



**Edition 125 June 2017**  
**North of England**  
**Gymnastics Association**

*GB defeat Chinese!*

**Congratulations to Paul Dixon, Steven Dixon, Finnian Gavin and Jesse Heskett**



from Deerness Valley Gymnastics Club took on the might of the Chinese men's four to take the World Cup Gold at the acrobatic gymnastics FIG World Cup event in Geneva. The Chinese group led through qualifying but it was Britain's higher technical and artistic scores in the final that took them to gold with a score of 29.43.

Well done to Men's pair Jake Phelan and Michael Hill from South Tyneside Gymnastics Club, who performed consistent routines finishing in 8th place scoring 26.920 as they build up to the World Games in July. **Many Congratulations to everyone involved.**



Congratulations to **Jemma Killkery** seen here coaching at Nother Hope GC. Jemma has been selected as a Disability Gymnastics Coaching Ambassador by BG.



**Redcar Gymnastics Club** are celebrating after finally moving into their new facility on May 1st. Diane writes that 'the gym has changed our training already giving the girls and boys such fabulous equipment to train on and such confidence.' The gym has 3 sets of Asymmetric Bars, 3 high bars, Vault, a full length Skaboon Track, new Gymnova floor, 6 beams, fast track and pits!! Along with a viewing gallery, café and car park it is the clubs dream come true and Diane says 'to say we are over the moon is an understatement!'

**Congratulations to Northern Gymnastics Club.**

Coaches Gemma, Les and Maureen were guests at the prestigious North-East Disability Sports Awards presentations evening, held at Slaley Hall, having been nominated in two categories for disability sport - Best Club of the Year 2016 and Best Coach. The awards were proudly received on behalf of all members and



supporters of the club. The compere for the evening was Craig Heap and there were many competitors, coaches and facilitators from a wide range of disability sports in attendance, including

athletes who had achieved gold medals in the Rio Paralympics.

Kerry Scott from City of Newcastle writes that 'The **City of Newcastle** gymnasts, along with their **South Durham** team mates did a fabulous job representing the North region at the NDP Grade 4321 National Finals in May.



National 4 placing 7th with 191.35  
 National 3 placing 8th with 189.40  
 National 2 placing 9th with 183.95

A huge well done to Olivia Johnson who placed 11th in the country individually for National 4. All the City of Newcastle girls worked their socks off over the last couple of months leading up to the competition and did everything their coaches asked of them. We're super proud of all the gymnasts' achievements and can't wait to see what next year brings!

**City of Newcastle Girls** also had a medal filled day at the Regional Grades Competitions. In Regional Grade 6 (8 years) gymnasts Millie-Jae, Finn, Darcy, Amelia and Stephanie took team gold with a massive score of 192.19. Newcastle also took individual placings 1 to 6th with Darcy 1st, Amelia 2nd, Millie Jae 3rd, Finn 4th, Stephanie 5th and Abby 6th. In Regional Grade 5 (9 years)



Newcastle had some amazing work and results with Olivia winning gold, Mia bronze, Camilla in 4th, Lucie 5th and Sofia 7th overall. CNGA Regional Grade 4 gymnasts



gold and silver.

did very well too, despite 4 falls between them (the curse of the grade 4 free roll!), they passed their grade with flying colours. To round off a fabulous day, Regional Grade 3 gymnasts Milly and Chloe took

**Wansbeck GC** has also enjoyed a lot of success recently as Liz writes...' We would like to congratulate all of our artistic gymnasts on passing their north and regional grades this year. Regional Grade 6 team placing 3rd with Ava Brooman in 5th, Regional Grade 4 team placing 3rd. North Grade 4 team taking Gold with Chloe Foster in 2nd place and Devon Blaney in 5th. In North 4 Grace Levy placed 5th. Well done to everyone!

In Pink events Sarah George Login 1st on vault and 3rd



Overall, Anna Redshaw 2nd vault, 6th floor and 5th overall. Holly Townsend placed 6th floor and Ciara Horgan 5th vault.



We also want to wish our 12 trampolinists good luck representing the North in Regional Team finals in Birmingham at the Barclaycard Arena, on the 17th and 18th of June.

Shannon Black Grade 7, Kayla Devon Grade 6, Will Hall Grade 5, Katherine Temple Grade 4, Oliver Farrow Tait and Beth Candlish Grade 3, Saveena Mullin, Jenni Hall, Ellie Clark, Amber Davison and Henry Black Grade 2, Clara Scott Grade 1. They are all aiming for top 8 to qualify for individual national finals in Telford in July.

**Good Luck to all the North competitors at this event!**

**LEOTARDS for sale!**

Diane Richardson was offering North WA leotards in all sizes for sale. If your club needs leotards for training or competition please contact Diane to find out more - [dianergc@hotmail.co.uk](mailto:dianergc@hotmail.co.uk)

Neil from **DCGymnastics** reports

'Debbie is getting ready to travel to Birmingham, with Tumbler Lizzie Foxton, for the Tumbling Regional Team Final & NDP Qualification 2017. Good Luck!

On the 27th & 28th May 2017 DCGymnastics (Berwick-upon-Tweed) entered 16 Gymnasts into the Scottish Team Tumbling Championships at Perth. DCGymnastics, with its Dedicated Gymnastics Centre sitting on the border of Northumberland and the Scottish Borders, had gymnasts travelling from both England and Scotland to the competition, from Alnwick to the south to Duns to the west. Every Gymnast travelling to the competition represented themselves, the club and our region with pride, bringing back to the club a super 'medal haul'. Some Gymnasts overcame fear of competitions, some gymnasts produced personal best, some demonstrated dazzling precision on the day against the large and competitive groupings they were in.

Medallists in their groups were; Archie Stevenson, Gold; Amelia Stevenson, Bronze; Tanya Seaton, Gold; Jodie Young, Bronze; David Routledge, Gold; Daniel Donkin, Silver; Ellen Hume, Bronze; Livvy Agnew, Gold; Maddie Rosher, Silver; Josie Newton, Silver.

Of special note from those who medalled are Josie Newton (Berwick) with a combined score of 77.100 and Maddie Rosher (Duns). Maddie achieved a combined score of 79.100, which has secured her a place in the first ever Scottish Championships, at Perth, in September.

The club congratulates all its competing gymnasts, they represented our region with a character noted by many competition coaches as respectful and courteous, combined with Gymnastics Tumbling skills that were accomplished.

**From BG.....** new contact for advice on these matters Lauren Penhaligon 0345 1297129

**Free Employment Law training** As a British Gymnastics registered club, you have access to a number of free employment law training sessions, delivered by DAS Law. The sessions include talks on employment and contract overviews as well as recruitment and selection. Courses taking place in the coming months are advertised on the BG website. If you have any gymnastic related employment issues or questions about tax, VAT, and the legal status of your club that you need to discuss you can contact DAS Law directly on 0117 933 0617. There is also a 24-hour helpline for anyone over 18 – use the same number as ask for the counselling service.

## **Safeguarding course update**

For just £16 you can renew your safeguarding course online. Recently updated, the course is tailored to gymnastics and is designed to allow you to complete your learning at a time and pace that suits you. As part of the course you will receive quick and easy online enrolment, constructive guidance by our experts, an easy to follow programme and your records automatically updated. This applies to people renewing Safeguarding, who have previously completed the SCUK Workshop.

## **General Data Protection Regulation (GDPR)**

All organisations within the EU have until May 2018 to ensure they are compliant with the new regulation. The GDPR means some significant changes to the way organisations can obtain, use and retain data in their day-to-day work; there are also increased penalties for companies who do not comply. This will affect the way in which we all collect information and BG will circulate guidance and arrange training to support the changes.

## **Changes to the 2017-18 BG Membership process.**

BG is working hard to plan for the new GDPR legislation requirements across the sport; the first action is to review and amend the current 'join and renew' membership process which is a priority due to the new membership year commencing 1st October 2017. Over the next few months, we will be working with club representatives across the UK to create a new membership process which will comply with the GDPR. Therefore, whilst this review and planning is taking place, we request that all clubs suspend the collection of British Gymnastics membership renewal fees for the 17/18 membership year commencing 1st October 2017. For clarity, this is the British Gymnastics fee only and does not include any additional fee you might wish to collect for things such as club administration. Any memberships for this current membership year (from now until 30th September 2017) should be completed as usual in GymNET. To help you to pass on this message to your parents / guardians we have created a letter for you which can be found in GymNET's Resource Centre within a new GDPR section. You may prefer to copy and paste this information onto your own headed paper or perhaps email it to your members.

**Agility UK** is a dedicated advice service for Health and Safety matters, offered to all Clubs as part of your BG membership. Help Line 01527 571615. As well as specific training and advice on management systems, the company will also advise on policy, legal requirements, first aid provision and related health and safety concerns.

## Other News

### GYMMARK

The BG Gymmark certification process has now been stopped. Clubs with Gymmark who wish to update the award can register for the Sport England Club Mark accreditation.

### ADULT GYMNASTICS

The next 'Pat English' **Scottish Formers** Gymnastics Competition (Adults) will be held on Sunday 12th November 2017, at Broadwood, Cumbernauld. As usual there will be competitions in WA, MA, Trampoline, Tumble, Pairs, Groups and Rhythmic. Entry details will be sent out at the beginning of September – Contact Hazel for details [hazel.ardern@hotmail.co.uk](mailto:hazel.ardern@hotmail.co.uk)

### North GGTC Adult Competition

We have had a request for another **North Region Adult Competition** in the Autumn. The competition will be planned if there is a demand from clubs. If you have adult gymnasts who would like to compete, please contact Myrtle Sunley [myrtlemsunley@msn.com](mailto:myrtlemsunley@msn.com) to register your interest.

### GGTC Competitions

The GGTC Apparatus Competition at Recreation Level was held recently at Hartlepool GC. As always there was a good entry and plenty of support. Congratulations to everyone involved and thanks to all the judges and volunteers who supported the event. The next competition is on July 2<sup>nd</sup> for Club and Competition level gymnasts.

Dates for the **Challenge events** in the Autumn are still being planned.

**TEAMGYM** – The GGTC North TG Competition at Levels 6,5,4 and 3 will be held at Hartlepool on October 1st. Entry details will be circulated later.

### Safeguarding Training

The next SCUK Safeguarding and Protecting Children training is at Deerness Valley GC on July 15<sup>th</sup>. Please direct any new coaches/ candidates to the course as I imagine there will be no further training until late in the Autumn.

There is also a Time to Listen Training for Club Welfare Officers on the same date.

Please contact Emma Lawton to reserve a place on either course.

### JUDGING COURSES

The GGTC are planning to hold a Floor and Vault Level 2 qualification in the Region in the near future.

This award is appropriate for anyone wishing to judge at GGTC competitions and schools event.

More details will be circulated as soon as possible.

In other disciplines, all international courses have now been held and national training has been completed.

The next phase will be to deliver Regional and Club Judge courses. Details will be circulated as soon as possible.

### LEVEL THREE THEORY Course

October 21-22<sup>nd</sup>. If you want to be accredited as a Level 3 coach you must attend the theory course as well as the practical modules. The course is being held at GymWorld in Middlesbrough and this is a great opportunity for L2 and L3 coaches. Please encourage your coaches to apply through the BG website.

### CALENDAR

Thanks to everyone who has let us know about dates for the rest of this year and for 2018. The current information follows. Please continue to send in your dates as it really helps all the disciplines with their planning.

### NOTICE OF THE N.E.G.A. AGM

**Tuesday, July 11th 2017 at 7.00pm**

**Deerness Valley Gymnastics Centre,  
Ushaw Moor, Durham DH7 7LS**



Thanks to Everyone who has contributed to NEGA News.

The next edition will be due in October 2017.

**Enjoy the Summer!**

## NORTH DATES 2017

Date	Discipline	Organiser	Event	Venue	Entry By
June 11 <sup>th</sup>	General	Region	GGTC Apparatus (Recreation)	Hartlepool	May 15th
June 18 <sup>th</sup>	TeamGym	Club	City of Newcastle TG	Newcastle	
June 16-18 <sup>th</sup>	Tumbling & Trampoline	National	Trampoline & Tumbling Regional Team Finals & NDP Qualifier	Birmingham	
June 25 <sup>th</sup>	Acrobatics	Region	Regional Team and Open	South Tyneside	
July 1st	Tumbling	Club	Tumbling Competition	Durham	June 9th
July 2 <sup>nd</sup>	General	Region	GGTC Apparatus (Club and Open)	Hartlepool	June 2nd
July 9 <sup>th</sup>	General	Cumbria	Cumbria General Gym Competition		
July 27-30th	Acro & TG	National	British Championships	Liverpool	
September 24 <sup>th</sup>	Women A	Region	Voluntary Levels British Dev 543	Redcar	
September 29th	Women A	Region	North Voluntary Teams		
October 1st	TeamGym	Region	GGTC TeamGym Championships	Hartlepool	Sept. 1st
October 7-8 <sup>th</sup>	Women A	Region	North Voluntary Levels	Newcastle	
October 7-8 <sup>th</sup>	Tumbling	Region	Team Tumbling competition	tbc	
October 27-29 <sup>th</sup>	WA MA	Club	Spooky Spectacular	Newcastle	
November 5 <sup>th</sup>	TeamGym	England	TeamGym English Tournament	Newcastle	
Nov. 17-19th	Acrobatics	National	Club Team Championships	Fenton Manor	
December 3 <sup>rd</sup>	Tumbling	Region	Christmas Competition		
December 3 <sup>rd</sup>	Acrobatics	Region	Pre-Grades Competition	South Tyneside	
<b>2018</b>					
March 10-11	Acrobatics	Region	NDP Prelims		
April 15 <sup>th</sup>	TeamGym	National	British Championships		
June 30 – July 1st	Acrobatics	Region	Open and Team Championships		
December 8/9	Acrobatics	Region	Pre-Grades		