

NEGA NEWS



Edition 121 June 2016
North of England
Gymnastics Association

Congratulations to.....!!!!

Kat Driscoll and Gary, Bill and everyone connected with Apollo Trampoline Club. Fantastic performance in Rio – 6th in the Olympic Final. We all enjoyed your commentating too Kat!

Amy Tinkler and Nicola, Rachel and everyone from South Durham Gymnastics Club. Team Final in Women's Artistic Gymnastics and a brilliant, history making **BRONZE MEDAL** with a superb performance in the FLOOR final

Rachel Davies British Women's Tumbling Champion

Nathaniel Scott British DMT Champion



Jo Rear writes.....

Rachel who trains at Deerness Valley Gym Club scored 136.200 points to win the Tumbling British title ahead of Pinewood's 2015 champion Lucie Colebeck (134.900) and teammate Yasmin Taite (130.600).

Velocity's **Nathaniel** retained his DMT title scoring 142.20 with Ben Atkins in silver (142.100) and Daniel Sale bronze (141.900).

Brian Everett MBE – the new British Gymnastics President. Brian, from Darlington was Chair of Darlington Gym Club and then the Regional Chair before being elected to represent us on the English Association and then the BG Board. Now he is to be President!

And More Congratulations to.....!!!!



Sam Smith reports....

City of Newcastle are excited to announce that four of the clubs gymnasts will be representing Great Britain at the European Teamgym Championship in Slovenia this month. The final selection event took place recently and all four were successful. This is the culmination of an extensive zonal and national training and selection programme and the highest accolade a Teamgym gymnast can achieve - a fantastic opportunity. **Jessica Ross, Owen Kennedy, James Stewart and Olivia Rourke** will officially represent Great Britain at the UEG TG Championships. This is the clubs highest achievement in Teamgym and a super proud moment for the club.... huge congratulations everybody!! Wow!!!!!! #teamGB GBGBGBGBGBGB #teamgym

NEGA Affiliations 2017

BG will be incorporating a system to show Regional Affiliation alongside BG registration within the GymNet system. To enable this to happen, we need to alter our Affiliation date. Affiliations forms will be distributed on or about **November 1st 2016** with forms and payment due by December 1st 2016. Fees are as for 2016. This will allow the Handbook to be published with only the current BG and NEGA affiliated clubs shown and for the Handbook and Certificate to be distributed with the Christmas mail out. Gymnast numbers will be based on September/October data from BG.



Club News.....

Charlotte writes.....

Stainsby GC have had great results at British NDP Tumbling Finals. We gained 5 medals, 2 silver and 3 Gold so 3 British Champions!

Nieve McManus Silver National level 2 Age 9-10
Eden Hall O'Donnell Silver National level 1 Age 13+
Ellie Cornelious British Champion National Level 1 13+
Jessica McCallay British Champion National Level 6 13+
Erin Peters British Champion National Level 7 13+
Isaac Bennison also competed and gained 6th place.

I would just like to say how amazingly proud I am of them all and they all deserved it as they have worked so hard in the lead up to the competition.

Denis reports on **Robert Atkinson GC** results at the recent Team Tumbling Competition held in Hartlepool

Club Grade 1 Girls 7-8	1st Kodie McNeil-Sheehan
Club Grade 1 Girls 11-12	1st Trinity Tijani
Club Grade 1 Boys 9-10	1st Ben Turnbull
Club Grade 2 Girls 9-10	3rd Isobell Daynes
Club Grade 3 Girls 11-12	2nd Lily Turnbull
National 1 Girls 11-12	3rd Jessica Wanless
National 1 Girls 13+	3rd Ava Drummond
National 1 Girls 13+	2nd Ellie Burgum
National 2 Girls 13+	3rd Issy Miller
National 2 Girls 13+	1st Lily McHugh
National 3 Boys 11-12	3rd Worthee Ikah

Well done to all of our tumblers who took part, they all performed well.



Liz from Wansbeck sent in this report

Following a successful qualification to the National NDP Trampoline Finals back in July, **Wansbeck** now have a British Champion!! **Kayla Devon** held her nerve and seized the NDP2 13+ women's title, fellow team member Chris Bell narrowly missed out on the Men's 13+ NDP 2 title coming home with the Silver Medal rounding



of a pretty fantastic trampolining season for Wansbeck! Beth Candlish gave 2 solid performances finishing a very respectable 4th. Shannon Black after a being in the top 3 after the set routine unfortunately fell on her last move of her new voluntary routine taking her out of medal contention. These trampolinists have done us proud this year, and have now learnt some amazing skills over the summer we are now looking onwards and upwards to 2016-17.

In other news in the club we have successfully managed to reach our fundraising target through a club wide sponsored tumble to purchase a new air track to replace our well-loved and leaking old one. We had great fun and raised over £4000.

NEW CLUBS.....

We have three new Clubs starting up over the next few weeks: Durham City, Longfield and GymMad Redcar Gymnastic Club has new premises and the Club hopes to be able to move in soon! We wish them every success.

TRY TEAMGYM WORKSHOP

This is being held at Kendal GC from 2.00- 4.00pm on October 8th. Contact Karen karen.liver@british-gymnastics.org to book a place

AEROBICS WORKSHOP

Three Clubs took up the offer of an Aerobics Workshop, Berwick, Velocity and AAA. The workshop was held in Durham last week and a competition will be held in January.



Technical Committee News.....

Tumbling – Next Competition is on December 11th at Hartlepool. It will be a Christmas themed Tumbling Competition.

English Trampoline, Tumbling and DMT Championships is at The Skydome, Coventry over the weekend of 19th/20th November 2016

Women's Artistic Competitions

The **North AA and individual Apparatus** competition is at City of Newcastle on 22/23rd of October

The **Team Championships** is on the 6th November at South Durham. At this event only Teams will be awarded.

Important! If you won team awards last year, please have them engraved and returned to the WTC at the AA. on the 22/23rd October. Entries for both competitions are on one entry form with cheques payable to North of England LTC. Individual entries are £10. Teams are £60.

General TC – The next event is the Challenge Competition for Pairs and Groups at Hartlepool on October 23rd. The last GGTC event of the year is the **TeamGym Competiiton** also at Hartlepool on November 6th. Full Teams and Micro Teams, Levels 6, 5, and 4 only and including Disability teams. Entry by October 6th.

The Handbook and Rules for 2017 will be distributed by email shortly. There are only minor changes to be made and so a printed copy will not be available to reduce TC costs.

NEGA Awards Night

The NEGA Awards night will be held in **March**. We hope to hold the event at **Hardwick Hall** once again as this has been a popular venue with a reasonably priced meal. Nominations can be accepted from now until January so don't delay - fill in the forms and send in your nominations! You can nominate people in your Club to receive Service to Gymnastics, Junior Service to Gymnastics, Master Gymnast, Master Coach and Master Judge Awards.

Master Gymnast: Awarded to gymnasts training in the Region, from all disciplines, who have become Senior British Champions and or have represented GB on two or more occasions, acting as ambassadors for the Sport and bringing credit to the Region and to their Club.

Master Coach: Awarded to coaches who have made a major contribution to coaching in the Region for over 10 years. They should have coached in Regional Squad situations and produced gymnasts working in National and Regional Teams.

Master Judge: Awarded to judges who have made a major contribution to judging in the Region for over 10 years. They should have judged at National and International level and contributed to judge development in the region and or at national level.

Service to Gymnastics in the North: Awarded to individuals who have made a positive contribution to Gymnastics in the North for over 7 years through their work on behalf of the Region, their County or their Club as an officer, committee member, course tutor, coach or judge.

Junior Service to Gymnastics in the North: Awarded to individuals under 18 years of age, who have made a positive contribution to Gymnastics in the North through their work for their County or their Club as an officer, committee member, coach or judge.

Thank you to everyone who has contributed to this newsletter.

The next News is due in December – please send in your reports by December 1st.



Other News.....

Thank you to

North Lakes, City of Newcastle, Penrith, Northern, Velocity, Aeronauts, Tyneside, Gateshead TG, Gateshead Metro, Northern Hope, Wansbeck, Gymtopia, St Peter's, Redcar, Carlisle Trampoline Club, Carlisle GC.

All these Clubs have used the North Transfer procedure this year when gymnasts have moved Clubs. This allows coaches from both clubs, TC representatives and competition organisers to know about the move and avoids unnecessary 'situations', embarrassment and upset.

The Executive Committee has spent a lot of time discussing one problem - Gymnasts today seem to find great difficult in saying 'thank you' and 'bye' when they move on. Please make sure that parents at your Club are aware of how to behave when they want their child to move – give them a transfer form or at least make the form available for download on your social media platform. If the child is part of a 'block' registration scheme or attends a pay termly recreation class then there is a case for flexibility – but when the child is a full part of your Club – registered with your Club, training regularly, identified as part of a training group, has already or is due to compete for your Club – then the process as printed and distributed previously should be fully completed. Some of you run a club as a volunteer, gymnastics is a hobby and a passion, for others it is a job and for some their livelihood. We have over 60 clubs – big and small – voluntary and professional and we have to look after them all as best we can. As coaches, you invest a huge amount of time, effort and commitment to making your gymnasts the best they can be – when they move on without telling you they have gone it can be very difficult. People do feel angry, upset, hurt and let down. We have had situations in the recent past where coaches have arrived at a competition and at a coaching course to find one of 'their' gymnasts competing or training with someone from another club. Completely without their knowledge! BG rules are specific – gymnasts can only be members of one club at a time – so leave the first club properly before moving on.

NORTH DATES 2016

Date	Discipline	Organiser	Event	Venue	Entry By
October 8-9 th	MA WA	Club	Spooky Spectacular	Newcastle	Sept 2nd
October 22-23 rd	WA	Region	North Voluntaries	Newcastle	
October 23 rd	General	Region	Partner and Group Challenge	Hartlepool	Sept 23rd
November 6 th	General	Region	TeamGym L 6-4 Challenge	Hartlepool	October 6th
November 27 th	Acrobatics	Region	Pre-Grades		October 7th
December 3 rd	Acrobatics	Region	Pre-Grades	South Tyneside	
December 3 rd	Schools	Region	Trampoline Competition	TBC	Nov 4th
December 11 th	Tumbling	Region	Christmas Tumbling Competition	Hartlepool	

NORTH DATES 2017

January 24 th	Schools	Region	Milano Competition	Cumbria	Dec 16th
February 5 th	Schools	Region	Acrobatics and Tumbling	Northern Hope	Jan 6th
February 24-25	Acrobatics	National	Pat Wade Classic	Fenton Manor	
March 4-5 th	Acrobatics	Region	NDP Prelims	South Tyneside	
March 4-5 th	TeamGym	National	Qualification	Edinburgh	
March 10-11 th	School	National	Milano Championship	Fenton Manor	
March 18 th	Schools	National	Trampoline Championship	North tbc	
March 22 nd	Schools	Region	School Team Floor and Vault	Hartlepool	Feb 24th
May 6-7 th	Schools	National	Floor & Vault and Acrobatics Finals	Fenton Manor	
May 13-14th	Acrobatics	National	NDP Finals	Fenton Manor	
June 19 th	Acrobatics	Region	Regional Team and Open	South Tyneside	
July 27-30th	Acro & TG	National	British Championships	Liverpool	
Nov. 18-19th	Acrobatics	National	Club Team Championships	Fenton Manor	
November 27 th	Acrobatics	Region	Pre-Grades Competition	South Tyneside	



NEGA HONORARY AWARDS

Nomination Form

All nominations must be made in confidence, without the knowledge of the nominee.

AWARD:

NOMINEE: Name

Address

Club

NOMINATED BY: (Insert details of individuals/s or group making the nomination)

Name

Address

Telephone or email

Position in Club or Committee

REASONS FOR THE NOMINATION: (Gymnastic career history, achievements, responsibilities etc. Continue on the back of this page if required.)

Please return this form to Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX or enid.harrison@british-gymnastics.org by January 14th 2017

