


2019 Acrobatic Gymnastics Competition Handbook[©]

Version History

The Acrobatic Gymnastics Technical Committee reserves the right to make amendments to this Handbook.

Notification of a change to the handbook will be communicated through the [British Gymnastics website](#)  and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;

Version 1.0 Original

V1.1 – 14/1/19 p5 & p8 – Supervised Coach definition change

14/1/19 – Pat Wade Classic rescheduled to 2020

V1.2 - 01/2/19 – NDP Finals page 25. Entry fee change, Grade 2 categories & medal score updated.

– British Championships page 28. Medal & Difficulty score updated.

– Venue name change from Echo Arena to M&S Bank Arena

V1.3 –15/7/10 – p23 & 26 Tiebreak information updated

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Definition of Terms

- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the supervising coach. Assisting coach(es) must meet all of the relevant eligibility requirements.
- **BG** means British Gymnastics
- **BGF** means British Gymnastics Foundation
- **Championships** means any British Championship organised by or on behalf of BG.
- **Choreographers** will create and develop new routines.
- **CJP** – means Chair of Judging Panel
- **Code** means the Code of Points used for the competition, from which technical information and regulations are taken.
- **CPSU** means Child Protection in Sport Unit
- **Criminal Record Certificate** means DBS (previously CRB) Access NI Eligibility or PVG
- **DJ-** means Difficulty Judge
- **Event** means any national competition and championships organised by or on behalf of BG.
- **FIG** means Federation Internationale de Gymnastique
- **GEL** means Gymnastics Enterprise Ltd
- **IDP** means International Development Pathway
- **Lead Coach** – The coach taking overall responsibility for all the gymnasts from their club/region. The Lead Coach must be present in the venue throughout the event to take responsibility for their coaches and gymnasts. The Lead Coach must possess sufficient qualification to cover all the skills that any of their gymnasts will be performing within the competition.
- **NDP** means National Development Plan
- **Officials** are people recruited to assist with the delivery of the overall event i.e Floor Manager, Ceremonies Manager, Spectator Tickets Manager
- **Organiser** means the Acrobatic Gymnastics National Competition Organiser (NCO) or their designated representative, who is authorised by, or on behalf of BG
- **SJ** – means Superior Jury
- **Coach(es)** are those coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Any changes to the Coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to coaches will only be permitted where the replacement coach meets all of the relevant Eligibility requirements
- **TC** means the Acrobatic Gymnastics Technical Committee of BG and/or any Technical Committees appointed from time to time acting with the appropriate delegated authority.
- **Unattached** means gymnasts who are not members of a BG registered club but hold appropriate BG membership.
-  means it is a [hyperlink](#) to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current FIG rules apply. However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

Contact Information

Technical Committee

Chairman	Melanie Sanders	melanie.sanders@british-gymnastics.org
National Competition Organiser	Sandra Sargeant	acrobatic.competitions@british-gymnastics.org
National Judging Co-ordinator	Andy Farley	
Disability Representative	Judith Wootton	
Coach Education Representative	Ian Said	
Communications Officer	Caroline Hodgson	
Judging Liaison Officer	Dawn Mitchell	

British Gymnastics Contact Details

Customer Support	0345 1297129 ext. 2395	customersupport@british-gymnastics.org
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National Competition Calendar

Event & Date	Opening Date	Closing Date	Venue
<u>NDP Finals including Disability Acro</u> 18 th – 19 th May	22 nd February	Noon 5 th April	Fenton Manor, Stoke on Trent.
<u>British Championships</u> 25 th – 28 th July	3 rd May	Noon 14 th June	M&S Bank Arena, Liverpool
 <u>Pat Wade Classic</u> This event has been moved to 15 th - 16 th February 2020			

For a complete domestic and international calendar of events please follow link

Eligibility

Membership

All persons attending BG events in an official capacity, whether as a gymnast, coach, judge are required to hold current BG membership in line with the level of competition entered and awards held.

Coaches, Judges and Gymnasts should carry current membership cards to all competitions and be prepared for these to be checked by the Organiser or their appointed officials.

- **Gymnasts**

Membership level must be Competitive Gymnast, Coach or Life Members of BG in order to enter a BG Event.

In normal circumstances, gymnasts should also be a member of a BG registered club.

In exceptional cases, where a gymnast does not belong to a BG registered club they must contact the Events Department and request entry into the Event. If granted such gymnasts will be given the classification as being Unattached. In such circumstances the gymnasts must nominate a coach and must also meet all other membership requirements.

For all Grades competitions, gymnasts must hold current BG membership at the time of Regional Preliminaries. Anyone discovered to have been without the correct level of membership for these competitions will be disqualified.

- **Lead Coaches**

Lead coaches' membership level must be Coach or Life Members of BG and coaches must be qualified to the level of the skills being performed by all Gymnasts in the club/Region before being allowed to participate in a BG Event. Coaches must have current safeguarding and DBS certificates, please see Safeguarding section. The lead coach may authorise other coaches from their club/region to coach skills at a maximum of one level higher than that coaches' qualification but has responsibility for insuring that they are competent to do so. For further information on the changes introduced this year for Lead and Supervising coaches, please click [here](#)

- **Coaches**

Coaches' membership level must be Coach or Life Members of BG and coaches must be qualified to a minimum of level 2. Coaches must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Supervised Coaches**

With the explicit authorisation of the lead coach, supervised coaches may coach skills at the maximum of 1 level higher than their current qualification before being allowed to participate in a BG Event, in this instance the supervised coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified. For further information on the changes introduced this year for Lead and Supervising coaches, please click [here](#)

- **Assisting Coaches**

Assisting coaches' Membership level must be Assistant Coach (if Level 1), Coach or Life Members of BG before being allowed to participate in a BG Event. Assisting coaches must have current safeguarding and DBS certificates, please see Safeguarding section. Assisting Coaches cannot be responsible for the Gymnasts.

- **Choreographer**

Choreographers' Membership level must be Competitive Gymnast, Assistance Coach (if Level 1), Coach or Life Members of BG before being allowed to participate in a BG Event. Assisting coaches must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Judges**

Judges' membership level must be Judge or Life Members of BG for Club/County/Regional Judges, and National/Brevet Judge or Life Members of BG for National and Brevet Judges before being allowed to officiate at a BG Event.

From time to time British Gymnastics may invite international judges to officiate at BG events, as such they will not require BG membership.

Judges must also hold a current cycle of judging award (Cycle 14)

BG does not require judges to complete a criminal record check to judge at BG competitions, as the role that judges fulfil at the event no longer falls within DBS or Access NI Eligibility*. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. BG no longer requires all judges to complete safeguarding training but clubs should ensure any judge who supervise or instruct children has completed appropriate training.

* Judges who hold Scottish Gymnastics membership should refer to [Scottish Gymnastics](#) for further guidance as to whether a check is required.

For further information on membership levels please visit the [British Gymnastics website](#).

Coach Qualifications

When submitting entries for a BG event, clubs/region must ensure that where applicable, the nominated Lead Coach is qualified to the level of performance of all the participants from their club/region. Coaches must be a minimum of level 2. With the explicit authorisation of the Lead Coach, Supervised Coaches may coach skills at the maximum of 1 level higher than their current qualification. If coaching at one level higher than their current qualification, coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified.

All coaches entered into the event entry MUST be the same ones attending the event. It is unacceptable to enter a coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their club/region and that of the Supervised Coaches, Assistant Coaches, Choreographers.

Lead Coaches have a duty of care towards their performers and have responsibility to ensure that all of the Coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

If it is found that a club is in breach of these policies BG reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

Safeguarding

All Coaches are required to hold a current BG specific DBS certificate, or Home Nation equivalent, and have current Safeguarding and Protecting Children Awareness training at the time of the event. Coaches who do not fulfil this requirement will not be accredited or allowed to participate at BG Events.

All Gymnasts must have an accredited coach present on the competition floor at all times. If a Gymnast attends a competition without a Coach they will not be allowed to compete.

The safeguarding courses recognised by British Gymnastics are:

Sports Coach UK (scUK) Safeguarding Awareness course.
Local Safeguarding Children's Board (LSCB)
Football Association (FA) safeguarding training
Professional prior learning i.e. Social Worker, Teacher etc.

This must be renewed every three years and be valid both at the time of entry and through to the end of the Event. Coaches are responsible for checking the expiry date of their safeguarding and ensuring they have sufficient time to renew their award prior to the closing date of the event.

For members who have previously completed a face to face course an online refresher update course is available. Coaches must also have a valid Criminal Records Certificate both at the time of entry and through to the end of the Event before being allowed to officiate at a BG Event.

Nationality

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

British Championships:

Only those in possession of a valid United Kingdom passport (and do not hold a FIG licence for another member federation) are eligible to be ranked in the official Competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official Competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in Competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG statute. They will receive score(s) but will not receive a ranking in the official Competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold an FIG License registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official Competition results.

Other British Gymnastics Events:

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes.

Those gymnasts who are not in possession of a valid United Kingdom passport must have been a member of British Gymnastics for at least one year prior to the date of the Competition in order to be eligible to take part. During this period the gymnast's sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in British Gymnastics Events. The Technical Committee with approval from the Performance Director will have the discretion to determine whether their scores will contribute towards the official Competition results.

Disclosure

It is the responsibility of the person making the Competition entry to ensure that all of the gymnasts have declared their nationality within Gymnet online membership portal.

Policy for the Participation of Trans People in Gymnastics Competition

For information on Transgender, please refer to the British Gymnastics Transgender Policy which can be found [here](#)

Competition Entries

Entry Process

Entry to all National BG Events are Online only. Complete instructions for adding an entry via the GymNet online Entry Portal are available to download from the [BG website](#).

All entries must be fully submitted electronically to BG by the stipulated closing date and time.

Prior to the event, an entry may only be amended by the person making the original entry.

Guests

If a gymnast wishes to compete as a guest (see Nationality section above for details of guest gymnasts) at a British Gymnastics event the club/coach should contact the events department in the first instance before the closing date. Guest gymnasts will be placed on a waiting list. Following the competition closing date a decision will be made between the Technical Committee, the Events Department and the Performance Department as to whether the entry can be accepted. If the entry is accepted the entry fee will then become payable and entered into the club basket.

Disability Gymnastics

Disability Gymnastics is designed to provide competition and development for people whose disability or impairment restricts their mainstream competitive opportunities.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition.

All clubs and coaches must inform the British Gymnastics Events Team of any gymnasts which have medical conditions that require special consideration at BG events. This information should be shared with the BG Events Team at the point of competition entry and will enable the BG events team to make the necessary adjustments where possible to cater for the additional needs of each gymnast.

Gymnasts will be required to provide proof of Disability at least six weeks before the event. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the [Disability Classification Pack](#).

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

Methods of Payment

Payment can be made by Debit Card, Credit Card or BACS payment. BACS payment however may slow the entry process. Payments should be received by BG within 48 hours of the entry being submitted.

Entry fees are non-refundable after the closing date.

Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including partnerships and groups). For team late entries the fee will be double (including clubs and regions.) However, the late entry payments will be capped at £1000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team will be capped at £1000).

Late entries must be made in writing to the BG Events department and will then be referred to the Organiser for consideration. The Organiser and BG Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

For NDP Grades Finals, if a Region wishes to make a substitution (due to the withdrawal of a previous regional entry) of a Pair/Group, they can only do so up to one week before the event, in writing to the BG Events Department after the entry is closed. Proof of qualification of the substitute must also be provided if applicable, at the time of the request. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme.

Where it is necessary to substitute a coach the club must inform the BG Events Department, so the coach can be checked for membership, awards and safeguarding, before they can be accredited for the Event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current BG membership card and a current BG specific Criminal Records Check certificate.

Where there are specific rules and/or processes please refer to the specific event page.

Non-Participation Fee

By entering a gymnast (individual/partnership/group) or a team (team events) into an event, the enterer accepts that, should any gymnast or team fail to register to compete by the end of registration for a competition, the appropriate fee for non-participation will be added to the club basket or in the case of regional entries, basket of the person making that entry.

Fees will be charged as follows:

£25 – Individual / Pair

£50 – Trio / Group / Team

Should a gymnast be withdrawn, for whatever reason, the club or coach must inform the Competition Organiser and Events Department in writing via email up to the close of registration for the relevant session. Email addresses are listed in the Contact Information on page 6 of this Competition Handbook. Withdrawals will only be accepted via email.

Failure to inform the Events Team and Competition Organiser as laid out above will result in the non-participation fee being charged.

General Regulations

Coaches' must make adequate provision for the "supervision" of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

Registration

Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by BG.

Specific registration processes where appropriate can be found in the event work plan.

Order of Performance

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the TC reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

Music

All music for competition routines must be uploaded onto the GymNet portal at the latest one week before the competition date (see event page for specific time and date).

Instructions for submitting music electronically may be found within [the online entry guide](#)

Late Music Submission

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. This fee will be added to your club basket. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

Music Licensing

All music used in competition routines must conform to the relevant licensing requirements. Details may be found at the following link.

Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL website to confirm the track is included within their repertoire.

To check tracks go to <http://www.ppluk.com/> scroll to the bottom of the page and click on 'PPL Repertoire Search' enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber or Cirque du Soleil to use the track and pay the relevant licensing fees.

Access to Warm Up Hall

Access to the warm up hall will be limited to the appropriate number of Coaches and Choreographers as defined in the specific details section for each Event. On arrival, coaches will need to register and collect their accreditation from registration. In the case of events spanning more than one day, accreditation will be issued for each day. At larger national events the FIG/UEG recognised accreditation system will apply.

Abuse of accreditation may result in disciplinary action being taken by BG.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place.

Food and Drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

Babies and Young Children

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

Medical Provision

Anyone requiring First Aid assistance should speak to either the Competition Organiser or BG medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all BG Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Organiser, based upon the recommendation of the BG appointed medical officer as to the gymnast's health and medical status and their ability to compete at the Event is absolute and final.

Medal Ceremonies

Except in exceptional circumstances, gymnasts who win a medal at a BG Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person. Medals will only be distributed at events not by post. Attire for medal ceremonies is according to FIG rules for World Championships and UEG rules.

Tenure of Trophies

All perpetual trophies remain the property of BG.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either; -

- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the BG offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

Privacy

British Gymnastics Privacy Notice

At many events, British Gymnastics may produce event merchandise (eg event tshirts). These may include the names and/or clubs of the gymnasts taking part.

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with Performance staff and the Technical Committee in order to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores, results and “Judgecam” videos from British Gymnastics events, where BG Score is present will be made available in the BG Score App and also published on the BG website in the specific event page.

Video, Film and Photography

If you agree for your club to enter you into a BG competition, we will use your personal information to confirm you have been entered into the correct category and to enable you to participate in the event. All BG competitions are large events where filming and photography by BG accredited photographers and the media will be taking place. In some cases, the events will be videoed and/or live streamed by BG TV. Images taken at our events may be used by BG, BGF and GEL for the purposes of promotion, education and development of the sport. They may also be shared with relevant third parties organisations for journalistic/promotional purposes. The results of BG competitions are published and videos of routines performed by participating gymnasts are made available for viewing by BG members.

Any gymnast or parent who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event Organiser. Although it is not always practical to manage the content of live streamed footage, we will ensure any identifiable images of the participant are not published.

Any person wishing to use video, film or take photographs must abide by the [BG Photography at Gymnastics Events policy](#)

. Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites. Clubs may publish some photos but this may only be done in accordance with [BG Safeguarding & Protecting Children Policy](#)

Flash may not be used at any time while gymnasts are warming up or competing.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the BG appointed Welfare Officer at the event.

Health & Safety

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration. All BG policies and procedures will be rigorously applied with regards to health, safety, welfare and Safeguarding & Protecting Children.

Overnight Stays

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be BG recognised Safeguarding and Protecting Children Awareness training or Home Country equivalent.

For **Overnight Trips** the appropriate form needs to be completed in full and sent to British Gymnastics **at least** four weeks prior to travel so we can get your trip approved and endorsed by our insurers. Failure to inform British Gymnastics of **any** overnight stays may invalidate your insurance.

Please note that the BG Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance.

Drug Free Sport

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the [BG policy](#)

Terms & Conditions of Entry to All Competitions

In addition to BG General Rules & Regulations -

- All entrants agree to be treated by BG appointed medical staff only and be bound by the decision of BG medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry, you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. BG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication.
- You agree to abide by the BG Photography at Gymnastics events policy.
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.

Acrobatic Technical Information

Code of Conduct

British Gymnastics National Technical Committee Code of Conduct.

Acrobatic Judges Code of Conduct.

BG, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, judge, competitor or team at any time, if they do not comply with BG regulations.

Grade/Level

Gymnasts may only compete in ONE grade/level per competition year for NDP & IDP. Gymnasts can compete at British Championships at one level and then move up a level at Pat Wade Classic in the same year.

Regional Representation

Gymnasts may only represent the Region in which their club is affiliated.

Gymnasts may only represent one Region/Club at any one time within any one discipline.

Exceptional circumstances will be considered following written application to the TC.

Where regional entries are made, gymnasts and coaches must be selected according to the rules and will represent their region not club. They must wear the regional uniform, no club logos are allowed.

Where regional entries provide a pathway to national events coaches must be qualified according to the rules laid out in pages 8 & 9 of the national Competition Handbook.

Qualification from Regional Events to National Finals

Gymnasts attempting to qualify for national finals through a regional qualifying competition must attend the competition held in their own region and have one opportunity to qualify.

Extenuating circumstances will be considered following written application to the TC before any attempt to qualify.

Age policy

Gymnasts' ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National BG Events is 9 in the year of competition.

To view further information on age, participation and competition please view the [Health & Safety Guidance: Coaching](#)

[Practice document](#) (available within the Resource Library on GymNet).

Year Born Eligibility for Acrobatic Gymnastics National Competitions 2019					
British Championships	Year of Birth	NDP Finals	Year of Birth	Pat Wade Classic	Year of Birth
AG 11 - 16	2003 – 2008	Grade 1 Pairs	2008 – 2010	AG 10 - 16	2003 – 2009
AG 12 - 18	2001 - 2007	Grade 2 Pairs	2007 – 2010	AG 11 - 18	2001 - 2008
AG 13 - 19	2000 - 2006	Grade 2 Groups	2007 – 2010	AG 12 - 19	2000 - 2007
Senior (15yrs +)	2004 or earlier	Grade 3	2005 – 2010	Senior (14yrs +)	2005 or earlier
		Grade 4	2010 or earlier	No more than 7yrs between the partnership	
		Youth	2003-2010	No more than 5yrs between the partnership	
		Grade 5	2010 or earlier	No more than 7yrs between the partnership	
		IDP	2010 or earlier	No more than 9yrs between the partnership	
		Disability Acro			
		Grade 1 Pairs	2010 or earlier		
		Grade 2 Pairs	2010 or earlier		
		Grade 2 Groups	2010 or earlier		
		Grade 3 Pairs	2010 or earlier		
		Grade 4 Pairs	2010 or earlier		

- Grade 1 (Pairs competitions only) – Age capped at 11 years
- Grade 2 (Pairs competitions only) – Age capped at 12 years
- Grade 2 (3 girls or 3 boys or mens 4 partnership) – Age capped at 12 years
- Grade 3 – No more than 5 years age difference in partnership – Age capped at 14 years
- Grade 4 – No more than 7 years age difference in partnership
- Youth – No more than 5 years age difference in partnership
- Grade 5 – No more than 7 years age difference in partnership
- IDP – No more than 9 years age difference in partnership

Disability Acro

All gymnasts must be a minimum of 9 years of age in year of competition.

- Grades 1 – 4 (Pairs competitions only)
- Grade 2 (Groups competition) 3 girls or 3 boys group but at least 50% of the partnership must be disabled
- All grades (pairs: minimum of one (1) disabled gymnast)
- Grade 2 Groups a minimum of two (2) disabled gymnasts)

Competition Attire

Gymnasts

It must be gymnastic in character and design. Attire must be elegant and complement the artistry of an exercise. It should not divert attention from the performance of the gymnasts nor require adjustment during an exercise.

- Partners must wear identical or complementary attire.
- Women and girls may perform in leotards, one-piece unitards or leotards with skirts. Tights are allowed. Leotards may be with or without sleeves, but dance style leotards with narrow straps are not allowed.
- The wearing of skirts at Grades 1-5 is not allowed.
- Skirts must cover, but not fall further than the pelvic area of the leotard, tights or unitard
- The style of the skirt (cut or decoration) is free, but the skirt must always fall back on the hips of the gymnast.
- The look of “ballet tutu” and “island grass” skirt and “dress style” is forbidden.
- The skirt must be integrated into the leotard (It may not be removable).

- The removal of leotards on the field of play is not allowed.
- Men and boys may compete in leotards or shirts with gymnastic shorts or long gymnastic trousers. One-piece suits/unitards are allowed.
- Dark colour legs of trousers, unitards or tights are allowed only if the whole length of colour on the legs is broken significantly from the hip to the ankle by light coloured decoration or pattern. The length and type of the fabric covering the legs must be identical on both legs. Only the decoration may be different.
- Competitors may perform with or without footwear which must be flesh colour or white, clean and in good repair. For men, when they wear trousers, footwear (gym shoes, white socks) must be worn
- For safety reasons, loose clothing, raised attachments and accessories are not allowed. All attire for men and women must be close fitting to allow the judges to properly evaluate body lines.
- All attire must be modest including the use of proper undergarments. The cut of the leg of leotards must not go above the iliac crest (hipbone). The neckline must be no further down than half the sternum in the front, or below the lower line of the shoulder blades in the back. Lace and transparent material on the torso must be fully lined.
- Provocative, swimsuit, character outfits and photographs in the design are forbidden.
- Competitors may perform with or without footwear, which must be flesh colour or white, clean and in good repair. For men, when wearing trousers, footwear (gym shoes or socks) must be worn.
- Advertising on attire must adhere to FIG rules
- The wearing of GBR or Home Nations attire at BG Events is strictly forbidden. However, where individuals or partnerships have been selected for GBR and awarded their colours (GBR flag), this may be worn on the gymnast's leotard at domestic events provided it conforms with FIG attire regulations.
- The removal of leotards in the field of play is forbidden

Accessories and Aids

- Sequins, stones, cummerbunds, and lace must be either integrated into the fabric of the competition attire or attached securely, but any injury occurring as a consequence is the responsibility of the coach and athlete.
- Hair clips, slides, bands and ribbons, if worn, must be secure. Character hair accessories (e.g. tiaras, feathers and flowers) are not allowed.
- Face painting is not allowed; any make-up must be modest and not portray a theatrical character (animal or human).
- Equipment, such as belts or head-rolls to aid execution of elements, is not allowed. Taping and support bandages must be of neutral colour. Any exceptional support, such as a knee brace that is not of neutral colour, may be worn without penalty if the club makes application to the Technical Committee prior to the start of the competition, for special permission.
- Jewellery is as per the **[BG Body Piercing and Adornments policy](#)**.
- For further details, please see **[FIG Code](#)**

Coaches

- Coaches must wear a tracksuit with long tracksuit bottoms or full length tracksuit bottoms with a collared polo shirt or club/regional t-shirt and appropriate gym/training shoes.
- Coaches at Regional finals must wear Regional kit (No Club logos allowed)
- Long hair should be braided or tied back so as not to obscure vision.
- Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per **[BG Body Piercing and Adornments policy](#)**.

Non compliance may result in removal of the coach and consequently, for Health and Safety reasons, their gymnast from the competition.

Judges

- Black jacket with black skirt (women) or full length trousers (men and women), white shirt or sweater (men and women) or blouse (women).
- CJP will wear light blue shirt, sweater or blouse, tie (men) or scarf (women), black shoes (not sandals) or clean track shoes if required by organisers. Heels which will damage gymnastic floor covering must be avoided.
- Hair must be neat and not inhibit vision.
- Jewellery, if worn, must be professional in appearance.

Requests can be made to adopt reasonable clothing modifications at any BG competition. All requests must be on the official **[BG Clothing Modification Request Form](#)** and submitted with the competition entry at least four weeks before the

competition closing date, to allow sufficient time for full consideration of the application and any possible health and safety implications.

For competitors, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the main arena during the event. Such mobile devices may only be used for monitoring scores and results, where the BG Score App is in operation.

Competition Apparatus

Unless otherwise stated, the equipment at Acrobatic TC competitions will be to current FIG specifications: Only apparatus supplied at the request of the Acrobatic TC may be used at national events.

Height Deductions

All height measurements will be in accordance with the FIG measuring protocol. A member of the National TC will be present at the time of measurement

- NDP (all Levels): 0.10 – 0.30
- Disability NDP: Height deductions are not applicable to any level of Disability Acrobatics.
- IDP : 0.10 – 0.30
- Age Group: 11-16yrs: 0.10 – 0.30
- Age Group:12-18 yrs: 0.30 – 0.50
- Age Group 13-19yrs: 0.50 – 1.00
- Senior: 0.50 – 1.00

All partnerships must report for measuring at the times published in the Work Plan or Competition Schedule. Failure to attend measuring will result in non-performance. Gymnasts may not compete if they have not been height checked.

Inquiries

Official inquiry forms are available from the Organiser and must be completed and returned, as soon as possible after the publication of the scores. Inquiry forms will be published in each Event Work Plan.

A coach may only request an inquiry on the Difficulty Score, in accordance with the FIG Code of Points.

In the interests of justice, if the Difficulty Score does not appear to correlate with what was performed, or there is an arithmetical error in the calculation of the Difficulty Value, conversion to the Difficulty Score or in the calculation of the Final Score, an appeal may be made for review to the Superior Jury.

The DJ penalty score may need to be reconsidered if there is a change in the Difficulty Score after the inquiry.

Inquiries can be made only for the Club/Region's own competitors.

No inquiries can be made against Execution or Artistic Scores, time faults or other penalties.

On publication of the Difficulty Score, any inquiry for investigation is made at the very latest before the end of the next exercise that follows the release of a score. The Coach for the Club/Region of the competing gymnasts places the inquiry form with the Chair of the Superior Jury or designated person.

An inquiry form must be delivered without verbal exchange.

The written request for inquiry must be delivered within 4 minutes after the placement of an appeal form, otherwise the appeal becomes obsolete.

The placement of an inquiry form becomes a contract to pay the appropriate fee.

The President of the Superior Jury (or delegate) will immediately notify the SJ Difficulty Experts and the CJP of the panel concerned of the inquiry. The CJP immediately requests the DJs to review the Difficulty Score.

If a resolution cannot be made before the start time of the next competitors' exercise, the calculated Score will be listed as 'provisional' and will be considered at the end of the round of competition and before any award ceremony.

If the inquiry is rejected, the fee will be put into the appropriate club basket for immediate payment.

The TC cannot accept any photographic analysis at an event unless an official video replay system is available and could be referred to by the Superior Jury or the Chair of the Judging Panel for the benefit of every competitor.

The Coach for the Club/Region of the competing gymnasts places the appeal form with the President of the Superior Jury or designated person.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.

This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned, if the inquiry was not upheld.

Musical Accompaniment

All exercises are performed to music. The voice may be used as an instrument and meaningless words are allowed.

FIG Levels & IDP only

Music and lyrics (words) may be used in **one exercise** with respect to the FIG code of ethics. Inappropriate lyrics (i.e. sexual, offensive, aggressive, violence.) are forbidden.

The coach must highlight which exercise is used with words and write it on the tariff sheet

A penalty of 0.5 is taken by the CJP for music infringements (when more than one exercise with lyrics is performed and/or when it is not declared on the tariff sheet)

At all NDP levels & IPD, FIG Age Groups & Senior:

The **first note** of the music indicates the beginning of the time of the exercise. The first move made by one or more competitors from the start position is considered as the "start" of an exercise. The end of an exercise is the **static position** of partners, which must coincide with the end of the music.

Coaches should carry a backup copy of all music files (contained within a USB storage/flash drive) which would be used in the event of any technical issues with the music submitted. Each track on the USB drive must be in MP3 format and clearly labelled with the following format: Gymnast Names – Club – Age Group–Routine

Length of Exercises

- NDP Grades 1, 2, 3, 4, & 5 – All exercises have a maximum duration of 2 minutes, there is no minimum duration.
- At Disability Acro – All exercises have a maximum duration of 2 minutes 30 seconds, there is no minimum duration.
- At Youth level – All exercises have a maximum duration of 2 minutes, there is no minimum duration.
- At IDP – The Balance exercise has a maximum duration of 2 minutes 30 seconds and the Dynamic exercise has a maximum duration of 2 minutes, there is no minimum duration for either exercise
- Age Group: 11-16 yrs – All exercises have a maximum duration of 2 minutes, there is no minimum duration.
- Senior, 13-19, 12-18 – Balance and Combined exercises have a maximum duration of 2 minutes 30 seconds, there is no minimum duration
- Senior, 13-19, 12-18 – Dynamic maximum duration of 2 minutes, there is no minimum duration

Partnerships

- Gymnasts are permitted to compete in only one (1) discipline and one (1) partnership per event.
- This applies to all events with the exception to this being non-disabled gymnasts who compete in a disabled partnership. These individuals are able to compete in one disabled discipline and one non-disabled discipline within the same event. The two disciplines do not need to be the same.

- The partnership rules apply to all competitors entering the National British Gymnastics Acrobatic Events i.e., NDP finals, British Championships and The Pat Wade Classic.
- Gymnasts must choose whether to enter the NDP Preliminaries or The British Championships/Pat Wade Classic, they cannot enter both in the same year in the same partnership with the exception of -NDP where the same partnership can enter both the NDP and the British Championships in the same year.
- However if a score of 25 or more is achieved at the British Championships then the same partnership cannot compete in the NDP Prelims the following year.
- Gymnasts who have previously competed are not permitted to compete at a lower level within the same partnership irrespective of the pathway. A partnership is defined by all members of the pair or group remaining the same.
- Partnerships may repeat the same level in the same partnership in consecutive years.
- Gymnasts who have two (2) routines (Balance and Dynamic) must complete both routines at their Regional Preliminaries to qualify for National Finals.
- An individual may compete for only one region within the NDP annual cycle unless they transfer clubs to a new region. Gymnasts who wish to transfer clubs must contact Customer Support at British Gymnastics to update their membership record.
- Pairs or Groups who have competed in World Championships, World Cup or World Games or as Seniors in a Continental Championship may not compete in Age Group Competitions. Individuals who have competed as Seniors, but are in newly formed age group pairs or groups are eligible. Pairs or Groups who have competed in the 12-18 or 13-19 age groups in any FIG approved competition, including Continental Championships, may not compete in the 11-16 age group. However individuals in newly formed 11-16 pairs or groups are eligible to compete in the 11-16 age group.
E.g. If you enter the British Championships as Seniors, you cannot drop down to compete in an age group category or drop down from one age group to another age group in a selection Event.
NB. In addition to the above; the same rule/s and principle apply to British Competitions and Selection events. A waiver may be granted if a written agreement is in place endorsed by both the National Coach and the Acrobatic Technical Committee.

Tariff Sheets

It is the coach's responsibility to ensure that the Tariff Sheets are completed correctly.

All elements to be performed must be included on the tariff sheet in the order of performance. If the declared elements are performed out of order, then the penalty will be applied (only once per exercise)

N.B. It is no longer acceptable to use hand-drawn tariff sheets.

A tariff sheet template is available for both NDP & FIG levels from the downloads section on the [BG website](#). Please ensure that each tariff sheet for each routine is saved as an individual PDF file and titled using the exact naming convention:

- Routine number, Gymnasts names, Category and Routine. Example, 110 – Smith & Smith – 11-16 WP - Balance

At Youth, NDP Grades 5 and IDP level, tariff sheets are to be submitted as a PDF and emailed to the the nominated Difficulty Judge [DJ] and at the same time a copy to Andy Farley. Closing date for tariff sheets is two [2] weeks before the competition date. The DJ contact list will be emailed to clubs once confirmed.

NDP Grades 4, 3, 2 & 1, together with Disability Acrobatic gymnastics, all tariff sheets must be a PDF and require five (5) copies of each tariff sheet to be handed in on the day of the competition at registration, the desk will be signposted.

All FIG and Age Group exercises, together with Youth including IDP and Grade 5 require one (1) copy of each tariff sheet to be emailed to the nominated Difficulty Judge (DJ) and at the same time a copy to Andy Farley, two (2) weeks before the competition, to be checked and collated prior to the commencement of the competition. The DJ contact list will be emailed to clubs once confirmed.

At FIG Levels, Youth, IDP and Grade 5: failure to comply with the regulations relating to tariff sheets will incur a financial penalty of £50.00 for each tariff sheet and any not received by the “start or end of time” at podium training will also incur a 0.30 penalty per Tariff Sheet and will be unchecked. Late, incorrect or illegible tariff sheets will be returned and a financial penalty applied. This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned.

Clearly indicate on the tariff sheet the competitor number, names of the gymnasts, their club, their discipline and their level of entry. (Email address for contact & telephone number and times when available to take calls).

Coaches must send their tariff sheets as an email attachment, in a PDF format using the official tariff sheet. Please use the “return receipt” facility on your computer to make sure that the DJ has received and opened the attachment.

At Senior, Age Groups 13-19 & 12-18 and 11-16 years & IDP, coaches must remember to indicate on the tariff sheet which routine has “words” in the music.

Changes to tariff sheets can be made and will be accepted up to the end of podium training for all events providing that the coach brings five (5) copies of the amended tariff sheets and pays the financial fine of £20.00 per tariff sheet.

Changes requested after podium training without support of a medical professional will incur a late tariff sheet penalty. This rule applies to Youth, Grade 5, IDP and Age Groups, Junior, Senior Out of Age events only.

On the day of competition tariff sheets will not be available to the coach, so no change of order can be made without penalty.

In the case of injury in the warm-up hall, the coach has the right to make an amendment on the competition day, up to 30 minutes before gymnasts are due to compete. The injury must be assessed by the competition doctor or physiotherapist.

Any such change must be communicated to the Organiser, who will inform the DJ.

In keeping with the established practice in Acrobatic Gymnastics, the CJP/DJ checking the tariff sheets will contact the coach if he/she discovers any aspect which affects the value of the exercise. Coaches should contact local Brevet Judges for advice and clarification if they are unclear of values and content of routines.

Tariff sheets in a hard copy cannot be handed in on the day of competition including the day before during podium training.

Competitors may not compete without a tariff sheet.

Rules for Tie Break

These tie-breaking rules define how to determine which gymnast should prevail in case of equality of points in Qualification and Finals

NDP Finals:

Tie Breaking in the Final:

NDP Grades 1-4 & Youth Combined exercise only

NDP Grade 5 & IDP

- The highest E-score of the Balance/Dynamic exercise prevails.
- The highest sum of the E and A scores of the balance/Dynamic exercise prevails
- If there is still a tie, the tie will not be broken
- The above rules apply to the Team Event also.

Age Group 11-16:

Tie Break from Qualifications into Finals:

- The highest sum of the E Scores of the Balance plus Dynamic routines
- The highest sum of the E+A Scores of the Balance plus Dynamic routines

Tie Breaking in the Final:

- The highest E-Score of the routine (whether it be Balance, Dynamic or Combined depending on category)
- The highest sum of the E and A scores of the routine

Age Group 12-18 & 13-19:

Tie Break from Qualifications into Finals:

- The highest sum of the E Scores of the Balance plus Dynamic routines
- The highest sum of the E+A Scores of the Balance plus Dynamic routines

Finals:

In case of a tie in points at any place in the Finals, the ranking will be determined by the following criteria:

- The highest E-Score of the routine (whether it be Balance, Dynamic or Combined depending on category)
- The highest sum of the E and A scores of the routine

Senior:

Principle valid for all competitions - qualifications

In case of a tie in points at any place in Qualification, the ranking will be determined by the following criteria:

- The highest sum of the E Scores of the Balance plus Dynamic routines
- The highest sum of the E+A Scores of the Balance plus Dynamic routines

Principle valid for all competitions - finals

In case of a tie in points at any place in Finals, the ranking will be determined by the following criteria:

- The highest E-Score of the routine (whether it be Balance, Dynamic or Combined depending on category)
- The highest sum of the E and A scores of the routine

NDP, Youth & IDP Finals & Disability Acro Finals

Date:	18 th – 19 th May
Venue:	Fenton Manor Sports Complex, Victoria Road, Fenton Stoke on Trent ST4 2RR
Opening date:	22 nd February
Closing date:	5 th April Noon
Music entry closing date	10 th May Noon
Entry Fee:	£42.00 per gymnast and £335.00 per region
Code:	NDP 9 Plan in conjunction with FIG Code of Points
Eligibility:	

- Entry is through Regional qualifiers, the first placed Pair or Group that meet the age criteria in each available category will proceed to finals. Gymnasts are permitted to compete in only one (1) discipline and one (1) partnership.

A signed copy of Regional results must be sent to Sandra Sargeant, either by email acrobat.competitions@british-gymnastics.org or by post: 18 Wallington Walk, Billingham, Durham, TS23 3JX

Failure to send results may invalidate the entry. Results will be checked and Regions notified if ineligible gymnasts are identified.

Competition Structure:

Competitions will be offered for Men's Pair, Women's Pair, Mixed Pair, Men's Group and Women's Group at;

- Grade 1 (Pairs competitions only) – Age capped at 11 years
- Grade 2 – Age capped at 12 years. Men's groups minimum 3 and maximum 4 gymnasts, Women's group maximum 3.
- Grade 3 – No more than 5 years age difference in partnership – Age capped at 14 years
- Grade 4 – No more than 7 years age difference in partnership
- Youth – No more than 5 years age difference in partnership
- Grade 5 – No more than 7 years age difference in partnership
- IDP – No more than 9 years age difference in partnership

Disability Acro competitions will be offered for Men's Pair, Women's Pair, Mixed Pair and Groups. Disabled gymnasts are permitted to compete in one pair partnership and one group partnership per Disability competition. Non-disabled gymnasts who compete in a disabled partnership are able to compete in one pair partnership and one group partnership per Disability competition and one non-disabled discipline within the same competition. (50% of the partnership must be disabled)

All gymnasts must be a minimum of 9 years of age in year of competition.

- Grades 1 – 4 WP, MP, MxP (Pairs competitions only)
- Grade 2 (Groups competition) boys or girls - 3 members but at least 50% of the partnership must be disabled
- All grades (pairs: minimum of one (1) disabled gymnast)
- Grade 2 Groups a minimum of two (2) disabled gymnasts)

NDP Team Competition

- Named team to be submitted at the same time as the Regional online entry
- Only teams declared at the time of entry will be eligible
- No additional entry fee
- Maximum entry: 3 x Pairs plus 2 x Groups from any discipline and any grade. The team must consist of at least 1 x pair and 1 x group plus one (1) other.
- The winning team will be declared from the top three (3) scores achieved by the following partnerships: 1 x Pair, 1 x Group plus one [1] other partnership from the 5 originally nominated partnerships.
- In Grade 5 or IDP only, the average mark achieved from the Balance & Dynamic exercises will contribute towards the team score and in Grades 1 - 4 and Youth the mark achieved from the Combined exercise will

count towards the team score. Team score is calculated excluding the difficulty to take account of the different difficulty values for Grades and IDP.

Coach Qualification and Passes:

Competition	Lead Coach Minimum Qualification Required (or equivalent)
Grade 1	UKCC L2 excluding Pre-school + L1 in Acrobatics equivalent qualification
Grade 2	UKCC L2 excluding Pre-school + L1 in Acrobatics equivalent qualification
Grade 3	UKCC L2 or equivalent qualification
Grade 4	UKCC L2 or equivalent qualification
Youth	L3 Technical Modules 1,2, 3 and 4 or equivalent qualification
Grade 5	L3 Technical Modules 1,2, 3 and 4 or equivalent qualification
IDP	L3 Technical Modules 1,2, 3 and 4 or equivalent qualification

Please follow the link to check equivalent levels of qualifications from previous cycles
 For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department.

The lead coach/coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Number of Partnerships	Coaches
1	1
2-5	2
6-8	3
9+	4
1 Additional Coach pass allowed for 4 or more partnerships	

- Only 1 coach allowed into the arena with competing gymnasts. It may not be possible to issue personal coaches passes, dependant on the number of partnerships, coach passes will be issued accordingly.
- Only 1 coach allowed in the Kiss & Cry

The allocation of passes per club will be based on the number of partnerships as per current FIG accreditation rules. A partnership is defined as one Pair or one Group.

Tie Breaks:

NDP Finals:

Tie Breaking in the Final:

NDP Grades 1-4 and Youth Combined exercise only

NDP Grade 5 & IDP

- The highest E-score of the Balance/Dynamic exercise prevails.
- The highest sum of the E and A scores of the balance/Dynamic exercise prevails
- If there is still a tie, the tie will not be broken
- The above rules apply to the Team Event also

Awards:

NDP Grades:

- Gold, Silver and Bronze Medals will be awarded at Grades 1 – 5, Youth & IDP & Disability Grades 1-4 for the winners in the Men's Pair, Women's Pair, Mixed Pair.
- Gold, Silver and Bronze Medals will be awarded to the winners in the Grade 2 Groups
- Gold, Silver and Bronze Medals will be awarded in Grades 1-5, Youth and IDP for Women's Group & Men's Group.

- Medals will only be awarded for a score of 23.00 or more. This applies to all NDP Grades 1 – 5, Youth and IDP categories regardless of the number of entries.
- The exception being the Disability sections where there no requirement for a minimum score regardless of how many entries into a category.
- All competing gymnasts will receive a Participation Certificate.

NDP Team Competition

- Perpetual Trophy and Gold medals for the winning team
- The team awards will take place on the Sunday

Disability Acro

- Perpetual Trophy awarded to the Pair or Group (Judges award)
- Gold, Silver and Bronze Medals will be awarded to Grades 1-4 Pairs & Grade 2 Groups

British Championships

- Date:** 25th – 28th July
- Venue:** M&S Bank Arena, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP
- Opening date:** 3rd May
- Closing date:** 14th June Noon
- Music Entry Closing Date** 19th July Noon
- Entry Fee:** £45.00 per gymnast
- Code:** Senior: **FIG Code of Points and Tables of Difficulty**
Age Groups: FIG Age Group Plan in conjunction with the FIG Code of Points and Tables of Difficulty where applicable.
- Eligibility:** Open entry – Gymnasts may only compete in one (1) discipline.
- Nationality:** Gymnasts of foreign nationality or who hold an FIG license for another member federation, must ensure that their nationality is declared on their membership record in order for them to be identified as guests.

Competition Structure:

Competitions will be offered for Men's Pair, Women's Pair, Mixed Pair, Men's Group and Women's Group at;

- Senior (15 years and over)
- Age Group 13-19 years
- Age Group 12-18 years
- Age Group 11-16 years

Senior, Age Group 13-19yrs and Age Group 12-18yrs will perform 1 x Balance and 1 x Dynamic Exercise. The top 8/6 will go through to the Combined Final. Pairs/groups placed 1-8 after qualification take part. If there are less than 12 in the particular category, only 6 Finalists take part. If there are 30 or more units compete in any one section then the top 10 placed competitors go through to Finals

The Combined Final starts from zero. For Age Groups 13-19yrs and 12-18yrs no more than 6 years age difference between partnerships is allowed.

Age Group 11-16yrs will only perform 1 x Balance and 1 x Dynamic Exercise with the aggregate score declaring the winner. If time permits a Final exercise may be performed.

Senior's should have at least the AG 13-19 Difficulty in all routines

AG13-19 should have at least AG12-18 Difficulty in all routines

Coach Qualification and Passes:

Competition	Lead Coach Minimum Qualification Required (or equivalent)
Age Group 11-16yrs	L3 Technical Modules 1,2, 3 and 4 or equivalent qualification
Age group 12-18yrs	SCC
Age Group 13-19yrs	SCC
Senior 15+	HPC

- Please follow the link to check equivalent levels of qualifications from previous cycles

The lead coach/coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Only 1 coach allowed into the arena with competing gymnasts. The allocation of passes per club will be based on the number of partnerships as per current FIG accreditation rules. A partnership is defined as one Pair or one Group.

Number of Partnerships	Coaches	Choreographers
1	1	1
2-5	2	1
6-8	3	1
9+	4	1
1 Additional Coach pass allowed for 4 or more partnerships		

1 Choreographer pass may be issued to a club on written application to the Competition Organiser at the time of entry. Choreographers must hold the relevant BG Membership, Safeguarding and DBS certificates. Choreographers will be allocated a position on the field of play to observe their gymnasts' routines, they cannot be present in the Kiss and Cry.

- Only one Coach allowed into the 'Kiss & Cry'

Tie Breaks:

- Qualification - All Age Groups and FIG Seniors
 - 1) Highest sum of the E Scores of the Balance plus Dynamic routines
 - 2) Highest sum of the E+A Scores of the Balance plus Dynamic routines
- Finals – All Age Groups and FIG Seniors
 - 1) The highest E-Score of the routine (whether it be Balance, Dynamic or Combined depending on category)
 - 2) The highest sum of the E+A scores of the routine

Awards:

- Gold, Silver and Bronze medals will be awarded in Men's Pair, Women's Pair, Mixed Pair, Men's Group and Women's Group within each age group.
- Medals will only be awarded for a score of 24.00 or more. This applies to Age Groups: 11-16, 12-18, 13-19 and Seniors regardless of the number of the number of entries.
- All competing Gymnasts will receive a Participation Certificate.

The Pat Wade Classic – Rescheduled

Date:	This date has been changed to 15 th -16 th February 2020
Venue:	Fenton Manor Sports Complex, Victoria Road, Fenton Stoke on Trent ST4 2RR
Opening date:	
Closing date:	
Music entry closing date	
Entry Fee:	£45 The cost of entry for the Pat Wade in 2019 will remain the same for competitors whether they were going to compete 1 routine or all three.
Eligibility:	Open entry – Gymnasts may only compete in one (1) partnership and one (1) discipline.

Competition Structure:

Competitions will be offered for Men's Pair, Women's Pair, Mixed Pair, Men's Group and Women's Group at;

- Senior (15 years and over)
- Age Group 13-19 years
- Age Group 12-18 years
- Age Group 11-16 years
- Youth 9-16 years

New competition structure for Age Groups & Senior events 2019:

To give medals for:

- Individual balance routine (Junior and Senior only)
- Individual dynamic routine (Junior and Senior only)
- To allow partnerships to enter only Balance or Dynamic and be eligible for a medal.
- To still have an overall medal which is the sum of all 3 routines (Junior and Senior only).
- To allow gymnasts who only want to do a combined routine to enter but only as guests.
- 11-16 sum of balance and dynamic routine only.
- 12-18 sum of all 3 routines
- Youth category, one Combined Routine. No more than 5yrs age difference between the partnership is allowed.

Senior's should have at least the AG 13-19 Difficulty in all routines

AG 13-19 should have at least AG 12-18 Difficulty in all routines.

Out of Age competitions will also be offered for each of the above at one (1) year below the stated minimum age. Rules and Regulations will be as per the FIG Age Group Plan in conjunction with the FIG CoP, with the exception of the age related categories;

- Youth category must be a minimum of 9 years of age in the year of competition. Youth Rules and Regulations as the NDP9 COP.
- Youth category max age in year of competition 16 years
- Age Groups 13-19yrs and 12-18yrs no more than 6 years age difference between partnerships is allowed.
- Age Group 10-16yrs no more than 5 years age difference between the partnerships is allowed.

Coach Qualification and Passes:

The lead coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Lead Minimum Qualification Required (or equivalent)
Youth 9-16yrs	L3 Technical Modules 1,2, 3 and 4 or equivalent qualification
Age Group 10-16yrs	L3 Technical Modules 1,2, 3 and 4 or equivalent qualification
Age Group 11-18yrs	SCC
Age Group 12-19yrs	SCC
Senior	HPC

Please follow the link to check equivalent levels of qualifications from previous cycles

Number of Partnerships	Coaches	Choreographers
1	1	1
2-5	2	1
6-8	3	1
9+	4	1
1 Additional Coach pass allowed for 4 or more partnerships		

- Only 1 coach allowed into the arena with competing gymnasts. The allocation of passes per club will be based on the number of partnerships as per current FIG accreditation rules. A partnership is defined as one Pair or one Group
- Only one Coach allowed in the 'Kiss & Cry'.

Tie Breaks:

- Ties according to Age Group Plan and FIG Technical Regulations

Awards:

- Gold, Silver and Bronze medals will be awarded in Men's Pair, Women's Pair, Mixed Pair, Men's Group and Women's Group within each age group.
- Medals will only be awarded for a score of 24.00 or more (Execution 7.80 (15.60) + Artistry (7.8) + Difficulty. This applies to Age Groups: 11-16, 12-18, 13-19 and Seniors regardless of the number of the number of entries.
- All competing gymnasts will receive a Participation Certificate.

Appendices

Appendix 1 – Home Countries, English Regions & Island Associations

Home Countries

England
Scotland
Wales
Northern Ireland

Website Address

www.british-gymnastics.org/england
www.scottishgymnastics.org
www.welshgymnastics.org
www.british-gymnastics.org/northern-ireland

English Regions

North
North West
Yorkshire
West Midlands
East Midlands
East
London
South East
South
South West

www.british-gymnastics.org/north
www.nwga.co.uk
www.british-gymnastics.org/yorkshire
www.british-gymnastics.org/west-midlands
www.british-gymnastics.org/east-midlands
www.british-gymnastics.org/east
www.british-gymnastics.org/london
www.british-gymnastics.org/south-east
www.british-gymnastics.org/south
www.british-gymnastics.org/south-west

Island Associations

Isle of Man Gymnastics

www.iomgymnastics.org