



TUM Technical Requirements

Spring Cups & National Age Group Final

2022

Trampoline National Technical Committee

British
Gymnastics

Spring Cups & National Age Group Final 2022

Requirements

10 yr old age band bonus rule

From January 2022 there will be a 0.2 bonus added per whip (bonus applies to a maximum of 5 whips in a single exercise) making each eligible whip 0.4 for gymnasts in the 10 yr old age band.

The minimum difficulty has been raised to 4.4 to reflect the increase in the whip value for 10yrs e.g:

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5	Skill 6	Skill 7	Skill 8
(^	^	^	^	^	^	-/
0.1	0.4	0.4	0.4	0.4	0.4	0.2	0.6

Difficulty 2.9

Minimum FIG Qualifying Score	Female	Male	Minimum DD	Female	Male
10 Years	36.4	36.4	10 Years	4.4	4.4
11-12 Years	36.8	36.8	11-12 Years	4.0	4.0
13-14 Years	38.2	38.2	13-14 Years	5.4	5.4
15-16 Years	39.3	39.3	15-16 Years	6.5	6.9
17-21 Years	39.8	40.2	17-21 Years	7.0	7.4

The following difficulty limits for an individual element apply at all age group events			
10yrs & 11-12 years: 2.8	13-14 years: 4.3	15-16 years: 4.3	17-21 years: 4.5
For 10yrs & 11-12 years, triple somersaults are prohibited. For all age groups, quadruple somersaults are prohibited. Any abuse of this rule will result in disqualification			

Minimum FIG Qualifying Score Senior	Female	Male	Minimum DD Senior	Female	Male
	40.3	42.4		7.5	9.6

FIG REQUIREMENTS

FIG Elite Age Group (WAGC) Requirement			
Age Groups	Exercise 1	Exercise 2	Exercise 3 (Final)
10yrs	Voluntary exercise of 8 skills	Voluntary exercise of 8 skills	Voluntary exercise of 8 skills
11-12yrs			
13 -14yrs	FIG Repeat Rule applies – no repeated somersaults within the exercise except for RO, Flics, Whips & Whip 360.	FIG Repeat Rule applies – no repeated somersaults within this exercise or between exercise 1 & exercise 2 except for RO, Flics, Whips & Whip 360.	FIG Repeat Rule applies – no repeated somersaults within the exercise, except for RO, Flics, Whips & Whip 360
15-16yrs			
17-21yrs	Must end with a somersault, otherwise a penalty of 2.0 will be applied	Must end with a somersault, otherwise a penalty of 2.0 will be applied	Must end with a somersault, otherwise a penalty of 2.0 will be applied
			Can be same as Exercise 1 or Exercise 2 or completely different

Senior				
Age Groups	Exercise 1	Exercise 2	Exercise 3 (Final 1)	Exercise 4 (Final 2)
Senior	Voluntary exercise of 8 skills	Voluntary exercise of 8 skills	Voluntary exercise of 8 skills	Voluntary exercise of 8 skills
	FIG Repeat Rule applies – no repeated somersault within the exercise except for RO, Flics, Whips & Whip 360.	FIG Repeat Rule applies – no repeated somersault within this exercise or between Exercise 1 & Exercise 2 except for RO, Flics, Whips & Whip 360.	FIG Repeat Rule applies – no repeated somersault within the exercise except for RO, Flics ,Whips & Whip 360 Skills from exercise 1 & 2 can be used as this is a zero start final	FIG Repeat Rule applies – no repeated somersault within this exercise or between Exercise 3 & Exercise 4 except for RO, Flics, Whips & Whip 360.
	Must end with a somersault, otherwise a penalty of 2.0 will be applied	Must end with a somersault, otherwise a penalty of 2.0 will be applied	Must end with a somersault, otherwise a penalty of 2.0 will be applied	Must end with a somersault, otherwise a penalty of 2.0 will be applied

Gymnasts cannot move between the 17–21 age group and Senior at the Spring Cups and National Age Group Final in the same competition season.

Competition Format

Spring Cups

- Qualification and Final (top 8)
- Gymnasts who do not demonstrate the minimum difficulty performance standard will:
 - not be awarded a medal
 - not be eligible to qualify for the National Age Group Final

National Age Group Final

- FIG rules will be applied other than;
 - The starting order for the Final will be in order of merit, the gymnast with the lowest total score in the Qualifying Round going first.
 - **ALL** Senior finalists will preform F1 & F2 to determine final ranking

At all British Gymnastics events, a nominated panel (Member of TC, Chair of Panel and 1 x national or pathway coach) reserves the right but not the responsibility, to end a performance (during training, warm-up or competition) that is deemed to be unsafe at any time. If a gymnast is deemed unsafe or falls unacceptably below the standards required, a Member of the panel will approach the personal coach to discuss the matter to reinforce standards and, where appropriate, this will be followed up in writing.

Qualification to the National Age Group Final

A maximum number of gymnasts per age group, per gender will be invited to attend the National Age Group Final (number of gymnasts to be confirmed) made up of the following:

- Current members of the GBR National Junior & Senior Squads will be invited to enter the National Age Group Final.
- The remaining places will be allocated in rank order from the Spring Cup events providing the minimum qualifying score has been achieved.
- Should places remain available the Technical Committee may invite gymnasts from official Home Nation events provided they have competed at a Spring Cup and achieved the minimum qualifying score.

The final list of qualifiers for the National Age Group Final will be published on Monday 23rd May 2022.

Entry to the National Age Group Final (NAGF) must be completed by clubs via British Gymnastics' GymNET online Entry Portal by the published closing date.

PLEASE NOTE: If there are any amendments to the FIG Code of Points the TC reserve the right to amend these technical requirements.