

**2019 TeamGym  
Competition Handbook©**

## **Version History**

The TeamGym Technical Committee reserves the right to make amendments to this Handbook.

Notification of a change to the handbook will be communicated through the British Gymnastics website and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;

### **Version 1.0 Original –**

**V1.1** – 15/01/2019 – Page 5 & 8 Supervising Coach definition changed

**V1.2** – 18/02/2019 – Venue name change from Echo to M&S Bank Arena

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## Definition of Terms

- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the supervising coach. Assisting coach(es) must meet all of the relevant eligibility requirements.
- **BG** means British Gymnastics
- **BGF** means British Gymnastics Foundation
- **Championships** means any British Championship organised by or on behalf of BG.
- **Choreographers** will create and develop new routines.
- **CJP** – means Chair of Judging Panel
- **Code** means the Code of Points used for the competition, from which technical information and regulations are taken.
- **CPSU** means Child Protection in Sport Unit
- **Criminal Record Certificate** means DBS (previously CRB) Access NI Eligibility or PVG
- **DJ-** means Difficulty Judge
- **Event** means any national competition and championships organised by or on behalf of BG.
- **FIG** means Federation Internationale de Gymnastique
- **GEL** means Gymnastics Enterprise Ltd
- **IDP** means International Development Pathway
- **Lead Coach** – The coach taking overall responsibility for all the gymnasts from their club/region. The Lead Coach must be present in the venue throughout the event to take responsibility for their coaches and gymnasts. The Lead Coach must possess sufficient qualification to cover all the skills that any of their gymnasts will be performing within the competition.
- **Medical Certificate** means a letter on headed paper signed by a Doctor or Physiotherapist confirming the gymnast is unfit to take part in the competition
- **NDP** means National Development Plan
- **Officials** are people recruited to assist with the delivery of the overall event i.e Floor Manager, Ceremonies Manager, Spectator Tickets Manager
- **Organiser** means the TeamGym National Competition Organiser (NCO) or their designated representative, who is authorised by, or on behalf of BG
- **SJ** – means Superior Jury
- **Coach(es)** are those coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Any changes to the supervising coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to supervising coaches will only be permitted where the replacement coach meets all of the relevant Eligibility requirements
- **TC** means the TeamGym Technical Committee of BG and/or any Technical Committees appointed from time to time acting with the appropriate delegated authority.
- **UEG** means Union Europeene de Gymnastique
- **Unattached** means gymnasts who are not members of a BG registered club but hold appropriate BG membership.
-  means it is a **hyperlink** to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current UEG rules apply. However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

## Contact Information

### Technical Committee


|                                |                   |  |
|--------------------------------|-------------------|--|
| Chair                          | Dr Peter Tranckle | <a href="mailto:peter.tranckle@british-gymnastics.org">peter.tranckle@british-gymnastics.org</a>             |
| National Competition Organiser | Donna Crowther    | <a href="mailto:teamgym.competitions@british-gymnastics.org">teamgym.competitions@british-gymnastics.org</a> |
| National Judging Co-Ordinator  | Maggie Kerr       |  |
| Disability Representative      | Candy Lakin       |  |
| Coach Education Representative | Enid Harrison     | <a href="mailto:enid.harrison@british-gymnastics.org">enid.harrison@british-gymnastics.org</a>               |
| Technical Committee Member     | Lisa Rose         |  |

### British Gymnastics Contact Details

|                  |                        |  |
|------------------|------------------------|--|
| Customer Service | 0345 1297129 ext. 2395 | <a href="mailto:customerservice@british-gymnastics.org">customerservice@british-gymnastics.org</a> |
|------------------|------------------------|--|

## National Competition Calendar

|   | <b>Event &amp; Date</b>   | <b>Opening Date</b>       | <b>Closing Date</b>              | <b>Venue</b>                        |
|---|---|---------------------------|----------------------------------|-------------------------------------|
|  | Northern Qualifier<br>2 <sup>nd</sup> – 3 <sup>rd</sup> March             | 7 <sup>th</sup> December  | Noon<br>18 <sup>th</sup> January | Northumbria University, Newcastle   |
|  | Southern Qualifier<br>9 <sup>th</sup> – 10 <sup>th</sup> March            | 14 <sup>th</sup> December | Noon<br>25 <sup>th</sup> January | Bracknell Leisure Centre, Bracknell |
|  | TeamGym British Championships<br>25 <sup>th</sup> – 28 <sup>th</sup> July | 3 <sup>rd</sup> May       | Noon<br>14 <sup>th</sup> June    | M&S Bank Arena, Liverpool           |
|  | TeamGym Challenge<br>25 <sup>th</sup> – 28 <sup>th</sup> July             | 3 <sup>rd</sup> May       | Noon<br>14 <sup>th</sup> June    | M&S Bank Arena, Liverpool           |

For a complete domestic and international calendar of events please follow link 

# Eligibility

## Membership

All persons attending BG events in an official capacity, whether as a gymnast, coach, judge are required to hold current BG membership in line with the level of competition entered and awards held.

Coaches, Judges and Gymnasts should carry current membership cards to all competitions and be prepared for these to be checked by the Organiser or their appointed officials.

- **Gymnasts**

Membership level must be Competitive Gymnast, Coach or Life Members of BG in order to enter a BG Event.

In normal circumstances, gymnasts should also be a member of a BG registered club.

In exceptional cases, where a gymnast does not belong to a BG registered club they must contact the Events Department and request entry into the Event. If granted such gymnasts will be given the classification as being Unattached. In such circumstances the gymnasts must nominate a Supervising Coach and must also meet all other membership requirements.

For all Grades competitions, gymnasts must hold current BG membership at the time of Regional Preliminaries. Anyone discovered to have been without the correct level of membership for these competitions will be disqualified.

- **Lead Coaches**

Lead coaches' membership level must be Coach or Life Members of BG and coaches must be qualified to the level of all the skills being performed by all Gymnasts in the club/Region before being allowed to participate in a BG Event. Coaches must have current safeguarding and DBS certificates, please see Safeguarding section.

- **Coaches**

Coaches' membership level must be Coach or Life Members of BG and coaches must be qualified to a minimum of level 2. Coaches must have a current safeguarding & DBS certificate. Please see Safeguarding section.

- **Supervised Coaches**

With the explicit authorisation of the lead coach, supervised coaches may coach categories dependant on their qualifications, based on the table detailed on each event page.

- **Assisting Coaches**

Assisting coaches' Membership level must be Assistant Coach (if Level 1), Coach or Life Members of BG before being allowed to participate in a BG Event. Coaches must have a current safeguarding & DBS certificate. Please see Safeguarding section. Assisting Coaches cannot be responsible for the Gymnasts.

- **Chaperones**

Chaperones must have current BG membership and Safeguarding award and will only have access to the warm up hall when in attendance at an event.

- **Judges**


Judges' membership level must be Judge or Life Members of BG for Club/County/Regional Judges, and National/Brevet Judge or Life Members of BG for National and Brevet Judges before being allowed to officiate at a BG Event.

From time to time British Gymnastics may invite international judges to officiate at BG events, as such they will not require BG membership.

Judges must also hold a current cycle of judging award (Cycle 5)

BG does not require judges to complete a criminal record check to judge at BG competitions, as the role that judges fulfill at the event no longer falls within DBS or Access NI Eligibility\*. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. BG no longer requires all judges to complete safeguarding training but clubs should ensure any judge who supervise or instructs children has completed appropriate training.



\* Judges who hold Scottish Gymnastics membership should refer to [Scottish Gymnastics](#)  for further guidance as to whether a check is required.

For further information on membership levels please visit the [British Gymnastics website](#). 

## Coach Qualifications

When submitting entries for a BG event, clubs/region must ensure that the nominated Lead Coach is qualified to the level of performance of all the participants from their club/region. Supervising Coaches must be a minimum of level 2.

All Coaches entered into the event entry MUST be the same ones attending the event in a coaching role. It is unacceptable to enter a coach you know will not be attending in that role. Where applicable, the Lead Coach has the ultimate responsibility for all the participants from their club/region and that of the Supervising Coaches, Assistant Coaches, Chaperones & Choreographers.

Coaches have a duty of care towards their performers and have a responsibility to ensure that they are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

Additional Chaperones may be accredited; at the discretion of the Organiser, to be present in the warm up arena to assist with the pastoral care of the gymnasts. Chaperones may not coach the gymnasts.

If it is found that a club is in breach of these policies BG reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.


## Safeguarding

All Coaches are required to hold a current BG specific DBS certificate, or Home Nation equivalent, and have current Safeguarding and Protecting Children Awareness training at the time of the event. Coaches who do not fulfil this requirement will not be accredited or allowed to participate at BG Events.

All Gymnasts must have an accredited coach present on the competition floor at all times. If a Gymnast attends a competition without a Supervising Coach they will not be allowed to compete.

The safeguarding courses recognised by British Gymnastics are:

Sports Coach UK (scUK) Safeguarding Awareness course.  
Local Safeguarding Children's Board (LSCB)  
Football Association (FA) safeguarding training  
Professional prior learning i.e. Social Worker, Teacher etc.

This must be renewed every three years and be valid both at the time of entry and through to the end of the Event.   
For members who have previously completed a face to face course an online refresher update course is available. Coaches are responsible for checking the expiry date of their safeguarding and ensuring they have sufficient time to renew their award prior to the closing date of the event.

Coaches must also have a valid [Criminal Records Certificate](#)  both at the time of entry and through to the end of the Event before being allowed to officiate at a BG Event.

## Nationality

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

British Championships:

Only those in possession of a valid United Kingdom passport (and do not hold a FIG licence for another member federation) are eligible to be ranked in the official Competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official Competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG statute. They will receive score(s) but will not receive a ranking in the official Competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold an FIG License registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official Competition results.

Other British Gymnastics Events:

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes.

Those gymnasts who are not in possession of a valid United Kingdom passport must have been a member of British Gymnastics for at least one year prior to the date of the Competition in order to be eligible to take part. During this period the gymnast's sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in British Gymnastics Events. The Technical Committee with approval from the Performance Director will have the discretion to determine whether their scores will contribute towards the official Competition results.

Disclosure


It is the responsibility of the person making the Competition entry to ensure that all of the gymnasts have declared their nationality within Gymnet online membership portal.

## Policy for the Participation of Trans People in Gymnastics Competition

For information on Transgender, please refer to the British Gymnastics Transgender Policy which can be found here 

## Competition Entries

### Entry Process

Entry to all National BG Events are Online only. Complete instructions for adding an entry via the GymNet online Entry Portal are available to download from the [BG website](#). 

All entries must be fully submitted electronically to BG by the stipulated closing date and time.

Prior to the event, an entry may only be amended by the person making the original entry.

### Guests


If a gymnast wishes to compete as a guest (see Nationality section above for details of guest gymnasts) at a British Gymnastics event the club/coach should contact the events department in the first instance before the closing date. Guest gymnasts will be placed on a waiting list. Following the competition closing date a decision will be made between the Technical Committee, the Events Department and the Performance Department as to whether the entry can be accepted. If the entry is accepted the entry fee will then become payable and entered into the club basket.

### Disability Gymnastics

Disability Gymnastics is designed to provide competition and development for people whose disability or impairment restricts their mainstream competitive opportunities.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition.

All clubs and coaches must inform the British Gymnastics Events Team of any of any gymnast(s) which have medical conditions that require special consideration at BG events. This information should be shared with the BG Events Team at the point of competition entry and will enable the BG events team to make the necessary adjustments where possible to cater for the additional needs of each gymnast.

Gymnasts will be required to provide proof of disability at least six weeks before the event. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the [Disability Classification Pack](#). 

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

In 2019, Disability Teamgym Competitions will have 2 competition categories ('Pan Disability, meaning all team members with any impairments, plus mixed ability meaning half mainstream and half disability gymnast in equal numbers in the team). However as competitor numbers grow, the introduction of the Classification System will allow British Gymnastics the flexibility to increase the number of competition categories whilst ensuring that competition remains fair.

### Methods of Payment

Payment can be made by Debit Card, Credit Card or BACS payment. BACS payment however may slow the entry process. Payments should be received by BG within 48 hours of the entry being submitted.

*Entry fees are non-refundable after the closing date.*

## Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including partnerships and groups). For team late entries the fee will be double (including clubs and regions.) However, the late entry payments will be capped at £1000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team will be capped at £1000).

Late entries must be made in writing to the BG Events department and will then be referred to the Organiser for consideration. The Organiser and BG Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

## Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

For NDP Grades Finals, if a Region wishes to make a substitution (due to the withdrawal of a previous regional entry) of a Pair/Group, they can only do so up to one week before the event, in writing to the BG event department after the entry is closed. Proof of qualification of the substitute must also be provided if applicable, at the time of the request. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme.

Please note that there are no reserve gymnasts, as the modified code allows clubs to enter up to the maximum of 12 gymnasts in each team across each age group. Only gymnasts actually competing should be entered into the event.

Where it is necessary to substitute a coach the club must inform the BG Events Department, so the coach can be checked for membership, awards and safeguarding, before they can be accredited for the event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current BG membership card and a current BG specific Criminal Records Check certificate.

Where there are specific rules and/or processes please refer to the specific event page.

## Non-Participation Fee

By entering a gymnast (individual/partnership/group) or a team (team events) into an event, the enterer accepts that, should any gymnast or team fail to register to compete by the end of registration for a competition, the appropriate fee for non-participation will be added to the club basket or in the case of regional entries, basket of the person making that entry.

Fees will be charged as follows:

£25 – Individual / Pair

£50 – Trio / Group / Team

Should a gymnast be withdrawn, for whatever reason, the club or coach must inform the Competition Organiser and Events Department in writing via email up to the close of registration for the relevant session. Email addresses are listed in the Contact Information on page 6 of this Competition Handbook. Withdrawals will only be accepted via email.

Failure to inform the Events Team and Competition Organiser as laid out above will result in the non-participation fee being charged.

## General Regulations

Coaches' must make adequate provision for the "supervision" of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

### Registration

Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by BG.

Specific registration processes where appropriate can be found in the event work plan.


### Order of Performance

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining the smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the TC reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

### Music


All music for competition routines must be uploaded onto the GymNet portal at the latest one week before the competition date (see event page for specific time and date).

Instructions for submitting music electronically may be found within the [Online Entry Guide](#) 

### Late Music Submission

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. This fee will be added to your club basket. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

### Music Licensing

All music used in competition routines must conform to the relevant licensing requirements. Details may be found at the following link. 

Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL website to confirm the track is included within their repertoire.

To check tracks go to <http://www.ppluk.com/> scroll to the bottom of the page and click on 'PPL Repertoire Search' enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber or Cirque du Soleil to use the track and pay the relevant licensing fees.

### Access to Warm up Hall

Access to the warm up hall will be limited to the appropriate number of Coaches and Chaperones (where applicable) as defined in the specific details section for each Event. On arrival, coaches will need to register and collect their accreditation from registration. In the case of events spanning more than one day, accreditation will be issued for each day. At larger national events the FIG/UEG recognised accreditation system will apply.

Abuse of accreditation may result in disciplinary action being taken by BG.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place.

## Food and Drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

## Babies and Young Children

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

## Medical Provision

Anyone requiring First Aid assistance should speak to either the Competition Organiser or BG medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all BG Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Organiser, based upon the recommendation of the BG appointed medical officer as to the gymnast's health and medical status and their ability to compete at the Event is absolute and final.

## Medal Ceremonies

Except in exceptional circumstances, gymnasts who win a medal at a BG Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person. Medals will only be distributed at events not by post. Attire for medal ceremonies is according to FIG World Championships and UEG rules.

TeamGym Medal Ceremonies only - Only gymnasts that actually compete will be awarded a medal.

## Tenure of Trophies

All perpetual trophies remain the property of BG.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either; -

- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the BG offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

## Privacy

British Gymnastics Privacy Notice 



At many events, British Gymnastics may produce event merchandise (eg event tshirts). These may include the names and/or clubs of the gymnasts taking part.

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with Performance staff and the Technical Committee in order to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores, results and "Judgecam" videos from British Gymnastics events, where BG Score is present will be made available in the BG Score App and also published on the BG website in the specific event page.

**Video, Film and Photography** Personal information to confirm you have been entered into the correct category and to enable you to participate in the event. All BG competitions are large events where filming and photography by BG accredited photographers and the media will be taking place. In some cases, the events will be videoed and/or live streamed by BG TV. Images taken at our events may be used by BG, BGF and GEL for the purposes of promotion, education and development of the sport. They may also be shared with relevant third parties organisations for journalistic/promotional purposes. The results of BG competitions are published and videos of routines performed by participating gymnastics are made available for viewing by BG members.

Any gymnast or parent who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event Organiser. Although it is not always practical to manage the content of live streamed footage, we will ensure any identifiable images of the participant are not published.

Any person wishing to use video, film or take photographs must abide by the [BG Photography at Gymnastics Events policy](#) . Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites. Clubs may publish some photos but this may only be done in accordance with [BG Safeguarding & Protecting Children Policy](#) 

Flash may not be used at any time while gymnasts are warming up or competing.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the BG appointed Welfare Officer at the event.

### Health & Safety

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration. All BG policies and procedures will be rigorously applied with regards to health, safety, welfare and Safeguarding & Protecting Children.

### Overnight Stays

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be BG recognised Safeguarding and Protecting Children Awareness training or Home Country equivalent.

For **Overnight Trips** the appropriate form needs to be completed in full and sent to British Gymnastics **at least** four weeks prior to travel so we can get your trip approved and endorsed by our insurers. Failure to inform British Gymnastics of **any** overnight stays may invalidate your insurance.

Please note that the BG Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance.


### Drug Free Sport

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the [BG policy](#) 

### Terms & Conditions of Entry to All Competitions

In addition to BG General Rules & Regulations -

- All entrants agree to be treated by BG appointed medical staff only and be bound by the decision of BG medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry you agree to pay a fee, which will be added to the club/region basket.
- You agree to the storing of competition scores. BG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication. 
- You agree to abide by the BG Photography at Gymnastics events policy.

- o The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.

## TeamGym Technical Information

### Code of Conduct

[British Gymnastics Standards of Conduct](#) 

[TeamGym Judges Code of Conduct](#) 

BG, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, Judge, gymnast or team at any time, if they do not comply with BG regulations.

### Club Representation

If a Club wishes to make a substitution or an addition to a team, they can only do so by submitting the change in writing as early as possible before the event to the BG event department. This will allow for membership level to be checked before the competition.

Gymnasts may only represent one Club at any one time in any one discipline.

Exceptional circumstances will be considered following written application to the TC.

The British Gymnastics TeamGym Technical Committee in conjunction with the Head Judge for each apparatus, or other nominated deputy, reserves the right to end a performance (warm up or competition) deemed to be unsafe at any time.

Where the performance is stopped during the warm up, the Team will be given the opportunity to make changes to their tariff sheets prior to competition. Skills chosen to replace those deemed to be unsafe require to be observed prior to competition.

Where the performance is stopped during competition that will end the routine for that Team.

Example: Round 1 completed successfully, Round 2 has performance stopped after 3 runs. Round 3 will not be performed. Score will be evaluated using elements performed up to point exercise is terminated.

### Age Policy

Gymnasts' ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National BG Events is 9 in the year of competition.

To view the complete BG age policy please view the [Health, Safety & Welfare Policy](#). 

| Competition               | Age           | Year of Birth   |
|---------------------------|---------------|-----------------|
| <b>Primary Challenge</b>  | 9yrs - 11yrs  | 2010 – 2008     |
| <b>Youth Section</b>      | 10yrs - 14yrs | 2009 – 2005     |
| <b>Junior Section</b>     | 13yrs- 17yrs  | 2006 – 2002     |
| <b>Senior Section</b>     | 16yrs +       | 2003 or earlier |
| <b>Disability Section</b> | 9yrs – 16yrs  | 2010 – 2003     |
| <b>Disability Section</b> | 9yrs +        | 2010 or earlier |



## Inquiries

Official inquiry forms are available from the Organiser and must be completed and returned, as soon as possible after the publication of the scores. Inquiry forms will be published in each Event Work Plan.

A coach may only request an inquiry on the Difficulty Score, in accordance with the UEG Code of Points.

In the interests of justice, if the Difficulty Score does not appear to correlate with what was performed, or there is an arithmetical error in the calculation of the Difficulty Value, conversion to the Difficulty Score or in the calculation of the Final Score, an appeal may be made for review to the Superior Jury.

The DJ penalty score may need to be reconsidered if there is a change in the Difficulty Score after the inquiry.

Inquiries can be made only for the Club/Region's own competitors.

No inquiries can be made against Execution or Artistic Scores, time faults or other penalties.

On publication of the Difficulty Score, any inquiry for investigation is made at the very latest before the end of the next exercise that follows the release of a score. The Supervising Coach for the Club/Region of the competing gymnasts places the inquiry form with the Chair of the Superior Jury or designated person.

An inquiry form must be delivered without verbal exchange.

The written request for inquiry must be delivered within 4 minutes after the placement of an appeal form, otherwise the appeal becomes obsolete.

The placement of an inquiry form becomes a contract to pay the appropriate fee.

The President of the Superior Jury (or delegate) will immediately notify the SJ Difficulty Experts and the CJP of the panel concerned of the inquiry. The CJP immediately requests the DJs to review the Difficulty Score.

If a resolution cannot be made before the start time of the next competitors' exercise, the calculated Score will be listed as 'provisional' and will be considered at the end of the round of competition and before any award ceremony.

If the inquiry is rejected, the fee will be put into the appropriate club basket for immediate payment.

The TC cannot accept any photographic analysis at an event unless an official video replay system is available and could be referred to by the Superior Jury or the Chair of the Judging Panel for the benefit of every competitor.

The Supervising Coach for the Club/Region of the competing gymnasts places the appeal form with the President of the Superior Jury or designated person.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.


This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned, if the inquiry was not upheld.


## Competition Attire

- Gymnasts


It must be gymnastic in character and design. Attire must be elegant and complement the artistry of an exercise. It should not divert attention from the performance of the gymnasts nor require adjustment during an exercise.

Gymnasts taking part in National Competitions should follow the rules as set out in the UEG Code of Points and copied below

- Advertising on attire must adhere to BG rules
  - The wearing of GBR or Home Nations attire at BG Events is strictly forbidden. However, where individuals or partnerships have been selected for GBR and awarded their colours (GBR flag), this may be worn on the gymnast's leotard at domestic events provided it conforms with FIG / UEG attire regulations.
  - The removal of leotards on the Field of Play and in public view is not allowed
  - All attire must be modest including the use of proper undergarments. The cut of the leg of leotards must not go above the iliac crest (hipbone). The neckline must be no further down than half the sternum in the front, or below the lower line of the shoulder blades in the back.
  - For safety reasons, loose clothing, raised attachments and accessories are not allowed. All attire for men and women must be close fitting to allow the judges to properly evaluate body lines.
  - A neat and proper athletic appearance should be the overall impression.
  - The dress must be identical for members of the same team, with some exceptions for mixed teams.
  - The wearing of gymnastic footwear is optional on each discipline, but if chosen must be worn by the entire team for the Floor Programme.
  - Gymnasts must not perform Tumbling or Trampet in just socks. They must have bare feet or wear gymnastic slippers.
  - Long hair must be tied back for safety and clear of the eyes and apparatus (including the floor).
- Female
    - Gymnasts must wear sportive and non-transparent leotards.
    - Women and girls may perform in leotards or one-piece unitards. Leotards may be with or without sleeves, but the shoulder straps must be a minimum of 2cm in width, leotards with narrow straps are not allowed.
    - The length of arms is optional, as well as the length of legs of unitards and leggings.
    - The leggings may be worn under or over the leotard.
  - Male
    - Gymnasts must wear a leotard or a gymnastic sports shirt, with either a pair of gymnastics shorts or long gymnastic 'trousers' that are not baggy or loose.
    - The top of the men's attire must not have an open cut below the shoulder blade.
  - Mixed
    - The women and men must follow the above rules respective to their gender.
    - Dress need not be identical in colour, for example men may wear blue and women yellow.
    - All women in the team must be dressed identically; similarly all men in the team must wear identical outfits.
  - Accessories and Aids
    - Decorated hair clips (slides) are classed as jewellery.
    - Sequins, stones, cummerbunds, and lace must be either integrated into the fabric of the competition attire or attached securely, but any injury occurring as a consequence is the responsibility of the coach and athlete.
    - Hair clips, slides, bands and ribbons, if worn, must be secure. Character hair accessories (e.g. tiaras, feathers and flowers) are not allowed.
    - Face painting is not allowed; any make-up must be modest and not portray a theatrical character (animal or human).
    - Equipment, such as belts or head-rolls to aid execution of elements, is not allowed. Taping and support bandages must be of neutral colour. Any exceptional support, such as a knee brace that is not of neutral colour, may be worn without penalty if the club makes application to the Technical Committee prior to the start of the competition, for special permission.
    - Jewellery, including earrings and studs, necklaces, rings, bracelets, anklets, nose and navel studs, are not allowed.
    - For further details, please see [UEG Code of points](#) 

- Coaches
  - Coaches must wear a tracksuit with full length tracksuit bottoms or full length tracksuit bottoms with a collared polo shirt or club/regional t-shirt. Hooded tops are not permitted.
  - Coaches should choose footwear which will enable them to move freely as required, avoid injury to the gymnasts and be in keeping with their team's uniform. Plain socks matching the tracksuit or bare feet would be advisable. However, if trainers are selected, they must be clean and for indoor use only. Gym shoes are also permitted.
  - The wearing of GBR or Home Country attire at BG Events is strictly forbidden
  - ⊖ Long hair should be tied back so that it is clear of the eyes and apparatus.
  - Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per [BG Body Piercing and Adornments policy](#). 

Non-compliance may result in removal of the coach and consequently, for Health and Safety reasons, their gymnast from the competition.

- Judges
  - Judges must wear grey/dark blue/black trousers/skirt and jacket, plus a white shirt
  - Men must wear ties As Per UEG Code of Conduct
  - Black shoes (not sandals) or clean track shoes if required by organisers. Heels which will damage gymnastic floor covering must be avoided.
  - Hair must be neat and not inhibit vision.
  - Jewellery, if worn, must be professional in appearance
- Requests can be made to adopt reasonable clothing modifications at any BG competition. All requests must be on the official [BG Clothing Modification Request Form](#)  and submitted with the competition entry at least four weeks before the competition closing date, to allow sufficient time for full consideration of the application and any possible health and safety implications.

For competitors, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the main arena during the event. Such mobile devices may only be used for monitoring scores and results, where the BG Score App is in operation.

### Micro Team Competition

Teams of 3 to 5 gymnasts compete on Tumble and Trampet/Vault only using TeamGym rules. Three gymnasts must perform in each round. For mixed teams, both genders must be represented in each run, although the number of boys and girls in the team may be uneven. Competition sections are the same as TeamGym.

Micro TeamGym is designed to develop TeamGym across Europe. As such this event is currently not part of the British Championships but is offered as part of the Challenge event and may be offered in inter club competitions.

### Competition Apparatus

At all events the Organiser will endeavour to provide equipment as close to UEG specifications as possible. Teams entering friendly Regional, Inter-Regional or Inter-Club events must be prepared to adapt their work to the equipment provided by the event organising panel.

## Vault Height

The vault will be a TeamGym Vaulting table. The height of the vault will be as follows:

| Category             | Men       | Women & Mixed |
|----------------------|-----------|---------------|
| Senior               | 165       | 160           |
| Junior               | 145 – 165 | 135 - 160     |
| Youth                | 135 - 145 | 135 - 145     |
| Primary              | 100 – 145 | 100 – 145     |
| Disabilities Level 1 | 100 – 165 | 100 - 165     |

Disabilities Level 2 teams may compete on a TeamGym Vaulting Table or a Vaulting Box/Padded Module as provided by the organisers and may use a springboard

|                              |           |           |
|------------------------------|-----------|-----------|
| Disabilities Level 2 – Table | 100 – 145 | 100 – 145 |
| Disabilities Level 2 – Box   | 85 – 105  | 85 - 105  |


It is the responsibility of the coaches to ensure that the vault is adjusted prior to their team's competition performance.

## Length of Exercises

- Primary Challenge (Level 4) – All floor exercises have a maximum duration of 2 minutes 30 seconds, there is a minimum duration of 1 minute 30 seconds
- Youth (Level 3) – All exercises have a maximum duration of 2 minutes 45 seconds, there is a minimum duration of 2 minute 15 seconds.
- Junior (Level 2) – All exercises have a maximum duration of 2 minutes 45 seconds, there is a minimum duration of 2 minutes 15 seconds.
- Senior (Level 1) – All exercises have a maximum duration of 2 minutes 45 seconds, there is a minimum duration of 2 minutes 15 seconds.
- Disabilities (Level 2) – All floor exercises have a maximum duration of 2 minutes 30 seconds, there is a minimum duration of 1 minute 10 seconds
- Disabilities (Level 1) – All floor exercises have a maximum duration of 2 minutes 30 seconds, there is a minimum duration of 1 minute 30 seconds.

## Tariff Sheets

It is the coach's responsibility to ensure that the Tariff Sheets are completed correctly.

A [tariff sheet template](#)  is available from the downloads section on the BG/UEG website.

The proposed elements of the Teams performance on each piece of apparatus must be recorded on a tariff form and submitted to the Competition Organiser or nominated person at registration.

The formations for Floor should be clearly shown with dots or crosses. Code numbers and the name or symbol of each of the elements to be counted toward the difficulty score should be shown in the appropriate place.

For Tumbling and Trampet the name or symbol for each element should be clearly shown.

All tariff sheets should be filled in by black pen and require nine (9) tariff sheets for Floor, six (6) tariff sheets for Tumble and six (6) tariff sheets for Trampet to be handed in on the day of the competition at Registration, the desk will be signposted.


Late, incorrect or illegible tariff sheets will be returned and a financial penalty applied. Anyone requesting additional photocopying will also be charged. The fee will be £10.00 per apparatus set.

Clearly indicate on the tariff sheet the names and number of the club, the discipline and the level of entry.

In the case of injury in the warm-up hall, the coach has the right to make an amendment to the tariff sheet on the competition day, up to 30 minutes before they are due to compete. The injury must be assessed by the competition physiotherapist.


Teams may not compete without a tariff sheet.

## Northern Qualifier

|                                  |   |
|----------------------------------|---|
| <b>Date:</b>                     | 2 <sup>nd</sup> – 3 <sup>rd</sup> March   |
| <b>Venue:</b>                    | Northumbria University, Newcastle   |
| <b>Opening date:</b>             | 7 <sup>th</sup> December 2018   |
| <b>Closing date:</b>             | Noon 18 <sup>th</sup> January   |
| <b>Music entry closing date:</b> | Noon 22 <sup>nd</sup> February  |
| <b>Entry Fee:</b>                | £180.00 per Team £75.00 for Micro Teams   |
| <b>Code:</b>                     | Teams will compete using the UEG Code of Points and following the <a href="#">BG TeamGym Modified Code</a>  appropriate to each age group. |
| <b>Organiser:</b>                | Donna Crowther  |
| <b>Competition Structure:</b>    |   |

Competitions will be offered for Mens, Womens, Disabilities and Mixed teams in the following age groups and levels:

### Qualification to British Championships

- Youth (10yrs to 14yrs) – Level 3
  - Junior (13yrs to 17yrs) – Level 2
  - Senior (16yrs and over) – Level 1
  - Disabilities (9yrs and over) – Disabilities Level 1
- Qualification to Finals will be by attaining the qualifying score as set by the Technical Committee and stated within the [Modified Code](#)  for BG TeamGym events.

**Teams should ensure that, should they qualify, they are available to take part in British Championships scheduled to take place on 25<sup>th</sup> – 28<sup>th</sup> July.**

### Qualification to Primary TeamGym Challenge Event

- Primary (9yrs to 11yrs) – Level 4
- Qualification will be the top scoring teams from the Northern and Southern Qualifiers.

**Teams should ensure that, should they qualify, they are available to take part in the Primary TeamGym Challenge scheduled to take place on 25<sup>th</sup> – 28<sup>th</sup> July.**

### Qualification to Disabilities TeamGym Challenge Event

- Disabilities (9yrs to 16yrs) – Level 2
- Qualification will be the top scoring teams from the Northern and Southern Qualifiers.

**Teams should ensure that, should they qualify, they are available to take part in the Disabilities TeamGym Challenge scheduled to take place on 25<sup>th</sup> – 28<sup>th</sup> July.**

### Qualification to Micro Challenge Event

There will be a Micro Teams competition offered for Men's, Women's and Mixed teams for the following age groups and levels:

- Youth (10yrs to 14yrs) – Level 3
- Junior (13yrs to 17yrs) – Level 2
- Senior (16yrs and over) – Level 1
- Disabilities (9yrs and over) – Disabilities Level 1

As a pilot event, in preparation for 2020 Challenge Finals, awards at the Northern Qualifier will be presented for 1st, 2nd and 3rd place in each gender category. Teams placed in medal positions will not be guaranteed qualification to the 2019 British Finals.

Micro Teams competing at Level 3, Level 2 and Level 1, plus Disabilities Level 1 will have the ability to qualify for the Micro Challenge Event to be held at the [M&S Bank Arena](#). Teams will be notified of qualification following the Northern and Southern Region events.

- Qualification will be the top scoring Micro teams from the Northern and Southern Qualifiers, irrespective of gender, in Level 3, Level 2 and Level 1 plus Disabilities Level 1.

**Teams should ensure that, should they qualify, they are available to take part in the Micro Challenge Event scheduled to take place on 25<sup>th</sup> – 28<sup>th</sup> July.**

Qualification is not automatic, successful teams will be confirmed following analysis of results from the Qualifier Events. Confirmation will be made within a week of the final Qualifier Event. The same gymnasts may not compete in both the TeamGym Qualifier and the Micro Challenge events.

### Coach Qualification and Passes:

A maximum of 3 coaches (including any chaperones) will be allowed into the arena with competing gymnasts:

|   | Lead Coach | Supervising Coaches |
|---|------------|---------------------|
| Max in the arena per competing Gymnasts | 1          | 2                   |

Coaches may only be in attendance at apparatus for skills that are included in their discipline specific syllabus. For example, a tumbling coach may cover tumbling but not trampette/vault;  
For all levels the Lead Coach will determine the level of skills that may be performed.

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

| Competition            | Lead Coaches                                   | Supervised Coaches  |
|------------------------|--|---|
| <b>GfA 6-5</b>         | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA. |
| <b>Level 4 Primary</b> | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA. |
| <b>Level 3 Youth</b>   | Level 2 or higher Coach in TG                  | Level 3 or higher MA; WA<br>Level 2 or higher TG; Tumbling      |
| <b>Level 2 Junior</b>  | Level 3 or higher coach in TG                  | Level 3 or higher TG; MA; WA; Tumbling                          |
| <b>Level 1 Senior</b>  | Level 3 or higher coach in TG                  | Level 3 or higher TG; MA; WA; Tumbling                          |
| <b>Disability</b>      | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher Acrobatics; Tumbling                          |

Please follow the link to check equivalent levels of qualifications from [previous cycles](#) 

For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department.

## Podium Training

After the closing date Friday 18<sup>th</sup> January and by Friday 25<sup>th</sup> January please confirm if your team requires a podium session on the following dates:

**Friday 1<sup>st</sup> March** – Championship Teams (as a priority)

**Saturday 2<sup>nd</sup> March** – Micro Challenge Teams (as a priority)

After the closing date for podium sessions has closed, teams will be allocated a session on the following:

- Priority will be given to Championship teams in the first instance
- Then on first come, first served basis
- Micro Teams may be required to share their slots

Once podium sessions have been allocated a fee of £30 will be added to your club basket (Qualifiers only).

## Tie Breaks:


- Tie-break rules as per [UEG Regulations](#) 

## Awards:

Gold, Silver and Bronze medals will be awarded in each competition within each category.

A 'TeamGym Spirit' trophy will be awarded to a team/Club that demonstrates the best TeamGym spirit throughout the competition and will be voted for by the judges. This is open to all and is aimed to promote good competition atmosphere.


## Southern Qualifier

|                                  |  |
|----------------------------------|--|
| <b>Date:</b>                     | 9 <sup>th</sup> – 10 <sup>th</sup> March   |
| <b>Venue:</b>                    | Bracknell Leisure Centre, Bagshot Road, Bracknell RG12 9SE   |
| <b>Opening date:</b>             | 14 <sup>th</sup> December 2018   |
| <b>Closing date:</b>             | Noon 25 <sup>th</sup> January  |
| <b>Music entry closing date:</b> | Noon 1 <sup>st</sup> March   |
| <b>Entry Fee:</b>                | £180.00 per Team £75.00 for Micro Teams  |
| <b>Code:</b>                     | Teams will compete using the UEG Code of Points and following the BG TeamGym <b>Modified Code</b>  appropriate to each age group. |
| <b>Organiser:</b>                | Peter Tranckle   |

### Competition Structure:

Competitions will be offered for Mens, Womens, Disabilities and Mixed teams in the following age groups and levels:

#### Qualification to British Championships

- Youth (10yrs to 14yrs) – Level 3
  - Junior (13yrs to 17yrs) – Level 2
  - Senior (16yrs and over) – Level 1
  - Disabilities (9yrs and over) – Disabilities Level 1
- Qualification to Finals will be by attaining the qualifying score as set by the Technical Committee and stated within the **Modified Code**  for BG TeamGym events.

**Teams should ensure that, should they qualify, they are available to take part in British Championships scheduled to take place on 25<sup>th</sup> – 28<sup>th</sup> July.**

#### Qualification to Primary TeamGym Challenge Event

- Primary (9yrs to 11yrs) – Level 4
- Qualification will be the top scoring teams from the Northern and Southern Qualifiers.

**Teams should ensure that, should they qualify, they are available to take part in the Primary TeamGym Challenge scheduled to take place on 25<sup>th</sup> – 28<sup>th</sup> July.**

#### Qualification to Disabilities TeamGym Challenge Event

- Disabilities (9yrs to 16yrs) – Level 2
- Qualification will be the top scoring teams from the Northern and Southern Qualifiers.

**Teams should ensure that, should they qualify, they are available to take part in the Disabilities TeamGym Challenge scheduled to take place on 25<sup>th</sup> – 28<sup>th</sup> July.**

#### Qualification to Micro Challenge Event

There will be a Micro Teams competition offered for Men's, Women's and Mixed teams for the following age groups and levels:

- Youth (10yrs to 14yrs) – Level 3
- Junior (13yrs to 17yrs) – Level 2
- Senior (16yrs and over) – Level 1
- Disabilities (9yrs and over) – Disabilities Level 1

As a pilot event, in preparation for 2020 Challenge Finals, awards at the Southern Qualifier will be presented for 1st, 2nd and 3rd place in each gender category. Teams placed in medal positions will not be guaranteed qualification to the 2019 British Finals.



Micro Teams competing at Level 3, Level 2 and Level 1, plus Disabilities Level 1 will have the ability to qualify for the Micro Challenge Event to be held at the [M&S Bank Arena](#). Teams will be notified of qualification following the Northern and Southern Region events.

- Qualification will be the top scoring Micro teams from the Northern and Southern Qualifiers, irrespective of gender, Level 3, Level 2 and Level 1 plus Disabilities 1.

**Teams should ensure that, should they qualify, they are available to take part in the Micro Challenge Event scheduled to take place on 25<sup>th</sup> – 28<sup>th</sup> July.**

Qualification is not automatic, successful teams will be confirmed following analysis of results from the Qualifier Events. Confirmation will be made within a week of the final Qualifier Event. The same gymnasts may not compete in both the TeamGym Qualifier and the Micro Challenge events.

**Coach Qualification and Passes:**

A maximum of 3 coaches (including any chaperones) will be allowed into the arena with competing gymnasts.

|   | Lead Coach | Supervising Coaches |
|---|------------|---------------------|
| Max in the arena per competing Gymnasts | 1          | 2                   |

Coaches may only be in attendance at apparatus for skills that are included in their discipline specific syllabus. For example, a tumbling coach may cover tumbling but not trampette/vault; At all competition levels the Lead coach with the highest level of qualification will determine the skills being performed.

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

| Competition            | Lead Coaches                                   | Supervising Coaches   |
|------------------------|--|---|
| <b>GFA 6-5</b>         | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA. |
| <b>Level 4 Primary</b> | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA. |
| <b>Level 3 Youth</b>   | Level 2 or higher Coach in TG                  | Level 3 or higher MA; WA<br>Level 2 or higher TG; Tumbling      |
| <b>Level 2 Junior</b>  | Level 3 or higher coach in TG                  | Level 3 or higher TG; MA; WA; Tumbling                          |
| <b>Level 1 Senior</b>  | Level 3 or higher coach in TG                  | Level 3 or higher TG; MA; WA; Tumbling                          |
| <b>Disability</b>      | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher Acrobatics; Tumbling                          |

Please follow the link to check equivalent levels of qualifications from [previous cycles](#) 

For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department.

## Podium Training

After the closing date Friday 25<sup>th</sup> January and by Friday 1<sup>st</sup> February please confirm if your team requires a podium session on the following dates:

**Friday 8<sup>th</sup>** – Championship Teams (as a priority)

**Saturday 9<sup>th</sup>** – Micro Challenge Teams (as a priority)

After the closing date for podium sessions has closed, teams will be allocated a session on the following:

- Priority will be given to Championship teams in the first instance
- Then on first come, first served basis
- Micro Teams may be required to share their slots

Once podium sessions have been allocated a fee of £30 will be added to your club basket (Qualifiers only).

## Tie Breaks:

- Tie-break rules as per [UEG Regulations](#) 


## Awards:

Gold, Silver and Bronze medals will be awarded in each competition within each category.

A 'TeamGym Spirit' trophy will be awarded to a team/Club that demonstrates the best TeamGym spirit throughout the competition and will be voted for by the judges. This is open to all and is aimed to promote good competition atmosphere.

## TeamGym British Championships

|                                  |  |
|----------------------------------|--|
| <b>Date:</b>                     | 25 <sup>th</sup> – 28 <sup>th</sup> July   |
| <b>Venue:</b>                    | M&S Bank Arena, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP   |
| <b>Opening date:</b>             | 3 <sup>rd</sup> May  |
| <b>Closing date:</b>             | Noon 14 <sup>th</sup> June   |
| <b>Music entry closing date:</b> | Noon 19 <sup>th</sup> July   |
| <b>Entry Fee:</b>                | £180.00 per Team   |
| <b>Code:</b>                     | <b><u>UEG Code of Points</u></b>  |
| <b>Eligibility:</b>              |  |

- Entry to the British Championships is by achieving the relevant qualification score having competed at either the Northern or Southern Region qualification events.
- Regulations regarding qualification are the responsibility of the BG TeamGym Technical Committee.
- Qualification scores are as per competition rules (**2018 British TeamGym Code** )
- Qualification procedures may be amended at the discretion of the TC.
- Any changes will be notified to clubs as early as possible.

### Nationality:

Gymnasts of foreign nationality or who hold an FIG license for another member federation, must ensure that their nationality is declared on their membership record in order for them to be identified as guests.

### Competition Structure:

British Champions will be declared for Men's, Women's, Disabilities and Mixed teams in the following age groups:

- Youth (10yrs to 14yrs)
- Junior (13yrs to 17yrs)
- Senior (16yrs and over)
- Disabilities (9yrs and over)

There will not be a Micro Teams competition offered at the British Championships.

### Coach Qualification and Passes:

Only 2 coaches allowed into the arena with competing gymnasts:

|                                | Lead Coaches | Supervising Coaches |
|--------------------------------|--------------|---------------------|
| Coaches in arena with Gymnasts | 1            | 1                   |

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Coaches may only be in attendance at apparatus for skills that are included in their discipline specific syllabus. For example, a tumbling coach may cover tumbling but not trampette/vault;

At all competition levels the Lead Coaches qualification will determine the skills being performed.

| Competition            | Lead Coaches                                   | Supervising Coaches   |
|------------------------|--|---|
| <b>GfA 6-5</b>         | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA. |
| <b>Level 4 Primary</b> | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA. |
| <b>Level 3 Youth</b>   | Level 2 or higher Coach in TG                  | Level 3 or higher MA; WA<br>Level 2 or higher TG; Tumbling      |
| <b>Level 2 Junior</b>  | Level 3 or higher coach in TG                  | Level 3 or higher TG; MA; WA; Tumbling.                         |
| <b>Level 1 Senior</b>  | Level 3 or higher coach in TG                  | Level 3 or higher TG; MA; WA; Tumbling.                         |
| <b>Disability</b>      | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher Acrobatics; Tumbling                          |

Please follow the link to check equivalent levels of qualifications from [previous cycles](#) 

For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department.

#### Podium Training:

After the closing date Friday 14<sup>th</sup> June and Friday 21<sup>st</sup> June please confirm if your team requires a podium session on TBC

After the closing date for podium sessions has closed, teams will be allocated a session on the following:

- Priority will be given to Championship teams in the first instance
- Then on first come, first served basis
- Micro Teams may be required to share their slots

#### Tie Breaks:

- Tie-break rules as per [UEG Regulations](#) 

#### Awards:

- Trophy & gold medal will be awarded in each competition within each category.
- Silver medal will be awarded in each competition within each category.
- Bronze medal will be awarded in each competition within each category.
- Diplomas will be presented for places 1<sup>st</sup> – 6<sup>th</sup>


British Champions will be declared in each competition within each age group.

All competing gymnasts will receive a Participation Certificate

## TeamGym and Micro Challenge Event

**Date:** 25<sup>th</sup> – 28<sup>th</sup> July  
**Venue:** M&S Bank Arena, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP  
**Opening date:** 3<sup>rd</sup> May  
**Closing date:** Noon 14<sup>th</sup> June  
**Music entry closing date:** Noon 19<sup>th</sup> July  
**Entry Fee:** £180.00 per Primary Challenge Team and £75.00 per Micro Challenge Team

**Code:** [UEG Code of Points](#)   
**Eligibility:**

- Entry to the TeamGym Challenge Event is by achieving the highest scores having competed at either the Northern or Southern Region qualification events.
- The same gymnasts may not compete in both the TeamGym Championships & Challenge events.
- Regulations regarding qualification are the responsibility of the BG TeamGym Technical Committee.
- For each level, all teams will compete against each other; regardless of gender, in the Challenge Events.
- Qualification scores are as per competition rules ([2018 British TeamGym Code](#) ).
- Qualification procedures may be amended at the discretion of the TC.
- Any changes will be notified to clubs as early as possible

### Competition Structure:

- Level 4 Primary TeamGym Challenge
- Level 2 Disabilities TeamGym Challenge
- Level 1 Disabilities Micro Challenge
- Level 3 Youth Micro Challenge
- Level 2 Junior Micro Challenge
- Level 1 Senior Micro Challenge

### Coach Qualification and Passes:

Only 2 coaches allowed into the arena with competing gymnasts:

|                                | Lead Coaches | Supervising Coaches |
|--------------------------------|--------------|---------------------|
| Coaches in arena with Gymnasts | 1            | 1                   |

Coaches may only be in attendance at apparatus for skills that are included in their discipline specific syllabus. For example, a tumbling coach may cover tumbling but not trampette/vault; In all competitions the Lead Coaches' level of qualification will determine the skills being performed.

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

| Competition            | Lead Coaches                                   | Supervising Coaches   |
|------------------------|--|---|
| <b>GfA 6-5</b>         | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA. |
| <b>Level 4 Primary</b> | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA. |
| <b>Level 3 Youth</b>   | Level 2 or higher Coach in TG                  | Level 3 or higher MA; WA<br>Level 2 or higher TG; Tumbling      |
| <b>Level 2 Junior</b>  | Level 3 or higher Coach in TG                  | Level 3 or higher TG; MA; WA; Tumbling                          |
| <b>Level 1 Senior</b>  | Level 3 or higher Coach in TG                  | Level 3 or higher TG; MA; WA; Tumbling                          |
| <b>Disability</b>      | Level 2 or higher Coach in TG; General; MA; WA | Level 2 or higher Acrobatics; Tumbling                          |

Please follow the link to check equivalent levels of qualifications from [previous cycles](#)

#### Podium Training:

After the closing date Friday 14<sup>th</sup> June and by Friday 21<sup>st</sup> June please confirm if your team requires a podium session on TBC

After the closing date for podium sessions has closed, teams will be allocated a session on the following:

- Priority will be given to Championship teams in the first instance
- Then on first come, first served basis

Micro Teams may be required to share their slots

#### Tie Breaks:

- Tie-break rules as per [UEG Regulations](#)

#### Awards:

Gold, Silver and Bronze Medals will be awarded for teams in the following age groups and levels:

- Level 4 Primary TeamGym Challenge
- Level 2 Disabilities TeamGym Challenge
- Level 1 Disabilities Micro Challenge
- Level 3 Youth Micro Challenge
- Level 2 Junior Micro Challenge
- Level 1 Senior Micro Challenge

All competing gymnasts will receive a Participation Certificate

## Appendices

### Appendix 1 – Home Countries, English Regions & Island Associations

#### Home Countries

England  
Scotland  
Wales  
Northern Ireland

#### Website Address

[www.british-gymnastics.org/england](http://www.british-gymnastics.org/england)  
[www.scottishgymnastics.org](http://www.scottishgymnastics.org)  
[www.welshgymnastics.org](http://www.welshgymnastics.org)  
[www.british-gymnastics.org/northern-ireland](http://www.british-gymnastics.org/northern-ireland)

#### English Regions

North  
North West  
Yorkshire  
West Midlands  
East Midlands  
East  
London  
South East  
South  
South West

[www.british-gymnastics.org/north](http://www.british-gymnastics.org/north)  
[www.nwga.co.uk](http://www.nwga.co.uk)  
[www.british-gymnastics.org/yorkshire](http://www.british-gymnastics.org/yorkshire)  
[www.british-gymnastics.org/west-midlands](http://www.british-gymnastics.org/west-midlands)  
[www.british-gymnastics.org/east-midlands](http://www.british-gymnastics.org/east-midlands)  
[www.british-gymnastics.org/east](http://www.british-gymnastics.org/east)  
[www.british-gymnastics.org/london](http://www.british-gymnastics.org/london)  
[www.british-gymnastics.org/south-east](http://www.british-gymnastics.org/south-east)  
[www.british-gymnastics.org/south](http://www.british-gymnastics.org/south)  
[www.british-gymnastics.org/south-west](http://www.british-gymnastics.org/south-west)

#### Island Associations

Isle of Man Gymnastics

[www.iomgymnastics.org](http://www.iomgymnastics.org)