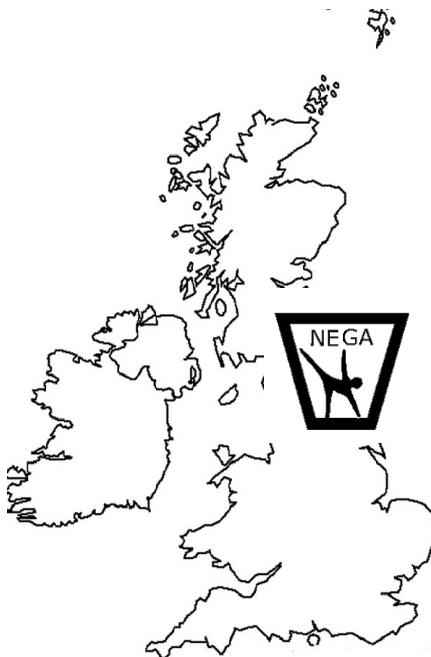


# NORTH OF ENGLAND GYMNASTICS ASSOCIATION



## CLUB HANDBOOK 2019

The North of England Gymnastic Association is one of the 10 English Regions that, along with the Home Nations, forms the structure of British Gymnastics. Gymnastics in the Region is the responsibility of the Regional Executive Committee, which oversees the work of the Technical Committees responsible for the various Gymnastic disciplines and also County Federations where these exist.

All Clubs in the region are required to pay an annual affiliation fee to N.E.G.A. Fees are due by December 1<sup>st</sup> each year. The basic fee is £40 increasing in small increments based on the number of Bronze and Silver members registered with British Gymnastics. Late payment will incur an additional fee of £25.

Affiliation to the Region offers many benefits, including a Handbook, website listing, regular newsletter and the opportunity to join in all regionally organised competitions, courses, seminars, squads, awards and events. Affiliated Clubs also receive regular information and news from the Regional and National Committees. To be accepted as an affiliated Club:

- The Club and all its members must be registered with British Gymnastics
- The Club must have at least one Coach qualified at UKCC Level 2 or equivalent.
- The Club must have a BG trained and approved Welfare Officer
- The Club must be located within the boundary of the Region
- The Club must agree to abide by all BG rules and regulations
- The Club must agree to abide by all NEGA policies.

## **COMMUNICATION**

All British Gymnastics registered and North Affiliated Clubs receive regular email communication from the NEGA Secretary, the BG Regional Officers, the relevant County Federation where appropriate, and from discipline specific Technical Committees. Policy documents, coaching course details and other information is available on the North of England Gymnastics website at [www.british-gymnastics.org/north](http://www.british-gymnastics.org/north)

## **ELECTED OFFICERS**

President Mr. P. Crawford

1 Auckland Road, Billingham, Stockton on Tees. TS23 3LZ

Tel. 01642 560885 peter.crawford@ntlworld.com

Chairperson : Mr. D. Portas

2 Kensington Avenue, Normanby, Middlesbrough

01642 453929 d.portas@ntlworld.com

Vice Chair: Mrs. S. Sargeant

18 Wallington Walk, High Grange, Billingham. TS23 3XJ

Tel. 01642 647652 sandra.sargeant44@googlemail.com

Secretary/Treasurer: Mrs Enid Harrison

3 Granwood Road, Eston, Middlesbrough. TS6 9HX

Tel 01642 457168 enid.harrison@british-gymnastics.org

Regional Welfare Officers: Mrs E. Harrison and

Mrs L. Kouache, 8 Hereford Square, Sunderland SR2 9LF

Tel. 0191 5654001. north.rwo@british-gymnastics.org

## **British Gymnastics Regional Staff**

Workforce Development Coordinator: Mrs. Emma Docherty

07581 365 246 emma.docherty@british-gymnastics.org

Working hours - Monday, Tuesday, Wednesday, Friday 9am-3pm

Coaching and Judging courses in the Region are managed through the BG

Workforce Officer in conjunction with the relevant Technical Committee.

Courses and examinations at all levels are managed by Mrs. Emma

Docherty, and all enquiries regarding courses should be directed to her.

## **MEN'S ARTISTIC GYMNASTICS**

Chairman: Mrs Jill Tan

City of Newcastle Gymnastics Club, Benfield Road, Walkergate, Newcastle on Tyne. [jill@newcastlegymnastics.org](mailto:jill@newcastlegymnastics.org)

Secretary: Mr Matthew O'Hara

City of Newcastle Gymnastics Club, Benfield Road, Walkergate, Newcastle on Tyne. [matthew@newcastlegymnastics.org](mailto:matthew@newcastlegymnastics.org)

Treasure: Mrs Julie Youngman

City of Newcastle Gymnastics Academy; Benfield Road; Walkergate, Newcastle on Tyne [joolzyoungman@yahoo.co.uk](mailto:joolzyoungman@yahoo.co.uk)

Competitions:

Floor and Vault and Beginner Competitions Myrtle Sunley

Regional Apparatus Championships Jill Tan

The Men's Technical Committee meets in Newcastle and new members are always welcome.

Regional Squad Members train largely in their own Clubs, working towards regional and national competitions. Annual competitions are organised including The North of England Apparatus Championships; the National Development Plan Championships and also Floor and Vault Competitions.

Coaching and judging courses are maintained on a rolling programme. Details are available from the Workforce Coordinator.

## **SPORTS ACROBATICS**

Chairperson: Mrs Sandra Sargeant  
18 Wallington Walk, High Grange, Billingham. TS23 3XJ  
Tel. 01642 647652 sandra.sargeant44@googlemail.com

Vice Chair: Mrs Dot Atkinson  
10, Cedar Road, Ormesby, Middlesbrough.  
Tel. 01642 318346 DotAtkn@aol.com

Secretary: Mrs Charlotte Wilkinson;  
38 Spenborough Road, Stockton on Tees  
Tel: 01642 890245 charlotte@stainsbyacro.co.uk

Treasurer: Mr Denis Robinson  
37 Scarborough Street, Thornaby, Stockton on Tees. TS17 6HR  
Tel. 01642 641253 margaret.robinson33@ntlworld.com

Competitions: Mrs Sandra Sargeant

Judging Convenor: Mrs Dot Atkinson

Disability Representative: Samantha Robson  
samantharobson91@gmail.com

This Committee administers Sports Acrobatics events in the Region. A full range of competitions at all levels are arranged each year. Regional Teams are selected to take part in National Championships at various levels. These teams have enjoyed considerable success. Details are available from the Competition Organiser. There are also coaching courses and judging courses. Please contact the Workforce Coordinator for further details.

## **TUMBLING**

Chairman            Mr. Brendan O'Brien    brendanobrien01@hotmail.co.uk

Secretary           Mrs. Lynn Hope            Fabtots@aol.com  
8 Valley Forge, Washington, NE38 7JN

Treasurer           Mrs Melissa White        melissa.white1@nhs.net  
20 Hoskins Lane; Middlesbrough; TS4 3RR

Competitions      Mr. Denis Robinson    margaret.robinson33@ntlworld.com  
37, Scarborough Street, Thornaby, Stockton on Tees. TS17 6HR

Coach Education Representative Mrs. Debbie. Couch.  
dcgymnastics@gmail.com

Judging Coordinator      Mr Neale Davies    nandca27@icloud.com

This panel has responsibility for organising and managing the Tumbling Competition and Squad programme for the Region. Regional Teams and individuals have achieved considerable success nationally and internationally in recent years. There are also regular coaching courses and judging courses. Please contact the Workforce Coordinator for further details.

## **TRAMPOLINE**

Chairman: Mr Adam Rear

Velocity, Marsh House Sports & Community Centre, Billingham TS23 3HB

Tel 07979833484                      chair@nettc.org.uk

Secretary: Mrs Susan Robertson

AAA Sports, Shakespeare Street, Sunderland SR5 2JF

secretary@nettc.org.uk

Treasurer Mrs Natalie Collins

Velocity, Marsh House Sports & Community Centre, Billingham TS23 3HB

treasurer@nettc.org.uk

Competitions: Mrs Joanne Rear

Velocity, Marsh House Sports & Community Centre, Billingham TS23 3HB

Tel 07971549450                      competitions@nettc.org.uk

Disability: Ms. Emily Morrill

AAA Sports, Shakespeare Street, Sunderland SR5 2JF

bg31wa@student.sunderland.ac.uk

Judging Coordinator: Mrs Susan Robertson

AAA Sports, Shakespeare Street, Sunderland SR5 2JF

secretary@nettc.org.uk

The Trampoline Technical Committee meets regularly to plan a range of events and competitions at regional, zonal, national and international level. Please contact the Secretary or Competition Organiser for further details. There are also frequent coaching courses and judging courses. Please contact the Workforce Coordinator for further details.

## **GENERAL GYMNASTICS**

Chairperson: Mrs M. Sunley  
14 The Oaklands, Middleton-One-Row, Darlington. DL2 1BD  
Tel. 01325 630205 myrtlemsunley@hotmail.com

Secretary: Mrs E. Harrison  
3 Granwood Road, Eston, Middlesbrough. TS6 9HX.  
Tel. 01642 457168 enid.harison@british-gymnastics.org

Treasurer: Mrs M. Sunley myrtlemsunley@hotmail.com

Competitions: Mrs E. Harrison enid.harison@british-gymnastics.org

Representatives: Mr P. Crawford peter.crawford@ntlworld.com  
Shelley Walton shell\_st2002@yahoo.com;  
Andrea Lamb andrea.lamb@ntlworld.com;  
Paula Bone paulaboro@hotmail.com

The General Gymnastics Committee manages a range of competitions and events throughout the year. Competition Rules and Regulations are available from the Chair and Secretary and on the website. Judging courses for Floor and Vault are offered.

## **RHYTHMIC GYMNASTICS,**

Ina Wightman, Penrith GC ina.wightman@northcountryleisure.org.uk

**TEAMGYM** Enid Harrison enid.harrison@british-gymnastics.org

**FREESTLYE GYMNASTICS** Andi Revell andi.revell@AAAsports.co.uk

## **DISABILITY GYMNASTICS**

Mr. Andrew Revell. andi.revell@AAAsports.co.uk  
Mrs Joan Briggs, Middlesbrough College joanbriggsgym@yahoo.co.uk



## **WOMEN'S ARTISTIC GYMNASTICS**

Chairman: Mr Gordon McDonald  
130 Sherburn Way, Wardley, Gateshead. NE10 8TZ  
Tel. 0191 4696023 gordonmcd49@gmail.com

Secretary: Mrs Diane Richardson  
Redcar GC, Unit 5, West Coatham Lane, Redcar. TS10 5QD  
Tel. 01642 473358 (Gym) 07969705998 dianergc@hotmail.co.uk

Treasurer: Mr Gordon McDonald; gordonmcd49@gmail.com

Competitions: Mrs Diane Richardson  
Redcar GC, Unit 5, West Coatham Lane, Redcar. TS10 5QD  
Tel. 01642 473358 (Gym) 07969705998 dianergc@hotmail.co.uk

Judging Convener: Mrs. Kelly Milnes  
5 Rowlandson Terrace, Ferryhill, Durham, DL178AR  
kelly@southdurhamgym.co.uk 07525946094

Coaching Representative: Mrs Nicola Preston.  
30 Cragside, Bishops Hill, Spennymoor  
Tel. 01388 811877 (Gym) nic@southdurhamgym.co.uk

The Women's Technical Committee is responsible for all matters relating to Women's Artistic Gymnastics in the Region. A number of competitions are organised annually for all levels of ability from beginner to Elite. These include North Grades, Regional National Grades, Regional Grades 654321 Regional National Voluntary Levels 5, 4, 3 & 2, North Voluntary Levels and North Voluntary Teams. Regional Teams are selected where appropriate, to represent the North in National Finals. Coaching and Judging courses are held each year and details are available by contacting the Workforce Coordinator.

## **NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION**

The N.E.S.G.A. Committee offers a full programme of competitions for Schools, administered both regionally and at County level. Affiliations are due each September. The current fees are £18 for Secondary Schools, £12 for Primary Schools or £6 for individuals. Details of events are available from the following people:

Chairperson: Mrs Jane Hughes

9 Pemberton Bank, Easington Lane, Tyne and Wear DH5 0HN

Tel: 07788 947 980    [janesafchughes@sky.com](mailto:janesafchughes@sky.com)

Secretary and Treasurer: Mrs Enid Harrison

3 Granwood Road, Eston; Middlesbrough. TS6 9HX

Tel. 01642 457168    [enid.harison@british-gymnastics.org](mailto:enid.harison@british-gymnastics.org)

Affiliations Mrs Enid Harrison

3, Granwood Road, Eston, Middlesbrough. TS6 9HX

Tel. 01642 457168    [enid.harison@british-gymnastics.org](mailto:enid.harison@british-gymnastics.org)

Cheques payable to NESGA    or online at [www.BSGA.org](http://www.BSGA.org)

British Schools Representative: Mr Howard Todd

184 Dalston Road, Carlisle CA2 6DY    [ihowardtodd@yahoo.com](mailto:ihowardtodd@yahoo.com)

NEGA Representative: Mrs Jane Hughes    [janesafchughes@sky.com](mailto:janesafchughes@sky.com)

Competition Entry

Floor & Vault, Milano, Tumbling & Acrobatics entry to Enid Harrison

Trampoline Entry to Joanne Rear    [competitions@nettc.org.uk](mailto:competitions@nettc.org.uk)

Coaching and Judging Courses Contact:

BG Workforce and Coach Education: Mrs. Emma Docherty    07581365246

[emma.docherty@british-gymnastics.org](mailto:emma.docherty@british-gymnastics.org)

## **NORTH of ENGLAND GYMNASTICS ASSOCIATION CONSTITUTION AND TERMS OF REFERENCE**

### **PRELIMINARY**

In the following articles, unless the context otherwise requires, the singular shall include the plural, and the masculine, the feminine and bodies corporate, and references to gymnastics shall be considered as applicable to the sports and practice of Artistic Gymnastics, Rhythmic Gymnastics, Sports Acrobatics, General Gymnastics, Sports Aerobics, Trampoline, TeamGym and any other discipline accepted by the English Gymnastics Association and the British Gymnastics Association.

**TITLE:** The name of the Association shall be the 'North of England Gymnastics Association' (referred to as 'NEGA'). NEGA is affiliated to the English Gymnastics Association and to British Gymnastics.

### **2. JURISDICTION**

The area of administration shall be the current geographical boundaries of the Counties of Cumbria, Northumberland and Durham and the former counties of Cleveland and Tyne and Wear.

### **3. AIMS AND OBJECTIVES**

The Aims and Objectives of the NEGA shall be –

- to encourage, promote and control the sport and practice of Gymnastics for everyone irrespective of gender, ethnicity, geographical location, age or ability
- to promote and increase opportunities to volunteer, coach, officiate, participate, perform and excel in gymnastics
- to maintain strong and sustainable links between the National Governing Bodies and all Clubs and individual members affiliated to British Gymnastics and the North of England Gymnastics Association
- to adhere to all British Gymnastics and Regional Policies to ensure the safety of all participants including competitors, officials and coaches at all times

- to encourage the development of properly constituted Technical Committees, to plan, manage and deliver appropriate, high quality training to promote and improve knowledge of gymnastics within NEGA and to arrange all such matters as may be conducive to the attainment or extension of these objectives.

#### **4. REPRESENTATION**

4.1 Full Membership of the North of England Gymnastics Association shall be open to any Club in the Region that applies for Affiliation, which has all of its members registered with the British Gymnastics (BG), and which has, as a minimum requirement, a currently qualified BG Club/UKCC Level 2 Coach in charge.

4.2 Full Membership includes the provision for entry into competitions, attendance at squad training, participation on courses, an invitation to the Regional Conference, voting rights at the AGM or an SGM, the opportunity to make nominations for NEGA Awards, regular communications, access to the web site and support, advice and information from the Regional volunteer administrators.

#### **5. MANAGEMENT**

5. 1 The North of England Gymnastics Association shall be managed by an Executive Committee of elected officials who must be full members of British Gymnastics.

5. 2 The Executive Committee shall be empowered to select a President of the Association. Once selected, the role of President may be held, without election, until the incumbent chooses to relinquish the role. The President shall be a full member of the Executive Committee and have the same voting rights as all elected officials. All such appointments shall be announced at the AGM.

5. 3 All members of the Executive Committee shall have full voting rights.

5.4 The Executive Committee includes the Officers: Chairman, Vice-Chairman, Secretary and Treasurer

And also:

The EGA Director for the Region – normally the Chair or nominated representative

A representative from each Technical Committee

A representative selected from the registered Clubs

A representative from North of England Schools Gymnastics Association

5.5 The Officers and the EGA Director) shall be elected at an AGM for a period of two years, to provide continuity in the conduct of the Association's affairs.

5.6 Representatives of Technical Committees shall be elected annually by those bodies.

5.7 The voting members of the Executive Committee may appoint such co-opted members as they consider appropriate, and the Executive Committee may also establish such sub-committees and working parties as may be deemed necessary from time to time. Any recommendations or decisions from any such group must be approved by the Executive Committee before they are put into effect.

The Auditor shall be appointed annually by the Executive Committee and need not be a member of British Gymnastics.

5.8 The Executive Committee shall meet at least five times a year.

## **6. QUORUM**

The quorum for all meetings shall be four, which must include two Officers. Should any meeting be non-quorate, the meeting shall be abandoned and another arranged. 21 days written notice shall be given.

## **7. ANNUAL GENERAL MEETING**

7.1 The AGM shall be held within three months of the end of the Association's financial year.

7.2 The notice convening the AGM shall be circulated at least six weeks before the meeting. Copies of the Annual Report and the audited Accounts shall be made available at the meeting and copies will be circulated to other members as appropriate

7.3 The Treasurer of each Technical Committee, shall submit a copy of the organisation's accounts to the AGM.

7.4 The Secretary or Chair of each Technical Committee, shall submit a copy of the organisation's Annual Report to the AGM.

7.5 The Secretary must receive nominations for office, one month before the date of the AGM. Details of nominations will be circulated and no further nominations will be accepted at the AGM. In the event of no nominations being received for a position, then nominations may be taken at the AGM. All nominations shall be decided by a vote of those present. Voting shall be by a show of hands, or by ballot, if requested by a majority of those present. Proxy votes shall not be used in these elections.

7.6 Voting at the AGM shall be restricted to those present who have been nominated by their registered Club as the 'voting member'. Each registered Club shall be entitled to nominate one voting member.

7.7 The President of the NEGA, or in his absence the Chairman or Vice Chairman, shall preside at the AGM.

7.8 The business of the AGM shall be as follows: -

- a. Apologies for absence
- b. Minutes of the Previous AGM and Matters Arising
- c. To receive the Annual Report
- d. To receive the Audited Accounts
- e. Election of Officers

## **8. SPECIAL GENERAL MEETINGS**

8.1 A Special General Meeting (SGM) may be summoned at any time, by the President, the Executive Committee, or on a requisition signed by not less than three members of the Executive Committee, or by not less than ten ordinary members. The reasons for calling such a meeting shall be given in writing, to the Secretary, who will give at least 14 days' notice of the SGM. Those entitled to attend shall be the same as those entitled to attend the AGM. No business shall be discussed other than that set out in the calling notice.

8.2 If the business at the SGM proceeds to a vote, voting shall be by a ballot of those member's present, and decisions shall be by a simple majority, except as provided in suspensions and reinstatements of BGA articles.

8.3 Voting at the SGM shall be restricted to those present who have been nominated by their registered Club as the 'voting member'. Each registered Club shall be entitled to nominate one voting member.

8.4 The President of the NEGA, or in his absence the Chairman or Vice Chairman, shall preside at the SGM.

## **9. UNUSUAL CIRCUMSTANCES**

If the designated Officer is not present to chair any meeting, a chairman for the meeting shall be elected from amongst those present by the majority vote on a show of hands. At all meetings, the person presiding shall have a casting vote, as well as a deliberate vote.

## **10. AFFILIATION FEE**

Each BG registered Club shall pay an affiliation fee to NEGA annually. The fee will be reviewed and determined at the AGM. The affiliation fee shall be due on the 1st of December, and failure to pay the fee by 31st January in the affiliation year will involve the loss of voting rights at the AGM or SGM and associated benefits including entry into competitions, attendance at squad training, regional awards and other support from the Association until the fee has been paid.

Late payment of the affiliation fee will incur an additional fee of £25. This will not apply to new clubs registering with the Association for the first time.

## **11. FINANCES**

11.1 The income and property of the NEGA, from whatever origin, shall be applied solely to the promotion of the objectives of NEGA as set out in Section 4 of this Constitution.

11.2 All funds received by the Association shall be held in the North of England Gymnastic Association Bank Account. Two signatures shall be

required on all cheques. The following shall be authorised to sign - President, Chairperson, Vice Chair, Treasurer and Secretary.

11.3 The Treasurer shall report on financial matters at every Executive Meeting. A copy of the audited Accounts shall be available at each AGM.

11.4 In the case of the Association being dissolved, all debts and liabilities of the group shall be discharged. The remaining assets shall be transferred to other such group with similar objectives.

## **12. ALTERATIONS TO THE CONSTITUTION**

12.1 No alteration of the Constitution shall be made except at an AGM or SGM called for the purpose, and which is quorate under Section 7 of this Constitution.

12.2 Alterations must be supported by at least two thirds of those present and voting and this number must include at least two thirds of the members of the Executive Committee in office at the time.

12.3 Notice of an alteration to the Constitution; must be sent to the Secretary at least four weeks prior to the general meeting called to discuss the proposal and the proposal shall be set out in the notice convening the meeting.

**13. REPORTING PROCEDURE** The North of England Gymnastics Association will report regularly to all affiliated Clubs with details of all gymnastic activity undertaken or planned



## HONORARY AWARDS

The following members have been recognised for their achievements, contribution and commitment to Gymnastics in the North.

**Honorary Vice Presidents:** Mrs. June Groom MBE; Mrs. Mary Rodgers

**President's Award for Lifetime Achievement:** Mr. J. Grey; Mr. C. Lee; Mrs. V. Robson; Mr. K. Sunderland; Mrs. J Hills; Mr. W. Leach; Mr. K. Wharton; Mrs. M. Sunley; Mrs. S. Sargeant; Mr. J. Crowe; Mr. C. Smith; Mrs. E. Harrison, Mr. John and Mrs. Dot Atkinson; Mr. G. McDonald; Mrs. A. Waters; Mrs. R. Wright; Mrs. N. Preston; Mrs. K. Chapman; Diane Richardson; Deby Said; Peter Crawford.

**Honorary Life Members:** Mrs. J. Groom MBE; Mrs. M. Rodgers; Mr P. Crawford; Mrs. M. Sunley; Mr L. Readhead; Mr. P. Arnold; Mr J. Grey; Mr C. Lee; Mrs. E. Harrison; Mrs. S. Sargeant; Mr. J. Atkinson MBE; Mr. C. Smith; Mr. D. Robinson; Mr. J. Crowe; Mr. W. Leach; Mrs. J. Dixon-Cubbitt; Mr K Sunderland; Mrs. K Chapman Mrs. J Foster; Mr J Foster; Mr J Atkinson; Mrs. D Atkinson; Mr. G McDonald; Mr. H Todd; Mr. W Freeman; Mr. M Redmond; Mr. and Mrs. D Turnbull; Mr Alan and Mrs Muriel Ridley; Mr G. Wharton, Mrs M Sinclair; Mrs D. Richardson; Mrs M. Robinson; Mrs L. Hope; Mrs D. Said; Mr C. Burton; Iain and Lynn Fraser; Katie Lawton; Jill Tann.

**Master Gymnasts:** Lisa Grayson; Suzie Arnold; Vicki Kirkham; Michael Bone; Austin Woods; Glen Wharton; Joanne Greggs; Mark Flores; Martyn Smith Andrew Atkinson; Nicholas Walton; Craig Heap; Stuart Thompson; Louise Wood; Katie Lawton; Lindsay Peters; Daniel Hedley; Vicky Cook; Carl Morritt; Cassie Burnett; Sally McMennemy; Lauren Belchamber; Gemma Middleton; Amy Clarke; Mark Tyzack; Sharlene Slater; Barrie Hindson; Amy Fossheim; Rachael Collinson; Joanne Richardson; Scott Paterson; Stuart McKenzie; David Scott; Glen Smith; Nicola Green; Mark Fyson; Chris Jones; Robert Tregoning; Hannah Browning; Gary Short; Yacine Kouache; Leigh Simpson; Natalia Hope; Leonna Jennison; Andrew Burlison; Hayley Robson; Emma Horsham; Lyndsey Bailey; Jasmine Danby; Chelsea Fisher; Maddy Gamblin; Kristie Harrington; Catherine Spence; Danna Murray; Dannie Hailstone; Hugh Monghan; Hannah Johnson; Louise Lee; Richard

Hurst; Dorian Walker; Matthew Evison; Jesse Heskett; Erin Mattinson; Lauren Emmerson; Kat Driscoll; Steven Gilmore; Rachel Davies; Georgia Clayton; Matilda Hamilton; Alexandra Richardson Zack Willis; Shanice Davidson; Carys Ridsdale; Emily Forsyth; Millie Nesbitt; Liam Sneath; Abbi Greaves; Angus Martin; Michael Gill; Stuart Napier; Nathan Brady; Finnian Gavin; Amy Cook; Nathaniel Scott; Amy Tinkler; Jade Armstrong; Claudia Barkes; Emily Talbot; Lucy Atkinson; Lucy Weir; Faye Wardhaugh, Hannah Pilling, Sofie Lincoln, Lauren Said, Vienna Ramsey, Ryan Dury; Jessica Ross; Owen Kennedy; James Stewart; Olivia Pourke; Gabrielle Evans; Sanyago Dubov; Georgia Hewison; Lucia Woodhouse; Sophie Allen; Rebecca Temperley; James Richardson; David Richardson; Lauren Husband; Lydia Overall; Lewis Westwood; Mike Hill; Jake Phelan; Caitlin Owston; Amelia Palmer; Bethany MacDougall.

**Master Coach:** Jack Grey; Craig Burton; Karen Chapman; Carol Cutcliffe; Karl Wharton; Debbie Said; June Dixon-Cubbitt; Bill Leach; Nicola Preston; Rachael Wright; Matt Portas; Stuart Thompson; Glen Wharton; John Atkinson; Terry Lewis; Michael Redmond. Vicki Kirkham; Katie Lawton; Iain Said; Diane Richardson; Victoria Pattison; Adam Rear; Alison Thain; Gary Short; Brendan O'Brien; Shelley Walton; Samantha Smith; Hannah Rowley; Ruth Tonks; Scott Lowery; Billie Percival.

**Master Judge:** Joyce Hills; Sandra Sargeant; Dorothy Atkinson; Bill Leach; Gordon McDonald; Ed Toward; Debbie Said; Enid Harrison; Katie Lawton; Victoria Pattison; Kelly Milnes.

**Outstanding Service to Gymnastics:** Joan Briggs; Pamela Portas; Fiona Austen, Chris Wrigley, Julie Kidd, Charlotte Wilkinson, Sue Mattinson, Marsha Hill, Marie McLeod.

**Service to Gymnastics:** Peter Blake; Anita Waters; Vi Robson; Dot Atkinson; Anne Readman; Lynda Kouache; Clive and Elsie Lee; Jack and Joyce Foster; Derek and Joan Turnbull; Brian and Pauline Robson; Margaret and Denis Robinson; David and Pamela Portas; Fiona Ford; Ken Hedley; Ken Sunderland; Marjorie Chapman; Marion Gates; Mike Flowers; Gordon McDonald; Colin Smith; Joyce Hills; John Atkinson; Val Johnson; Lynn Hope; Irene Metcalfe; Pat Reed; Gill Shea; Maria Sinclair; Dale Grosert; Marie McLeod; Anne Black; Janice Boon; Derek Cox; Howard Todd; Peter

Warburton; Sandra Jennison; Jim Crowe; Lynne Henzell; Julie Kidd; Heather Sayer; Janet Wake; Kath Ellison; Gill Sanderson; Joan Uren; Bill Freeman; Gloria Gosling; Marion Bailey; Alan and Muriel Ridley; Jill Tan; Terry Burgess; Janet Potter; Lynda Kouache; Joan Briggs; Denise Hill; Mary Watkins; Marilyn Robson; Charlie Preston; Diane Richardson; Susan Philpott; Julie Dimbleby; Linda Dodds; Joan Williamson; Vanessa Foster; Fiona Austen; Paula Jobson; Sylvia Cox; Marsha Hill; Daphne Ridley; Harry Waring; Carol Bashford; Brian Everett; Lyn and Ian Fraser; Rosemary Holt; Margaret Freeman; Debra Moorhead; John Young; Barry Donald; Michael Archbold; Charlotte Wilkinson; Shannon Pateman; Mary Gosnell; Joanne Dicken; Anne Mosely; Nicola Prosser; Susan Noake; Norma Watson; Diane Smith; Shona Welsh; Chris Gatenby; Diane Whitestall; Vivien Leather; Dennis Brittain; Chris Wrigley; Donna Brakenbury; Linda Rodgers; Leeann Scott; Maureen Morrison; Barbara and Steve Hall; Justine Fowler; Sue Cook; Diane Walker; Andrew Walker; Paula Bone; Jade Jackson. Nicola Preston; Rachel Wright; Emma Thompson; Julie Brydon; Julian and Jackie Camp; Julie Bowler; Diane Belchamber; Adam Rear; Jo Emerson; Joyce Mercurio; Debbie Couch; Arthur Smith; Nora Tinkler; Jill Scott; Alison Thain; Jennifer Collings; Andrew Revell; Joanne Stephenson; Caroline Ayre; Rose Marie Glover; Jill Page; Susan Carr; Laura Court; Lyndsey Madden; Gayle Crowell; Jayne Dixon; Paula Metcalfe; Jill Tan; Susan Mattinson; Nikki Wilson; Robert Davies; Melissa White; Erika Soos; Natalia Hope; Shelley Taylor; Susan Robertson; Ann Revell; Linda Purdie; Brian and Gill Blake; Emma Horsham; Sally Austen; Gary York; Mike Johnson; Ian Harrison; Andrew Brown. Maria Sinclair; Pam Firth; Julie Youngman; Rebecca Clay; Heather Taylor; Graeme Thompson; Phil Bell; Jasmine Danby; Tina Wells; Brendan O'Brien; Les Hodgson; Candice Slater; Gemma Wilkinson; Kelly Milnes; Claire Dymore; Michael Hill; Ema Marsh; Maureen Wilkinson; Neil Couch; Samantha Smith; Matthew O'Hara; Mark Nesbitt; Lynsey White; Lynne Bell; Andrew Burn; Jess O'Leary; Susan Arnison; Alice Smith; Andrea Lamb; Nora Tinkler; Abigail Stephenson; Roslyn White; Carole Thain; Nicola Taylor; Samantha Dixon, Sarah Thornborrow, Carolyn Carroll; Michael Banks; Christine Wright; Elizabeth Nicholson; Kerrie Hay; Lisa Tobin; Tracy Forster; Samantha Smith; Carol Barwick; Oli Mattinson; Wendy Dougherty; Claire Swales; Lisa Birt; Natalie Wood; Lynn Goundry; David Swallow; Caroline Jennison; Sandra Jennison; Alison Kidger; Doreen Kidger; Alison Richardson; Ashleigh Jackson; Danielle Harrison; Lynn Ridley; Julie Thomas; Jane Friebel; Helen Rondo; Elizabeth Dinning; Kelly-Jo

Robson; Lesley Rutter; Mykhaylo Galyuk; Paula Thomas; Dave Welsh, Jeanette Welsh, Vicki Wharton, Michelle Howden, Amy Wilkinson, Louse Trickett, Christine Ewart, Sarah Mitchelson, Brittainy Caruthers, Gemma Nichol, Amy Mars, Vicki McCart, Grace Lambert, Alice Lambert, Emma Docherty.

### **Junior Service to Gymnastics**

Sally Austen; Danielle Wrigley; Michael Potter; Terri Emms; Katrina Kirk; Samantha Smith; Rebecca Laville; Rosie Leather; Emily Morrirt; Peter Evans; Caroline Hall; Rachael Ayre; Sophie Mills; Ruby Leather; Stevie Selby; Alice Bowler; Jessica O'Leary; Amy Blake; Brett Sargeant; Holly Jervis; Dylan Jones; Rebecca Rowan; Rhianne Wilson; Lauren Hearfield; Tyla Earl; Ashleigh Pinder; Abbey Beadnall; Emily James; Demi leigh Bell; Ellen Scott; Kate Rogers; Jacob Reid; Lauren Binks; Jessica Rooney; Megan Waller; Abbie Rutter; Paris Ash, Scott Little, Samantha Arthur-Murray, Tilly Jones, Chloe Jones, Vanessa Barwick, Hannah Peggs, Amelia Grayson, Lauren Roper, Maxine Baillie-Harland, Emily Sanger, Ashleigh Sanderson, Olivia Crow-Tomlin, Megan Bailey; Amber Surtees; Laura Robinson; James Marshall; Rosie Ivison; Eve Armstrong; Faye Jolly; Georgia Burrows; Ana Munoz Siaz ; Jordan McKinnon; Abigail Bell; Rebecca Haggath; Katie Foster; Amy Crawford; Katie Richardson, Jake Waller, Amelia Brynn, Ellie Smith, Kayla Devon, Lauren Brown, Ellie Clark, Megan Goss, Melissa Coleman, Beh Candlish, Sophie Robson. Elise Young, Bradley Welsh, Hannah Whittle, Charley Simpkins, Zoe Ingledew.

### **Service to Schools Gymnastics**

Mrs. Joan Uren; Mr Howard Todd; Mrs. Lynn Hope; Mr Roddy McKay; Mrs. Jane Hughes; Mrs Vanessa Foster; Jackie Wall

**Olympic Torch (2012)** Steve Hall; Jayne Dixon; Alex Houston; Anita Waters; Matthew Baker

**Olympic Games 2012** Kat Driscoll; 2016 Kat Driscoll, Amy Tinkler

**Special Award:** Mr. Ken Wells

### North Region Club of the Year

Acklam Gymnastics Club and Redcar Gymnastics Club (2017) City of Newcastle Gymnastics Club (2016); South Tyneside GC (2015); Darlington GC (2014); Deerness Valley GC (2013); Deerness Valley Gymnastic Club (2012); Apollo Trampoline Club (2011); South Tyneside Gymnastic Club (2010); Hartlepool Gymnastic Club (2009); Apollo TC (2008); Biddick GC (2007); Redcar GC (2006); South Durham GC (2005); Deerness Valley (2004); Darlington GC (2003); Furness GC (2002)

### TC Club of the Year

	2015	2016	2017
WTC		South Durham GC	City of Newcastle
MTC			
Acrobatics	Tees Valley GC	South Tyneside GC	Athena GC
Trampoline	Carlisle TC		Wansbeck TC
General	Hartlepool GC	Richmondshire GC	Northallerton GC
Tumbling	Deerness GC	Northern Hope GC	Stainsby GC
Membership	Darlington GC	AAA Sport	

	2012	2013	2014
WTC	South Durham	South Durham GC	South Durham GC
MTC	Redcar GC	City of Newcastle	City of Newcastle
Acrobatics	South Tyneside	-	Stainsby GC
Trampoline	Apollo Trampoline	Park Elite TC	Belle Vue TC
General	Acklam GC	Hartlepool GC & Newcastle TeamGym	Gateshead Metro
Tumbling	Deerness GC	Middlesbrough GC	Deerness GC
Development	AAA Trampoline	Northern Hope	Berwick GC
Membership	Darlington GC	Darlington GC	Darlington GC

	2009	2010	2011
WTC	Redcar GC	South Durham	South Durham
MTC			City of Newcastle
Acrobatics			Deerness Valley
Trampoline	Apollo TC	Louisa TC	AAA Trampoline
General	The Parks	Tynedale GC	Kendal GC
Development	Northern GC		Stainsby GC
Membership	Darlington GC	Darlington GC	Darlington GC

## **AFFILIATED CLUBS**

- AAA** Mr A. Revell, Shakespeare Street, Southwick, Sunderland SR5 2JF
- Acklam** Mrs. A. Waters, 61 Trimdon Avenue, Acklam Middlesbrough TS5 8NE
- Aerodyne TC** Mrs. L. Kouache, 8, Hereford Square, Sunderland SR2 9LF
- Aeronauts TC** Ms. L Ryder, English Martyrs Sports Complex, Hartlepool
- Astrid Academy** Mr D Castling, 4 Beckwith Close, Kirk Merrington DL16 7HE
- Apollo TC** Mrs M Freeman, 25 Fountains Close, Washington NE38 7TA
- Athena** Ms. B. Caruthers, 38 Gilpin Road, Newton Aycliffe DL5 5EQ
- Barnard Castle** Ms. V. Lee, Teesdale LC, Strathmore Road, Barnard Castle
- Belle Vue TC** Ms. G. Proud, 63 Hillside Gardens Shield Row, Stanley DH9 0HB
- Carlisle GC** Mrs. J. Kidd, 15, The Garth, Crosby on Eden, Carlisle, CA6 4QS
- Carlisle TC** Mrs K Trotter, 38 Richmond Green, Carlisle CA2 6SZ
- City of Newcastle** Mrs. K. Chapman, Benfield SC, Benfield Rd, Newcastle, NE6 4NU
- Darlington** Mrs. H. Rondo, Faverdale Industrial Estate, Darlington DL3 0PP
- DC Gymnastics** Mr. N. Couch, Unit 4c East Ord Indust Est., Berwick TD15 2XF
- Deerness** Ms K. Lawton, Deerness GC Valley View, Ushaw Moor, DH7 7LS
- Derwent Valley** Ms. H Collingwood, 37 Roger Street, Blackhill, Consett DH8 5SX
- Durham City** Mr G. Wharton, 2 Welby Drive, Ushaw Moor DH7 7GA
- Furness** Mrs. L Fraser, 20 Conyers Avenue, Barrow in Furness. LA14 4JT
- Gateshead Metro** Mrs M. Ridley, 23 Turfside, Leam Lane, Gateshead NE18 8EX
- Gateshead TG** Mrs. L. Goundry, 41 Oliver Crescent, Birtley DH3 1NG

**GymMad** Mrs L Madden, 26 Lullingstone Cres., Ingleby Barwick TS17 5GJ

**Gymworld** Mr J Atkinson, 10 Cedar Road, Ormesby, Middlesbrough TS7 9DN

**Gymtopia NE** Ms. F. Brown Unit 11, Brunswick Park Ind Est, Brunswick NE13 7BA

**Hartlepool** Mrs. S. Walton, 71 The Pastures, Coulby Newham TS8 0UL

**High Voltage TC** Ms. Katie Dunn, Bishop Barrington School, Bishop Auckland

**Inspired** Mrs G Nichol, 35 Welland Close, Peterlee, S58 1HX

**Kendal** Mr. C. Wrigley, Prizet Stables, Helsington., Kendal LA8 8AB

**Longfield GC** Mrs A. Tinkler, 30 Shafto Way, Newton Aycliffe DL5 5QP

**Millom GC** Mrs T Kirk, Millom Rec. Centre, Lancaster Road, Millom LA18 4AW

**Metro TC** Mrs M Gosnell, 142 Ferndene Road, Gateshead, NE8 4RY

**Middlesbrough** Ms L Wells c/o 29 Roseberry Road, Longlands, M'bro TS24 2LJ

**Monkton** Mrs. C. Telford, 32 Boston Avenue, Washington NE38 7JF

**Newburn GC** **Mr P. Cleghorn, Newburn LC, Grange Road, Newcastle NE15 8ND.**

**North Star Trampoline Club** Ms. R. Gibson 43 Clover Hill, Sunnyside, Whickham

**North Lakes Acad** Mrs. A. Wilkinson. NLGA North Lakes Bus. Pk, Penrith CA11 0JG

**Northern Hope** Mrs. L. Hope, 8, Valley Forge, Washington, Tyne & Wear NE38 7JN

**Northallerton** Mrs. L. Bell 17 Scholla View, Northallerton DL6 3RT

**North East Gym Academy** Mrs L Rutter, 13 Kiln View, Corbridge NE45 5AF

**Park Elite TC** Mr. W Dawson 19 Princes Street, North Shield NE30 2HZ

**Penrith** Mrs I. Wightman Penrith LC, Southend Road, Penrith CA11 8JH

**Redcar** Mrs D. Richardson, Unit 5, West Coatham Lane, Redcar. TS10 5QD

**Richmondshire** Mrs. R. Clay, 121 Worlds End, Sandholmes Lane, Sowerby, Thirsk, YO7 1JS

**Robert Atkinson** Mr. D. Robinson, 37, Scarborough Street, Thornaby. TS17 6HR

**South Durham** Mrs. K Milnes, SDGC, Spennymoor LC, Spennymoor DL16 6DB

**South Tyneside GC** Mrs. S Mattinson, South Tyne LC, Temple Park, South Shields

**Stainsby** Mrs. C. Wilkinson, 38 Spenborough Road, Stockton TS19 0QY

**St Peter's** Mrs. E. Dinning, 28 Linden Road, Brotton, Saltburn TS12 2RU

**Tees Valley** Ms. M White 20 Hoskins Lane, Middlesbrough TS4 3RR

**The Parks** Mr S Dixon, The Parks, Howden Road, North Shields NE29 6TH

**Trampoline Life** Mr J Dixon, Sport@Kenton, Kenton School, Newcastle NE3 3RU

**TyneSide** Mrs L Sykes, TGC 2 Double Row, Seaton Deleval, Whitley Bay NE25OPP

**Velocity** Mrs J Rear, Marsh House SC , Marsh House Ave, Billingham TS23 3HB

**Wansbeck** Mrs. L Naylor 12 Rede Court Ellington Morpeth NE61 5LW

**West Cumbria** Mrs. C Carroll, 38 Rannerdale Drive, Whitehaven CA28 6LA

**Weardale** Ms. J Marshall, 32 East End, Wolsingham DL13 3JX

**Whitehaven GC** Mrs. A. Marrs, Whitehaven SC, Flatt Walks, Whitehaven CA28 7RJ

**Wigton** Mrs. A. Marrs, Heysham House, High Ireby, Wigton CA7 1HF