

NEGA NEWS

**Edition 129 July 2018
North of England
Gymnastics Association**



NEGA AWARDS 2018

Thank you to everyone attended the NEGA Awards Dinner held at the Hardwick Hall Hotel on Saturday March 10th. It was wonderful to see people from all parts of the North Region attending and you all made it a very special occasion.

The Awards Dinner for 2018-19 will once again be held at Hardwick Hall. The date is Friday 22nd March 2019. We hope your Club will have people to nominate! More details will be circulated later in the year to affiliated clubs.

NEGA Affiliations 2019

To bring the Association in line with changes to BG procedures, the date for Affiliation to NEGA will be moved forward by one month to October 1st 2018.

Affiliation Forms and further information will be sent to Clubs in due course. Please remember to return the completed form with your affiliation which can be paid by cheque or BACS. Please do not pay until you receive the form and further information. Payment will be accepted from September 1st. Payment received after December 1st will be subject to a £25 late payment fee.

Safeguarding Courses

As you will be aware, Sports Coach UK is responsible for running the Safeguarding and Protecting Children course that all coaches need to attend. This organisation has now changed its name to UK Coaching.

For many years BG regional colleagues have organised and managed these courses. However, BG has now removed this from their remit.

To support new coaches and to help clubs, we have applied for the Region to become a provider. For the course. This means we will be able to run courses every year in the region, delivered by a 'gymnastics' tutor.

At the AGM held recently, it was agreed that the region would support the courses financially to reduce costs to clubs. Courses will be advertised by email – not on the BG website – direct to clubs and Club Welfare Officers. Please ensure that these courses are advertised in your club. The closing date will be 2 weeks before the course date and in line with all courses, late applicants can not be added as resources will have been purchased. It is also not acceptable to simply 'send people along' on the night as happened recently! The age for taking the course is 16 years on the day of the course and we have no flexibility to change this rule.

The BG on-line training will continue through the BG website and can be accessed once a face to face course has been attended.

Time to Listen courses for club officers and Club Welfare personnel will continue to be managed through BG regional staff and advertised on the BG website. Next course is at Space 2 on September 1st.

Thanks to everyone who attended the recent Club Welfare Officer Conference at Deerness Gymnastics Club. I hope you felt the event was worthwhile. Your feedback on the draft discipline document would be appreciated.

South Durham

Four girls from South Durham took part in the British Championships at the Liverpool Echo arena. This prestigious event where the best girls in every age group in the country perform for British titles and national rankings.

Mia Scott, Lydia Collins and Leah Greenland all took part in the Junior Championships and Leah Rockett in the Senior event. All performed beautifully but Leah Greenland had an exceptional finish to rank 13th in the country even though she is one of the younger girls in the competition as a first-year junior. Both Leah and Mia finished in the top 8 on beam and bars which put them through to Apparatus Finals for the Sunday.

This is the time that the top 8 girls on each apparatus come together to fight it out for the medals. Just to qualify is an amazing achievement so to see two of our girls out there mixing it with the best in the country was brilliant.

Mia was still sore from a fall but despite this she was still ranked 7th best Junior gymnast in the country. A fantastic achievement for Mia.

Then it was Leah's turn to once again take to the arena in the Beam final. She started the routine with a difficult mount and never looked back, demanding attention from everyone around her. She performed with absolute confidence, not a flicker of hesitation and gave nothing away to the judges. Leah was awarded with a huge score of 13.15, enough to see her crowned Junior British Beam Champion!



Leah and Mia will now be working hard to trial for the European championships later this year. The future is bright for the next generation of gymnasts in the club.

Congratulations to Kat Driscoll. 4th in World Cup Trampoline Competition in Switzerland.

Carlisle Trampoline Club

Carlisle Trampoline club have had many successes on the competition floor this season.

Four members have qualified through to the English Championships. Harry and Alfie have qualified in 6th place for the 9-12 mixed silver synchro. Emily and Ella qualified in 9-12 mixed gold synchro in 4th place. As well as the 2-synchro pairing, Emily has qualified to the English Championships in the Gold individual 9-10 category. The 4 members will compete in Sheffield in October and we are hoping for some podium places.

As well as the English Championships success Emily has made club history and qualified for the British Championships in 9-10 girls FIG category. She is the first gymnast from our club to qualify for both championships in the same season. She also placed 3rd at her first spring series competition.



We also had a record number of members through to the team finals, 10 of our members competed at the Birmingham arena and represented the North of England. Where 4 of the 10 landed in the top 8 of their category and have now made it through to the NDP finals. Kira 9-10 girls level 1

trampoline, Alfie 11-13 boys level 4 trampoline, Ella 11-12 girls DMT and making club history and winning a bronze medal in a national DMT event was Harry who came 3rd at the team finals and qualified for the NDP Finals.



The club is very proud of all our members and we are excited to see what their future holds in these championships and finals.



Women's Artistic

Diane reports that - The North WTC are intending to set up a Watts App group. Hopefully this will help you to access up to date WTC information, and ask any questions you may need answering. The group is intended for each club that takes part in WA events. Please send Diane the name and mobile number of the one coach from your club who will have access to this group. Only one per club please.

The intention is to help clubs, maintain regular contact and give the WTC a platform to send information quickly. We will post results, competition rules and any other relevant items.

Please give us chance to answer; messages after 5pm will be answered the next day. Please remember the WTC are a voluntary group!

Qualification Scores: The information below was agreed at the National WAG WTC meeting on Friday 29th June 2018

The regional qualification scores required to enter the Challenge Cup 2018 have been revised as follows:

Espoir 42.00 ; Junior 42.00 ; Senior 42.00

The scores that must be achieved in order to enter the British Championships the following year have remained unchanged:

Espoir 47.00 ; Junior 47.50 ; Senior 48.50

Women's Artistic Performance Development Programme

Open Day Squad 2: Saturday 21st and/Or Sunday 22nd July. Lilleshall National Sports Centre. Saturday - 10:30-18:30. Sunday 9:00-17:00. £25 each day ; Closing date: 12th July 2018

Clinic 5: Sunday 2nd September 2018; GMAC, Birmingham; 10:30-16:30 ; £25; Closing date: 23rd Aug
Focus: Compulsory Level 3 with Jody Kime

Open Day Squad 3: Monday 29th and/Or Tuesday 30th October. Lilleshall National Sports Centre; Monday - 10:30-18:30. Tuesday 9:00-17:00; £25 each day. Closing date: 18th October 2018

Trampoline

Open Days: Held at the Performance Centres as follows:

Liverpool : Camp 3 19th August 2018 1pm -7pm

Camp 4 25th November 2018 1pm- 7pm

OLGA : Camp 3 19th August 2018 9am – 3pm

Camp 4 25th November 2018 9am- 3pm

NTGA : Camp 3 19th August 2018 9am – 3pm

Camp 4 18th November 2018 9am-3pm

Performance Pathway Clinic: Our clinic being held at Lilleshall on 1st-2nd December (by invitation and qualifying attendance)

Tumbling: Performance Camps at Durham GC

19th August 10- 2.00pm & 25th November 10 – 2.00pm

Apply through BG website; Other dates available at Revolution and Andover GC.

General Gymnastics

Congratulations to everyone who has qualified as a Floor and Vault Level 1 or Level 2 judge in the last few months. Some of you volunteered to judge at the recent Competitions at Hartlepool and did a great job!

Well done to all the gymnasts and coaches involved in the Apparatus Competitions held over two days at Hartlepool Gymnastics Club. 16 Clubs took part and all took home medals and ribbons. Many thanks to all the judges and volunteers who make these days possible.

Well done to Chris from Kendal GC who is organising two competitions in Cumbria. The GGTC has donated £100 towards the medals. Clubs have also received GGTC funding recently: Inspired towards a trampette; GymMad towards a landing mat and Derwent Valley to purchase a springboard. Eight coaches have also been assisted with £100 grants towards a Level 2 Coaching course

GGTC Next Events:

GGTC TeamGym at Hartlepool; Levels 6-5-4. October 14th

Partner and Group Challenge – September 23rd.

BG North GymFusion. The Sage October 21st.

Team Gym

GGTC TeamGym at Hartlepool; Levels 6-5-4. October 14th.
Closing date September 14th.

TG Club Judge Course at Deerness on September 8-9th.
Apply through BG website.

TeamGym City of Newcastle Competition.
November 11th. Organiser Sam Smith.

Congratulations to all the teams who competed at
Newcastle in the English Championships recently and
many thanks to City of Newcastle for all their help.

Good Luck to the gymnasts from the North who will be
representing Great Britain at the European TG
Championships in Portugal in October.

National TG Coaches Conference – Crewe; 17-18th
November.

Acrobatics

Congratulations to the 11-16 Pairs from South Tyneside,
the Women's Group from South Tyneside (silver medal)
and the Senior Women's Group from Deerness (silver
medal) on their achievements at the British
Championships.

Thanks to everyone from Athena GC who along with staff
from Newton Aycliffe LC and other volunteers helped to
make our Regional NDP and Disability Grades
competition a huge success. Thanks to all the judges who
did a great job.

Well done to the gymnasts from Deerness, South
Tyneside, Stainsby and Athena who represented the
Region at finals and returned home with medals.

The TC would like to send Karl Wharton MBE best wishes
on his retirement from Deerness GC and also Victoria
Pattison from Deerness – good luck on her appointment
as National Performance Coach for Ireland. Many thanks
to you both for all your hard work and support.

North Schools News

Thanks to everyone who supported school's gymnastics
this year by organising and hosting competitions, judging
and volunteering. Special thanks to Howard Todd who is
retiring from competition organisation after supporting
events in the North for many years. Howard is working

hard to introduce a new competition for schools under
the English Schools Gymnastics Association remit.

Please be aware that school entries may only be done
with the permission of the school. Forms must be signed
by an appropriate adult from the child's school. British
Gymnastics membership does not insure gymnasts for
school's competitions. Participants must have British
Schools membership before they enter and numbers
must be shown on the entry form. This can be arranged
through the BSGA website.

This year we had inadmissible numbers, forms signed
inappropriately and a range of other concerns. Forms will
be returned and entry may not be accepted if the criteria
can not be met by the closing date.

Please also be aware that if you offer to supervise
children at a school's event, you must be present and
actively supervising throughout the event. You must also
hold an appropriate and current qualification. The BG
rules regarding coaching within your level of qualification
still apply.

BSGA Affiliations due September 1st.

NESGA Dates:

Trampoline – Wansbeck GC; December 9th .

Acrobatics and Tumbling – Northern Hope; February 3rd

School Team Floor and Vault – Carlisle GC; Feb 26th

Closing dates are one month in advance of the entry
date.

Keeping up to Date

With changes to BG systems and especially GDPR rules
TC's can no longer easily access information, for example
names of judges, in order to inform them about
competitions. This has been a particular problem in
Acrobatics but applies to all disciplines. The Region and
TC's will circulate information to clubs but we will need
to rely on Club Managers/Head Coaches to ensure that
everyone in their Club is kept informed and up to date on
the information they need. Thanks for your help on this.

NEGA NEWS:

**Thanks to everyone who has contributed to NEGA
News The next news is due in September.**