



# Acrobatic NPRG Meeting

LNSC

Saturday 7<sup>th</sup> September 2018

09:00 – 12:00hrs

## Minutes and Actions Arising

### Present:

**ATC:** Melanie Sanders (MS), Caroline Hodgson (CHo), Andy Farley (AF), Sandra Sargeant (SS), Ian Said (IS), Judy Wootton (JW), Dawn Mitchell (DM)

**BG:** Toshko Pavlov (TP), Katherine Bonner (KB)

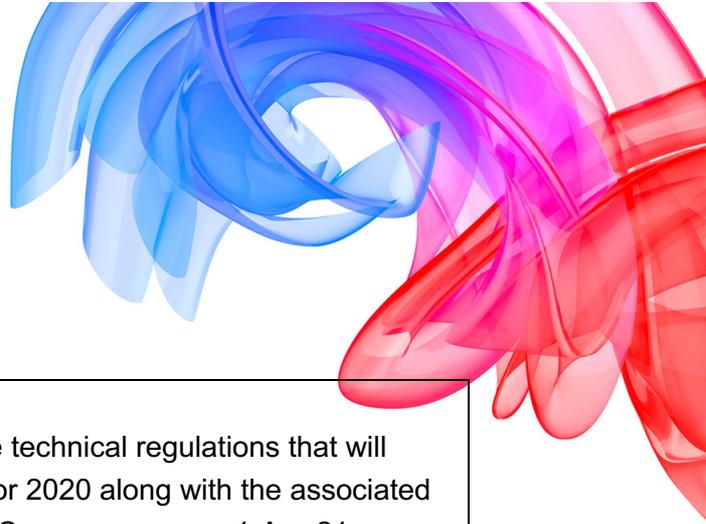
### Regional Representatives:

- Janine Musson (East)
- Emma Parr (South)
- Sandra Sargeant (North)
- Tony Merrett, Shelly Gonzales (South West)
- Andy Youl (Scotland)
- Anita Carty (South East)
- Christine Brockbank (London)
- Andrew O Hare, Judith Hinds (Northern Ireland)
- Lyndsay Madden (North West)

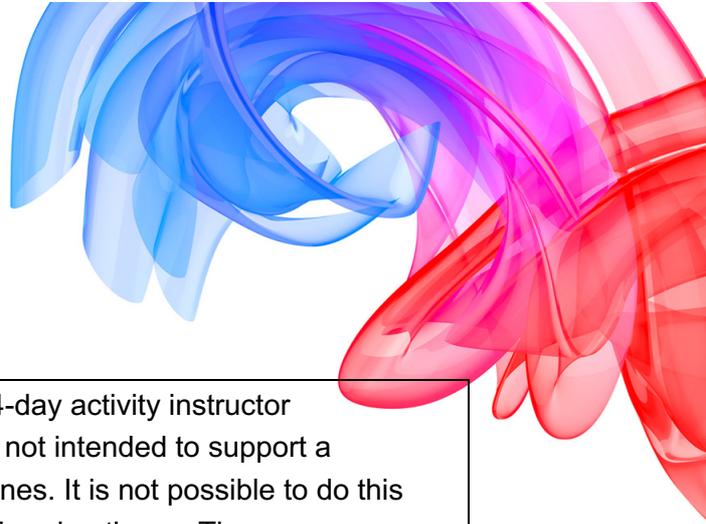
### Apologies:

**NOTE:** **Action points** arising from the meeting are highlighted in **red** and **decisions** made at the meeting are highlighted in **blue**

No	Item
1	<b><u>Welcome</u></b> MS welcomed everyone to the meeting and explained that the slides would be placed on the BG website a few days after the NPRG meeting.
2	<b><u>Overview of 2019 (MS)</u></b> MS presented;



	<ul style="list-style-type: none"> <li>• A brief overview of the year.</li> <li>• A summary of the changes in the technical regulations that will impact the committee structure for 2020 along with the associated timeline. The new cycle for the TC commences on 1-Apr-21.</li> <li>• Disability Updates and the contact point for disability within the participation team.</li> </ul>
3	<p><b><u>Competitions &amp; Results 2019 (TP)</u></b></p> <p>Toshko summarised;</p> <ul style="list-style-type: none"> <li>• The current state of senior partnerships.</li> <li>• The results from international competition so far in 2019:             <ul style="list-style-type: none"> <li>○ World Cups</li> <li>○ European Games</li> <li>○ Age Group Events</li> </ul> </li> </ul>
4	<p><b><u>Coach Education (KB)</u></b></p> <p><b>a) Pre-school Qualification Structure Changes</b></p> <p>Previously Pre-school had its own qualification pathway, but most coaches already had qualifications in other disciplines, so a change was made to position pre-school as an age-specific add-on. Any L1 coach over 18 can take this add-on. Points made in response to questions:</p> <ul style="list-style-type: none"> <li>• It is a 2-day course</li> <li>• The minimum number of attendees for a course to run is 10.</li> <li>• L2 coaches who have L1 preschool can self-supervise in pre-school sessions.</li> </ul> <p><b>b) Positive Coaching Course</b></p> <p>UK Sport have asked NGBs to ensure that positive coaching practices are in place. To support this BG have created an e-learning course. At membership renewal time, a check will be done to ensure the course has been taken. The course takes 20 minutes to complete and is required for all coaches L2 and above.</p> <p><b>c) Activity Instructor</b></p> <p>Previously a course was provided to allow leisure centres to instruct low level gymnastic activity, teaching basic skills - the highest level skill being a cartwheel. Clubs then asked why leisure centres can have access to a cheap course when they must do L1 and L2 coaching courses. A course is being written to provide an instructor qualification which is suitable for use</p>



in club and schools' environments. It is 4-day activity instructor qualification, not a coaching course, it is not intended to support a progressive pathway through the disciplines. It is not possible to do this course and then miss out L1, it is a dead-end pathway. The course covers gymnastic-based physical activity, warm ups, cool downs and low-level recreation activity. Course attendees could be people like parents who wish to run classes but technically are very low level. They can lead recreational sessions or could go into local schools.

Points made in response to questions:

- They can do recreational and pre-school gymnastics, they could do the preschool add-on module and then be able to lead preschool sessions.
- They can deliver BG badge schemes
- After this course, people are insured to run classes
- There is on-course assessment
- The cost is £399 to members
- People still might do the general gymnastics coaching course as they want to teach the higher-level skills.
- They would be able to cover the normal coaching ratios.
- It might suit clubs that want a quick pathway to someone being able to run sessions and in parallel they may do L1/L2.
- This will replace the existing course for leisure centres.
- The syllabus will be available for people to review prior to signing up for the course.
- The plan is for the course to be available in the summer of 2020.

Supervision of how many assistant coaches does this qualification allow. -

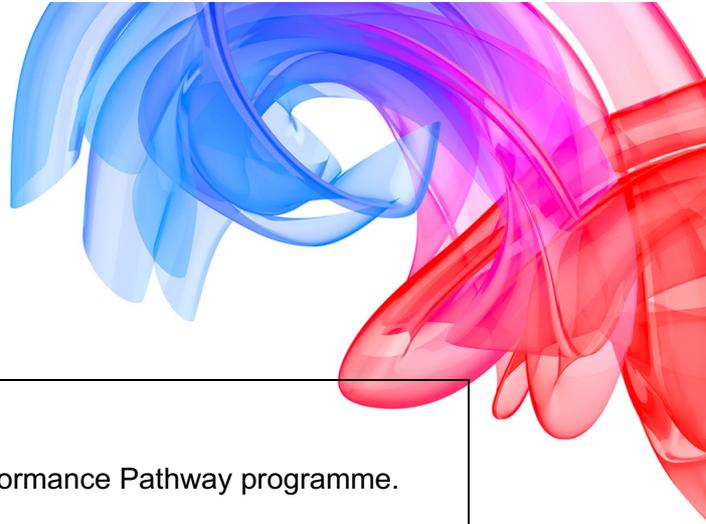
**[KB] to investigate the details.**

#### **d) General Questions relating to Coach Education**

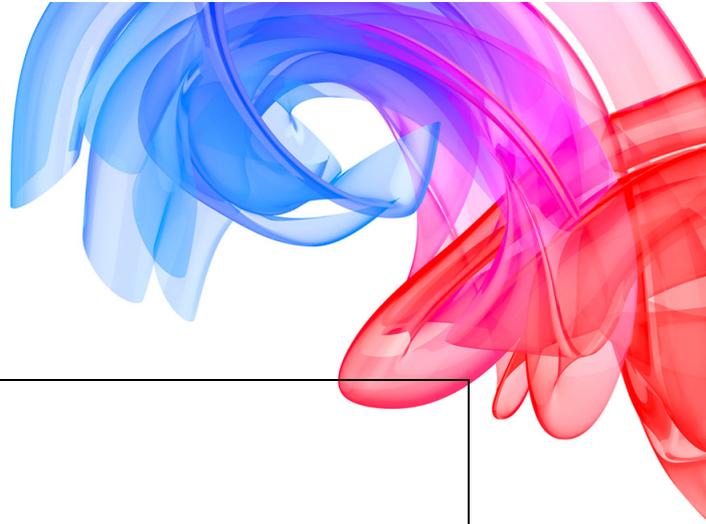
GCSE PE – it is a problem that children that are selected for their country in acrobatics cannot be use acrobatics as one of their sports in GCSE PE as it's not a recognised sport by the examination board. KB confirmed that a consultation was done recently, where feedback has been given, it looks like there is a push from other sports to address this issue also.

**[KB] to investigate this again to see if anything can be done.**

**[KB] Send Tony Merrett the link for positive coaching.**



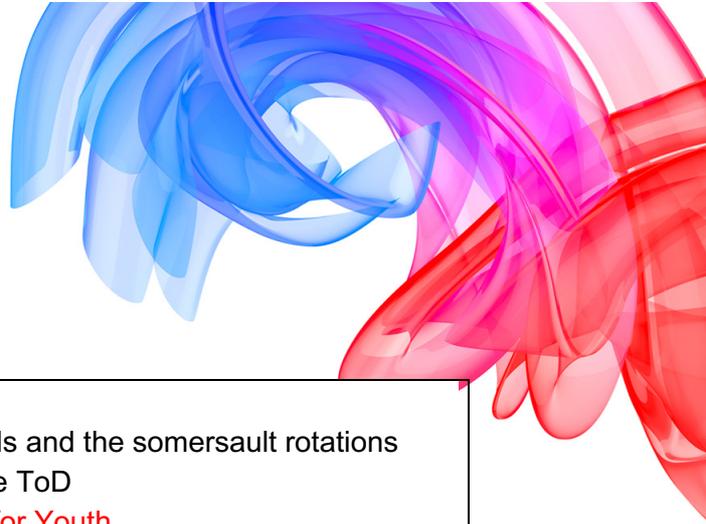
<p>5</p>	<p><b><u>Performance Pathway (IS)</u></b></p> <p>IS covered the current status of the Performance Pathway programme.</p> <p>The Pathway is split into 2 camps – north and south. It is intended to support the pathway from 11-16 to 12-18. There is an assessment day at the very start which is intended to provide additional benefits to the gymnasts and coaches such as identifying and address issues that might lead to injuries later.</p> <p>Coaches can attend for education purposes without gymnasts. If they are interested, they can contact Chris Hughes at BG and ask to be included.</p> <p>Selection is generally considered from gymnasts working at G5 and Youth level. The point was made that just taking selection from NDP Finals may miss out other suitable gymnasts that perhaps came in second place in qualifiers.</p> <p><b>[ALL Regional Representatives]</b> to ensure results from the regional qualifiers are sent to SS highlighting those that are in age for 11-16.</p>
<p>6</p>	<p><b><u>Judge Co-ordinator- the year ahead (AF, DM)</u></b></p> <p><b>[ALL Regional Representatives]</b> to let their regions know that anyone interested in brevetting for the next cycle should send an e-mail to the TC Communication Officer (Caroline Hodgson) to register interest.</p> <p><b>a) Regional NDP Qualifiers</b></p> <p>No new courses will be arranged after 1-Sep-20 due to a need to make sure there is time to update the resources for the new cycle as soon as possible. The new code is expected to be received by BG in October.</p> <p>All the Intercontinental courses will be in Lausanne, Switzerland and will take place over a single period for all disciplines. There has been no update on how many brevet places we will be allocated to each federation per discipline.</p> <p><b>b) Regional NDP Qualifiers</b></p> <p>The TC encourages regions to get independent brevet judges to attend their regional qualifiers to ensure neutrality and to provide consistency between qualifiers and finals.</p> <p>Regional NDP Qualifiers Dates 2019:</p> <p>1. West Midlands – 29-February</p>



	<ol style="list-style-type: none"> <li>2. Yorkshire – 1-March</li> <li>3. South 7/8 March</li> <li>4. Scotland – 7/8-March</li> <li>5. South-East – 7/8-March</li> <li>6. Northern Ireland 8-March</li> <li>7. North 14/15-March</li> <li>8. South West 14/15-March</li> <li>9. North West – 15-March</li> <li>10. Wales 21-March</li> <li>11. London – 22-March</li> <li>12. East – 29-March</li> <li>13. East Midlands – <i>not known</i></li> </ol> <p><b>[ALL Regional Representatives]</b> to let AF/DM know if there are judges in the region that should be considered for invite to judge at national events</p> <p>Points made in response to questions:</p> <ul style="list-style-type: none"> <li>• No National courses will be run until next cycle.</li> <li>• National courses are always run at the beginning of the cycle.</li> <li>• As a general principle if enough people register interest in a judging course, then one will be arranged.</li> <li>• Discussion about the difficulties identifying local judges that could be invited to competitions.</li> </ul>
7	<p><b><u>2020 Competition Calendar and Handbook (SS, MS)</u></b></p> <p>SS covered the competition dates and highlighted the changes in the Competition Handbook for 2020.</p> <p>Points raised (in addition to those detailed on the slides):</p> <ul style="list-style-type: none"> <li>• Top 3 places at Youth level can go to the Pat Wade.</li> <li>• The minimum score of 24 is based on the average over all routines performed.</li> <li>• Entry fees have increased to £42 for NDP Finals and £45 for the Pat Wade (regardless how many routines are to be competed).</li> <li>• National Finals date is 16/17 May.</li> </ul> <p><b>a) IDP Levels</b></p> <p>IDP1 and IDP2 have been introduced to:</p> <ul style="list-style-type: none"> <li>• Support the transition to the higher FIG levels - 12-18, Junior and Senior</li> </ul>



	<ul style="list-style-type: none"> <li>• Ensure that gymnasts can compete in National Competitions at a level that is appropriate to the difficulty they are able to achieve.</li> <li>• Ensure that gymnasts do not feel pressure to compete in the British Championships before they are ready. Noting that Acrobatics is the only gymnastic discipline that does not have qualifiers for the British Championships.</li> </ul> <p>The difference between IDP1 and 2 is only the level of difficulty. IDP1 and 2 levels are included in the Pat Wade Classic competition, National Finals and the English Championships.</p> <p><b>b) English Championships</b></p> <p>MS asked for feedback on the arrangements for the English Championships;</p> <ul style="list-style-type: none"> <li>• What is the appropriate frequency? All agreed that annual is appropriate.</li> <li>• What is the best time? November is difficult for the Competition Organiser due to a clash with another event. Around April was considered a good time, to provide more competitions once the competition period has started rather than having a competition earlier in the competition year.</li> <li>• Where would be best to hold the competition? Newton Aycliffe worked well last year and is a reasonable cost. Generally, people would prefer something more central, perhaps Fenton, but the cost might be an issue and there are already several competitions that are held there.</li> <li>• What levels should be included It would be good to accommodate Youth, IDP and FIG</li> </ul> <p><b>[MS] to provide the feedback to Debby Said.</b></p>
8	<p><b><u>NDP9 Updates (MS)</u></b></p> <p>MS summarised the updates to NDP9, the updated version (V1.6.) will be published by October and will come into play in Jan 2020. The TC Communication Officer will send an update out to the regions when this is available on the BG website.</p>



	<p>Points raised in discussion:</p> <ul style="list-style-type: none"> <li>• It would be useful to see the holds and the somersault rotations included for the Youth level in the ToD <b>[MS]</b> to add holds and rotations for Youth.</li> <li>• Would there be any changes to artistry in the next cycle? Currently it is not expected that there would be any significant changes. Coaches find the descriptions too vague and would like more detail. <b>[TC]</b> to consider creating more guidance, perhaps as part of the preparation of collateral for the course updates for the new cycle, including the revalidation course.</li> </ul>
9	<p><b><u>Regional Matters</u></b></p> <p>There was a discussion about the difficulty in identifying the judges that could be invited to judge at regional competitions. One possible solution would be for tutors to ask new judges to e-mail the regional convenor when they qualify. <b>[AF]</b> to send the dates of the regional qualifiers to the brevet judges</p> <p>SS asked the regional representatives for feedback on submitting the entry to National Finals – the main feedback was that it took a considerable amount of time to do the entry.</p> <p>A question was raised about the need to have silver BG membership to work on the NDP <b>[MS]</b> to check what the rule is and whether there is any way to address this.</p> <p>MS thanked everyone for attending.</p>

**Next meeting** – The next NPRG meeting will be ???.