



L'A.S.D. JAMMING PALESTRE

Via Catania 10 San Giovanni la Punta (Catania) Italy

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Organizes



We have great pleasure and honor to invite you to
San Giovanni la Punta (Catania, Sicily, Italy) on
5th and 6th July to participate in our

9th International Tournament “Trofeo dell’Etna”.

We would be delighted if the competitors of your club take
part in tournament.

Sincerely

Roberto Gatto
President

TOURNAMENT RULES

DATE: JULY 5 and 6, 2019

PLACE: SPORTS HALL, POLIVALENTE SCHOOL (via Motta 87 San Giovanni la Punta Catania, Sicily, Italy)

PROPOSITIONS: individuals 9 categories, 2 levels.

TECHNICAL PROGRAMME

- **BORN 2012 (and younger)**

WITHOUT APPARATUS min 3 max 6 body difficulties 0,10 to 0,30 (min 1 for each body movements) minimum 1 dance steps combination.

BORN 2011 LEVEL A

- 2 ROUTINES ONE WITHOUT APPARATUS AND ONE APPARATUS BY CHOICE (ROPE , HOOP OR BALL). Min 3 max 6 body difficulties 0,10 to 0,50 (min 1 for each body movements). Apparatus min 3 max 6 body difficulties (min 1 for each body movements), min 1 AD, minimum 1 dance steps combination, maximum; (max 1 R)

BORN 2011 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- WITHOUT APPARATUS and 1 apparatus by choice (ROPE, HOOP OR BALL) min 3 max 6 body difficulties 0,10 to 0,40 (min 1 for each body movements) minimum 1 dance steps combination, Apparatus min 3 max 6 body difficulties (min 1 for each body movements), min 1 AD, minimum 1 dance steps combination; (max 1 R)

BORN 2010 LEVEL A

- 2 ROUTINES ONE WITHOUT APPARATUS AND ONE APPARATUS BY CHOICE (ROPE, HOOP OR BALL). Min 3 max 6 body difficulties 0,10 to 0,50 (min 1 for each body movements). Apparatus min 3 max 6 body difficulties (min 1 for each body movements), min 1 AD, minimum 1 dance steps combination; (max 1 R)

BORN 2010 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 ROUTINES ONE WITHOUT APPARATUS AND ONE APPARATUS BY CHOICE (ROPE , HOOP OR BALL). Min 3 max 6 body difficulties 0,10 to 0,40 (min 1 for each body movements) minimum 1 dance steps combination. Apparatus min 3 max 6 body difficulties (min 1 max 2 for each body movements), min 1 AD, minimum 1 dance steps combination; (max 1 R)

BORN 2009 LEVEL A

- 2 ROUTINES ONE WITHOUT APPARATUS AND ONE APPARATUS BY CHOICE (ROPE, HOOP, BALL, CLUBS, RIBBON).Min. 3 MAX 6 body difficulties (min 1 for each body movements) minimum 1 dance steps combination. Apparatus min 3 max 6 body difficulties (min 1 max 2 for each body movements), min 1 AD, minimum 1 dance steps combination, (max 2 R).

BORN 2009 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 ROUTINES ONE WITHOUT APPARATUS and ONE APPARATUS BY CHOICE (ROPE , HOOP OR BALL) Min 3 max 6 body difficulties 0,10 to 0,50 (min 1 for each body movements) minimum 1 dance steps combination. Apparatus min 3 max 6 body difficulties from 0,10 to 0,50 (min 1 for each body movements), min 1 AD, minimum 1 dance steps combination; (max 1 R)

BORN 2008 LEVEL A

- 2 ROUTINES HOOP AND ONE APPARATUS BY CHOICE. Min 3 max 6 body difficulties (min 1 m for each body movements), min 1 AD minimum 1 dance steps combination; (max 3 R)

BORN 2008 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 APPARATUS BY CHOICE. Min 3 max 6 body difficulties (min 1 for each body movements), min 1 AD, minimum 1 dance steps combination; (max 2 R)

BORN 2007 LEVEL A

- 2 ROUTINES BALL AND ONE APPARATUS BY CHOICE. Min 3 max 6 body difficulties (min 1 for each body movements), min 1 AD, minimum 1 dance steps combination; (max 4 R)

BORN 2007 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 APPARATUS BY CHOICE. Min 3 max 6 body difficulties (min 1 for each body movements), min 1 AD, minimum 1 dance steps combination; (max 2 R)

BORN 2006 LEVEL A

- 2 ROUTINES RIBBON AND ONE APPARATUS BY CHOICE .MIN 3 max 7 body difficulties (min. 1 for each body movements), min 1 AD, minimum 1 dance steps combination ; (max 5 R)

BORN 2006 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 APPARATUS BY CHOICE. Min 3 max 7 body difficulties (min.1 for each body movements), minimum 1 dance steps combination; (max 3 R)

BORN 2005/2004 LEVEL A

- 2 ROUTINES CLUBS AND ONE APPARATUS BY CHOICE. Min 3 max 7 body difficulties (min. 1 for each body movements), min. 1 AD, minimum 1 dance steps combination; (max 5 R)

BORN 2005/2004 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 APPARATUS BY CHOICE. Min 3 max 7 body difficulties (min. 1 for each body movements), minimum 1 AD, minimum 1 dance steps combination; (max 3 R)

BORN 2003 AND OLDER LEVEL A

- 2 ROUTINES BY CHOICE F.I.G. RULES

BORN 2003 AND OLDER LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 APPARATUS BY CHOICE. Min. 3 max 7 body difficulties (min. 1 for each body movements), min. 1 AD, minimum 1 dance steps combination; (max 3 R)

We will consider only difficulties, which are in program per category. We will ignore higher difficulties. The technical management reserve the right to move a gymnast whose level is higher than the one of the category in which she is recorded to a suitable category. Music on CD (original and a copy) or usb pen drive, for single gymnasts and routines with name of society, of gymnast and apparatus.

SCHEDULE

05.07.19 Friday

from 9.00 a.m. to 2 p.m. – arrival of the delegations –

Grand Hotel Villa Itria, Via Antonio Aniante 3 (Viagrande, Catania),

Hotel service: parking - double and triple rooms- WiFi FREE – outdoor swimming pool.

In the eventuality of full of Grand Hotel Villa Itria hotel rooms, the management of the competition will change the accommodation of the sport club, moving it to a similar. In that case, we'll move the clubs according to the time of booking at the competition.

Website: www.grandhotelvillaitria.com

05.07.2019 Friday

From 3.00 p.m. to 7.30 p.m. (test floor at the sports hall)

8.00 p.m. – technical and judges meeting at the sports hall

06.07.19 Saturday

08.00 a.m. – opening Sports Hall

09.00 – competition

1.00 – 2.00 p.m. – lunch

2.00 p.m. – opening ceremony of competition

2.15 p.m. – Begins Second part competition

7.00 p.m. – closing competition

7.30 p.m. – **shows program in execution of tournament participants closing ceremony**

8.30 p.m. – closing banquet

07.07.19 Sunday

After breakfast departure of the delegation

DELEGATION

Each team can consist of unlimited competitors in **different categories**, 1 judge and 1 coach.

COSTS

The organizer covers, **for the team that will use our convention**, accommodation of each person of the team from evening 5th July to breakfast 7th July (in Hotel in half board for Friday evening, beverage excluded) and closing banquet of Saturday

Every additional guest will have to pay full costs of accommodation, 150 euro per person. Travelling costs will not be covered **except transfer from hotel to Sports Hall**. We can provide transport from Catania Airport to Hotel for each delegation. Payment for the transport 15 euro per person per way.

ENTRY FEE

Participation fee is 130 euros **per each person of the team**, 110 euros **for coach and judge** (the entry fee includes hotel accommodation in half board for Friday evening, and B&B for Saturday until the breakfast of Sunday, Closing banquet at sports hall of Saturday, transfers from hotel to sports hall and return), **for the TEAM will use our convention.**

Entry fee for who will not use our convention: gymnasts 60 euros, coach and judge 40 euros (will be included only the closing banquet of Saturday evening).

Preliminary entry up to **19.04.2019**

Application form up to **03.06.2019**

INSURANCE

The Organizing Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.

All the members of delegation are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation.

“9th Trofeo Dell’Etna” Training Camp

In the week from 8th to 12th July we will organize an intensive training camp with important coach, if we will reach the minimum number of participant (15) for more information about it contact us.

Contact Person: Alessandra Labanca Technical Director of Competition

Tel: +393289187364 e-mail: info@asjammingpalestre.it

will be possible to see the tournament in livestreaming on our youtube channel Ritmica Jamming Palestre or on our website www.asjammingpalestre.it

Will be possible to buy SASAKI, PASTORELLI, CHACOTTE apparatus during the competition

PRELIMINARY APPLICATION
9th INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

“TROFEO DELL’ETNA”

Please,send this application form untill 19.04.2019

The name of the club :

Country :

Contact persons :

Phone:

E-MAIL :

Address :

Number of competitors in delegation :

Coach :

Contact:

Number of additional guests coming:

Comments :

9th INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

“TROFEO DELL’ETNA”

APPLICATION FORM (until 03.06.2019)

1st COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

2nd COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

3rd COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

4th COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

5th COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

6th COMPETITOR: _____
Name, Surname, Date of Birth, Category, level, Apparatus

7st COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

8st COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

9st COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

10th COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

11th COMPETITOR: _____
Name, Surname, Date of Birth, Category, level, Apparatus

12th COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

JUDGE: _____
Name, Surname

COACH: _____
Name, Surname

CLUB, COUNTRY: _____

CONTACT ADDRESS: _____

tel, e-mail _____

CONTACT PERSON: _____

DATE and TIME of ARRIVAL in CATANIA: _____

DAY and HOUR of DEPARTURE: _____

SPECIAL REQUIREMENTS: _____

/transport from airport to the hotel/

Number of additional guests coming: _____