Version History

The Acrobatic Gymnastics Technical Committee reserves the right to make amendments to this Handbook.

Notification of a change to the handbook will be communicated through the British Gymnastics website and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;

Version 1.0 Original
V1.1 – 19/03/2020 – Cancelled event update
V2.0 – 05/05/20 – Cancelled event update
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Definition of Terms

- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the supervising coach. Assisting coach(es) must meet all of the relevant eligibility requirements.

- **BG** means British Gymnastics

- **BGF** means British Gymnastics Foundation

- **Chaperone** In exceptional circumstances, chaperones may be permitted to fulfil a pastoral care role. Chaperones under circumstances shall be permitted to coach gymnasts

- **Championships** means any British Championship organised by or on behalf of BG.

- **Choreographers** will create and develop new routines.

- **CJP** – means Chair of Judging Panel

- **Code** means the Code of Points used for the competition, from which technical information and regulations are taken.

- **CPSU** means Child Protection in Sport Unit

- **Criminal Record Certificate** means DBS (previously CRB) Access NI Eligibility or PVG

- **Dj** - means Difficulty Judge

- **Event** means any national competition and championships organised by or on behalf of BG.

- **FIG** means Federation International de Gymnastique

- **GEL** means Gymnastics Enterprise Ltd, trading as British Gymnastics Official Shop

- **IDP** means International Development Pathway

- **Lead Coach** – The coach taking overall responsibility for all the gymnasts from their club/region. The Lead Coach must be present in the venue throughout the event to take responsibility for their coaches and gymnasts. The Lead Coach must possess sufficient qualification to cover all the skills that any of their gymnasts will be performing within the competition.

- **NDP** means National Development Plan

- **Officials** are people recruited to assist with the delivery of the overall event eg. Floor Manager, Ceremonies Manager, Spectator Tickets Manager

- **Organiser** means the Acrobatic Gymnastics National Competition Organiser (NCO) or their designated representative, who is authorised by, or on behalf of BG

- **SJ** – means Superior Jury

- **Coach(es)** are those coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Any changes to the Coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to coaches will only be permitted where the replacement coach meets all of the relevant Eligibility requirements

- **TC** means the Acrobatic Gymnastics Technical Committee of BG and/or any Technical Committees appointed from time to time acting with the appropriate delegated authority.

- **Independent** means gymnasts who are not members of a BG registered club but hold appropriate BG membership.

- ![Hyperlink](image-url) means it is a hyperlink to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current FIG rules apply. However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.
## Contact Information

### Technical Committee

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chairman</td>
<td>Melanie Sanders</td>
<td><a href="mailto:melanie.sanders@british-gymnastics.org">melanie.sanders@british-gymnastics.org</a></td>
</tr>
<tr>
<td>National Competition Organiser</td>
<td>Sandra Sargeant</td>
<td><a href="mailto:acrobatic.competitions@british-gymnastics.org">acrobatic.competitions@british-gymnastics.org</a></td>
</tr>
<tr>
<td>National Judging Co-ordinator</td>
<td>Andy Farley</td>
<td></td>
</tr>
<tr>
<td>Disability Representative</td>
<td>Judith Wootton</td>
<td></td>
</tr>
<tr>
<td>Coach Education Representative</td>
<td>Ian Said</td>
<td></td>
</tr>
<tr>
<td>Communications Officer</td>
<td>Caroline Hodgson</td>
<td></td>
</tr>
<tr>
<td>Judging Liaison Officer</td>
<td>Dawn Mitchell</td>
<td></td>
</tr>
</tbody>
</table>

### British Gymnastics Contact Details

| Customer Support | 0345 1297129 | customersupport@british-gymnastics.org |
## National Competition Calendar

<table>
<thead>
<tr>
<th>Event &amp; Date</th>
<th>Opening Date</th>
<th>Closing Date</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pat Wade Classic</strong></td>
<td>22\textsuperscript{nd} November 2019</td>
<td>Noon 3\textsuperscript{rd} January</td>
<td>Fenton Manor, Stoke on Trent</td>
</tr>
<tr>
<td>15\textsuperscript{th} - 16\textsuperscript{th} February</td>
<td></td>
<td></td>
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</tr>
<tr>
<td><strong>NDP Finals including Disability Acro</strong></td>
<td>21\textsuperscript{st} February</td>
<td>Noon 3\textsuperscript{rd} April</td>
<td>Fenton Manor, Stoke on Trent</td>
</tr>
<tr>
<td>16\textsuperscript{th} – 17\textsuperscript{th} May</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>British Championships</strong></td>
<td>8\textsuperscript{th} May</td>
<td>Noon 19\textsuperscript{th} June</td>
<td>M&amp;S Bank Arena, Liverpool</td>
</tr>
<tr>
<td>30\textsuperscript{th} July – 2\textsuperscript{nd} August</td>
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<td></td>
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</tr>
<tr>
<td><strong>CANCELLED</strong></td>
<td>8\textsuperscript{th} May</td>
<td>Noon 19\textsuperscript{th} June</td>
<td>M&amp;S Bank Arena, Liverpool</td>
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<td>M&amp;S Bank Arena, Liverpool</td>
</tr>
</tbody>
</table>
Eligibility

Membership

All persons attending BG events in an official capacity, whether as a gymnast, coach, judge are required to hold current BG membership in line with the level of competition entered and awards held.

Coaches, Judges and Gymnasts should carry current membership cards to all competitions and be prepared for these to be checked by the Organiser or their appointed officials.

- **Gymnasts**
  Membership level must be Competitive Gymnast, Coach or Life Members of BG in order to enter a BG Event.
  
  In normal circumstances, gymnasts should also be a member of a BG registered club.

  In exceptional cases, where a gymnast does not belong to a BG registered club they must contact the Events Department and request entry into the Event. If granted such gymnasts will be given the classification as being Independent. In such circumstances the gymnasts must nominate a coach and must also meet all other membership requirements.

  For all Grades competitions, gymnasts must hold current BG membership at the time of Regional Preliminaries. Anyone discovered to have been without the correct level of membership for these competitions will be disqualified.

- **Lead Coaches**
  Lead coaches’ membership level must be Coach or Life Members of BG and coaches must be qualified to the level of all the skills being performed by all Gymnasts in the club/Region before being allowed to participate in a BG Event. Coaches must have current safeguarding and DBS certificates, please see Safeguarding section. The lead coach may authorise other coaches from their club/region to coach skills at a maximum of one level higher than that coaches’ qualification but has responsibility for insuring that they are competent to do so. For further information on the changes introduced for Lead and Supervising coaches, please click here.

- **Coaches**
  Coaches’ membership level must be Coach or Life Members of BG and coaches must be qualified to a minimum of level 2. Coaches must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Supervised Coaches**
  With the explicit authorisation of the lead coach, supervised coaches may coach skills at the maximum of 1 level higher than their current qualification before being allowed to participate in a BG Event, in this instance the supervised coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified. To be a supervised Coach you must be a minimum of Level 2. For further information on the changes introduced for Lead and Supervising coaches, please click here.

- **Assisting Coaches**
  Assisting coaches’ Membership level must be Assistant Coach (if Level 1), Coach or Life Members of BG before being allowed to participate in a BG Event. Assisting coaches must have current safeguarding and DBS certificates, please see Safeguarding section. Assisting Coaches cannot be responsible for the Gymnasts.

- **Choreographer**
  Choreographers’ Membership level must be Competitive Gymnast, Assistance Coach (if Level 1), Coach or Life Members of BG before being allowed to participate in a BG Event. Assisting coaches must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Disability Chaperone**
  Chaperones may be permitted to provide pastoral care to gymnasts in certain circumstances. Under no circumstances may a Chaperone coach a gymnast. In the case where a gymnast has a disability, the nature of which indicates that it is deemed necessary to have additional support, they will be entitled to have a carer present with them throughout the competition. The carer will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The carer will be required to sign a code of conduct to ensure they understand the
role they are fulfilling within the event environment. The carer will be required to be dressed appropriately (please refer to the relevant section of the discipline specific code of points) if entering the warm-up hall or field of play.

- **Medical Chaperone**
  In exceptional cases, upon written request, a Chaperone may be approved to provide pastoral care to a gymnast with a medical condition. Written medical verification of the need for the carer (from a GP or other medical practitioner) will be required to be submitted to the Events department at least 1 week prior to start of the event.
  The carer will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The carer will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The carer will be required to be dressed appropriately (please refer to the relevant section of the discipline code of points) if entering the warm-up hall or field of play.

- **Supervising Chaperone**
  The TC may authorise Chaperones to assist with pastoral care for gymnasts. These entitlements, if applicable will be defined in the specific competition pages. In these circumstances the Chaperones must either be qualified as a Level 1 Assistant Coach or be a club/regional Welfare Officer and hold the relevant membership and qualifications, DBS/CRB & SPC for their position(s). Supervising Chaperones will not be permitted to enter the field of play.

- **Judges**
  Judges’ membership level must be Judge or Life Members of BG for Club/County/Regional Judges, and National/Brevet Judge or Life Members of BG for National and Brevet Judges before being allowed to officiate at a BG Event.
  From time to time British Gymnastics may invite international judges to officiate at BG events, as such they will not require BG membership.
  Judges must also hold a current cycle of judging award (Cycle 14)

  BG does not require judges to complete a criminal record check to judge at BG competitions, as the role that judges fulfil at the event no longer falls within DBS or Access NI Eligibility*. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club’s responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. BG no longer requires all judges to complete safeguarding training but clubs should ensure any judge who supervise or instruct children has completed appropriate training.

* Judges who hold Scottish Gymnastics membership should refer to [Scottish Gymnastics](#) for further guidance as to whether a check is required.

For further information on membership levels please visit the [British Gymnastics website](#).

**Coach Qualifications**

When submitting entries for a BG event, clubs/region must ensure that where applicable, the nominated Lead Coach is qualified to the level of performance of all the participants from their club/region. Coaches must be a minimum of level 2. With the explicit authorisation of the Lead Coach, Supervised Coaches may coach skills at the maximum of 1 level higher than their current qualification. If coaching at one level higher than their current qualification, coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified.

All coaches entered into the event entry MUST be the same ones attending the event. It is unacceptable to enter a coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their club/region and that of the Supervised Coaches, Assistant Coaches, Choreographers.

Lead Coaches have a duty of care towards their performers and have responsibility to ensure that all of the Coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.
Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

If it is found that a club is in breach of these policies BG reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

**Safeguarding**

All Coaches; including Lead, Supervised and Assisting, are required to hold a current BG specific DBS certificate, or Home Nation equivalent, and have current Safeguarding and Protecting Children Awareness training at the time of the event. Coaches who do not fulfil this requirement will not be accredited or allowed to participate at BG Events.

All Gymnasts must have an accredited coach present on the competition floor at all times. If a Gymnast attends a competition without a suitably qualified Coach or supervising Coach they will not be allowed to compete.

The safeguarding courses recognised by British Gymnastics are:

- Sports Coach UK (scUK) Safeguarding Awareness course.
- Local Safeguarding Children’s Board (LSCB)
- Football Association (FA) safeguarding training
- Professional prior learning i.e. Social Worker, Teacher etc.

This must be renewed every three years and be valid both at the time of entry and through to the end of the Event. Coaches are responsible for checking the expiry date of their safeguarding and ensuring they have sufficient time to renew their award prior to the closing date of the event.

For members who have previously completed a face to face course an online refresher update course is available. Coaches must also have a valid Criminal Records Certificate both at the time of entry and through to the end of the Event before being allowed to officiate at a BG Event.

**Nationality**

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

**British Championships**

Only those in possession of a valid United Kingdom passport (and do not hold a FIG licence for another member federation) are eligible to be ranked in the official Competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official Competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in Competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG statute. They will receive score(s) but will not receive a ranking in the official Competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold an FIG License registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official Competition results.

**Other British Gymnastics Events:**
At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes.

Those gymnasts who are not in possession of a valid United Kingdom passport must have been a member of British Gymnastics for at least one year prior to the date of the Competition in order to be eligible to take part. During this period the gymnast’s sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in British Gymnastics Events. The Technical Committee with approval from the Performance Director will have the discretion to determine whether their scores will contribute towards the official Competition results.

Disclosure

It is the responsibility of the person making the Competition entry to ensure that all of the gymnasts have declared their nationality within Gymnet online membership portal.

Policy for the Participation of Trans People in Gymnastics Competition

For information on Transgender, please refer to the British Gymnastics Transgender Policy which can be found here.
Competition Entries

Entry Process

Entry to all National BG Events are Online only. Complete instructions for adding an entry via the GymNet online Entry Portal are available to download from the BG website.

All entries must be fully submitted electronically to BG by the stipulated closing date and time.

Prior to the event, an entry may only be amended by the person making the original entry.

Guests

If a gymnast wishes to compete as a guest (see Nationality section above for details of guest gymnasts) at a British Gymnastics event the club/coach should contact the events department in the first instance before the closing date. Guest gymnasts will be placed on a waiting list. Following the competition closing date a decision will be made between the Technical Committee, the Events Department and the Performance Department as to whether the entry can be accepted. If the entry is accepted the entry fee will then become payable and entered into the club basket.

Disability Gymnastics

Disability Gymnastics is designed to provide competition and development for people who have a disability and choose not participate in mainstream competitions.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition.

All clubs and coaches must inform the British Gymnastics Events Team of any gymnasts which have medical conditions that require special consideration at BG events. This information should be shared with the BG Events Team at the point of competition entry and will enable the BG events team to make the necessary adjustments where possible to cater for the additional needs of each gymnast.

Gymnasts will be required to provide proof of Disability at least six weeks before the event. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the Disability Classification Pack.

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

Methods of Payment

Payment can be made by Debit Card, Credit Card or BACs payment. BACS payment however may slow the entry process. Payments should be received by BG within 48 hours of the entry being submitted.

Entry fees are non-refundable after the closing date.

Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including partnerships and groups). For team late entries the fee will be double (including clubs and regions.) However, the late entry payments will be capped at £1000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team will be capped at £1000).
Late entries must be made in writing to the BG Events department and will then be referred to the Organiser for consideration. The Organiser and BG Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

For NDP Grades Finals, if a Region wishes to make a substitution (due to the withdrawal of a previous regional entry) of a Pair/Group, they can only do so up to one week before the event, in writing to the BG Events Department after the entry is closed. Proof of qualification of the substitute must also be provided if applicable, at the time of the request. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme.

Where it is necessary to substitute a coach the club must inform the BG Events Department, so the coach can be checked for membership, awards and safeguarding, before they can be accredited for the Event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current BG membership card and a current BG specific Criminal Records Check certificate.

Non-Participation Fee

By entering a gymnast (individual/partnership/group) or a team (team events) into an event, the enterer accepts that, should any gymnast or team fail to register to compete by the end of registration for a competition, the appropriate fee for non-participation will be added to the club basket or in the case of regional entries, basket of the person making that entry.

Fees will be charged as follows:

£25 – Individual / Pair
£50 – Trio / Group / Team

Should a gymnast be withdrawn, for whatever reason, the club or coach must inform the Competition Organiser and Events Department in writing via email or notifying a member of the events team at the registration desk up to the close of registration for the relevant session. Email addresses are listed in the Contact Information on page 6 of this Competition Handbook. Withdrawals will only be accepted via email.

Failure to inform the Events Team and Competition Organiser as laid out above will result in the non-participation fee being charged.
General Regulations

Coaches’ must make adequate provision for the “supervision” of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

Registration

Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by BG.

Specific registration processes where appropriate can be found in the event work plan.

Order of Performance

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the TC reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

Music

All music for competition routines must be uploaded onto the GymNet portal at the latest one week before the competition date (see event page for specific time and date).

Instructions for submitting music electronically may be found within the online entry guide.

Late Music Submission

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. This fee will be added to your club basket. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

Music Licensing

All music used in competition routines must conform to the relevant licensing requirements. Details may be found at the following link.

Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL website to confirm the track is included within their repertoire.

To check tracks go to http://www.ppluk.com/ scroll to the bottom of the page and click on ‘PPL Repertoire Search’ enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber or Cirque du Soleil to use the track and pay the relevant licensing fees.

Access to Warm Up Hall

Access to the warm up hall will be limited to the appropriate number of Coaches and Choregraphers as defined in the specific details section for each Event. On arrival, coaches will need to register and collect their accreditation from registration. In the case of events spanning more than one day, accreditation will be issued for each day. At larger national events the FIG/UEG recognised accreditation system will apply.
Abuse of accreditation may result in disciplinary action being taken by BG.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place.

**Food and Drink**

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

**Babies and Young Children**

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

**Medical Provision**

Anyone requiring First Aid assistance should speak to either the Competition Organiser or BG medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all BG Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Organiser, based upon the recommendation of the BG appointed medical officer as to the gymnast’s health and medical status and their ability to compete at the Event is absolute and final.

**Medal Ceremonies**

Except in exceptional circumstances, gymnasts who win a medal at a BG Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person. Medals will only be distributed at events not by post. Attire for medal ceremonies is according to FIG rules for World Championships and UEG rules.

**E-Certificates**

As part of efforts to make British Gymnastics’ events more sustainable, printed participation certificates have been replaced by e-certificates. Where applicable, an e-certificate will be sent to the participant’s registered email address (or the email address of the person with parental responsibility for the participant) following the event.

**Tenure of Trophies**

All perpetual trophies remain the property of BG.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either;

- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the BG offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

**Privacy**

British Gymnastics Privacy Notice
At many events, British Gymnastics may produce event merchandise (e.g., event t-shirts). These may include the names and/or clubs of the gymnasts taking part.

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with Performance staff and the Technical Committee in order to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores, results and “Judgecam” videos from British Gymnastics events, where BG Score is present will be made available in the BG Score App and also published on the BG website in the specific event page.

**Video, Film and Photography**

Photographs and video footage will be captured at British Gymnastics events.

British Gymnastics accredited photographers and the media may be present and in some cases events may be live streamed by the British Gymnastics TV production team, or broadcast partners. The images taken at events may be used by British Gymnastics, GEL and the British Gymnastics Foundation for the purposes of promotion, education and development of the sport.

They may also be shared with journalists, through social media outlets e.g. Facebook, Instagram, Youtube etc. and our third-party partner organisations for general promotional purposes.

Anyone who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event Organiser. Although it is not always practical to manage the content of live streamed footage, we will ensure any identifiable images of the participant are not published.

British Gymnastics will display clear signage and make announcements about photography and filming at relevant events. Any footage of children and individuals who are vulnerable will be published in accordance with our relevant safeguarding policy.

To make our events entertaining and easy to follow for our audience and fans, we announce and publish information about participants, including nationality, scores and achievements.

Videos of routines performed by participating gymnasts taking part in our major events are made available on the BG Score App but access is restricted to British Gymnastics members.

We delete event photographs and videos after five years unless we consider them to be of public interest and should consequently be archived for historical purposes. Where images have been published on social media, these platform providers may continue to process your data after the retention period has lapsed.

Any person wishing to use video, film or take photographs must abide by the British Gymnastics Photography at Gymnastics Events policy. Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites.

Clubs may publish some photos but this may only be done in accordance with British Gymnastics Safeguarding & Protecting Children Policy.

Flash photography may not be used at any time while gymnasts are warming up or competing.

Photography on the Field of Play by gymnasts, coaches and officials is not permitted.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the British Gymnastics appointed Welfare Officer at the event.

**Health & Safety**

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration. All BG policies and procedures will be rigorously applied with regards to health, safety, welfare and Safeguarding & Protecting Children.

**Overnight Stays**

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip.
adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be BG recognised Safeguarding and Protecting Children Awareness training or Home Country equivalent.

For Overnight Trips the appropriate form needs to be completed in full and sent to British Gymnastics at least four weeks prior to travel so we can get your trip approved and endorsed by our insurers. Failure to inform British Gymnastics of any overnight stays may invalidate your insurance.

Please note that the BG Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance.

Drug Free Sport

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the BG policy.

Terms & Conditions of Entry to All Competitions

In addition to BG General Rules & Regulations -

- All entrants agree to be treated by BG appointed medical staff only and be bound by the decision of BG medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry, you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. BG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication.
- You agree to abide by the BG Photography at Gymnastics events policy.
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.
- By submitting an entry into a British Gymnastics event; you must ensure those individuals whose personal data you are providing or may be used by British Gymnastics in relation to the event (this includes gymnastics and people who have parental responsibilities (where the gymnast is a child) coaches, judges and volunteers) are aware and would expect their information to be used, where necessary for pre-event and accreditation information, post event surveys and, where applicable to send out electronic certificates of participation which sent to gymnasts via their email address registered on their membership account. Please refer to the British Gymnastics membership privacy notice available on our website for further details and information about individual rights.
Acrobatic Technical Information

Code of Conduct

**British Gymnastics National Technical Committee Code of Conduct**

**Acrobatic Judges Code of Conduct**

BG, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, judge, competitor or team at any time, if they do not comply with BG regulations.

**Grade/Level**

Gymnasts can only compete in one Grade per event.

**Regional Representation**

Gymnasts may only represent the Region in which their club is affiliated.

Gymnasts may only represent one Region/Club at any one time within any one discipline.

Exceptional circumstances will be considered following written application to the TC.

Where regional entries are made, gymnasts and coaches must be selected according to the rules and will represent their region not club. They must wear the regional uniform, no club logos are allowed.

Where regional entries provide a pathway to national events coaches must be qualified according to the rules laid out in pages 8 & 9 of the national Competition Handbook.

**Qualification from Regional Events to National Finals**

Gymnasts attempting to qualify for national finals through a regional qualifying competition must attend the competition held in their own region and have one opportunity to qualify.

Extenuating circumstances will be considered following written application to the TC before any attempt to qualify.

**Age policy**

Gymnasts’ ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition, where the competition year is defined as 1st January-31st December.

The minimum age for entry to National BG Events is 9 in the year of competition.

To view further information on age, participation and competition please view the Health & Safety Guidance: Coaching Practice document (available within the Resource Library on GymNet).
### Year Born Eligibility for Acrobatic Gymnastics National Competitions 2020

<table>
<thead>
<tr>
<th>British Championships</th>
<th>Year of Birth</th>
<th>NDP Finals</th>
<th>Year of Birth</th>
<th>Pat Wade Classic</th>
<th>Year of Birth</th>
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</thead>
<tbody>
<tr>
<td>Senior (15yrs +)</td>
<td>2005 or earlier</td>
<td>Grade 3</td>
<td>2006 – 2011</td>
<td>Senior (15yrs+)</td>
<td>2005 or earlier</td>
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<tbody>
<tr>
<td>AG 11 - 16</td>
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<td>AG 12 - 18</td>
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<td>AG 13 - 19</td>
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<tr>
<td>Senior (15yrs +)</td>
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#### Disability Acro

All gymnasts must be a minimum of 9 years of age in year of competition.

- Grades 1 – 4 (Pairs competitions only) Minimum of 1 Disability Gymnast in the partnership
- Grade 2 & 3 (Groups competition) 3 girls or 3 boys group. Minimum of 2 Disability Gymnast in the partnership

### Competition Attire

**Gymnasts**

- Dress code as per the NDP9 and in conjunction with the FIG COP.
- It must be gymnastic in character and design. Attire must be elegant and complement the artistry of an exercise. It should not divert attention from the performance of the gymnasts nor require adjustment during an exercise.
- Partners must wear identical or complementary attire.
- Women and girls may perform in leotards, one-piece unitards or leotards with skirts. Tights are allowed. Leotards may be with or without sleeves, but dance style leotards with narrow straps are not allowed.
- Skirts are permitted at Grade 5, Youth and IDP Levels.
- Skirts must cover, but not fall further than the pelvic area of the leotard, tights or unitard.
- The style of the skirt (cut or decoration) is free, but the skirt must always fall back on the hips of the gymnast.
- The look of "ballet tutu" and "island grass" skirt and "dress style" is forbidden.
- The skirt must be integrated into the leotard (it may not be removable).
- The removal of leotards on the field of play is not allowed.
- Men and boys may compete in leotards or shirts with gymnastic shorts or long gymnastic trousers. One-piece suits/unitards are allowed.
o Dark colour legs of trousers, unitards or tights are allowed only if the whole length of colour on the legs is broken significantly from the hip to the ankle by light coloured decoration or pattern. The length and type of the fabric covering the legs must be identical on both legs. Only the decoration may be different.

o Competitors may perform with or without footwear which must be flesh colour or white, clean and in good repair. For men, when they wear trousers, footwear (gym shoes, white socks) must be worn.

o For safety reasons, loose clothing, raised attachments and accessories are not allowed. All attire for men and women must be close fitting to allow the judges to properly evaluate body lines.

o All attire must be modest including the use of proper undergarments. The cut of the leg of leotards must not go above the iliac crest (hipbone). The neckline must be no further down than half the sternum in the front, or below the lower line of the shoulder blades in the back. Lace and transparent material on the torso must be fully lined.

o Provocative, swimsuit, character outfits and photographs in the design are forbidden.

o Advertising on attire must adhere to FIG rules.

o The wearing of GBR or Home Nations attire at BG Events is strictly forbidden. However, where individuals or partnerships have been selected for GBR and awarded their colours (GBR flag), this may be worn on the gymnast’s leotard at domestic events provided it conforms with FIG attire regulations.

o Tracksuits will be worn at all medal ceremonies (NDP Finals – Regional Tracksuit, Pat Wade Classic and British Championships – Club Tracksuit)

Accessories and Aids

o Sequins, stones, cummerbunds, and lace must be either integrated into the fabric of the competition attire or attached securely, but any injury occurring as a consequence is the responsibility of the coach and athlete.

o Hair clips, slides, bands and ribbons, if worn, must be secure. Character hair accessories (e.g. tiaras, feathers and flowers) are not allowed.

o Face painting is not allowed; any make-up must be modest and not portray a theatrical character (animal or human).

o Equipment, such as belts or head-rolls to aid execution of elements, is not allowed. Taping and support bandages must be of neutral colour. Any exceptional support, such as a knee brace that is not of neutral colour, may be worn without penalty if the club makes application to the Technical Committee prior to the start of the competition, for special permission.

o Jewellery is as per the Health & Safety Guidance: Safe Coaching.

o For further details, please see FIG Code.

Coaches

o Coaches must wear a tracksuit with long tracksuit bottoms or full length tracksuit bottoms with a collared polo shirt or club/regional t-shirt and appropriate gym/training shoes.

o Coaches at Regional finals must wear Regional kit (No Club logos allowed).

o Long hair should be braided or tied back so as not to obscure vision.

o Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per Health & Safety Guidance: Safe Coaching.

Non compliance may result in removal of the coach and consequently, for Health and Safety reasons, their gymnast from the competition.

Judges

o Black jacket with black skirt (women) or full length trousers (men and women), white shirt or sweater (men and women) or blouse (women).

o CJP will wear light blue shirt, sweater or blouse, tie (men) or scarf (women), black shoes (not sandals) or clean track shoes if required by organisers. Heels which will damage gymnastic floor covering must be avoided.

o Hair must be neat and not inhibit vision.

o Jewellery, if worn, must be professional in appearance.

Requests can be made to adopt reasonable clothing modifications at any BG competition. All requests must be on the official BG Clothing Modification Request Form and submitted with the competition entry at least four weeks before the competition closing date, to allow sufficient time for full consideration of the application and any possible health and safety implications.
For competitors, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the main arena during the event. Such mobile devices may only be used for monitoring scores and results, where the BG Score App is in operation.

**Competition Apparatus**

Unless otherwise stated, the equipment at Acrobatic TC competitions will be to current FIG specifications: Only apparatus supplied at the request of the Acrobatic TC may be used at national events.

**Height Deductions**

All height measurements will be in accordance with the FIG measuring protocol. A member of the National TC will be present at the time of measurement together with one club official of the Gymnasts.

- NDP (Grades 1-5): 0.10 – 0.30
- Disability NDP: No Height deduction
- Youth: No Height Deduction
- IDP: 0.10 – 0.30
- Age Group: 11-16yrs: 0.10 – 0.30
- Age Group: 12-18 yrs: 0.30 – 0.50
- Age Group: 13-19yrs: 0.50 – 1.00
- Senior: 0.50 – 1.00

All partnerships must report for measuring at the times published in the Work Plan or Competition Schedule. Gymnasts may not compete if they have not been height checked.

**Inquiries**

Official inquiry forms are available from the Organiser and must be completed and returned, as soon as possible after the publication of the scores. Inquiry forms will be published in each Event Work Plan.

Only a coach and Team Manager may request an inquiry for their own Gymnast and only on the Difficulty Score, in accordance with the FIG Code of Points.

In the interests of justice, if the Difficulty Score does not appear to correlate with what was performed, or there is an arithmetical error in the calculation of the Difficulty Value, conversion to the Difficulty Score or in the calculation of the Final Score, an appeal may be made for review to the Superior Jury.

The DJ penalty score may need to be reconsidered if there is a change in the Difficulty Score after the inquiry.

Inquiries can be made only for the Club/Region’s own competitors, by the Coach or Team Manager.

No inquiries can be made against Execution or Artistic Scores, time faults or other penalties.

On publication of the Difficulty Score, any inquiry for investigation is made at the very latest before the end of the next exercise that follows the release of a score. The Coach or Team Manager for the Club/Region of the competing gymnasts places the inquiry form with the Chair of the Superior Jury or designated person.

An inquiry form must be delivered without verbal exchange.

The written request for inquiry must be delivered within 4 minutes after the placement of an appeal form, otherwise the appeal becomes obsolete.

The placement of an inquiry form becomes a contract to pay the appropriate fee.

The President of the Superior Jury (or delegate) will immediately notify the SJ Difficulty Experts and the CJP of the panel concerned of the inquiry. The CJP immediately requests the DJs to review the Difficulty Score.
If a resolution cannot be made before the start time of the next competitors’ exercise, the calculated Score will be listed as ‘provisional’ and will be considered at the end of the round of competition and before any award ceremony.

If the inquiry is rejected, the fee will be put into the appropriate club basket for immediate payment.

The TC cannot accept any photographic analysis at an event unless an official video replay system is available and could be referred to by the Superior Jury or the Chair of the Judging Panel for the benefit of every competitor.

The Coach for the Club/Region of the competing gymnasts places the appeal form with the President of the Superior Jury or designated person.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.

This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned, if the inquiry was not upheld.

**Musical Accompaniment**

All exercises are performed to music. The voice may be used as an instrument and meaningless words are allowed.

Music with lyrics (words) may be used in one exercise in YOUTH, IDP and all FIG Levels. With respect to the FIG code of ethics, inappropriate lyrics (i.e. sexual, offensive, aggressive, violence) are forbidden.

The coach must highlight which exercise is used with words and write it on the tariff sheet

A penalty of 0.5 is taken by the CJP for music infringements (when more than one exercise with lyrics is performed and/or when it is not declared on the tariff sheet)

At all NDP levels, YOUTH & IPD, FIG Age Groups & Senior:

The **first note** of the music indicates the beginning of the time of the exercise. The first move made by one or more competitors from the start position is considered as the "start" of an exercise. The end of an exercise is the static position of partners, which must coincide with the end of the music.

Coaches should carry a backup copy of all music files (contained within a USB storage/flash drive) which would be used in the event of any technical issues with the music submitted. Each track on the USB drive must be in MP3 format and clearly labelled with the following format: Gymnast Names – Club – Age Group Category and Routine

**Length of Exercises**

- NDP Grades 1, 2, 3, 4, & 5 – All exercises have a maximum duration of 2 minutes, there is no minimum duration.
- At Disability Acro – All exercises have a maximum duration of 2 minutes 30 seconds, there is no minimum duration.
- At Youth level – All exercises have a maximum duration of 2 minutes, there is no minimum duration.
- At IDP – The Balance exercise has a maximum duration of 2 minutes 30 seconds and the Dynamic exercise has a maximum duration of 2 minutes, there is no minimum duration for either exercise.
- Age Group: 11–16 yrs – All exercises have a maximum duration of 2 minutes, there is no minimum duration.
- Senior, 13–19, 12–18 – Balance and Combined exercises have a maximum duration of 2 minutes 30 seconds, there is no minimum duration.
- Senior, 13–19, 12–18 – Dynamic maximum duration of 2 minutes, there is no minimum duration.

**Partnerships**

- Gymnasts are permitted to compete in only one (1) discipline and one (1) partnership per event.
- This applies to all events with the exception to this being non-disabled gymnasts who compete in a disabled partnership. These individuals are able to compete in one disabled discipline and one non-disabled discipline within the same event. The two disciplines do not need to be the same.
• The partnership rules apply to all competitors entering the National British Gymnastics Acrobatic Events i.e., NDP finals, British Championships and The Pat Wade Classic.

• Gymnasts must choose whether to enter the NDP Finals or The British Championships, they cannot enter both in the same year in the same partnership. Entry into the English Championships is not governed by these rules.

• YOUTH and IDP can enter both the NDP and Pat Wade Classic in the same year. However if an execution score of 25 or more is achieved across all routines performed at a National FIG event then the same partnership cannot compete in the NDP Prelims the following year at the same or lower level.

• Partnerships may only move up the performance and participation pathways or across from the NDP Grades to the FIG Levels. The only exception to this is IPD1 and IPD2 where they can move down to 11–16 and 12–18 respectively.

• Gymnasts who have previously competed are not permitted to compete at a lower level within the same partnership irrespective of the pathway. A partnership is defined by all members of the pair or group remaining the same.

• Partnerships may repeat the same level in the same partnership in consecutive years.

• Gymnasts who have two (2) routines (Balance and Dynamic) must complete both routines at their Regional Preliminaries to qualify for National Finals.

• An individual may compete for only one region within the NDP annual cycle unless they transfer clubs to a new region. Gymnasts who wish to transfer clubs must contact Customer Support at British Gymnastics to update their membership record.

• Pairs or Groups who have competed in World Championships, World Cup or World Games or as Seniors in a Continental Championship may not compete in Age Group Competitions. Individuals who have competed as Seniors, but are in newly formed age group pairs or groups are eligible. Pairs or Groups who have competed in the 12–18 or 13–19 age groups in any FIG approved competition, including Continental Championships, may not compete in the 11–16 age group. However individuals in newly formed 11–16 pairs or groups are eligible to compete in the 11–16 age group.

  E.g., if you enter the British Championships as Seniors, you cannot drop down to compete in an age group category or drop down from one age group to another age group in a selection Event.

  N.B. In addition to the above, the same rule/s and principle apply to British Gymnastics Competitions and Selection events. A waiver may be granted if a written agreement is in place endorsed by both the National Coach and the Acrobatic Technical Committee.

Tariff Sheets

It is the coach’s responsibility to ensure that the Tariff Sheets are completed correctly.

All elements to be performed must be included on the tariff sheet in the order of performance. If the declared elements are performed out of order, then the penalty will be applied (only once per exercise)

N.B. It is no longer acceptable to use hand-drawn tariff sheets.

A tariff sheet template is available for both NDP & FIG levels from the downloads section on the BG website. Please use the official tariff sheets in Excel.

Please ensure that each tariff sheet for each routine is saved as an individual and titled using the exact naming convention:
- Routine number, Gymnasts names, Category and Routine. Example, 110 – Smith & Smith – 11–16 WP - Balance

At Youth, NDP Grades 5 and IDP level, tariff sheets are to be submitted as an excel version and emailed to the nominated Difficulty Judge [DJ] and at the same time a copy must be sent to Andy Farley. Closing date for tariff sheets is two (2) weeks before the competition date. Please use the official tariff sheet off the British Gymnastics website. The DJ contact list will be emailed to clubs once confirmed.

NDP Grades 4, 3, 2 & 1, together with Disability Acrobatic gymnastics, all tariff sheets must be in a excel and require five (5) copies of each tariff sheet to be handed in on the day of the competition at registration, the desk will be signposted.
Example, 110 – Smith & Smith – IDP Level 1 WP – Balance.

All FIG and Age Group exercises, together with Youth including IDP and Grade 5 require one (1) copy of each tariff sheet to be emailed to the nominated Difficulty Judge (DJ) and at the same time a copy to Andy Farley, two (2) weeks before the competition, to be checked and collated prior to the commencement of the competition. The DJ contact list will be emailed to clubs once confirmed.

At FIG Levels, Youth, IDP and Grade 5: failure to comply with the regulations relating to tariff sheets will incur a financial penalty of £50.00 for each tariff sheet and any not received by the “start or end of time” at podium training will also incur a 0.30 penalty per Tariff Sheet and will be unchecked. Late, incorrect or illegible tariff sheets will be returned and a financial penalty applied. This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned.

Clearly indicate on the tariff sheet the competitor number, names of the gymnasts, their club, their discipline and their level of entry. (Email address for contact & telephone number and times when available to take calls).

Coaches must send their tariff sheets as an email attachment, in excel using the official tariff sheet. Please use the “return receipt” facility on your computer to make sure that the DJ has received and opened the attachment.

At Senior, Age Groups 13-19 & 12-18 and 11-16 years & IDP, coaches must remember to indicate on the tariff sheet which routine has “words” in the music.

Changes to tariff sheets can be made and will be accepted up to the end of podium training for all events providing that the coach brings five (5) copies of the amended tariff sheets and pays the financial fine of £20.00 per tariff sheet. These tariff sheets won’t be checked in advance of the competition.

Changes requested after podium training without support of a medical professional will incur a late tariff sheet penalty. This rule applies to Youth, Grade 5, IDP and Age Groups, Junior, Senior Out of Age events only.

On the day of competition tariff sheets will not be available to the coach, so no change of order can be made without penalty.

In the case of injury in the warm-up hall, the coach has the right to make an amendment on the competition day, up to 30 minutes before gymnasts are due to compete. The injury must be assessed by the competition doctor or physiotherapist.

Any such change must be communicated to the Organiser, who will inform the DJ.

In keeping with the established practice in Acrobatic Gymnastics, the CJP/DJ checking the tariff sheets will contact the coach if he/she discovers any aspect which affects the value of the exercise. Coaches should contact local Brevet Judges for advice and clarification if they are unclear of values and content of routines.

Competitors may not compete without a tariff sheet.

Rules for Tie Break

These tie-breaking rules define how to determine which gymnast should prevail in case of equality of points in Qualification and Finals

NDP Finals:

Tie Breaking in the Final:
NDP Grades 1-4 & Youth Combined exercise only
NDP Grade 5 & IDP

• The highest E-score of the Balance/Dynamic exercise prevails.
• The highest sum of the E and A scores of the balance/Dynamic exercise prevails
• If there is still a tie, the tie will not be broken
• The above rules apply to the Team Event also.

Age Group 11-16:

Tie Break from Qualifications into Finals:

• The highest sum of the E Scores of the Balance plus Dynamic routines
• The highest sum of the E+A Scores of the Balance plus Dynamic routines
Tie Breaking in the Final:
- The highest E-Score of the routine (whether it be Balance, Dynamic or Combined depending on category)
- The highest sum of the E and A scores of the routine

Age Group 12-18 & 13-19:
Tie Break from Qualifications into Finals:
- The highest sum of the E Scores of the Balance plus Dynamic routines
- The highest sum of the E+A Scores of the Balance plus Dynamic routines

Finals:
In case of a tie in points at any place in the Finals, the ranking will be determined by the following criteria:
- The highest E-Score of the routine (whether it be Balance, Dynamic or Combined depending on category)
- The highest sum of the E and A scores of the routine

Senior:
Principle valid for all competitions - qualifications
In case of a tie in points at any place in Qualification, the ranking will be determined by the following criteria:
- The highest sum of the E Scores of the Balance plus Dynamic routines
- The highest sum of the E+A Scores of the Balance plus Dynamic routines

Principle valid for all competitions - finals
In case of a tie in points at any place in Finals, the ranking will be determined by the following criteria:
- The highest E-Score of the routine (whether it be Balance, Dynamic or Combined depending on category)
- The highest sum of the E and A scores of the routine
The Pat Wade Classic

**Date:** 15\(^{th}\)-16\(^{th}\) February

**Venue:** Fenton Manor Sports Complex, Victoria Road, Fenton Stoke on Trent ST4 2RR

**Opening date:** 22\(^{nd}\) November 2019

**Closing date:** Noon 3\(^{rd}\) January

**Music entry closing date:** Noon 7\(^{th}\) February

**Entry Fee:** £45

The cost of entry for the Pat Wade in 2020 will remain the same for competitors whether they were going to compete 1 routine or all three.

**Eligibility:**
Open entry – Gymnasts may only compete in one (1) partnership and one (1) discipline.

Youth - Each Region/Home Nation are entitled to send the top three (3) Youth competitors in each discipline from a Regional Qualifier.

Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after the closing date the late entry fee will be charged.

**Competition Structure:**

Overall competitions will be offered for Men’s Pair, Women’s Pair, Mixed Pair, Men’s Group and Women’s Group at;

- Senior (15 years and over)
- Age Group 13-19 years (Junior)
- Age Group 12-18 years
- Age Group 11-16 years
- IDP 1&2
- Youth 9-16 years

Senior and Age Group 13-19yrs will perform 1x Balance and 1x Dynamic exercise. The top 8 will go through to the combined final with the sum of the balance, dynamic & combined score declaring the winner.

Age Group 12-18yrs will perform 1x Balance and 1x Dynamic exercise. The top 8 will go through to the combined final with the sum of the balance, dynamic & combined score declaring the winner.

Age Group 11-16yrs and IDP 1&2 will perform 1x Balance and 1x Dynamic exercise with the sum of the balance & dynamic score declaring the winner. There will be no final exercise.

Youth will perform 1x Combined exercise with the score declaring the winner.

In addition to the overall competitions listed above the following competitions will be offered for the Junior Age Groups (13-19) & Senior categories

- Junior and Senior partnerships only can enter only an individual balance routine and be eligible for a medal
- Junior and Senior partnerships only can enter only an individual dynamic routine and be eligible for a medal
- Senior Partnerships wishing to enter only a combined routine may, however they are only able to compete as guests and guest partnerships are not eligible for a medal

Senior partnerships must have at least the AG 13-19 Difficulty in all routines: Balance-120v; Dynamic-110v; Combined-140v:
AG 13-19 partnerships must have at least AG 12-18 Difficulty in all routines: Balance-80v, Dynamic-70v; Combined-100v.

Rules and Regulations will be as per the FIG Age Group Plan in conjunction with the FIG CoP & ToD:

- Youth category must be a minimum of 9 with a maximum of 16 years of age in the year of competition. Youth Rules and Regulations as the NDP9 COP.
- Youth category max age in year of competition 16 years with no more than 5 years age between the partnership is allowed.
- IDP 1 & 2 categories must be a minimum of 9 in the year of competition. IDP 1 & 2 Rules and Regulations as the NDP9 COP.
- IDP 1 & 2 categories no more than 9 years age difference between partnership is allowed.
- Age Groups 12-18yrs and 13-19yrs no more than 6 years age difference between partnerships is allowed.
- Age Group 11-16yrs no more than 5 years age difference between the partnerships is allowed.

Coach Qualification and Passes:

The lead coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

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<tr>
<th>Competition</th>
<th>Lead Minimum Qualification Required (or equivalent)</th>
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<tbody>
<tr>
<td>IDP 1&amp;2</td>
<td>L3 Technical Modules 1,2, 3 and 4 or equivalent qualification</td>
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<tr>
<td>Youth 9-16yrs</td>
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</tr>
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<td>SCC</td>
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<tr>
<td>Senior</td>
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Please follow the link to check equivalent levels of qualifications from previous cycles.

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1 Additional Coach pass allowed for 4 or more partnerships
Only 1 Choreographers pass per club

- Only 1 coach allowed into the arena with competing gymnasts. The allocation of passes per club will be based on the number of partnerships as per current FIG accreditation rules. A partnership is defined as one Pair or one Group
- One Choreographer pass may be issued to a club on written application to the Competition Organiser at the time of entry. Choreographers must hold the relevant BG Membership, Safeguarding and DBS certificates. Choreographers will be allocated a position on the field of play to observe their gymnasts’ routines, they cannot be present in the Kiss & Cry.
- Only one Coach allowed in the ‘Kiss & Cry’.

Tie Breaks:

- Ties according to NDP9 for Youth and IDP 1&2, Age Group Plan and FIG Technical Regulations

Awards:

- Gold, Silver and Bronze medals will be awarded in Men’s Pair, Women’s Pair, Mixed Pair, Men’s Group and Women’s Group within each age group.
- Medals will only be awarded for an average score of 24.00 or more
- All competing gymnasts will receive a Participation E-Certificate.
NDP, Youth & IDP Finals & Disability Acro Finals

**CANCELLED**

Date: 16th – 17th May
Venue: Fenton Manor Sports Complex, Victoria Road, Fenton Stoke on Trent ST4 2RR
Opening date: 21st February
Closing date: 3rd April Noon
Music entry closing date: 8th May Noon
Entry Fee: £42.00 per gymnast and £335.00 per region
Code: NDP 9 Plan in conjunction with FIG Code of Points

Eligibility:

- Entry is through Regional qualifiers, the first placed Pair or Group that meet the age criteria in each available category will proceed to finals. Gymnasts are permitted to compete in only one (1) discipline and one (1) partnership.
- NDP Events are open to Non-British Citizens providing that they are members of BG and are members of a BG registered club.
- Only one representative in each discipline from each level can proceed to the National Finals therefore in the qualifications tie break rules are:
  - The highest E-score, followed by the highest A-score of the combined exercise or if the two exercises are performed it is the highest E-score, followed by the highest A-score of the sum of the two exercises.
  - In the exceptional event that a tie still remains, the onus is that of the region to select and nominate their representatives to attend national finals.

A signed copy of Regional results must be sent to Sandra Sargeant, either by email acrobatic.competitions@british-gymnastics.org or by post: 18 Wallington Walk, Billingham, Durham, TS23 3JX

Failure to send results may invalidate the entry. Results will be checked and Regions notified if ineligible gymnasts are identified.

Competition Structure:

Competitions will be offered for Men’s Pair, Women’s Pair, Mixed Pair, Men’s Group and Women’s Group at:

- Grade 1 (Pairs competitions only) – Age capped at 11 years
- Grade 2 – Age capped at 12 years. Men’s groups minimum 3 and maximum 4 gymnasts, Women’s group maximum 3.
- Grade 3 – No more than 5 years age difference in partnership – Age capped at 14 years
- Grade 4 – No more than 7 years age difference in partnership
- Youth – No more than 5 years age difference in partnership
- Grade 5 – No more than 7 years age difference in partnership
- IDP 1 & 2 – No more than 9 years age difference in partnership

Disability Acro competitions will be offered for Men’s Pair, Women’s Pair, Mixed Pair and Groups. Disabled gymnasts are permitted to compete in one pair partnership and one group partnership per Disability competition. Non-disabled gymnasts who compete in a disabled partnership are able to compete in one pair partnership and one group partnership per Disability competition and one non-disabled discipline within the same competition.

All gymnasts must be a minimum of 9 years of age in year of competition.

- All grades (pairs: minimum of one (1) disabled gymnast)
- Grade 2 Groups a minimum of two (2) disabled gymnasts
- Grade 3 Groups a minimum of two (2) disabled gymnasts

NDP Team Competition

- Named team to be submitted at the same time as the Regional online entry
- Only teams declared at the time of entry will be eligible
- No additional entry fee
• Maximum entry: 5 x Partnerships selected from any discipline and any grade. The team must consist of at least 1 x pair and 1 x group plus one (1) other.
• The winning team will be declared from the top three (3) scores achieved by the following partnerships: 1 x Pair, 1 x Group plus one (1) other partnership from the 5 originally nominated partnerships.
• In Grade 5 or IDP only, the average mark achieved from the Balance & Dynamic exercises will contribute towards the team score and in Grades 1 - 4 and Youth the mark achieved from the Combined exercise will count towards the team score. Team score is calculated excluding the difficulty to take account of the different difficulty values for Grades and IDP.

Coach Qualification and Passes:

<table>
<thead>
<tr>
<th>Competition</th>
<th>Lead Coach Minimum Qualification Required (or equivalent)</th>
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</thead>
<tbody>
<tr>
<td>Grade 1</td>
<td>UKCC L2 excluding Pre-school + L1 in Acrobatics equivalent qualification</td>
</tr>
<tr>
<td>Grade 2</td>
<td>UKCC L2 excluding Pre-school + L1 in Acrobatics equivalent qualification</td>
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<td>IDP</td>
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</tr>
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Please follow the link to check equivalent levels of qualifications from previous cycles. For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department.

The lead coach/coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

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</table>

1 Additional Coach pass allowed for 4 or more partnerships
No Choreographer passes issued at NDP Finals

• Only 1 coach allowed into the arena with competing gymnasts. It may not be possible to issue personal coaches passes, dependant on the number of partnerships, coach passes will be issued accordingly.
• Only 1 coach allowed in the Kiss & Cry

The allocation of passes per club will be based on the number of partnerships each day as per current FIG accreditation rules. A partnership is defined as one Pair or one Group.

Tie Breaks:

Tie Breaking in the Final:
- The highest E-score combined exercise (Grades 1 - 4 and Youth) or of the Balance and Dynamic (Grade 5, IDP 1&2)
- The highest sum of the E and A scores of the combined exercise (Grades 1 - 4 and Youth) or of the Balance and Dynamic (Grade 5, IDP 1&2)
- If there is a tie, the tie will be not be broken
- The above rules apply to the Team Event also

Awards:

NDP Grades:
- Gold, Silver and Bronze Medals will be awarded at Grades 1 – 5, Youth & IDP & Disability Grades 1-4 for the winners in the Men’s Pair, Women’s Pair, Mixed Pair.
- Gold, Silver and Bronze Medals will be awarded to the winners in the Grade 2 Groups
• Gold, Silver and Bronze Medals will be awarded in Grades 1 - 5, Youth and IDP for Women’s Group & Men’s Group.
• Medals will only be awarded for a score of 24.00 or more. This applies to all NDP Grades 1 – 5, Youth and IDP categories regardless of the number of entries.
• The exception being the Disability sections where there is no requirement for a minimum score regardless of how many entries into a category.
• All competing gymnasts will receive a Participation E-Certificate.

NDP Team Competition
• Perpetual Trophy and Gold medals for the winning team
• The team awards will take place on the Sunday

Disability Acro
• Perpetual Trophy awarded to the Pair or Group (Judges award)
• Gold, Silver and Bronze Medals will be awarded to Grades 1 - 4 Pairs & Grade 2 & 3 Groups
British Championships

**CANCELLED**

**Date:**
30th July – 2nd August

**Venue:**
M&S Bank Arena, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP

**Opening date:**
8th May

**Closing date:**
19th June Noon

**Music Entry Closing Date**
24th July Noon

**Entry Fee:**
£45.00 per gymnast

**Code:**
Senior: FIG Code of Points and Tables of Difficulty

Age Groups: FIG Age Group Plan in conjunction with the FIG Code of Points and Tables of Difficulty where applicable.

**Eligibility:**
Open entry – Gymnasts may only compete in one (1) discipline.

**Nationality:**
Gymnasts of foreign nationality or who hold an FIG license for another member federation, must ensure that their nationality is declared on their membership record in order for them to be identified as guests.

**Competition Structure:**
Competitions will be offered for Men’s Pair, Women’s Pair, Mixed Pair, Men’s Group and Women’s Group at:

- Senior (15 years and over)
- Age Group 13-19 years
- Age Group 12-18 years
- Age Group 11-16 years

Senior, Age Group 13-19yrs and Age Group 12-18yrs will perform 1 x Balance and 1 x Dynamic Exercise. The top 8/6 will go through to the Combined Final. Pairs/groups placed 1-8 after qualification take part. If there are less than 12 in the particular category, only 6 Finalists take part. If there are 30 or more units compete in any one section then the top 10 placed competitors go through to Finals.

The Combined Final starts from zero. For Age Groups 13-19yrs and 12-18yrs no more than 6 years age difference between partnerships is allowed.

Age Group 11-16yrs will only perform 1 x Balance and 1 x Dynamic Exercise with the aggregate score declaring the winner. If time permits a Final exercise may be performed.

Senior’s must have at least the AG 13-19 Difficulty in all routines Bal 120v, Dyn 110v, Comb 140v.

AG13-19 must have at least AG12-18 Difficulty in all routines Bal 80v, Dyn 70v, Comb 100v.

**Coach Qualification and Passes:**

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The lead coach/coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Only 1 coach allowed into the arena with competing gymnasts. The allocation of passes per club will be based on the number of partnerships as per current FIG accreditation rules. A partnership is defined as one Pair or one Group.

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1 Choreographer pass may be issued to a club on written application to the Competition Organiser at the time of entry. Choreographers must hold the relevant BG Membership, Safeguarding and DBS certificates. Choreographers will be allocated a position on the field of play to observe their gymnasts’ routines, they cannot be present in the Kiss and Cry.

• Only one Coach allowed into the ‘Kiss & Cry’

Tie Breaks:
• Tie-break rules as per page 24

Awards:
• Gold, Silver and Bronze medals will be awarded in Men’s Pair, Women’s Pair, Mixed Pair, Men’s Group and Women’s Group within each age group.
• Medals will only be awarded for a score of 24.00 or more. This applies to Age Groups: 11-16, 12-18, 13-19 and Seniors regardless of the number of the number of entries.
• All competing Gymnasts will receive a Participation E-Certificate.
### Appendix 1 – Home Countries, English Regions & Island Associations

#### Home Countries

<table>
<thead>
<tr>
<th>Country</th>
<th>Website Address</th>
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<tbody>
<tr>
<td>England</td>
<td><a href="http://www.british-gymnastics.org/england">www.british-gymnastics.org/england</a></td>
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<tr>
<td>Scotland</td>
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<td><a href="http://www.british-gymnastics.org/northern-ireland">www.british-gymnastics.org/northern-ireland</a></td>
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#### English Regions

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