



**TUMBLING DOMESTIC COMPETITION STRUCTURE**

**TUMBLING**

**FIG PERFORMANCE**

**2019**

**British**  
**Gymnastics**  
More than a sport

## NATIONAL TRAMPOLINE TECHNICAL COMMITTEE

### Notice of main changes to the National Competition Structure 2019

All gymnasts entering the NDP or FIG Pathway should refer to the membership section on the BG website for level of membership required (gymnast/gymnast membership/ BG NDP structure)

#### **National Squad coaches:**

Rob Small, Glen Wharton, Mikey Barnes, Kath Small

#### **National Development coaches:**

Mikey French, Jenny Dawes

TUM Rep NTTTC:

Alan (Paddy) Lavelle

*FIG rules will be used at the British Championships with the exception of the 'zero' final. This will not apply at these Championships and there will be no zero final, all scores will be accumulative.*

Further details on ALL changes can be found in the Competition Handbook and the Domestic Competition Structure Appendix for each discipline.

## TUM FIG REQUIREMENTS

As per FIG CoP 2017-2020, there may be minor amendments to the routines year on year following the World Championships / WAGC events.

Two direct entry FIG British qualifying events (Spring Event Series)

Clubs with gymnasts who are not in either the National, or National Development squads will need to make arrangements to have their gymnasts verified by one of the official coaches before their entry can be accepted for the Spring Series. A list of these coaches can be found at the beginning of this document.

### British Championships

After completion of SES 1 and 2, up to a maximum of 16 gymnasts per age group / gender will be eligible to compete at the British Championships providing the minimum qualifying score and minimum DD are achieved at the same qualifying event.

#### *Allocated Places:*

*In the interest of the British Championships as an event, up to 5 allocated places may be awarded per age group, per gender. Any allocated places will follow consultation with the national & pathway squad coaches and the NTTC and be in the interest of the event and also the longer-term development of the TUM programme.*

Minimum qualifying score per age group / gender set by the Technical Committee and based on the cumulative score from the two qualifying runs.

Gymnasts may attend one or both Spring Event Series event to obtain the best counting score.

*A nominated panel (Member of NTTC, Chair of Panel & 1 x appropriately qualified coach), reserves the right, but not the responsibility, to end a performance (during training, warm-up or competition) that is deemed to be unsafe at any time*

**British Championships** – FIG rules will apply at the British Championships with the exception of a zero final. All results (ranking) will be based on a cumulative total 3 or 4 run score.

FIG Elite Age Group (WAGC) Requirement					
Age Groups 9 -10yrs 11-12yrs 13 -14yrs 15-16yrs 17-21yrs	Run 1		Run 2		Run 3
	A pass of 8 skills		A pass of 8 skills		A pass of 8 skills
	FIG Repeat Rule applies – no repeated somersault within the pass unless from a different entry skill except for RO, Flicks & Whips		FIG Repeat Rule applies – no repeated somersault within this pass or between pass 1 & pass 2 unless from a different entry skill except for RO, Flicks & Whips		FIG Repeat Rule applies – no repeated somersault within the pass unless from a different entry skill except for RO, Flicks & Whips
	Must end with a somersault		Must end with a somersault		Must end with a somersault
				Can be same as Run 1 or Run 2 or completely different	

<b>Please note:</b>	Spring Event Series qualifying ranking based on combined score for Run 1 & Run 2 from one event
	At British Championships top 8 gymnasts ranked on combined scores for Run 1 & Run 2 qualify through to Final (Run 3)

Minimum FIG Qualifying Score	Female	Male	Minimum DD	Female	Male
9-10 Years	52.4	52.4	9-10 Years	3.2	3.2
11-12 Years	53.2	53.2	11-12 Years	4.0	4.0
13-14 Years	54.6	54.6	13-14 Years	5.4	5.4
15-16 Years	55.7	56.1	15-16 Years	6.5	6.9
17-21 Years	56.2	56.6	17-21 Years	7.0	7.4

<b>The following difficulty limits for an individual element apply at all age group events</b>			
9-10 & 11-12 years: <b>2.7</b>	13-14 years: <b>3.5</b>	15-16 years: <b>4.3</b>	17-21 years: <b>4.3</b>
<b>For 9-10 &amp; 11-12 years, triple somersaults are prohibited. For all age groups, quadruple somersaults are prohibited. Any abuse of this rule will result in disqualification</b>			

Senior						
Age Groups Senior	Run 1		Run 2		Run 3	Run 4
	FIG Straight pass		FIG twisting pass		Voluntary pass of 8 skills	Voluntary pass of 8 skills
	FIG Repeat Rule applies – no repeated somersault within the pass unless from a different entry skill except for RO, Flicks & Whips		FIG Repeat Rule applies – no repeated somersault within this pass or between Run 1 & Run 2 unless from a different entry skill except for RO, Flicks & Whips		FIG Repeat Rule applies – no repeated somersault within the pass unless from a different entry skill except for RO, Flicks & Whips	FIG Repeat Rule applies – no repeated somersault within this pass or between Run 3 & Run 4 unless from a different entry skill except for RO, Flicks & Whips
Must end with a somersault		Must end with a twisting somersault		Must end with a somersault	Must end with a somersault	

<b>Please note:</b>	Spring series qualifying ranking based on combined score for Run 1 & Run 2 from one event
	At British Championships top 8 gymnasts ranked on combined scores for Run 1 & Run 2 qualify through to Final (Run 3 & Run 4)

Minimum FIG Qualifying Score Senior	Female	Male	Minimum DD Senior	Female	Male
	56.7	58.8		7.5	9.6

