

RESULTS

TRA Men's Novice - Over 40 Adult Gymnastics British Championships 2026 Lilleshall National Sports Centre 12th-14th June 2026



1st Exercise/2nd Exercise

Rank	Bib	Name/Club	NOC Code	HD Score	E Score	D Score	T Score	Pen	Sub Tot	Age Bonus	Total
1	593	POWELL Mark Rugby Trampoline Club	GBR	9.700 10.000	15.100 15.300	0.0 1.7	0.000 0.000	0.0 0.0	24.800 27.000	1.0	52.800
2	28	ASPINALL Michael Longridge Gymnastics Club	GBR	9.300 9.600	14.100 13.200	0.0 1.9	0.000 0.000	0.0 0.0	23.400 24.700	0.6	48.700
3	18	FRAKES Stephen Apollo Leeds	GBR	9.400 9.600	10.100 11.300	0.0 1.6	0.000 0.000	0.0 0.0	19.500 22.500	0.2	42.200

