; Linda Purdie; Brian and Gill Blake; Emma Horsham; Sally Austen; Gary York; Mike Johnson; Ian Harrison; Andrew Brown. Maria Sinclair; Pam Firth; Julie Youngman; Rebecca Clay; Heather Taylor; Graeme Thompson; Phil Bell; Jasmine Danby; Tina Wells; Brendan O'Brien; Les Hodgson; Candice Slater; Gemma Wilkinson; Kelly Milnes; Claire Dymore; Michael Hill; Ema Marsh; Maureen Wilkinson; Neil Couch; Samantha Smith; Matthew O'Hara; Mark Nesbitt; Lynsey White; Lynne Bell; Andrew Burn; Jess O'Leary; Susan Arnison; Alice

Smith; Andrea Lamb; Nora Tinkler; Abigail Stephenson; Roslyn White; Carole Thain; Nicola Taylor; Samantha Dixon, Sarah Thornborrow, Carolyn Carroll; Michael Banks; Christine Wright; Elizabeth Nicholson; Kerrie Hay; Lisa Tobin; Tracy Forster; Samantha Smith; Carol Barwick; Oli Mattinson; Wendy Dougherty; Claire Swales; Lisa Birt; Natalie Wood; Lynn Goundry; David Swallow; Caroline Jennison; Sandra Jennison; Alison Kidger; Doreen Kidger; Alison Richardson; Ashleigh Jackson; Danielle Harrison; Lynn Ridley; Julie Thomas; Jane Friebel; Helen Rondo; Elizabeth Dinning; Kelly-Jo Robson; Lesley Rutter; Mykhaylo Galyuk; Paula Thomas; Dave Welsh, Jeanette Welsh, Vicki Wharton, Michelle Howden, Amy Wilkinson, Louise Trickett, Christine Ewart, Sarah Mitchelson, Brittainy Caruthers, Gemma Nichol, Amy Mars, Vicki McCart, Grace Lambert, Alice Lambert, Emma Docherty; Kyle Barnes; Clare Taylor; Tanya Dixon; Alison Lonsdale; Valerie Drinkhall; Julie Cornwell; Jo Pennock; Natasha Devon; Evelyn Meek; Elizabeth Naylor; Christine Wells; Lyn Ridley; Beth Ridley; Ashleigh Grady; Jessica Burniston;

Junior Service to Gymnastics

Sally Austen; Danielle Wrigley; Michael Potter; Terri Emms; Katrina Kirk; Samantha Smith; Rebecca Laville; Rosie Leather; Emily Morrirt; Peter Evans; Caroline Hall; Rachael Ayre; Sophie Mills; Ruby Leather; Stevie Selby; Alice Bowler; Jessica O'Leary; Amy Blake; Brett Sargeant; Holly Jervis; Dylan Jones; Rebecca Rowan; Rhianne Wilson; Lauren Hearfield; Tyla Earl; Ashleigh Pinder; Abbey Beadnall; Emily James; Demi leigh Bell; Ellen Scott; Kate Rogers; Jacob Reid; Lauren Binks; Jessica Rooney; Megan Waller; Abbie Rutter; Paris Ash, Scott Little, Samantha Arthur-Murray, Tilly Jones, Chloe Jones, Vanessa Barwick, Hannah Peggs, Amelia Grayson, Lauren Roper, Maxine Baillie-Harland, Emily Sanger, Ashleigh Sanderson, Olivia Crow-Tomlin, Megan Bailey; Amber Surtees; Laura Robinson; James Marshall; Rosie Ivison; Eve Armstrong; Faye Jolly; Georgia Burrows; Ana Munoz Siaz ; Jordan McKinnon; Abigail Bell; Rebecca Haggath; Katie Foster; Amy Crawford; Katie Richardson, Jake Waller, Amelia Brynn, Ellie Smith, Kayla Devon, Lauren Brown, Ellie Clark, Megan Goss, Melissa Coleman, Beth Candlish, Sophie Robson. Elise Young, Bradley Welsh, Hannah Whittle, Charley Simpkins, Zoe Ingledew; Emily Field, Anna McNeil; Fin Lewis; Chloe Gray; Sky Lewis; Kire Brayson; Faye Yellowley; Kelsey Brown' Zak Richardson; Harrison George; Harvey Summersgill;

Junior Service to Gymnastics

Jessica Goldsworthy; Francesca Bellshaw; Georgia Lane; Hannah Evans; Lauryn Armstrong.

Service to Schools Gymnastics

Mrs. Joan Uren; Mr Howard Todd; Mrs. Lynn Hope; Mr Roddy McKay; Mrs. Jane Hughes; Mrs Vanessa Foster; Mrs Jackie Wall

Olympic Torch (2012) Steve Hall; Jayne Dixon; Alex Houston; Anita Waters; Matthew Baker

Olympic Games 2012 Kat Driscoll; 2016 Kat Driscoll, Amy Tinkler

Special Award: Mr. Ken Wells

North Region Club of the Year

Durham City GC (2018); Acklam Gymnastics Club and Redcar Gymnastics Club (2017) City of Newcastle Gymnastics Club (2016); South Tyneside GC (2015); Darlington GC (2014); Deerness Valley GC (2013); Deerness Valley Gymnastic Club (2012); Apollo Trampoline Club (2011); South Tyneside Gymnastic Club (2010); Hartlepool Gymnastic Club (2009); Apollo TC (2008); Biddick GC (2007); Redcar GC (2006); South Durham GC (2005); Deerness Valley (2004); Darlington GC (2003); Furness GC (2002)

TC Club of the Year

	2018	2019	
WTC	North Lakes		
MTC	City of Newcastle		
Acrobatics	Northern Hope		
Trampoline	Velocity		
General	The Parks		
Tumbling	Durham City		
TeamGym	City of Newcastle		

	2015	2016	2017
WTC		South Durham GC	City of Newcastle
MTC			
Acrobatics	Tees Valley GC	South Tyneside GC	Athena GC
Trampoline	Carlisle TC		Wansbeck TC
General	Hartlepool GC	Richmondshire GC	Northallerton GC
Tumbling	Deerness GC	Northern Hope GC	Stainsby GC
Membership	Darlington GC	AAA Sport	

	2012	2013	2014
WTC	South Durham	South Durham GC	South Durham GC
MTC	Redcar GC	City of Newcastle	City of Newcastle
Acrobatics	South Tyneside	-	Stainsby GC
Trampoline	Apollo Trampoline	Park Elite TC	Belle Vue TC
General	Acklam GC	Hartlepool GC & Newcastle TeamGym	Gateshead Metro
Tumbling	Deerness GC	Middlesbrough GC	Deerness GC
Development	AAA Trampoline	Northern Hope	Berwick GC
Membership	Darlington GC	Darlington GC	Darlington GC

AFFILIATED CLUBS

*Indicates Club premises

***AAA Sports** Mr. A. Revell, Shakespeare Street, Southwick, Sunderland SR5 2JF

***Acklam** Mrs. A. Waters, 2, Greta Street, Middlesbrough TS1 5QS

Aerodyne TC Mrs. L. Kouache, 8, Hereford Square, Sunderland SR2 9LF

Aeronauts TC Ms. L Ryder, Flat 5, Bakers Court, Powlett Rd, Hartlepool TS24 8NY

Astrid Academy Mr. D Castling, 42 Rushyford Drive, Chilton DL17 JEB

Apollo TC Mr. M Freeman, 25 Fountains Close, Washington NE38 7TA

***Athena** Ms. B. Caruthers, Newton Aycliffe LC, Beveridge Arcade, Newton Aycliffe

***Barnard Castle** Ms. V. Lee, Teesdale LC, Strathmore Rd, Barnard Castle DL12 8DL

Belle Vue TC Ms. G. Proud, 63 Hillside Gardens Shield Row, Stanley DH9 0HB

Blakey GC Mrs. A. Moseley, 5, Upsall Grove, Stockton TS19 7BN

Carlisle GC Mrs. J. Kidd, 15, The Garth, Crosby on Eden, Carlisle, CA6 4QS

Carlisle TC Mrs. K Trotter, 38 Richmond Green, Carlisle CA2 6SZ

***City of Newcastle** Mrs. K. Chapman, Benfield GC, Benfield Rd, Newcastle,
NE6 4NU

***Darlington** Ms. S. Austin, Faverdale Industrial Estate, Darlington DL1 0PP

***DC Gymnastics** Unit 4c East Ord Industrial Est., Tweedmouth, Berwick TD15 2XF

***Deerness GC** Ms. K. Lawton, Valley View, Ushaw Moor, DH7 7LS

***Derwent Valley** Ms. H. Collingwood, Unit 6, Number 1 Industrial Est, Consett
DH8 6SS

***Durham City** Mr. G. Wharton, Front St, Sherburn Village, Durham DH6 1QX

***Furness** Mrs. L Fraser, Kings Hall, Hartington St, Barrow LA14 5SR

Gateshead Metro Mrs. M. Ridley, 13 Turfside, Leam Lane, Gateshead NE18 8EX

***Gateshead TG** Mrs. L. Goundry, Elgin Centre, Elgin Road, Gateshead NE9 5PA

***Grindon GC** Ms. L Henderson, Unit 11, Riverside Rd, Sunderland, SR5 3JG

Great Lumley GC Mrs. S Fada, 1 St Andrews Ave., Donwell, Washington NE37 1AH

***GymMad** Mrs. L Madden, 7-8 Vickers Close, Preston Farm Indust Est,
Stockton TS18 3TD

Gymworld Mrs. D. Atkinson, 10 Cedar Road, Ormesby, Middlesbrough TS7 9DN

***Gymtopia NE** Ms. F. Brown Unit 11, Brunswick Park Ind Est, Brunswick NE13 7BA

***Hartlepool** Mrs. S. Walton, 136, Lynn Street South, Hartlepool TS24 7LX

Hetton GC Ms. N. Davison 10 Abbey Gdns, South Hetton, Durham DH6 2TS

***High Voltage TC** Ms. K. Dunn, Bishop Barrington School, Woodhouse Lane,
Bishop Auckland DL14 6LA

Inspired Mrs. G Nichol, 35 Welland Close, Peterlee, S58 1HX

***Kendal** Mr. C. Wrigley, Unit 2, Parkside Business Park, Parkside Rd,
Kendal LA9 7EN

Longfield GC Mrs. A. Tinkler, 30 Shafto Way, Newton Aycliffe DL5 5QP

***Millom** Mrs. T Kirk, Millom Rec. Centre, Lancaster Road, Millom LA18 4AW

Metro TC Mrs. M Gosnell, 142 Ferndene Road, Gateshead, NE8 4RY

Middlesbrough Ms. L Wells, 36 Oakwood Gardens, Middlesbrough TS6 0GG

Monkton Mrs. C. Telford, 32 Boston Avenue, Washington NE38 7JF

Newburn GC Ms. N. Lister, 17 Percy Gardens, Gateshead NE11 9RY

North Star Trampoline Club Ms. R. Gibson 43 Clover Hill, Sunnyside, Whickham

- *North Lakes** Mrs. A. Wilkinson. North Lakes Bus. Park, Penrith CA11 0JG
- *Northern Hope** Mrs. L. Hope, Unit 78, Imex Business Centre, Station Lane, Birtley
DH3 1QT
- Northallerton** Mrs. L. Bell 17 Scholla View, Northallerton DL6 3RT
- North East Gym Academy** Mrs. L. Rutter, 13 Kiln View, Corbridge NE45 5AF
- Park Elite TC** Mr. J. Young, 6 Jubilee Tce, Searon Burn, Newcastle on Tyne
NE13 6EL
- *Penrith** Mrs. I. Wightman Penrith LC, Southend Road, Penrith CA11 8JH
- *Redcar** Mrs. D. Richardson, Unit 5, West Coatham Lane, Redcar. TS10 5QD
- Richmondshire** Mrs. R. Clay, 121 Worlds End, Sandholmes Lane, Sowerby,
Thirsk, YO7 1JS
- Robert Atkinson** Mr. D. Robinson, 37, Scarborough Street, Thornaby. TS17 6HR
- *South Durham** Mrs. H. Maxwell, SDGC, Spennymoor LC, Spennymoor DL16 6DB
- *South Tyneside GC** Mrs. S. Mattinson, South Tyne Gymnastics Centre, Temple
Park, South Shields
- *Stainsby** Mrs. C. Wilkinson, 7-8 Limeoak Way, Stockton on Tees, TS18 2LS
- St Peter's GC** Mrs. E. Dinning, 28 Linden Road, Brotton, Saltburn TS12 2RU
- Tanya's Tumblers** Ms. T. Ridley 79 Perth Road, Sunderland SR3 1TB
- *Tees Valley** Ms. M. White Unit 9-12 Whitestone Business Park, Saltwells Rd,
Middlesbrough TS4 2ED
- Teesside Academy** Mr. B. O'Brien 41 CIAC Building, Quay St, Middlesbrough
TS2 1AX
- *The Parks** Mrs. V. McCart, The Parks, Howden Road, North Shields NE29 6TH
- *Trampoline Life** Mr. J. Webster, 1 Oswald Close, Boldon Colliery NE35 9BY

- *TyneSide GC** Ms. H. Gray, Unit 2, Deleval Tading Est., Double Row, Seaton
Deleval, Whitley Bay NE25OPP
- *Velocity** Mrs. J. Rear, Marsh House SC, Marsh House Ave, Billingham TS23 3HB1
- Wansbeck** Mrs. L. Naylor 12 Rede Court Ellington Morpeth NE61 5LW
- West Cumbria** Mrs. S. Noakes, Teathes, Kirkland, Feizington, Cumbria CA26 3YB
- Weardale** Ms. J. Marshall, 32 East End, Wolsingham DL13 3JX
- Whitehaven GC** Mrs. A. Marrs, Heysham House, High Ireby, Wigton CA7 1HF
- Wigton** Mrs. A. Marrs, Heysham House, High Ireby, Wigton CA7 1HF
- Workington GC** Mrs. B. Lishman 15 High Brigham, Cockermouth CA13 0TE