

Aerobic Gymnast Notification Form

Transfer from NAC to FIG

Gymnast Name: _____

Gymnast DOB: _____

Club: _____

Form Completed by: _____

Position: _____

BG Membership Number: _____

Competition History

	Competition Attended	Category	Score	Position	Comments
1					
2					
3					
4					

Proposed category for next competition (Example: FIG GR1 – Individual Female)

Category / Age Group / Category: _____

This form must be accompanied by video submission which must include:

- Gymnast performing a routine (in competition or Gymnasium)
- FIG compulsories plus optional skills for the FIG routine.

Send videos and completed form to aerobicstc@british-gymnastics.org

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1. The notification is a formal record that must be completed and submitted to the Technical Committee's Chair.
 2. It is for the coach, not the gymnast that must complete the form.
 3. Notification must be received no later than 4 weeks prior to any British / National Competition entry date.
 4. Once the notification is received, assuming there is no error with the information and the gymnast is accepted at FIG, the Technical Committee will inform the personal coach via email and add the gymnast to the Technical committee FIG database

Notification submitted by: _____ Date: _____