




# **2020 Men's Artistic Gymnastics Competition Handbook<sup>©</sup>**

## Version History

The Men's Artistic Gymnastics Technical Committee reserves the right to make amendments to this Handbook.

Notification of a change to the Handbook will be communicated through the [British Gymnastics website](#)  and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;

### **Version 1.0 – Original –**

**V1.1** – Page 19 – Under 18 Competition Code amended

**V1.2** – Page 26 – Competition dates confirmed

**V1.3** – Page 19,22 & 29 – Competition Codes amended

**V1.4** – Page 21 – Masters awards update

**V1.5** – Page 19 – Cancelled Event update

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## Definition of Terms

- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the supervising coach. Assisting coach(es) must meet all of the relevant eligibility requirements.
- **BG** means British Gymnastics
- **BGF** means British Gymnastics Foundation
- **Championships** means any British Championship organised by or on behalf of BG.
- **Chaperone** In exceptional circumstances chaperones may be permitted to fulfil a pastoral care role. Chaperones under no circumstances shall be permitted to Coach gymnasts.
- **Choreographers** will create and develop new routines.
- **CJP** – means Chair of Judging Panel
- **Code** means the Code of Points used for the competition, from which technical information and regulations are taken.
- **CPSU** means Child Protection in Sport Unit
- **Criminal Record Certificate** means DBS (previously CRB) Access NI Eligibility or PVG
- **DJ-** means Difficulty Judge
- **Event** means any national competition and championships organised by or on behalf of BG.
- **FIG** means Federation International de Gymnastique
- **GEL** means Gymnastics Enterprise Ltd, trading as British Gymnastics Official shop.
- **IDP** means International Development Pathway
- **Lead Coach** – The coach taking overall responsibility for all the gymnasts from their club/region. The Lead Coach must be present in the venue throughout the event to take responsibility for their coaches and gymnasts. The Lead Coach must possess sufficient qualification to cover all the skills that any of their gymnasts will be performing within the competition.
- **NDP** means National Development Plan
- **Officials** are people recruited to assist with the delivery of the overall event i.e Floor Manager, Ceremonies Manager, Spectator Tickets Manager
- **Organiser** means the Men’s Artistic Gymnastics National Competition Organiser (NCO) or their designated representative, who is authorised by, or on behalf of BG
- **SJ** – means Superior Jury
- **Coach(es)** are those coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Any changes to the supervising coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to supervising coaches will only be permitted where the replacement coach meets all of the relevant Eligibility requirements
- **TC** means the Men’s Artistic Gymnastics Technical Committee of BG and/or any Technical Committees appointed from time to time acting with the appropriate delegated authority.
- **Independent** means gymnasts who are not members of a BG registered club but hold appropriate BG membership.
-  means it is a **hyperlink** to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current FIG rules apply. However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

## Contact Information

### Technical Committee

Chairman	Andrew Tombs	<a href="mailto:Andrew.tombs@british-gymnastics.org">Andrew.tombs@british-gymnastics.org</a>
National Competition Organiser	Mike Weinstock	<a href="mailto:mens.competitions@british-gymnastics.org">mens.competitions@british-gymnastics.org</a>
National Judging Co-Ordinator	James May	
Disability Representative	Angela Turner	
Coach Education Representative	Jeff Davis	
Technical Committee Member	Andrew Morris	
Technical Committee Member	Tommy McGill	

### British Gymnastics Contact Details

Customer Support	0345 1297129	<a href="mailto:customersupport@british-gymnastics.org">customersupport@british-gymnastics.org</a>
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## National Competition Calendar

	<b>Event &amp; Date</b>	<b>Opening Date</b>	<b>Closing Date</b>	<b>Venue</b>
	<b><u>British Championships Senior, U18, U16, U14, U12</u></b> 16 <sup>th</sup> – 19 <sup>th</sup> April <b>**CANCELLED**</b>	24 <sup>th</sup> January	Noon 6 <sup>th</sup> March	M&S Bank Arena, Liverpool
	<b><u>Disability Artistic British Championships</u></b> 4 <sup>th</sup> October	10 <sup>th</sup> July	Noon 21 <sup>st</sup> August	New College, Leicester
	<b><u>National Elite and Club Development Grades</u></b> 6 <sup>th</sup> – 8 <sup>th</sup> November	14 <sup>th</sup> August	Noon 25 <sup>th</sup> September	GMAC
	<b><u>Club Team Championships &amp; International</u></b> 21 <sup>st</sup> – 22 <sup>nd</sup> November	28 <sup>th</sup> August	Noon 9 <sup>th</sup> October	Sport Wales National Centre, Cardiff

For a complete domestic and international calendar of events please follow link 

## Eligibility

### Membership

All persons attending BG events in an official capacity, whether as a gymnast, coach, judge are required to hold current BG membership in line with the level of competition entered and awards held.

Coaches, Judges and Gymnasts should carry current membership cards to all competitions and be prepared for these to be checked by the Organiser or their appointed officials.

- **Gymnasts**


Membership level must be Competitive Gymnast, Coach or Life Members of BG in order to enter a BG Event.

In normal circumstances, gymnasts should also be a member of a BG registered club.

In exceptional cases, where a gymnast does not belong to a BG registered club they must contact the Events Department and request entry into the Event. If granted such gymnasts will be given the classification as being Independent. In such circumstances the gymnasts must nominate a Supervising Coach and must also meet all other membership requirements.

For all Grades competitions, gymnasts must hold current BG membership at the time of Regional Preliminaries. Anyone discovered to have been without the correct level of membership for these competitions will be disqualified.

- **Lead Coaches**

Lead Coaches' membership level must be Coach or Life Members of BG and coaches must be qualified to the level of all the skills being performed by all Gymnasts in the club/Region before being allowed to participate in a BG Event. Coaches must have current safeguarding and DBS certificates, please see Safeguarding section. The lead coach may authorise other coaches from their club/region to coach skills at a maximum of one level higher than that coaches' qualification but has responsibility for insuring that they are competent to do so. For further information on the changes introduced for Lead and Supervising Coaches, please click here. 

- **Coaches**

Coaches membership level must be Coach or Life Members of BG and coaches must be qualified to a minimum of level 2. Coaches must have current safeguarding and DBS certificates, please see Safeguarding section.

- **Supervised Coaches**

With the explicit authorisation of the lead coach, supervising coaches may coach skills at the maximum of 1 level higher than their current qualification before being allowed to participate in a BG Event, in this instance the supervising coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified. To be a supervised coach you must be a minimum of Level 2. For further information on the changes introduced for Lead and Supervising Coaches, please click here. 

- **Assisting Coaches**

Assisting coaches' Membership level must be Assistant Coach (if Level 1) Coach or Life Members of BG before being allowed to participate in a BG Event. Assisting Coaches must have a current safeguarding and DBS certificate. Please see Safeguarding section. Assisting Coaches cannot be responsible for the Gymnasts.

- **Disability Chaperone**

Chaperones may be permitted to provide pastoral care to gymnasts in certain circumstances. Under no circumstances may a Chaperone coach a gymnast. In the case where a gymnast has a disability, the nature of which indicates that it is deemed necessary to have additional support, they will be entitled to have a carer present with them throughout the competition. The carer will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The carer will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The carer will be required to be dressed appropriately (please refer to the relevant section of the discipline specific code of points) if entering the warm-up hall or field of play.

- **Medical Chaperone**

In exceptional cases, upon written request, a Chaperone may be approved to provide pastoral care to a gymnast with a medical condition. Written medical verification of the need for the carer (from a GP or other medical practitioner) will be required to be submitted to the Events department at least 1 week prior to start of the event. The carer will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The carer will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The carer will be required to be dressed appropriately (please refer to the relevant section of the discipline code of points) if entering the warm-up hall or field of play.



- **Supervising Chaperone**

The TC may authorise Chaperones to assist with pastoral care for gymnasts. These entitlements, if applicable will be defined in the specific competition pages. In these circumstances the Chaperones must either be qualified as a Level 1 Assistant Coach or be a club/regional Welfare Officer and hold the relevant membership and qualifications, DBS/CRB & SPC for their position(s). Supervising Chaperones will not be permitted to enter the field of play.

- **Judges**

Judges' membership level must be Judge or Life Members of BG for Club/County/Regional Judges, and National/Brevet Judge or Life Members of BG for National and Brevet Judges before being allowed to officiate at a BG Event.

From time to time British Gymnastics may invite international judges to officiate at BG events, as such they will not require BG membership.

Judges must also hold a current cycle of judging award (Cycle 14)

BG does not require judges to complete a criminal record check to judge at BG competitions, as the role that judges fulfill at the event no longer falls within DBS or Access NI Eligibility\*. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. BG no longer requires all judges to complete safeguarding training, but clubs should ensure any judge who supervise or instructs children has completed appropriate training.

\* Judges who hold Scottish Gymnastics membership should refer to [Scottish Gymnastics](#)  for further guidance as to whether a check is required.

For further information on membership levels please visit the [British Gymnastics website](#). 

## **Coach Qualifications**

When submitting entries for a BG event, clubs/regions must ensure that where applicable, the nominated Lead Coach is qualified to the level of performance of all the participants from their club/region. Supervising Coaches must be a minimum of level 2. With the explicit authorisation of the Lead Coach, Supervising Coaches may coach skills at the maximum of 1 level higher than their current qualification. If coaching at one level higher than their current qualification, coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified.

All coaches entered into the event entry MUST be the same ones attending the event. It is unacceptable to enter a coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their club/region and that of the Supervising Coaches, Assistant Coaches, Chaperones & Choreographers.

Lead Coaches have a duty of care towards their performers and have responsibility to ensure that all of the Coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

Additional Chaperones may be accredited; at the discretion of the Organiser, to be present in the warm up arena to assist with the pastoral care of the gymnasts. Chaperones may not coach the gymnasts.

If it is found that a club is in breach of these policies BG reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.


## **Safeguarding**


All Coaches; including Lead, Supervised and Assistant, are required to hold a current BG specific DBS certificate, or Home Nation equivalent, and have current Safeguarding and Protecting Children Awareness training at the time of the event. Coaches who do not fulfil this requirement will not be accredited or allowed to participate at BG Events.

All Gymnasts must have an accredited coach present on the competition floor at all times. If a Gymnast attends a competition without a Supervising Coach they will not be allowed to compete.

The safeguarding courses recognised by British Gymnastics are:

Sports Coach UK (scUK) Safeguarding Awareness course.  
Local Safeguarding Children's Board (LSCB)  
Football Association (FA) safeguarding training  
Professional prior learning i.e. Social Worker, Teacher etc.

This must be renewed every three years and be valid both at the time of entry and through to the end of the Event.   
For members who have previously completed a face to face course an online refresher update course is available. Coaches are responsible for checking the expiry date of their safeguarding and ensuring they have sufficient time to renew their award prior to the closing date of the event.

Coaches must also have a valid **BG DBS Disclosure**  both at the time of entry and through to the end of the Event before being allowed to officiate at a BG Event.

### **Nationality**

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

### **British Championships**

Only those in possession of a valid United Kingdom passport (and do not hold a FIG licence for another member federation) are eligible to be ranked in the official Competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official Competition results.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold an FIG License registered by another FIG Member Federation or have not represented another FIG Member Federation.

### **Other British Gymnastics Events**

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes.

Those gymnasts who are not in possession of a valid United Kingdom passport must have been a member of British Gymnastics for at least one year prior to the date of the Competition in order to be eligible to take part. During this period the gymnast's sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

### **Disclosure**

It is the responsibility of the person making the Competition entry to ensure that all of the gymnasts have declared their nationality within Gymnet online membership portal.

### **Policy for the Participation of Trans People in Gymnastics Competition**

For information on Transgender, please refer to the British Gymnastics Transgender Policy which can be found here 

## Competition Entries

### Entry Process

Entry to all National BG Events are Online only. Complete instructions for adding an entry via the GymNet online Entry Portal are available to download from the [BG website](#). 

All entries must be fully submitted electronically to BG by the stipulated closing date and time.

Prior to the event, an entry may only be amended by the person making the original entry.

### Guests

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Event team, a gymnast holding dual citizenship (including a valid United Kingdom passport), who is a member of British Gymnastics but who holds an FIG License registered by another FIG Member Federation may be invited to take part in the British Championships as a Guest. They will receive score(s) but will not receive a ranking in the official competition results. In such circumstances gymnasts will be referred to as Guests. They will not be able to compete in the Masters final.

In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport, and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Head National Coach to take part in British Gymnastics Events.


If a gymnast wishes to compete as a guest (see Nationality section above for details of guest gymnasts) at a British Gymnastics event the club/coach should contact the events department in the first instance before the closing date. Guest gymnasts will be placed on a waiting list. Following the competition closing date a decision will be made between the Technical Committee, the Events Department and the Performance Department as to whether the entry can be accepted. If the entry is accepted the entry fee will then become payable and entered into the club basket. Please refer to the event specific page for any further details.

### Disability Gymnastics

Disability Gymnastics is designed to provide competition and development for people who have a disability and choose not to participate in mainstream competitions.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition.

All clubs and coaches must inform the British Gymnastics Events Team of any of any gymnasts which have medical conditions that require special consideration at BG events. This information should be shared with the BG Events Team at the point of competition entry and will enable the BG events team to make the necessary adjustments where possible to cater for the additional needs of each gymnast.

Gymnasts will be required to provide proof of Disability at least six weeks before the event. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the [Disability Classification Pack](#). 

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

### Methods of Payment

Payment can be made by Debit Card, Credit Card or BACS payment. BACS payment however may slow the entry process. Payments should be received by BG within 48 hours of the entry being submitted. **Entry fees are non-refundable after the closing date.**

## Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including partnerships and groups). For team late entries the fee will be double (including clubs and regions.) However, the late entry payments will be capped at £1000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team will be capped at £1000).

Late entries must be made in writing to the BG Events department and will then be referred to the Organiser for consideration. The Organiser and BG Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

## Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

In the case of a team/regional entry, if a region wishes to make a substitution (due to the withdrawal of a previous team entry) they can only do so up to one week before the event, in writing to the BG event department after the entry is closed. Proof of qualification of the substitute must also be provided if applicable, at the time of the request. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme.

Where it is necessary to substitute a coach the club must inform the BG Events Department in writing at [events@british-gymnastics.org](mailto:events@british-gymnastics.org), so the coach can be checked for membership, awards and safeguarding, before they can be accredited for the Event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current BG membership card and a current BG specific DBS certificate.

Where there are specific rules and/or processes please refer to the specific event page.

## Non-Participation Fee

By entering a gymnast (individual/partnership/group) or a team (team events) into an event, the enterer accepts that, should any gymnast or team fail to register to compete by the end of registration for a competition, the appropriate fee for non-participation will be added to the club basket or in the case of regional entries, basket of the person making that entry.

Fees will be charged as follows:

£25 – Individual / Pair

£50 – Trio / Group / Team

Should a gymnast be withdrawn, for whatever reason, the club or coach must inform the Competition Organiser and Events Department in writing via email or notifying a member of the events team at the registration desk up to the close of registration for the relevant session. Email addresses are listed in the Contact Information on page 6 of this Competition Handbook. Withdrawals will only be accepted via email.

Failure to inform the Events Team and Competition Organiser as laid out above will result in the non-participation fee being charged.

## General Regulations

Coaches' must make adequate provision for the "supervision" of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

## **Registration**

Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by BG.

Specific registration processes where appropriate can be found in the event work plan.

## **Order of Performance**

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining the smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the TC reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

## **Access to Warm up Hall**

Access to the warm up hall will be limited to the appropriate number of Coaches and Chaperones (where applicable) as defined in the specific details section for each Event. On arrival, coaches will need to register and collect their accreditation from registration. In the case of events spanning more than one day, accreditation will be issued for each day. At larger national events the FIG/UEG recognised accreditation system will apply.

Abuse of accreditation may result in disciplinary action being taken by BG.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place unless directed by the judging coordinator or technical coordinator.

## **Food and Drink**

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

## **Babies and Young Children**

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

## **Medical Provision**

Anyone requiring First Aid assistance should speak to either the Competition Organiser or BG medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all BG Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Organiser, based upon the recommendation of the BG appointed medical officer as to the gymnast's health and medical status and their ability to compete at the Event is absolute and final.

## Medal Ceremonies

Except in exceptional circumstances, gymnasts who win a medal at a BG Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person. Medals will only be distributed at events not by post. Attire for medal ceremonies is according to FIG World Championships and UEG rules.

## E-Certificates

As part of efforts to make British Gymnastics' events more sustainable, printed participation certificates have been replaced by e-certificates. Where applicable, a e-certificate will be sent to the participant's registered email address (or the email address of the person with parental responsibility for the participant) following the event.

## Tenure of Trophies

All perpetual trophies remain the property of BG.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either; -

- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the BG offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

## Privacy

British Gymnastics Privacy Notice 

At many events, British Gymnastics may produce event merchandise (eg event tshirts). These may include the names and/or clubs of the gymnasts taking part. Where competing gymnasts have a disability, it may be necessary to share the details of this disability with Performance staff and the Technical Committee in order to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores, results and "Judgecam" videos from British Gymnastics events, where BG Score is present will be made available in the BG Score App and also published on the BG website in the specific event page.

## Video, Film and Photography

Photographs and video footage will be captured at British Gymnastics events.

British Gymnastics accredited photographers and the media may be present and in some cases events may be live streamed by the British Gymnastics TV production team, or broadcast partners. The images taken at events may be used by British Gymnastics, GEL and the British Gymnastics Foundation for the purposes of promotion, education and development of the sport.

They may also be shared with journalists, through social media outlets e.g. Facebook, Instagram, Youtube etc. and our third-party partner organisations for general promotional purposes.


Anyone who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event Organiser. Although it is not always practical to manage the content of live streamed footage, we will ensure any identifiable images of the participant are not published.


British Gymnastics will display clear signage and make announcements about photography and filming at relevant events. Any footage of children and individuals who are vulnerable will be published in accordance with our relevant safeguarding policy.

To make our events entertaining and easy to follow for our audience and fans, we announce and publish information about participants, including nationality, scores and achievements.

Videos of routines performed by participating gymnasts taking part in our major events are made available on the BG Score App but access is restricted to British Gymnastics members.

We delete event photographs and videos after five years unless we consider them to be of public interest and should consequently be archived for historical purposes. Where images have been published on social media, these platform providers may continue to process your data after the retention period has lapsed.

Any person wishing to use video, film or take photographs must abide by the British Gymnastics Photography at Gymnastics Events policy.  Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites.

Clubs may publish some photos but this may only be done in accordance with British Gymnastics Safeguarding & Protecting Children Policy. 

Flash photography may not be used at any time while gymnasts are warming up or competing.

Photography on the Field of Play by gymnasts, coaches and officials is not permitted.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the British Gymnastics appointed Welfare Officer at the event.

### Health & Safety

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration. All BG policies and procedures will be rigorously applied with regards to health, safety, welfare and Safeguarding & Protecting Children.

### Overnight Stays

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be BG recognised Safeguarding and Protecting Children Awareness training or Home Country equivalent.

For **Overnight Trips** the appropriate form needs to be completed in full and sent to British Gymnastics **at least** four weeks prior to travel so we can get your trip approved and endorsed by our insurers. Failure to inform British Gymnastics of **any** overnight stays may invalidate your insurance.

Please note that the BG Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance.


### Drug Free Sport

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the **BG policy** 

### Terms & Conditions of Entry to All Competitions

In addition to BG General Rules & Regulations -

- All entrants agree to be treated by BG appointed medical staff only and be bound by the decision of BG medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. BG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication. 
- You agree to abide by the BG Photography at Gymnastics events policy.
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.
- By submitting an entry into a British Gymnastics event; you must ensure those individuals whose personal data you are providing or may be used by British Gymnastics in relation to the event (this includes gymnastics and people who have parental responsibilities (where the gymnast is a child) coaches, judges and volunteers) are aware and would expect their information to be used, where necessary for pre-event and accreditation information, post event surveys and, where applicable to send out electronic certificates of participation which sent to gymnasts via their email address registered on their membership account. Please refer to the British Gymnastics membership privacy notice available on our website for further details and information about individual rights.

## Men's Artistic Technical Information

### Code of Conduct

#### [British Gymnastics National Technical Committee Code of Conduct](#)

BG, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify any coach judge, official, gymnast or team at any time, if they do not comply with BG regulations.

### Inquiries

Official MTC inquiry forms are available from the Superior Jury and must be completed and returned to them prior to the release of the score of the following Gymnast. Inquiry forms will be published in each event work plan. A coach may only inquire about the D score.

The supervising coach for the club/region of the competing gymnasts places the appeal form with the Superior Jury.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee, only if the inquiry is not upheld.

This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned, if the inquiry is not upheld.

The MTC cannot accept any video or photographic analysis at an event unless an official video replay system is available at each piece of apparatus and could be referred to by the Superior Jury for the benefit of every competitor.

### Regional Representation

Gymnasts may only represent the Region in which their club is situated.

Gymnasts may only represent one Region/Club in one discipline at any one time.

Exceptional circumstances will be considered following written application to the TC.

Where Regional entries are made, gymnasts and coaches must be selected according to the rules and will represent their Region, not Club. They must wear that Regional uniform, no club logos are allowed.

Where regional entries provide a pathway to national events coaches must be qualified according to the rules laid out in pages 8 & 9 of the national Competition Handbook.

### Qualification from Regional Events to National Finals

Gymnasts attempting to qualify for national finals through a regional qualifying competition must attend the competition held in their own region and have one opportunity to qualify.

Extenuating circumstances will be considered following written application to the MTC before any attempt to qualify.

### Age Policy

Gymnasts' ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National BG Events is 9 in the year of competition.

To view the complete BG age policy please view the Health, Safety & Welfare Policy. 



For ease of reference please see the year born interpretation table below;

A gymnast may opt to enter an Individual Championship of a higher age group.

Year Born Eligibility for MAG National Competitions 2020				
British Individual Championships	National Grades	Year Born	TEAM Voluntary	Competitions
	Club/Elite			
	Level 1	2011		
	Level 2	2010		
<b>U12</b>	Level 3	2009	Williams Trophy	
	Level 4	2008		
<b>U14</b>	Level 5	2007		
	Level 6	2006		
<b>U16</b>		2005		Adams Shield
		2004		
<b>U18</b>		2003		
		2002		
<b>Senior</b>		2001 or earlier		

Any gymnast competing in a higher age category cannot return to a lower age category in following years (this does not apply to Team Championships or Masters unless specifically stated). In order to complete an 'out of age' entry the enterer will be required to contact the BG Events Department Directly 0345 129 7128 ext 2395 or email [Events @british-gymnastics.org](mailto:Events@british-gymnastics.org).


### Competition Attire

- Gymnasts

In Competition, Gymnasts should be attired in accordance with the MAG FIG Code of Points , except:

- The wearing of GBR or Home Nations attire at BG Events is strictly forbidden.
- The removal of leotards on the field of play and in public view is not allowed.

- Coaches


- Coaches must wear a tracksuit with full length tracksuit bottoms or full length tracksuit bottoms with a collared polo shirt or club/regional t-shirt and appropriate gym/training shoes.
- The wearing of GBR or Home Nations attire at BG Events is strictly forbidden.
- Long hair should be braided or tied back so as not to obscure vision.
- Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per [Health & Safety Guidance: Safe Coaching](#) .

Non compliance may result in removal of the coach and consequently, for Health and Safety reasons, their gymnast from the competition.

- Judges

In Competition, Judges should be attired in accordance with the MAG FIG Code of Points , except:

- Heels which will damage gymnastic floor covering must be avoided.

- Requests can be made to adopt reasonable clothing modifications at any BG competition. All requests must be on the official [BG Clothing Modification Request Form](#)  and submitted with the competition entry at least four weeks before the competition closing date, to allow sufficient time for full consideration of the application and any possible health and safety implications.

For competitors, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the main arena during the event. Such mobile devices may only be used for monitoring scores and results, where the BG Score App is in operation.

### **Competition Apparatus**

Unless otherwise stated, the equipment at MTC competitions will be to current FIG specifications: Only apparatus supplied at the request of the MTC may be used at National Events.

### **Tall Gymnasts – Horizontal Bar and Rings**

Gymnasts have the right to request permission to raise the horizontal bar and/or rings to accommodate their height.

The request for the horizontal bar or rings to be raised must be at the time of competition entry. The bars will be raised in accordance with the FIG/MTC regulations.

Unauthorised raising of the bars will be penalised in accordance with the FIG regulations.

# British Championships

## U12, U14, U16, U18, Senior & Masters

**\*\*CANCELLED\*\***

**Date:** 16<sup>th</sup> – 19<sup>th</sup> April  
**Venue:** M&S Bank Arena, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP  
**Opening date:** 24<sup>th</sup> January  
**Closing date:** Noon 6<sup>th</sup> March  
**Entry Fee:** £60.00 per gymnast  
**Code:** U12, U14 – [FIG JNR Code 2018-2020](#) with GBR amendments (see Appendix 3)  
U16 & U18 – [FIG JNR Code 2018-2020](#)  
Senior & Masters – [FIG Competition code 2017-2020](#)  
**Nationality:** Gymnasts of foreign nationality or who hold an FIG license for another member federation, must ensure that their nationality is declared on their membership record in order for them to be identified as guests.

### Competition Structure:

- Individual and Apparatus Championships for Senior, U18, U16, U14 and U12 age groups (There are no separate Apparatus Finals, the scores will be taken from the All Around Competition).
- Competition II (incorporating Competition III and qualification to Masters).
- Masters Apparatus Championships
- U14: Vault Finals – 2 different vaults either from the same category or different element group, Height 125cm.
- U12: One Vault will count for Competition II and Competition III, Height 120cm
- Only U18 and Senior gymnasts are eligible to qualify for the Masters

A gymnast is allowed to enter selected individual apparatus within the All Around competition, in order to rank for the Age Group Apparatus Titles and qualify for the Masters.

### Qualification to the British Championships:

In order to improve the overall event, both Men's and Women's Artistic Championships will have a qualification route to compete at the British Championships (see explanatory notes for further detail)

Entries to each age category will be limited to a maximum number of gymnasts, as follows:

- |            |    |
|------------|----|
| • Under 12 | 72 |
| • Under 14 | 72 |
| • Under 16 | 36 |
| • Under 18 | 36 |
| • Senior   | 36 |

From the number of entry places in each age category above, all current members of the relevant British Gymnastics national squads will automatically be entitled to a place at the British Championships, subject to them making an entry prior to the closing date.

All other gymnasts wishing to qualify for either an All Around or Individual Apparatus place must follow the qualification route to be eligible to compete in the British Championships. This qualification route is through the Home Nation Championships.

A gymnast should enter their Home Nation Championship through the normal entry route for that Championships.

If they intend to enter the British Championships, they should submit their entry in the normal way and before the closing date detailed above. Please note that this may be before the Home nation event takes place.

Once all of the Home Nation Championships are completed, a list of scores will be combined and based on the entry numbers above, the relevant number of gymnasts will have their entry accepted.

These remaining places (after taking into account the apparatus places explained below) will be filled by the gymnasts in rank order from the combined All-Around results of all of the Home Nations qualification events. In the event of a tie for the final qualification place, the FIG World Championships tie breaking rules will be applied.

All of the subsequent gymnasts from the ranking list will be placed on a reserve list

The first two reserves for each age group, with an All-Around score from the Home Nations qualification events, will be invited to attend the Championship and in the event of a withdrawal would be able to compete. If there are no withdrawals and they are therefore not able to compete, their entry fee will be returned.

In the event that a gymnast has been entered in the British Championships, but does not achieve a qualification place, their entry fee will be refunded.

The list of reserve gymnasts will be fixed on 10 April. If there are withdrawals after this date no more gymnasts will be added to the reserve list.

### Apparatus Specialists / Masters

Provisionally, 3 places on each apparatus in the Senior and Under 18 British Championships All Around competition will be held for apparatus specialists to qualify through the Home Nations Championships. A Gymnast will need to achieve the qualifying score outlined below in order to qualify for that apparatus only.

If these places aren't used then they will go to the next placed All-Around gymnasts

Score	FX	POM	RGS	VLT	PB	HB
U18	13.0	12.5	12.5	13.0	12.5	12.0
Senior	13.5	13.0	13.0	13.5	13.0	12.5

### Guests

In order to be considered as a Guest, a gymnast must have competed in one of the Home Nation Qualification events. Based on the scores achieved in these qualification competitions, the MTC reserves the right to accept guest gymnasts who compete in the all-around competition and have expressed an interest to take part to the Events team by the entry deadline. This decision will be based on the all-around score of the guest gymnast and the potential to enhance the event. A score of 70+ would be benchmark for a guest competitor to be considered.

### Confirmation

Confirmation of gymnasts invited to attend the British Championships will be made on **Tuesday 7<sup>th</sup> April 2020**

### Coach Qualification and Passes:

Men's Artistic U12/U14/U16/U18/Senior/Masters British Championships	Qualification required
MAG Senior	L2 + appropriate qualification to level of skill
MAG U18	L2 + appropriate qualification to level of skill
MAG U16	L2 + appropriate qualification to level of skill
MAG U12	L2 + appropriate qualification to level of skill
MAG U14	L2 + appropriate qualification to level of skill
MAG Masters	L2 + appropriate qualification to level of skill

Number of Gymnasts	Coaches (Per Competition)
1	1
2-10	2
10+	3

- Maximum one coach per gymnast

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

#### **Tie Breaks:**

- Tie-break rules as per [FIG Regulations \(World Championships\)](#) 

#### **Awards:**

##### **U12 & U14 All Around**

- Glass Trophy, Gold medal
- Silver & Bronze medals
- A presentation will be made to the coach of the overall U12 & U14 British Champions
- Diplomas awarded for places 1 – 6
- Participation Certificates for all gymnasts
- **U12 & U14 Individual Apparatus**
- Glass Trophy, Gold medal
- Silver & Bronze medals
- Diplomas awarded for places 1-3

##### **U16 All Around**

- Glass trophy, Gold Medal
- Silver medal
- Bronze medal
- A presentation will be made to the coach of the overall U16 British Champion
- Diplomas awarded for places 1 – 6
- Participation Certificates for all gymnasts

##### **U16 Individual Apparatus**

- Glass Trophy, Gold medal
- Silver and Bronze medals
- Diplomas awarded for places 1 – 3

##### **U18**

- Glass trophy, Gold medal
- Silver and Bronze medals
- A presentation will be made to the coach of the overall U18 British Champion
- Diplomas awarded for places 1 – 6
- Participation Certificates for all gymnasts

##### **U18 Individual Apparatus**

- Glass Trophy, Gold medal
- Silver and Bronze medals
- Diplomas awarded for places 1 – 3

##### **Senior**

- Perpetual trophy, glass trophy, gold medal, training grant. **Prize money is being reviewed.**
- Silver medal, training grant. **Prize money is being reviewed.**
- Bronze, training grant. **Prize money is being reviewed.**
- A presentation will be made to the coach of the overall Senior British Champion
- Diplomas awarded for places 1 – 6
- Participation Certificates for all gymnasts

##### **Senior Individual Apparatus**

- Gold, silver and bronze medals
- Diplomas awarded for places 1 – 3

##### **Masters**

- Prize money per apparatus. **Prize money is being reviewed.**
- Glass Trophy
- Gold, Silver and Bronze medal

## British Disability Masters

- Date:** 16th – 19th April (Pre competition training available)
- Venue:** M&S Bank Arena, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP
- Opening date:** 24th January
- Closing date:** Noon 6th March
- Entry Fee:** £15.00 per apparatus capped at £60.00
- Code:** [MAG Disabilities COP 2019](#)

### Eligibility:

By invitation only - (The top 50% of scores on each piece of apparatus, up to a maximum of 6 men from the Open Junior and Senior class from the MAG Disability British Championships in the previous year, will be eligible for invitation by their respective NTC. In addition, the NTC reserve the right to award 'wildcards' where thought appropriate for qualification.)

### Competition Structure:

- Competition Open Class Men – Individual Apparatus Finals

**Coaches Qualifications- Please follow the link to check your awards**

### Coach Qualification and Passes:

Competition	Qualification required
Disability Masters	L2 + appropriate qualification to level of skill

### Tie Breaks:

- Tie-break rules as per the **FIG regulations (World Championships)**

### Awards

- Trophy, Gold Medal & Diploma for Vault, Rings, Pommel, P-Bars, Highbar, Floor
- Silver Medal & Diploma for Vault, Rings, Pommel, P-Bars, Highbar, Floor
- Bronze Medal & diploma for Vault, Rings, Pommel, P-Bars, Highbar, Floor
- Participation Certificate

## Disability Artistic British Championships

**Please note all rules and regulations noted in pages 1- 18 of this Handbook apply to this competition**

**Date:** 4<sup>th</sup> October  
**Venue:** New College, Greencoat Court, Greencoat Rd, Leicester LE3 6RN  
**Opening date:** 10<sup>th</sup> July  
**Closing date:** Noon 21<sup>st</sup> August  
**Entry Fee:** £30.00 per gymnast  
**Code:** [MAG Disabilities COP 2019](#)  
**Eligibility:**

- Gymnasts will be required to send in a [Disability Gymnastics Classification Certificate](#) as proof of disability at least 6 weeks before an event.
- Classification      Class 1 = Learning Disability  
                                  Class 2 = [Physical or Sensory Disability](#)

**Competition Structure:**  
 Competitions available

- Open                      Under 12 (no classification)      Class 1                      Class 2
- A                            Under 12 (no classification)      Class 1                      Class 2
- B                            Under 12 (no classification)      Class 1                      Class 2

In Disability Competition Classes where there are fewer than three competitors, the Competition Organiser, at their discretion, may merge some competition categories in order to make a more meaningful competition.

**Age Groups**

Open and Competition A & B

- Men's                      U12 (no classification)
- Men's                      Junior – Under 16
- Men's                      Senior – 16 and over

**Coach Qualifications:**

Category	Qualification
All Competitions	General Level 2 or discipline specific Club and above


**Awards:**

- Trophies will be presented to the winners of the Open (Senior) competition.
- A presentation will be made to the coaches of the overall Senior British Champion
- Medals will be awarded to the top 3 overall placing gymnasts in each age group and at each level.\*
- Apparatus medals will only be awarded in the Open competitions at each completed level and age groups.
- Apparatus medals will be awarded in Competitions A & B to the top 3 scores in Senior, Junior & Under 12 regardless of categorisation.
- Participation certificates will be issued at registration.

\*To be considered for overall placing in the Open, Competition A and Competition B, the gymnast must compete on a minimum of 3 (Women) or 4 (Men) pieces of apparatus. The overall total scores for each gymnast will determine the final placing.

## National Elite & Club Development Grades

**Date:** 6<sup>th</sup> – 8<sup>th</sup> November  
**Venue:** GMAC  
**Opening date:** 14<sup>th</sup> August  
**Closing date:** Noon 25<sup>th</sup> September  
**Entry Fee:** £60.00 per gymnast or £225.00 per team

**Code:** [Men's Artistic National Elite Grades 2017-2020](#)   
[Men's Artistic Gymnastics Grades 2018-2020](#) 

**Eligibility:** Regional entry only  
 Gymnasts may only represent one Region/Club per discipline at one time.  
 Gymnasts attempting to qualify for National Finals through a Regional qualifying competition must attend the competition held in their own Region and have one opportunity to qualify.

### Competition Structure:

- Team – As per 'Setwork Performance Pathway National Elite and Club Development Grades' structure
- Individual entries are accepted only where a region does not enter a team
- Elite Grades Level 5 & 6 entry fee will be determined by the size of the team per individual i.e £60 per gymnast
- Structure as per BG National Elite & Club Development Grades booklet 2013 which can be found by logging into Gymnet and looking at the resources section.
- For team size see Appendix 2

### Coach Qualification and Passes:

Level 1 coach will be allowed on the floor if the second coach is Level 2 or above.

National Elite & Club Development Grades	Qualification required
National Elite Grades - L6 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L6 – Individual	L2 + appropriate qualification to level of skill
National Elite Grades - L5 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L5 – Individual	L2 + appropriate qualification to level of skill
National Elite Grades - L4 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L4 – Individual	L2 + appropriate qualification to level of skill
National Elite Grades - L3 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L3 – Individual	L2 + appropriate qualification to level of skill
National Elite Grades - L2 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L2 – Individual	L2 + appropriate qualification to level of skill
National Elite Grades - L1 – Team	L2 + appropriate qualification to level of skill
National Elite Grades - L1 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 6 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 6 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 5 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 5 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 4 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 4 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 3 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 3 – Individual	L2 + appropriate qualification to level of skill
Club Development Grades - Level 2 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 2 – Individual	L2 + appropriate qualification to level of skill



Club Development Grades - Level 1 – Team	L2 + appropriate qualification to level of skill
Club Development Grades - Level 1 – Individual	L2 + appropriate qualification to level of skill

- Two coaches per team, one coach per 1-3 gymnasts

**Tie Breaks:**

Ties will not be broken – In the event of a tie the trophies will be shared proportionately over the 12 months

**Awards:**

**Elite & Club Development Grades**

- Individual: Gold, silver and bronze medals for each level.
- Team: Gold, silver and bronze medals for each level.
- Participation Certificates for all gymnasts

**Elite Grades**

The Blakeborough Trophy (glass) will be awarded to the Region gaining the most points throughout all levels of competition (individual and Team). Points are awarded as below;

**Club Development Grades**

The Bob Currier Trophy (glass) will be awarded to the Region gaining the most points throughout all levels of competition (individual and Team). Points are awarded as below;

Individual/Team position:

- 1<sup>st</sup> – 10 points
- 2<sup>nd</sup> – 6 points
- 3<sup>rd</sup> – 4 points
- 4<sup>th</sup> – 3 points
- 5<sup>th</sup> – 2 points
- 6<sup>th</sup> – 1 point

## Club Team Championships & International

<b>Date:</b>	21st & 22nd November
<b>Venue:</b>	Sport Wales National Centre
<b>Opening date:</b>	28 <sup>th</sup> August
<b>Closing date:</b>	Noon 9 <sup>th</sup> October
<b>Entry Fee:</b>	£170.00 per Club Team
<b>Code:</b>	MTC U14 Judging Code (Appendix 3). – Williams Trophy FIG Code 2017-2020 – Adams Shield

### Eligibility:

- Clubs may enter more than one team for each competition plus two reserves (indicating clearly the 'A' or preferred team).
- The Competition Organiser reserves the right to limit the number of teams to ensure the smooth running of the event.
- Replacement gymnasts can only be used if proof of BG membership can be shown.

### Competition Structure:

- Bill Williams Trophy (11-14yrs 2009 - 2006) – Competition I – 6 in team, 5 to perform, 4 to count.
- Adams Shield (15yrs and over born 2005 or before) – Competition I – 5 in team, 4 to perform, 3 to count.
- Please note there will be an international element to this competition, the invited teams will be announced prior the event.

### Coach Qualification and Passes:

Men's Artistic Club Teams Championships	
Williams Trophy	Level 2 with appropriate qualification to level of skill
Adams Shield	Level 2 with appropriate qualification to level of skill

Number of Teams	Coaches
1	2
2	4
3	6

- Two coaches per team

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

### Tie Breaks:

- Tie-break rules as per [FIG Regulations \(World Championships\)](#) 

### Awards:

- Team: Gold, silver and bronze medals.
- Bill Williams trophy and glass trophy awarded to the winning Team in the 11 to 14 age group
- Adams Shield and glass trophy awarded to the winning Team in the 15 and over age group
- Dave Elgy trophy – Contribution to the Team.
- Gymnova Cup – Awarded to the Club who has achieved the highest overall score from both the Adam Shield and the Bill Williams trophy competitions combined.

## Appendices

### Appendix 1- Home Countries, English Regions & Island Associations

#### Home Countries

England

Scotland

Wales

Northern Ireland

#### Website Address

[www.british-gymnastics.org/england](http://www.british-gymnastics.org/england)

[www.scottishgymnastics.org](http://www.scottishgymnastics.org)

[www.welshgymnastics.org](http://www.welshgymnastics.org)

[www.british-gymnastics.org/northern-ireland](http://www.british-gymnastics.org/northern-ireland)

#### English Regions

North

North West

Yorkshire

West Midlands

East Midlands

East

London

South East

South

South West

[www.british-gymnastics.org/north](http://www.british-gymnastics.org/north)

[www.nwga.co.uk](http://www.nwga.co.uk)

[www.british-gymnastics.org/yorkshire](http://www.british-gymnastics.org/yorkshire)

[www.british-gymnastics.org/west-midlands](http://www.british-gymnastics.org/west-midlands)

[www.british-gymnastics.org/east-midlands](http://www.british-gymnastics.org/east-midlands)

[www.british-gymnastics.org/east](http://www.british-gymnastics.org/east)

[www.british-gymnastics.org/london](http://www.british-gymnastics.org/london)

[www.british-gymnastics.org/south-east](http://www.british-gymnastics.org/south-east)

[www.british-gymnastics.org/south](http://www.british-gymnastics.org/south)

[www.british-gymnastics.org/south-west](http://www.british-gymnastics.org/south-west)

#### Island Associations

Isle of Man Gymnastics

[www.iomgymnastics.org](http://www.iomgymnastics.org)

## Appendix 2

### Network Performance Pathway National Elite & Club Grades

The Network plan has been structured for development and participation with 2 pathways of performance, Club Grades and National Elite Grades, each with 6 levels. The MTC age for each level is defined. This allows Regions to field up to 12 teams over the 2 pathways of Club and Elite.

It is important to study the entire Network plan to see how progress is made. There are no qualifying scores to pass from one pathway to another however, coaches should make realistic choices to provide the best opportunity for their gymnast and refer to the guidelines provided in the Network Booklets.

Clubs and Regions may wish to adapt the Talent Pathway model for their own development purposes and would be encouraged to provide opportunities for out of age competition experience to assist regional development.

Club Grades (Team and Individual) Bob Currier Trophy			GYMNASTS MAY ONLY COMPETE IN ONE PATHWAY IN ANY ONE YEAR BUT MAY TRANSFER ACROSS IN EITHER DIRECTION IF THEIR PERFORMANCE LEVEL REQUIRES IN SUBSEQUENT YEARS	National Elite Grades (Team and Individual) Paul Blakeborough Trophy		
National Finals Age Group				National Finals Age Group		
Regional entry (Individuals accepted*)				Regional entry (Individuals accepted*)		
Level 6	U14	4/4/3		Level 6	U14	3/3/2
Level 5	U13	4/4/3		Level 5	U13	3/3/2
Level 4	U12	5/5/4		Level 4	U12	4/4/3
Level 3	U11	5/5/4		Level 3	U11	4/4/3
Level 2	U10	6/6/4	Level 2	U10	6/6/4	
Level 1	O8/U9	6/6/4	Level 1	O8/U9	6/6/4	
*Individual entries outside a team are not accepted			*Individual entries outside a team are accepted at the discretion of the national staff – enquiry by region needed.			

The National Talent Pathway for Men's Artistic Gymnastics has undergone a complete and thorough overhaul. A great deal of consultation was undertaken and the Men's Technical Committee is confident that once in place and working, the new structure will satisfy many of needs for Clubs and Regions with National aspirations. It is anticipated that throughout the 2017-20 Tokyo Olympic Cycle a variety of initiatives will be undertaken by Regions. With the National Talent Pathway, it is hoped that Regions will take the initiative to create Regional Squad structures (with British Gymnastics support where possible), catering for the performance development of their Clubs and gymnasts. Regions should be the focus of our foundations for future excellence, concentrating on performing the Grades with high technical quality. This in turn will underpin the Great Britain National Squad structures. Clubs should support their Region and further progress their gymnasts along the voluntary performance path. Each level of the Grades is critical to the development of sound foundations for progressive gymnastic performance as demonstrated by the success across Europe and the World by British Men's gymnastics.

Note that all judging considerations have been replaced with Performance Considerations. ALL judging is as per the FIG Code of Points 2017-2020 Cycle 14 unless specific rules apply.

## Appendix 3

## 2017-2020 MTC Judging Codes

The FIG Code of Points is used for all British Gymnastic Competitions in all age groups. ONLY the following exceptional amended rules apply. If there is no exception or amended rule listed here then the published FIG Code rule applies.

### Senior

Senior gymnasts will be judged on the [FIG code 2017-2020](#) 

### U18 and U16

2002-2005 born will be judged on the [FIG JNR code 2018-2020](#) 

### U14

2006 and 2007 born, will be judged on the FIG Junior code 2017-2020 with the following exceptions and amendments:

- Additional safety mats up to 30cm will be allowed as an option on request at High Bar, Rings and 10cm at Parallel Bars all without penalty.
- Vault height 125cm

### U14 - Short Routines Deductions

- |                      |              |
|----------------------|--------------|
| • 7 elements or more | E jury 0.00  |
| • 6 elements         | E jury 2.00  |
| • 5 elements         | E jury 4.00  |
| • 3-4 elements       | E jury 6.00  |
| • 1-2 elements       | E jury 8.00  |
| • No Elements        | E Jury 10.00 |

### U12

2008 and 2009 born, will be judged on the FIG Junior Code 2017-2020 Cycle 14 with the following exception and amendments including the MTC supplementary list of recognised A parts (Appendix 4):

- Dismount requirements will be B = 0.5 and A = 0.3 (code or supp list)
- Parallel Bar heights may be lowered to between 160 and 180cm without penalty.
- For Pommel Horse a springboard may be used to mount the apparatus without penalty. The coach will be responsible for removing the springboard from the working area after mount.
- Additional safety mats up to 30cm will be allowed as an option on request at High Bar, Rings and 10cm at Parallel Bars all without penalty.
- Vault height will be 120cm.
- Shorts with socks may be used without penalty. (Teams must dress uniformly)
- The MTC supplementary list of recognised A parts (Appendix 4) will be used. These A parts will be counted as Elements of value 0.1 and qualify for Element Groups.

### U12 – Short Routines Deductions

- |                      |              |
|----------------------|--------------|
| • 5 elements or more | E jury 0.00  |
| • 4 elements         | E jury 2.00  |
| • 3 elements         | E jury 4.00  |
| • 1-2 elements       | E jury 6.00  |
| • No elements        | E jury 10.00 |

## Special Notes for Stand-Ins

In addition to the FIG Code of Points right for coaches to be present at Rings and Horizontal Bar, at all MTC competitions for U12s and U14s, coaches may be present at Floor (outside the 12m x 12m lines), Vault and Parallel Bars during the gymnasts' exercise for reasons of safety, without penalty.

At all MTC competitions for U12s stand-ins are COMPULSORY at Horizontal Bar and Rings

## Appendix 4 MTC Supplementary list of recognised A parts -

Element Group	1	2	3	4
Floor	Non acrobatic elements	Acrobatic elements forward	Acrobatic elements backward & Arabian elements	Dismounts
	Backward roll to handstand straight arms	Round off		
Pommel	Single leg swings and scissors	Circle & flairs, with and/or without spindles, handstands, Kehrsings, etc	Travel type elements	Dismounts
	½ scissor (one only either fwds or bwds)			
Rings	Kip and swing elements & swings through or to handstand	Strength elements and hold elements	Swing to strength hold elements	Dismounts
		Muscle up		
P.Bar	Elements in support or through support on 2 bars	Elements starting in upper arm position	Long swings in hang on 1 or 2 bars and underswings	Dismounts
	Stutz to 45°	Back uprise to support	Moy to upper arm	Back salto tucked. Also from long hang
H.Bar	Long hang swings and without turns	Flight elements	In bar and Adler elements	Dismounts
			Stoop/straddle on & off backwards	

