



2023 TeamGym  
Competition Handbook©



## **Version History**

The TeamGym Technical Committee reserves the right to make amendments to this Handbook.

Notification of a change to the handbook will be communicated through the [British Gymnastics Website](#) and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;

**Version 1.0:** Original handbook published 12/12/2022

**Version 1.1:** Change of level for Senior categories, now Senior (Level 2) 10/01/2023

## **TECHNICAL COMMITTEE**

Dear all,


Please note the revised level for Seniors, as per UK Mods 2023 Rev B. For 2023 National events, Senior teams will be judged on Level 2 (Junior) rules. Level 1 (European Gymnastics Code of Points Senior rules) will only be applied to senior gymnasts at a GB Selection Event for European Championships and not in competition.

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## Definition of Terms

- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the Supervising Coach. Assisting coach(es) must meet all of the relevant eligibility requirements.
- **BGF** means British Gymnastics Foundation.
- **British Gymnastics Nomination Panel** – Performance Team, Senior Performance Manager & Technical Committee Chair.
- **Championships** means any British Championship organised by or on behalf of British Gymnastics.
- **Chaperone** In exceptional circumstances, chaperones may be permitted to fulfil a pastoral care role. Chaperones under **no** circumstances shall be permitted to coach gymnasts.
- **Choreographers** will create and develop new routines.
- **CJP** – means Chair of Judging Panel.
- **Coach(es)** are those Coach(es), Lead, Supervised, Assisting Coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach(es) must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Any changes to these coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to these coach(es) will only be permitted where the replacement coach meets all of the relevant Eligibility requirements
- **Code** means the Code of Points used for the competition, from which technical information and regulations are taken.
- **CPSU** means Child Protection in Sport Unit.
- **DBS** means Disclosure and Barring Service, Access NI Eligibility or PVG.
- **DJ** means Difficulty Judge.
- **Event** means any national and international competition and championships organised by or on behalf of British Gymnastics.
- **FIG** means Federation International de Gymnastique.
- **GEL** means Gymnastics Enterprise Ltd, trading as British Gymnastics Official Shop.
- **IDP** means International Development Pathway.
- **Independent** means gymnasts who are not members of a British Gymnastics registered club but hold appropriate British Gymnastics membership.
- **Lead Coach** The coach taking overall responsibility for all the gymnasts from their club/region. The Lead Coach must be present in the competition arena throughout the event to take responsibility for their coaches and gymnasts. The Lead Coach must possess sufficient qualification to cover all the skills that any of their gymnasts will be performing within the competition.
- **NDP** means National Development Plan.
- **Officials** are people recruited to assist with the delivery of the overall event e.g. Floor Manager, Ceremonies Manager, Spectator Tickets Manager.
- **OOA** means Out of age
- **Organiser** means the designated National Competition Organiser (NCO) or their appointed representative, who is authorised by, or on behalf of British Gymnastics.
- **Supervised Coach** means a coach under the responsibility of the Lead Coach, as they are coaching skills to a maximum of 1 level higher than their current qualification, but are in the process of qualifying at the next level.
-  means it is a [hyperlink](#) to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current FIG rules apply. However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

## Contact Information

### Technical Committee

Chair	Peter Tranckle	<a href="mailto:peter.tranckle@british-gymnastics.org">peter.tranckle@british-gymnastics.org</a>
National Technical Committee Member	Amanda Boucher	
National Judging Co-Ordinator	Justin Frank	

### National Competition Organiser

National Competition Organiser	Amber Simpson Warner	<a href="mailto:teamgym.competitions@british-gymnastics.org">teamgym.competitions@british-gymnastics.org</a>
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### British Gymnastics Contact Details

Customer Support	0345 1297129	<a href="mailto:customersupport@british-gymnastics.org">customersupport@british-gymnastics.org</a>
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## National Competition Calendar

<b>Event &amp; Date</b>	<b>Opening Date</b>	<b>Closing Date</b>	<b>Venue</b>
 Qualifier 1 4 <sup>th</sup> – 5 <sup>th</sup> March	9 <sup>th</sup> December 2022	Noon 20 <sup>th</sup> January	Northumbria University, Newcastle
 Qualifier 2 11 <sup>th</sup> -12 <sup>th</sup> March	16 <sup>th</sup> December 2022	Noon 27 <sup>th</sup> January	Places Leisure Eastleigh, Southampton
 Qualifier 2 Micro Event 25 <sup>th</sup> – 26 <sup>th</sup> February	16 <sup>th</sup> December 2022	Noon 27 <sup>th</sup> January	Bracknell Gymnastics Club, Berkshire
 TeamGym British Championships 29 <sup>th</sup> -30 <sup>th</sup> July	5 <sup>th</sup> May 2023	Noon 16 <sup>th</sup> June	Northumbria University, Newcastle

For a complete domestic and international calendar of events please follow link 

## Eligibility

### Membership

All persons attending British Gymnastics events in an official capacity, whether as a gymnast, coach or judge are required to hold a current British Gymnastics membership in line with the level of competition entered and awards held.

- **Gymnasts**

Membership level must be Competitive Gymnast, Coach or Life Member of British Gymnastics, in order to enter a British Gymnastics Event.

In normal circumstances, gymnasts should also be a member of a British Gymnastics registered club.

In exceptional cases, where a gymnast does not belong to a British Gymnastics registered Club, they must contact the Events Department and request entry into the Event. If granted, such gymnasts will be given the classification as being "Independent". In such circumstances independent gymnasts must nominate a coach and must also meet all other membership requirements.

For all Grades/NDP Events, gymnasts must hold current British Gymnastics Competitive Gymnast membership at the time of the Regional Qualification Events. Anyone discovered to have been without the correct level of membership for these qualification Events will be disqualified.

- **Lead Coaches**

Lead Coaches' membership level must be Coach or Life Member of British Gymnastics and coaches must be qualified to the level of all the skills being performed by all gymnasts in the club/region before being allowed to participate in a British Gymnastics Event. Lead Coaches must have current safeguarding and DBS certificates, please see Safeguarding section. The Lead Coach may authorise other coaches from their club/region to coach skills at a maximum of 1 level higher than that coaches' qualification (Supervised Coach) but has responsibility for ensuring that they are competent to do so. For further information on the changes introduced for Lead and Supervised Coaches, please click here [🔗](#)

- **Coaches**

Coaches' membership level must be Coach or Life Member of British Gymnastics and Coaches must be qualified to a minimum of level 2. Coaches must be qualified to the level of the all the skills being performed by the gymnasts for which they are responsible Coaches must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Supervised Coaches**

*Please note that Supervised Coaches requirements have now reverted to pre-COVID levels.*

To be a Supervised Coach you must be a minimum of Level 2. With the explicit authorisation of the Lead Coach, Supervised Coaches may coach skills at the maximum of 1 level higher than their current qualification. Before being allowed to participate in a British Gymnastics Event, the Supervised coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified. For further information on the changes introduced for Lead and Supervised coaches, please click here [🔗](#)

- **Assisting Coaches**

Assisting Coaches' Membership level must be Assistant Coach (if Level 1), Coach or Life Member of British Gymnastics before being allowed to participate in a British Gymnastics Event. Assisting coaches must have current safeguarding and DBS certificates, please see Safeguarding section. Assisting Coaches cannot be responsible for the gymnasts.

- **Choreographer**

Choreographers' Membership level must be Competitive Gymnast, Assistant Coach (if Level 1), Coach or Life Member of British Gymnastics before being allowed to participate in a British Gymnastics Event. Choreographers must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Disability Chaperone**

Disability Chaperones may be permitted to provide pastoral care to gymnasts in certain circumstances. Under no circumstances may a Disability Chaperone coach a gymnast. In the case where a gymnast has a disability, the nature of which indicates that it is deemed necessary to have additional support, they will be entitled to have a carer present with them throughout the competition. This Disability Chaperone will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The Disability Chaperone will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The Disability Chaperone will be required to be dressed appropriately (please refer to the relevant section of the discipline specific code of points) if entering the warm-up hall or field of play.

- **Medical Chaperone**




In exceptional cases, upon written request, a Medical Chaperone may be approved to provide pastoral care to a gymnast with a medical condition. Written medical verification of the need for this carer (from a GP or other medical practitioner) will be required to be submitted to the Events Department at least 1 week prior to the start of the Event. The Medical Chaperone will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The Medical Chaperone will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The Medical Chaperone will be required to be dressed appropriately (please refer to the relevant section of the discipline code of points) if entering the warm-up hall or field of play.

- **Supervising Chaperone**

The TC may authorise Supervising Chaperones to assist with pastoral care for gymnasts. These entitlements, if applicable, will be defined in the specific competition pages. In these circumstances the Supervising Chaperones must either be qualified as a Level 1 Assistant Coach or be a club/regional Welfare Officer and hold the relevant membership and qualifications, DBS & SPC for their position(s). Supervising Chaperones will not be permitted to enter the field of play.


- **Judges**

Judges' membership level must be Judge or Life Member of British Gymnastics for Club/County/Regional Judges, and National/Brevet Judge or Life Member of British Gymnastics for National and Brevet Judges before being allowed to officiate at a British Gymnastics Event. Members with coaching memberships that also have the required judge qualifications as laid out above are also applicable. 

From time-to-time British Gymnastics may invite international judges to officiate at British Gymnastics events, as such they will not require British Gymnastics membership.

Judges must also hold a current cycle of judging award (Cycle 5)

British Gymnastics does not require judges to complete a criminal record check to judge at British Gymnastics competitions, as the role that judges fulfil at the event no longer falls within DBS or Access NI Eligibility\*. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. British Gymnastics no longer requires all judges to complete safeguarding training, but clubs should ensure any judge who supervise or instruct children has completed appropriate training.

\* Judges who hold Scottish Gymnastics membership should refer to [Scottish Gymnastics](#)  for further guidance as to whether a check is required.

For further information on membership levels please visit the British Gymnastics Website. 

## **Coach Qualifications**

When submitting entries for a British Gymnastics Event, clubs/regions must ensure that all coaches are qualified at the appropriate level.

Where Supervised Coaches are coaching skills one level above their current qualification, they must have been working in the training environment on these skills under the direct supervision of a coach who is qualified at the correct level. All coaches should continue to conduct risk assessments prior to undertaking any skill and assess the appropriate level of skill and support needs of both the gymnast and the coach on the floor at the event.

All Coaches must have completed the [British Gymnastics Positive Coaching module](#) 

All Coaches entered into the event entry MUST be the same as those attending the event. It is unacceptable to enter a coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their club/region and that of the Supervising Coaches, Assistant Coaches, Chaperones & Choreographers.

It is the club/region's responsibility to ensure that only accredited coaches are on the Field of Play and warm up areas.

Coaches who are used to push mats must be at least a level 2.

Lead Coaches have a duty of care towards their performers and have responsibility to ensure that all of the coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

Additional Medical and Supervising Chaperones may be accredited, at the discretion of the Organiser, to be present in the warm up hall and where applicable the Field of Play, to assist with the pastoral care of the gymnasts. Chaperones may not coach the gymnasts.

If it is found that a club is in breach of these policies British Gymnastics reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

## **Safeguarding**

All Coaches, Lead Coaches, Supervised Coaches and Assisting Coaches are required to hold a valid DBS certificate, or Home Nation equivalent, and have current Safeguarding and Protecting Children Awareness training at the time of the event.

Coaches who do not fulfil this requirement will not be accredited or allowed to participate at British Gymnastics Events.

All gymnasts must have an accredited coach, present on the field of play and in the warmup hall at all times. If a gymnast attends a competition without a suitably qualified coach or supervised coach, they will not be allowed to compete.

More information about our safeguarding requirements and the training/certificates that we accept, can be found on our website via the [Safeguarding and Safe Sport page](#) under 'Safeguarding', and by scrolling down to 'Training'.

Coaches must also have a valid home country criminal record check both at the time of entry and through to the end of the event before being allowed to participate at a British Gymnastics Event.

## **Nationality**

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

### **British Championships**

Only those in possession of a valid United Kingdom passport (and do not hold a FIG licence for another member federation) are eligible to be ranked in the official competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG statutes. They will receive score(s) but will not receive a ranking in the official competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold a FIG Licence registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official competition results.

### **Other British Gymnastics Events**

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes.

Those gymnasts who are not in possession of a valid United Kingdom passport must have been a member of British Gymnastics for at least one year prior to the date of the competition in order to be eligible to take part. During this period the gymnast's sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to

take part in British Gymnastics Events. The Technical Committee with approval from the Performance Director will have the discretion to determine whether their scores will contribute towards the official Competition results.

### **Disclosure**

It is the responsibility of the person making the event entry to ensure that all of the gymnasts have declared their nationality by contacting the events team at point of entry.

### **Policy for the Participation of Trans People in Gymnastics Competition**

For information on Transgender, please refer to the Policy for The Participation of Trans People in Gymnastics Competition



## Competition Entries

### Entry Process

Entry to all National British Gymnastics Events are Online only.

Complete instructions for adding an entry via the GymNET online Entry Portal are available to download from the British Gymnastics Website [🔗](#)

All entries must be fully submitted electronically to British Gymnastics by the stipulated closing date and time.

Prior to the event, an entry may only be amended by the person making the original entry.

### Guests

If a gymnast wishes to compete as a guest (see Nationality section above for details of guest gymnasts) at a British Gymnastics event the club/coach should contact the events department in the first instance before the closing date. Guest gymnasts will be placed on a waiting list. Following the competition closing date, a decision will be made between the Technical Committee, the Events Department, and the Performance Department as to whether the entry can be accepted. If the entry is accepted the entry fee will then become payable and entered into the club basket.

### Disability Gymnastics

British Gymnastics is focused on ensuring fair and equal opportunities are provided to all gymnasts.

Disabled gymnasts may compete in both mainstream and dedicated disability British Gymnastics competitions, providing they meet the eligibility criteria for the competition. Disabled gymnasts may switch between mainstream and disability competitions within the same or different disciplines. Only those disabled gymnasts who meet the eligibility criteria may compete in disability competitions.

All gymnasts competing within a mainstream competition will be judged by the same rules and criteria regardless of ability and/or disability.

Where an event includes both mainstream and disability competitions, disabled gymnasts may enter both competitions providing there are no scheduling conflicts. If there are scheduling conflicts the gymnast must choose which competition, they wish to enter.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition. All disabled gymnasts should complete a classification certificate as good practice when competing at regional level or above. A classification certificate is compulsory for gymnasts competing at a British Gymnastics National Event.

Disabled gymnasts will be required to provide proof of Disability at least six weeks before the event. Please note that unless there are any significant changes, a Disability Classification Certificate only needs to be completed once in most cases. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the [Disability Classification Pack](#) [🔗](#)

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

All clubs and coaches must inform the British Gymnastics Events Team of any gymnasts who have medical conditions or impairments that require special consideration at British Gymnastics events. This information should be shared with the British Gymnastics Events Team at the point of competition entry and will enable the British Gymnastics Events Team to endeavour to make any reasonable adjustments in line with the Equality Act and where possible to cater for the additional needs of each gymnast.

### Methods of Payment

Payment can be made by Debit Card, Credit Card or BACS payment. BACS payment however may slow the entry process. Payments should be received by British Gymnastics within 48 hours of the entry being submitted.

Cheques are no longer accepted, therefore clubs and regions must arrange alternative payment methods.

Entry fees are non-refundable after the closing date.

## British Gymnastics Foundation Hardship Grants

Our Charity, the British Gymnastics Foundation, runs a Hardship Grants programme which provides grants of up to £500 for individual members of British Gymnastics, who are experiencing significant financial hardship. If you are unable to afford the costs of participating in gymnastics, and are in danger of dropping out of gymnastics because of this, then please do apply for a hardship grant [here](#). The cost of competitions is an eligible item of expenditure within the Hardship Grants criteria. Please note that the Hardship Grants programme is not continually open for applications, but details on grant round timings can be found on the Hardship Grants application page in the link above.

## Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including partnerships and groups). For team late entries the fee will be double (including clubs and regions). However, the late entry payments will be capped at £1000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team will be capped at £1000).

Late entries must be made in writing to the British Gymnastics Events department and will then be referred to the Organiser for consideration. The Organiser and British Gymnastics Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

## Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

For NDP Individual & Regional Team Finals, if a Region wishes to make a substitution (due to the withdrawal of a previous regional entry) of a gymnast, they can only do so up to one week before the event, in writing to the British Gymnastics event department after the entry is closed. Proof of qualification of the substitute must also be provided if applicable, at the time of the request. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme or other event related items.

Where it is necessary to substitute a Coach the club must inform the British Gymnastics Events Department, so the Coach can be checked for membership, awards and safeguarding, before they can be accredited for the Event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, and current British Gymnastics specific DBS.

Where there are specific rules and/or processes relating to withdrawals and substitutions please refer to the specific event page.

## Non-Participation Fee

By entering a gymnast (individual/partnership/group) or a team (team events) into an event, the enterer accepts that, should any gymnast or team fail to register to compete by the end of registration for a competition, the appropriate fee for non-participation will be added to the club basket or in the case of regional entries, basket of the person making that entry.

Fees will be charged as follows:

£25 – Individual / Pair

£50 – Trio / Group / Team




Should a gymnast be withdrawn, for whatever reason, the club or coach must inform the Organiser and Events Department in writing via email or notifying a member of the events team at the registration desk up to the close of registration for the relevant session. Email addresses are listed in the Contact Information on page 6 of this Competition Handbook. Withdrawals will only be accepted via email.

Failure to inform the Events Team or the Organiser as laid out above will result in the non-participation fee being charged.

## General Regulations

### Terms & Conditions of Entry to All Competitions

In addition to British Gymnastics General Rules & Regulations -

- All entrants agree to be treated by British Gymnastics appointed medical staff only and be bound by the decision of British Gymnastics medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry about a score awarded by the judges, you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. If requested British Gymnastics will redact your details from the published results unless there is a justifiable reason to reject an objection to publication. 
- You agree to abide by the British Gymnastics Photography at Gymnastics events policy. 
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.
- By submitting an entry to a British Gymnastics event, you must ensure those individuals whose personal data you are providing may be used by British Gymnastics in relation to the event (this includes gymnasts and people who have parental responsibilities (where the gymnast is a child) coaches, judges and volunteers) are aware and would expect their information to be used, where necessary for pre-event and accreditation information, post event surveys and, where applicable to send out electronic certificates of participation which are sent to gymnasts via their email address registered on their membership account. Please refer to the British Gymnastics membership privacy notice available on our website for further details and information about individual rights 

### Competition Attire

- **Gymnasts**

In order to make British Gymnastics' events more inclusive and accessible, a new policy has recently been approved by the Board, following consultation with the National Technical Committee and having adopted feedback received from the community.

In principle this policy overarches but should be read in conjunction with the discipline specific policies and references in the Codes of Points and other documents.

In essence the policy seeks to break down barriers to participation by for example removing gender specific requirements for competition attire. e.g. girls may now wear shorts or leggings.

These overarching principles may be found in the [Competition Attire at Events for Gymnasts Policy](#) 

The implementation of this policy will be monitored for the first year and reviewed accordingly, but coaches are encouraged to contact British Gymnastics office, or their respective Competition Organiser should they have any queries about the attire that they propose for their gymnast to wear at British Gymnastics events.

Advertising must adhere to the [Advertising on Clothing & Competition Attire at Events Policy](#) 

When representing your Club (excluding NDP Individual and Regional Team Finals – Home Nations only), the wearing of GBR or Home Country attire at British Gymnastics Events is strictly forbidden. For the avoidance of doubt, any inclusion of the Union Flag (or home nation flag) within the design of any leotard is expressly forbidden.

Strapping – a suitable colour of tape should be used, i.e. no bright colours or patterns


The removal of leotards on the field of play is not allowed.

- **Coaches**

Coaches must wear a tracksuit with full length tracksuit bottoms or full-length tracksuit bottoms with a collared polo shirt or club/region t-shirt and appropriate gym/training shoes.

The wearing of GBR or Home Nation attire at British Gymnastics Events is strictly forbidden

Long hair should be braided or tied back so as not to obscure vision.

Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per [Health & Safety Guidance: Safe Coaching](#) 

- **Judges**

Male: Blazer or suit, trousers, white shirt, British Gymnastics/FIG or plain dark tie, black or blue shoes

Female: Blazer or jacket, skirt or full-length trousers, white blouse, black or blue shoes (without heels)

Recorders, computer operators and other officials who may be working alongside the judges should dress similarly.

Please refer to discipline specific rules in the [FIG General Judges' Rules 2022-2024](#) for further information. 

For gymnasts, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

### **Music (where applicable)**

All music for competition routines must be uploaded onto the GymNet portal at the latest one week before the competition date (see event page for specific time and date). If your gymnast does not require music, please tick the 'Music not required'.

Instructions for submitting music electronically may be found within the [Online Entry Guide](#) 


Coaches are advised to carry a backup copy of all music files (contained within an USB storage/flash drive) that can be used in the event of any technical issues with the music submitted. Each track on the USB drive must be in MP3 format and clearly labelled with the following format:

Gymnast Names -Club-Category-Routine

### **Late Music Submission (where applicable)**

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. This fee will be added to the club basket. In the case of regional entries, the fee will be added to the basket of the person that has made the entry. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

### **Music Licensing (where applicable)**

All music used in competition routines must conform to the relevant licensing requirements. Details may be found upon logging into the Club Hub Resources Website and accessing the PPL/PRS page via the "Places" tab. 

Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL Website to confirm the track is included within their repertoire.

To check tracks, go to  and enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber, or Cirque du Soleil to use the track and pay the relevant licensing fees.

### **Order of Performance**

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the Technical Committee reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

### **Registration**

Coaches must make adequate provision for the supervision of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by British Gymnastics.

Specific registration processes where appropriate can be found in the event work plan.

## Access to Warm up Hall

Access to the warm up hall will be limited to the appropriate number of Coaches and Chaperones (where applicable) as defined in the specific details section for each Event.

On arrival, coaches will need to register and collect their accreditation from registration.

In the case of events spanning more than one day, accreditation will be issued for each day.

At larger national events the FIG/UEG recognised accreditation system will apply.

Abuse of accreditation may result in disciplinary action being taken by British Gymnastics.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place.

## Food and Drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

## Babies and Young Children

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

## Medical Provision

Anyone requiring First Aid assistance should speak to either the Organiser or British Gymnastics medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all British Gymnastics Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the British Gymnastics appointed medical officer as to the gymnast's health, medical status, and their ability to compete at the event is absolute and final.

## Medal Ceremonies

Except in exceptional circumstances, gymnasts who win a medal at a British Gymnastics Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person.

Medals will only be distributed at events, not by post.

Attire for medal ceremonies is according to FIG World Championships or European Gymnastics rules. 

## Tenure of Trophies

All perpetual trophies remain the property of British Gymnastics.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either; -

- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the British Gymnastics offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

## Privacy

British Gymnastics Privacy Notice 



At many events, British Gymnastics may produce event merchandise (eg event tshirts). These may include the names and/or clubs of the gymnasts taking part.

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with Performance staff and the Technical Committee in order to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores, results and “Judgecam” videos from British Gymnastics events, where BGScore is present will be made available in the BGScore App and also published on the British Gymnastics Website in the specific event page.

## Video, Film and Photography

Photographs and video footage will be captured at British Gymnastics events.

British Gymnastics accredited photographers and the media may be present and in some cases events may be live streamed by the British Gymnastics TV production team, or broadcast partners. The images taken at events may be used by British Gymnastics, GEL and the British Gymnastics Foundation for the purposes of promotion, education and development of the sport.

They may also be shared with journalists, through social media outlets e.g. Facebook, Instagram, YouTube etc. and our third-party partner organisations for general promotional purposes.


Anyone who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event Organiser. Although it is not always practical to manage the content of live streamed footage, we will make every effort to ensure any identifiable images of the participant are not published.

British Gymnastics will display clear signage and make announcements about photography and filming at relevant events. Any footage of children and individuals who are vulnerable will be published in accordance with our relevant safeguarding policy.



To make our events entertaining and easy to follow for our audience and fans, we announce and publish information about participants, including nationality, scores and achievements.

Videos of routines performed by participating gymnasts taking part in our major events are made available on the BG Score App and website but access is restricted to British Gymnastics members.

We delete event photographs and videos after five years unless we consider them to be of public interest and should consequently be archived for historical purposes. Where images have been published on social media, these platform providers may continue to process your data after the retention period has lapsed.

Any person wishing to use video, film or take photographs must abide by the [British Gymnastics Health Safety and Welfare Policy](#) 

Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites.

Clubs may publish some photos but this may only be done in accordance with [British Gymnastics Photography Policy](#)  and in conjunction with the [British Gymnastics Safeguarding Policy and Health Safety & Welfare Policy](#) 

Flash photography may not be used at any time while gymnasts are warming up or competing.

Photography on the Field of Play by gymnasts, coaches and officials is not permitted.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the British Gymnastics appointed Welfare Officer at the event.

## Health & Safety

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration.


All British Gymnastics policies and procedures will be rigorously applied with regards to health, safety, welfare and Safeguarding & Protecting Children.

## Overnight Stays

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.


The training for the designated person should be British Gymnastics recognised Safeguarding and Protecting Children award or Home Country equivalent. The appropriate criminal records checks should also have been completed.

For Overnight Trips the appropriate form needs to be completed in full and sent to British Gymnastics at least four weeks prior to travel so we can get your trip approved and endorsed by our insurers. Failure to inform British Gymnastics of any overnight stays may invalidate your insurance.

Please note that the British Gymnastics Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance. 

### **Drug Free Sport**

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the [British Gymnastics policy](#) 

### **Manipulation of Competition**

British Gymnastics, as a sports organisation bound by the Olympic Charter and the International Olympic Committee Code of Ethics, declares our commitment to support the integrity of sport and fight against the manipulation of competitions by adhering to the standards set out in the Olympic Movement Code on the Prevention of the Manipulation of Competitions and by requiring their members to do likewise. Please follow the link to read the Prevention of Manipulation of Competitions Policy 

## TeamGym Technical Information

### Code of Conduct

[British Gymnastics Standards of Conduct](#)

[TeamGym Judges Code of Conduct](#)

British Gymnastics, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, Judge, gymnast or team at any time, if they do not comply with British Gymnastics regulations.

### Club Representation

If a Club wishes to make a substitution or an addition to a team, they can only do so by submitting the change in writing as early as possible before the event to the British Gymnastics event department. This will allow for membership level to be checked before the competition.

Gymnasts may only represent one Club at any one time in any one discipline.

Exceptional circumstances will be considered following written application to the Technical Committee.

The British Gymnastics TeamGym Technical Committee in conjunction with the Head Judge for each apparatus, or other nominated deputy, reserves the right to end a performance (warm up or competition) deemed to be unsafe at any time.

Where the performance is stopped during the warm up, the Team will be given the opportunity to make changes to their tariff sheets prior to competition. Skills chosen to replace those deemed to be unsafe require to be observed prior to competition.

Where the performance is stopped during competition that will end the routine for that Team.

Example: Round 1 completed successfully, Round 2 has performance stopped after 3 runs. Round 3 will not be performed. Score will be evaluated using elements performed up to point exercise is terminated.

### Age Policy

Gymnasts' ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National British Gymnastics Events is 9 in the year of competition.

To view the complete British Gymnastics age policy please view the [Health, Safety & Welfare Policy](#).

Competition	Age	Year of Birth
Primary Challenge	9yrs - 11yrs	2014 – 2012
Youth Section	10yrs - 14yrs	2013 – 2009
Junior Section	13yrs- 17yrs	2010 – 2006
Senior Section	16yrs +	2007 or earlier
Disability Section	9yrs – 16yrs	2014 – 2007
Disability Section	9yrs +	2014 or earlier

### Inquiries

Official inquiry forms are available from the Organiser and must be completed and returned, as soon as possible after the publication of the scores. Inquiry forms will be published in each Event Work Plan.

A coach may only request an inquiry on the Difficulty Score, in accordance with the [EG Code of Points](#).

In the interests of justice, if the Difficulty Score does not appear to correlate with what was performed, or there is an arithmetical error in the calculation of the Difficulty Value, conversion to the Difficulty Score or in the calculation of the Final Score, an appeal may be made for review to the Superior Jury.

The Difficulty Judge penalty score may need to be reconsidered if there is a change in the Difficulty Score after the inquiry.

Inquiries can be made only for the Club/Region's own competitors.

No inquiries can be made against Execution or Artistic Scores, time faults or other penalties.

On publication of the Difficulty Score, any inquiry for investigation is made at the very latest before the end of the next exercise that follows the release of a score. The Supervising Coach for the Club/Region of the competing gymnasts places the inquiry form with the Chair of the Superior Jury or designated person.

An inquiry form must be delivered without verbal exchange.

The written request for inquiry must be delivered within 4 minutes after the placement of an appeal form, otherwise the appeal becomes obsolete.

The placement of an inquiry form becomes a contract to pay the appropriate fee.

The President of the Superior Jury (or delegate) will immediately notify the Superior Jury Difficulty Experts and the Chair of Judging Panel of the panel concerned of the inquiry. The Chair of Judging Panel immediately requests the Difficulty Judges to review the Difficulty Score.

If a resolution cannot be made before the start time of the next competitors' exercise, the calculated Score will be listed as 'provisional' and will be considered at the end of the round of competition and before any award ceremony.

If the inquiry is rejected, the fee will be put into the appropriate club basket for immediate payment.

The Technical Committee cannot accept any photographic analysis at an event unless an official video replay system is available and could be referred to by the Superior Jury or the Chair of the Judging Panel for the benefit of every competitor.

The Supervising Coach for the Club/Region of the competing gymnasts places the appeal form with the President of the Superior Jury or designated person.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.

This fee will not be collected in cash at the event but added to the basket of the club/coach concerned, if the inquiry was not upheld.

### Micro Team Competition

Teams of 3 to 5 gymnasts compete on Tumble and Trampet/Vault only using TeamGym rules. Three gymnasts must perform in each round. For mixed teams, both genders must be represented in each run, although the number of boys and girls in the team may be uneven. Competition sections are the same as TeamGym.

Micro TeamGym is designed to develop TeamGym across Europe. As such this event is currently not part of the British Championships but is offered as part of the Challenge event and may be offered in inter club competitions.

### Competition Apparatus

At all events the Organiser will endeavour to provide equipment as close to EG specifications as possible. Teams entering friendly Regional, Inter-Regional or Inter-Club events must be prepared to adapt their work to the equipment provided by the event organising panel.

### Vault Height

The vault will be a TeamGym Vaulting table. The height of the vault will be as follows:

Category	Men	Women & Mixed
Senior	150 - 165	150- 165
Junior	145 – 165	135 - 165
Youth	135 - 165	135 - 165
Primary	100 – 165	100 – 165
Disabilities Level 1	100 – 165	100 - 165

Disabilities Level 2 teams may compete on a TeamGym Vaulting Table or a Vaulting Box/Padded Module as provided by the organisers and may use a springboard

Disabilities Level 2 – Table	100 – 145	100 – 145
Disabilities Level 2 – Box	85 – 105	85 - 105

It is the responsibility of the coaches to ensure that the vault is adjusted prior to their team's competition performance.

## Length of Exercises

- Primary Challenge (Level 4) – All floor exercises have a maximum duration of 2 minutes 30 seconds, there is a minimum duration of 1 minute 30 seconds
- Youth (Level 3) – All exercises have a maximum duration of 2 minutes 45 seconds, there is a minimum duration of 2 minute 15 seconds for floor
- Junior (Level 2) – All exercises have a maximum duration of 2 minutes 45 seconds, there is a minimum duration of 2 minutes 15 seconds for floor
- Senior (Level 2) – All exercises have a maximum duration of 2 minutes 45 seconds, there is a minimum duration of 2 minutes 15 seconds floor
- Disabilities (Level 2) – All exercises have a maximum duration of 2 minutes 30 seconds, there is a minimum duration of 1 minute 10 seconds for floor
- Disabilities (Level 1) – All exercises have a maximum duration of 2 minutes 30 seconds, there is a minimum duration of 1 minute 30 seconds for floor

## Tariff Sheets

It is the coach's responsibility to ensure that the Tariff Sheets are completed correctly.

A [tariff sheet template](#)  is available from the downloads section on the British Gymnastics/EG website.

The proposed elements of the Teams performance on each piece of apparatus must be recorded on a tariff form and submitted to the Competition Organiser or nominated person at registration.

The Formations for Floor should be clearly shown with dots or crosses. Code numbers and the name or symbol of each of the elements to be counted toward the difficulty score should be shown in the appropriate place.

For Tumbling and Trampet the name or symbol for each element should be clearly shown.

All tariff sheets should be filled in by black pen and require eight (8) tariff sheets for Floor, six (6) tariff sheets for Tumble and six (6) tariff sheets for Trampet to be handed in on the day of the competition at Registration, the desk will be signposted.

Late, incorrect or illegible tariff sheets will be returned and a financial penalty applied. Anyone requesting additional photocopying will also be charged. The fee will be £10.00 per apparatus set.

Clearly indicate on the tariff sheet the names and number of the club, the discipline and the level of entry.

In the case of injury in the warm-up hall, the coach has the right to make an amendment to the tariff sheet on the competition day, up to 30 minutes before they are due to compete. The injury must be assessed by the competition physiotherapist.

Teams may not compete without a tariff sheet.

## Qualifier 1

<b>Date:</b>	4th – 5 <sup>th</sup> March
<b>Venue:</b>	Northumbria University, Newcastle
<b>Opening date:</b>	9 <sup>th</sup> December 2022
<b>Closing date:</b>	Noon 20 <sup>th</sup> January
<b>Music entry closing date:</b>	Noon 24 <sup>th</sup> February
<b>Entry Fee:</b>	£220.00 per Team £100.00 for Micro Teams
<b>Code:</b>	Teams will compete using the <a href="#">EG Code of Points</a> and following the <a href="#">British Gymnastics TeamGym Modified Code</a> appropriate to each age group.
<b>Organiser:</b>	Amber Simpson-Warner, Donna Crowther & the Events Sub Group

### Competition Structure:

Competitions will be offered for Mens, Women's, Disabilities and Mixed teams in the following age groups and levels:

#### Qualification to British Championships

- Youth (10yrs to 14yrs) – Level 3
- Junior (13yrs to 17yrs) – Level 2
- Senior (16yrs and over) – Level 2
- Disabilities (9yrs and over) – Disabilities Level 1
- Intergrated Disabilities (9yrs and over) – Disabilities Level 1

Qualification to Finals will be by placing among the top scoring teams across both qualifying events. Qualifying teams will be contacted and notified as soon after Qualifier 2 as possible. No more than 2 teams from a single club may qualify for each category. There will be a minimum score of 40.00 for all full teams (excluding disabilities and primary challenge).

**Teams should ensure that, should they qualify, they are available to take part in British Championships scheduled to take place on 29<sup>th</sup> – 30<sup>th</sup> July.**

#### Qualification to Primary TeamGym Challenge Event

- Primary (9yrs to 11yrs) – Level 4

Qualification to Finals will be by placing among the top scoring teams across both qualifying events. Qualifying teams will be contacted and notified as soon after Qualifier 2 as possible. No more than 2 teams from a single club may qualify for each category.

**Teams should ensure that, should they qualify, they are available to take part in the Primary TeamGym Challenge scheduled to take place on 29<sup>th</sup> – 30<sup>th</sup> July.**

#### Qualification to Disabilities TeamGym Challenge Event

- Disabilities (9yrs to 16yrs) – Level 2
- Integrated Disabilities (9yrs to 16yrs) – Level 2

Qualification to Finals will be by placing among the top scoring teams across both qualifying events. Qualifying teams will be contacted and notified as soon after Qualifier 2 as possible. No more than 2 teams from a single club may qualify for each category.

**Gymnasts may only compete in either Micro or TeamGym competition.**

**Teams should ensure that, should they qualify, they are available to take part in the Disabilities TeamGym Challenge scheduled to**

take place on 29<sup>th</sup> – 30<sup>th</sup> July.

### Qualification to Micro Challenge Event

There will be a Micro Teams competition offered for Men’s, Women’s and Mixed teams for the following age groups and levels:

- Youth (10yrs to 14yrs) – Level 3
- Junior (13yrs to 17yrs) – Level 2
- Senior (16yrs and over) – Level 2
- Disabilities (9yrs and over) – Disabilities Level 1
- Integrated Disabilities (9yrs and over) – Disabilities Level 1

Awards will be presented for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in each gender category.

Micro Teams competing at Level 3, Level 2 and Level 1, plus Disabilities Level 1 will have the ability to qualify for the Micro Challenge Event to be held at the **Northumbria University, Newcastle**. Qualification to Finals will be by placing among the top scoring teams across both qualifying events. Qualifying teams will be contacted and notified as soon after Qualifier 2 as possible. No more than 2 teams from a single club may qualify for each category.

**Teams should ensure that, should they qualify, they are available to take part in the Micro Challenge Event scheduled to take place on 29<sup>th</sup> – 30<sup>th</sup> July.**

Qualification to Finals will be by placing among the top scoring teams across both qualifying events. Qualifying teams will be contacted and notified as soon after Qualifier 2 as possible. No more than 2 teams from a single club may qualify for each category.

### Coach Qualification and Passes:

A maximum of 3 coaches (including any chaperones) will be allowed into the arena with competing gymnasts:

	Lead Coach	Supervising Coaches
Max in the arena per competing Gymnasts	1	2

Coaches may only be in attendance at apparatus for skills that are included in their discipline specific syllabus. For example, a tumbling coach may cover tumbling but not trampette/vault;

For all levels the Lead Coach will determine the level of skills that may be performed.

The lead coach/supervised coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Lead Coaches	Supervised Coaches
GfA 6-5	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA.
Level 4 Primary	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA.
Level 3 Youth	Level 2 or higher Coach in TG	Level 2 or higher TG; MA; WA; Tumbling
Level 2 Junior	Level 3 or higher coach in TG	Level 2 or higher TG; MA; WA; Tumbling

<b>Level 2 Senior</b>	Level 3 or higher coach in TG	Level 2 or higher TG; MA; WA; Tumbling
<b>Disability</b>	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher Acrobatics; Tumbling

Please follow the link to check equivalent levels of qualifications from [previous cycles](#) 

For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department.

### Podium Training

**Friday 3<sup>rd</sup> March** – Championship Teams (as a priority)


**Saturday 4<sup>th</sup> March** – Micro Challenge Teams (as a priority)

After the closing date for entries, please confirm if your team requires a podium session by emailing the organiser (Carys.rowlands@british-gymnastics.org). The closing date for podium sessions is **Friday 27<sup>th</sup> January**. After this date, teams will be allocated a session with the following considerations:

- Priority will be given to Championship teams in the first instance
- Then on first come, first served basis
- Micro Teams may be required to share their slots
- There will be no option of podium training for Primary Challenge Teams

Once podium sessions have been allocated a fee of £30 will be added to your club basket (Qualifiers only).

### Tie Breaks:

- Tie-break rules as per [EG Regulations](#) 

### Awards:

Gold, Silver and Bronze medals will be awarded in each competition within each category.

A 'TeamGym Spirit' trophy will be awarded to a Club that demonstrates the best TeamGym spirit throughout the competition and will be voted for by the judges. This is open to all and is aimed to promote good competition atmosphere.



## Qualifier 2

<b>Date:</b>	11 <sup>th</sup> – 12 <sup>th</sup> March
<b>Venue:</b>	Places Leisure Eastleigh
<b>Opening date:</b>	16 <sup>th</sup> December 2022
<b>Closing date:</b>	Noon 27 <sup>th</sup> January
<b>Music entry closing date:</b>	Noon 3 <sup>rd</sup> March
<b>Entry Fee:</b>	£220.00 per Team
<b>Code:</b>	Teams will compete using the <a href="#">EG Code of Points</a> and following the <a href="#">British Gymnastics TeamGym Modified Code</a> appropriate to each age group.
<b>Organiser:</b>	Amber Simpson-Warner, Donna Crowther & the Events Sub Group

### Competition Structure:

Competitions will be offered for Mens, Women's, Disabilities and Mixed teams in the following age groups and levels:

#### Qualification to British Championships

- Youth (10yrs to 14yrs) – Level 3
- Junior (13yrs to 17yrs) – Level 2
- Senior (16yrs and over) – Level 2
- Disabilities (9yrs and over) – Disabilities Level 1
- Intergrated Disabilities (9yrs and over) – Disabilities Level 1

Qualification to Finals will be by placing among the top scoring teams across both qualifying events. Qualifying teams will be contacted and notified as soon after Qualifier 2 as possible. No more than 2 teams from a single club may qualify for each category. There will be a minimum score of 40.00 for all full teams (excluding disabilities and primary challenge).

**Teams should ensure that, should they qualify, they are available to take part in British Championships scheduled to take place on 29<sup>th</sup> – 30<sup>th</sup> July.**

#### Qualification to Primary TeamGym Challenge Event

- Primary (9yrs to 11yrs) – Level 4

Qualification to Finals will be by placing among the top scoring teams across both qualifying events. Qualifying teams will be contacted and notified as soon after Qualifier 2 as possible. No more than 2 teams from a single club may qualify for each category.

**Teams should ensure that, should they qualify, they are available to take part in the Primary TeamGym Challenge scheduled to take place on 29<sup>th</sup> – 30<sup>th</sup> July.**

#### Qualification to Disabilities TeamGym Challenge Event

- Disabilities (9yrs to 16yrs) – Level 2
- Integrated Disabilities (9yrs to 16yrs) – Level 2

Qualification to Finals will be by placing among the top scoring teams across both qualifying events. Qualifying teams will be contacted and notified as soon after Qualifier 2 as possible. No more than 2 teams from a single club may qualify for each category.

**Gymnasts may only compete in either the Micro or TeamGym competition.**

**Teams should ensure that, should they qualify, they are available to take part in the Disabilities TeamGym Challenge scheduled to take place on 29<sup>th</sup> – 30<sup>th</sup> July.**

### Coach Qualification and Passes:

A maximum of 3 coaches (including any chaperones) will be allowed into the arena with competing gymnasts.

	Lead Coach	Supervising Coaches
Max in the arena per competing Gymnasts	1	2

Coaches may only be in attendance at apparatus for skills that are included in their discipline specific syllabus. For example, a tumbling coach may cover tumbling but not trampette/vault;

For all levels the Lead Coach will determine the level of skills that may be performed.

The lead coach/supervised coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Lead Coaches	Supervised Coaches
GfA 6-5	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA.
Level 4 Primary	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA.
Level 3 Youth	Level 2 or higher Coach in TG	Level 2 or higher TG; MA; WA; Tumbling
Level 2 Junior	Level 3 or higher coach in TG	Level 2 or higher TG; MA; WA; Tumbling
Level 2 Senior	Level 3 or higher coach in TG	Level 2 or higher TG; MA; WA; Tumbling
Disability	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher Acrobatics; Tumbling

Please follow the link to check equivalent levels of qualifications from [previous cycles](#) 

For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department.

### Podium Training:

#### Friday 10<sup>th</sup> March – Championship Teams

After the closing date for entries, please confirm if your team requires a podium session by emailing the organiser (carys.rowlands@british-gymnastics.org). The closing date for podium sessions is **Friday 3<sup>rd</sup> February**. After this date, teams will be allocated a session with the following considerations:

- Priority will be given to Championship teams in the first instance

- Then on first come, first served basis
- There will be no option of podium training for Primary Challenge Teams

Once podium sessions have been allocated a fee of £30 will be added to your club basket (Qualifiers only).

#### **Tie Breaks:**

- Tie-break rules as per [EG Regulations](#) 

#### **Awards:**

Gold, Silver and Bronze medals will be awarded in each competition within each category.

A 'TeamGym Spirit' trophy will be awarded to a Club that demonstrates the best TeamGym spirit throughout the competition and will be voted for by the judges. This is open to all and is aimed to promote good competition atmosphere.

## Qualifier 2 Micro Event

<b>Date:</b>	25 <sup>th</sup> – 26 <sup>th</sup> February
<b>Venue:</b>	Bracknell Gymnastics Club, Berkshire Micro Event for Qualifier 2 will be accommodated within the Southern Tournament.
<b>Opening date:</b>	16 <sup>th</sup> December 2022
<b>Closing date:</b>	Noon 27 <sup>th</sup> January
<b>Music entry closing date:</b>	Noon 17 <sup>th</sup> February
<b>Entry Fee:</b>	£100.00 for Micro Teams
<b>Code:</b>	Teams will compete using the <a href="#">EG Code of Points</a> and following the <a href="#">British Gymnastics TeamGym Modified Code</a> appropriate to each age group.
<b>Organiser:</b>	Amber Simpson-Warner, Donna Crowther & the Events Sub Group

### Competition Structure:

Competitions will be offered for Mens, Women's, Disabilities and Mixed teams in the following age groups and levels:

#### Qualification to Micro Challenge Event

**Gymnasts may only compete in either the Micro or TeamGym competition.**

There will be a Micro Teams competition offered for Men's, Women's and Mixed teams for the following age groups and levels:

- Youth (10yrs to 14yrs) – Level 3
- Junior (13yrs to 17yrs) – Level 2
- Senior (16yrs and over) – Level 2
- Disabilities (9yrs and over) – Disabilities Level 1
- Integrated Disabilities (9yrs and over) – Disabilities Level 1

Awards will be presented for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in each gender category.

Micro Teams competing at Level 3, Level 2 and Level 1, plus Disabilities Level 1 will have the ability to qualify for the Micro Challenge Event to be held at the **Northumbria University, Newcastle**. Qualification to Finals will be by placing among the top scoring teams across both qualifying events. Qualifying teams will be contacted and notified as soon after Qualifier 2 as possible. No more than 2 teams from a single club may qualify for each category.

**Teams should ensure that, should they qualify, they are available to take part in the Micro Challenge Event scheduled to take place on 29<sup>th</sup> – 30<sup>th</sup> July.**

### Coach Qualification and Passes:

A maximum of 3 coaches (including any chaperones) will be allowed into the arena with competing gymnasts.

	Lead Coach	Supervising Coaches
Max in the arena per competing Gymnasts	1	2

Coaches may only be in attendance at apparatus for skills that are included in their discipline specific syllabus. For example, a tumbling coach may cover tumbling but not trampoline/vault;

For all levels the Lead Coach will determine the level of skills that may be performed.

The lead coach/supervised coach must have the relevant qualifications and British Gymnastics membership as

defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Lead Coaches	Supervised Coaches
Level 3 Youth	Level 2 or higher Coach in TG	Level 2 or higher TG; MA; WA; Tumbling
Level 2 Junior	Level 3 or higher coach in TG	Level 2 or higher TG; MA; WA; Tumbling
Level 2 Senior	Level 3 or higher coach in TG	Level 2 or higher TG; MA; WA; Tumbling
Disability	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher Acrobatics; Tumbling


Please follow the link to check equivalent levels of qualifications from [previous cycles](#) 

For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department.

### Podium Training:

There will be no podium training available for this event

### Tie Breaks:

- Tie-break rules as per [EG Regulations](#) 

### Awards:

Gold, Silver and Bronze medals will be awarded in each competition within each category.

A 'TeamGym Spirit' trophy will be awarded to a Club that demonstrates the best TeamGym spirit throughout the competition and will be voted for by the judges. This is open to all and is aimed to promote good competition atmosphere.

## TeamGym British Championships

<b>Date:</b>	29 <sup>th</sup> -30 <sup>th</sup> July
<b>Venue:</b>	Northumbria University, Newcastle
<b>Opening date:</b>	5 <sup>th</sup> May
<b>Closing date:</b>	16 <sup>th</sup> June Noon
<b>Music entry closing date:</b>	21 <sup>st</sup> July Noon
<b>Entry Fee:</b>	£220.00 per Team, £100.00 for Micro Teams. Entry fees may increase in line with inflation

**Code:** EG Code of Points 

### Eligibility:

- Regulations regarding qualification are the responsibility of the British Gymnastics TeamGym Technical Committee.
- Qualification to Finals will be by placing among the top scoring teams across both qualifying events. Qualifying teams will be contacted and notified as soon after Qualifier 2 as possible. There will be a minimum score of 40.00 for all full teams (excluding disabilities and primary challenge)
- No more than 2 teams from a single club may qualify for each category
- Qualification procedures may be amended at the discretion of the Technical Committee.
- Any changes will be notified to clubs as early as possible.
- **Gymnasts may only compete in either the Micro or TeamGym competition**

### Nationality:

Gymnasts of foreign nationality or who hold an FIG license for another member federation, must ensure that their nationality is declared on their membership record in order for them to be identified as guests.

### Competition Structure:

British Champions will be declared for Men's, Women's, Disabilities and Mixed teams in the following age groups:

- Youth (10yrs to 14yrs)
- Junior (13yrs to 17yrs)
- Senior (16yrs and over)
- Disabilities (9yrs and over)
- Integrated Disabilities (9yrs and over)

### Coach Qualification and Passes:

For entry purposes, 3 coaches may be submitted, however Only 2 coaches allowed into the arena with competing gymnasts:

	Lead Coaches	Supervising Coaches
Coaches in arena with Gymnasts	1	1

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Coaches may only be in attendance at apparatus for skills that are included in their discipline specific syllabus.

For example, a tumbling coach may cover tumbling but not trampette/vault;

At all competition levels the Lead Coaches qualification will determine the skills being performed.

Competition	Lead Coaches	Supervising Coaches
GfA 6-5	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA.
Level 4 Primary	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA.
Level 3 Youth	Level 2 or higher Coach in TG	Level 2 or higher TG; MA; WA; Tumbling
Level 2 Junior	Level 3 or higher coach in TG	Level 2 or higher TG; MA; WA; Tumbling
Level 2 Senior	Level 3 or higher coach in TG	Level 2 or higher TG; MA; WA; Tumbling.
Disability	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher Acrobatics; Tumbling

Please follow the link to check equivalent levels of qualifications from previous cycles 

For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department.

### Podium Training:

After the closing date for entries, please confirm if your team requires a podium session on **Friday 28th July** by emailing the organiser (carys.rowlands@british-gymnastics.org).

The closing date for podium sessions is **Friday 23<sup>rd</sup> June**. After the date, teams will be allocated a session with the following considerations:

- Priority will be given to Championship teams in the first instance
- Younger teams will be given earlier slots
- Then on first come, first served basis
- Micro Teams may be required to share their slots
- There will be no option of podium training for Primary Challenge Teams

### Tie Breaks:

- Tie-break rules as per **EG Regulations** 

### Awards:

- Trophy & gold medal will be awarded in each competition within each category.
- Silver medal will be awarded in each competition within each category.
- Bronze medal will be awarded in each competition within each category.

British Champions will be declared in each competition within each age group.

## Micro TeamGym Challenge Event

**Date:** 29<sup>th</sup> – 30<sup>th</sup> July  
**Venue:** Northumbria University, Newcastle  
**Opening date:** 5<sup>th</sup> May  
**Closing date:** 16<sup>th</sup> June Noon  
**Music entry closing date:** 21<sup>st</sup> July Noon  
**Entry Fee:** £100.00 per Micro Team. Entry fees may increase in line with inflation

**Code:** [British Gymnastics TeamGym Modified Code of Points](#) & [EG Code of Points](#)

### Eligibility:

- Entry to the TeamGym Challenge Event is by achieving the highest scores having competed at either the Qualifier 1 or 2 events.
- Regulations regarding qualification are the responsibility of the British Gymnastics TeamGym Technical Committee. No more than 2 teams from a single club may qualify for each category.
- Medals will be awarded in the Micro Challenge Event to Mens, Womens & Mixed team categories.
- Qualification procedures may be amended at the discretion of the Technical Committee.
- Any changes will be notified to clubs as early as possible
- **Gymnasts may only compete in either the Micro or TeamGym competition**

### Competition Structure:

- Level 1 Disabilities Micro Challenge
- Level 1 Integrated Disabilities Micro Challenge
- Level 3 Youth Micro Challenge
- Level 2 Junior Micro Challenge
- Level 2 Senior Micro Challenge

### Coach Qualification and Passes:

For entry purposes, 3 Coaches may be submitted, however only 2 coaches allowed into the arena with competing gymnasts:

	Lead Coaches	Supervising Coaches
Coaches in arena with Gymnasts	1	1

Coaches may only be in attendance at apparatus for skills that are included in their discipline specific syllabus. For example, a tumbling coach may cover tumbling but not trampette/vault;

In all competitions the Lead Coaches' level of qualification will determine the skills being performed.

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Lead Coaches	Supervising Coaches
Level 3 Youth	Level 2 or higher Coach in TG	Level 3 or higher MA; WA Level 2 or higher TG; Tumbling
Level 2 Junior	Level 3 or higher Coach in TG	Level 3 or higher TG; MA; WA; Tumbling



<b>Level 2 Senior</b>	Level 3 or higher Coach in TG	Level 3 or higher TG; MA; WA; Tumbling
<b>Disability</b>	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher Acrobatics; Tumbling

Please follow the link to check equivalent levels of qualifications from [previous cycles](#)

### Podium Training:

After the entry closing date please confirm if your team requires a podium session on **Friday 28th July** by emailing the organiser ([carys.rowlands@british-gymnastics.org](mailto:carys.rowlands@british-gymnastics.org))

The closing date for podium sessions is **Friday 23<sup>rd</sup> June**. After the date, teams will be allocated a session with the following considerations:

- Younger teams will be given earlier slots
- Then on first come, first served basis
- Micro Teams may be required to share their slots
- There will be no option of podium training for Primary Challenge Teams

### Tie Breaks:

- Tie-break rules as per [EG Regulations](#)

### Awards:

Gold, Silver and Bronze Medals will be awarded for teams in the following age groups and levels:

- Level 1 Disabilities Micro Challenge
- Level 1 Intergrated Micro Challenge
- Level 3 Youth Micro Challenge (Mens, Womens & Mixed)
- Level 2 Junior Micro Challenge (Mens, Womens & Mixed)
- Level 2 Senior Micro Challenge (Mens, Womens & Mixed)

## TeamGym Disabilities Level 2 & Primary Challenge Event

<b>Date:</b>	29 <sup>th</sup> – 30 <sup>th</sup> July
<b>Venue:</b>	Northumbria University, Newcastle
<b>Opening date:</b>	5 <sup>th</sup> May
<b>Closing date:</b>	16 <sup>th</sup> June Noon
<b>Music entry closing date:</b>	21 <sup>st</sup> July Noon
<b>Entry Fee:</b>	£200.00 per Primary Challenge Team. Entry fees may increase in line with inflation
<b>Code:</b>	EG Code of Points 

### Eligibility:

- Entry to the TeamGym Challenge Event is by achieving the highest scores having competed at either the Qualifier 1 or 2 events.
- Regulations regarding qualification are the responsibility of the British Gymnastics TeamGym Technical Committee. No more than 2 teams from a single club may qualify for each category
- All Primary challenge teams will compete against each other; regardless of gender.
- Qualification procedures may be amended at the discretion of the Technical Committee.
- Any changes will be notified to clubs as early as possible
- **Gymnasts may only compete in either the Micro or TeamGym competition**

### Competition Structure:

- Level 4 Primary TeamGym Challenge
- Level 2 Disabilities TeamGym Challenge
- Level 2 Integrated Disabilities TeamGym Challenge

### Coach Qualification and Passes:

For entry purposes, 3 Coaches may be submitted, however only 2 coaches allowed into the arena with competing gymnasts:

	Lead Coaches	Supervising Coaches
Coaches in arena with Gymnasts	1	1

Coaches may only be in attendance at apparatus for skills that are included in their discipline specific syllabus. For example, a tumbling coach may cover tumbling but not trampette/vault;


In all competitions the Lead Coaches' level of qualification will determine the skills being performed.

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Lead Coaches	Supervising Coaches
Level 4 Primary	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher in TG, Acrobatics, Tumbling, General, MA, WA.
Disability	Level 2 or higher Coach in TG; General; MA; WA	Level 2 or higher Acrobatics; Tumbling

Please follow the link to check equivalent levels of qualifications from [previous cycles](#) 

#### **Tie Breaks:**

- Tie-break rules as per [EG Regulations](#) 

#### **Awards:**

Gold, Silver and Bronze Medals will be awarded for teams in the following age groups and levels:

- Level 4 Primary TeamGym Challenge
- Disability Level 2 TeamGym Challenge

## Appendices

### Appendix 1 – Home Countries, English Regions & Island Associations

#### Home Countries

England  
Scotland  
Wales  
Northern Ireland

#### Website Address

[www.british-gymnastics.org/england](http://www.british-gymnastics.org/england)  
[www.scottishgymnastics.org](http://www.scottishgymnastics.org)  
[www.welshgymnastics.org](http://www.welshgymnastics.org)  
[www.british-gymnastics.org/northern-ireland](http://www.british-gymnastics.org/northern-ireland)

#### English Regions

North  
North West  
Yorkshire  
West Midlands  
East Midlands  
East  
London  
South East  
South  
South West

[www.british-gymnastics.org/north](http://www.british-gymnastics.org/north)  
[www.nwga.co.uk](http://www.nwga.co.uk)  
[www.british-gymnastics.org/yorkshire](http://www.british-gymnastics.org/yorkshire)  
[www.british-gymnastics.org/west-midlands](http://www.british-gymnastics.org/west-midlands)  
[www.british-gymnastics.org/east-midlands](http://www.british-gymnastics.org/east-midlands)  
[www.british-gymnastics.org/east](http://www.british-gymnastics.org/east)  
[www.british-gymnastics.org/london](http://www.british-gymnastics.org/london)  
[www.british-gymnastics.org/south-east](http://www.british-gymnastics.org/south-east)  
[www.british-gymnastics.org/south](http://www.british-gymnastics.org/south)  
[www.british-gymnastics.org/south-west](http://www.british-gymnastics.org/south-west)

#### Island Associations

Isle of Man Gymnastics

[www.iomgymnastics.org](http://www.iomgymnastics.org)