<table>
<thead>
<tr>
<th>Time</th>
<th>Subject</th>
<th>Led by</th>
</tr>
</thead>
<tbody>
<tr>
<td>13:00</td>
<td>Introduction</td>
<td>VSP</td>
</tr>
<tr>
<td>13:15</td>
<td>NTC activities</td>
<td>RGTC</td>
</tr>
<tr>
<td>13:35</td>
<td>HN and Region's activities – Focussing on gymnasts’ development &amp; Facilities (10mins per region)</td>
<td>All</td>
</tr>
<tr>
<td>15:15</td>
<td>BG Coaching Update &amp; Positive Coaching</td>
<td>Kathryn Bonner</td>
</tr>
<tr>
<td>16:00</td>
<td>Performance Update</td>
<td>(Alan Edge, Performance Manager)</td>
</tr>
<tr>
<td>16:45</td>
<td>Coffee Break</td>
<td></td>
</tr>
<tr>
<td>17:00</td>
<td>Calendar of Events (NTC, HN and Region)</td>
<td>RGTC</td>
</tr>
<tr>
<td>17:15</td>
<td>National Development Programme</td>
<td>RGTC</td>
</tr>
<tr>
<td>17:30</td>
<td>NTC Competition Handbook (Major Changes update)</td>
<td>Nicky Richards</td>
</tr>
<tr>
<td>17:45</td>
<td>Disability Gymnastics</td>
<td>Lisa Higgins</td>
</tr>
<tr>
<td>18:00</td>
<td>Technical Regulation Changes, Transgender Clothing Policy</td>
<td>VSP</td>
</tr>
<tr>
<td>18:10</td>
<td>Communication from Regions to their County associations &amp; Clubs</td>
<td>All</td>
</tr>
<tr>
<td>18:20</td>
<td>Any other business</td>
<td>All</td>
</tr>
<tr>
<td>18:30</td>
<td>Close</td>
<td></td>
</tr>
</tbody>
</table>
Role of the annual NPRM

• Two-way communication forum between RGTC and Regions/Home Nations
• Update on recent activities
• Feedback and discussion on:
  - Strategy
  - Squad Structures & Pathways
  - NDP
  - Competition Programme
• Regional/Zonal Activities
2019 Highlights Review

- National Group Programme
- 2 Floors Provisioned @ LNSC
- GBR Junior Europeans met performance targets
- Largest number of Espoirs passing BQT
- 2 ENG/ GBR Assistant Coaches
Judge Education Update
Judging courses this cycle

- So far this cycle, club judge courses have been held in:
  - East Midlands x 2
  - South
  - North West
  - London x 3
  - Northern Ireland
  - Scotland x 2
  - Wales
Judging courses this cycle

• County judge courses have been held in:
  – North West
  – London x 2
  – Wales

• Regional Judge courses have been held in:
  – East Midlands
  – North West
  – South (to be held later in Oct 2019)

• If you want a course – hit the button on the BG website!
Judging courses this cycle

• National Judge course held earlier this year

• Has produced 7 new National Judges so far

• Some candidates still yet to sit / re-sit
## Number of Judges

<table>
<thead>
<tr>
<th>Club</th>
<th>Revalidated in 2017</th>
<th>As at 09-10-2019</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>12</td>
<td>65</td>
</tr>
<tr>
<td>County</td>
<td>53</td>
<td>60</td>
</tr>
<tr>
<td>Regional</td>
<td>24</td>
<td>40</td>
</tr>
<tr>
<td>National</td>
<td>20</td>
<td>28</td>
</tr>
<tr>
<td>Brevet</td>
<td>11</td>
<td>11</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>120</strong></td>
<td><strong>204</strong>*</td>
</tr>
</tbody>
</table>

*At the equivalent point in previous cycle (i.e. Oct 2015) we had 139 judges*
Resources for Judges

• All judges now have access to current resources for all levels of judging course up to and including their level, including videos with overlays.

• To do:
  – Online resource re Basic Code
  – Introduction to Judging
Planning for next cycle

• FIG position not yet published – no guarantees re number of Brevets / where courses will be held
• Likely that a selection process will be used next year
• Planning domestic revalidation and course requirements is one of the next main topics for NJEP
Feedback - Home Nations & Regions
Focusing on gymnastics development & Facilities
Home Nations

• Scotland (Jamie Bowie)
  – Working over last 3 years, program of clinics/workshops.tech symposium for pathway development for coaches. Starting pathway program for Espoir/Pre-Espoir gymnasts, using Foundations selection day in November. – 5 camps planned for 2020
  – Selected (3) coaches for performance pathway, long term goal to shape the pathway
  – Aspiration to purchase carpet for Rhythmic, looking for central venue
• Wales (Linda Thomas)
  – Re-structured squads, under consultation with clubs, squads now aligned with BG pathway
  – 2020 CWG squads, Junior squad, Development squad (2) 5-7, 8-12, Foundation squad (focused on coach education)
  – Junior Group program in development
  – Home Nations 9/10th May Espoir Ind / Group, Junior Ind/Group, Senior Ind only
  – Still looking for central facilities
Home Nations

• Northern Ireland (Elaine Baillie)
  – No currently functioning TC
  – Some challenge with opening communication to clubs

• Gibraltar (Sally Holmes)
  – Successful year for Rhythmic
  – 2 groups qualified for pathway programme, Aspire and National GBR Espoir
  – One Individual qualified for British, first British Champs Medal
  – 2 Groups also qualified for British Championships
  – Gibraltar hosting Ind & Group Comp 7–9 March
Regions

• England (Mike Chappel)
  – New squad structure, Potential & performance amalgamated
  – 5 squads over the financial year
  – Vitry Cup, Happy Cup
  – Encourage to rhythmic to work within EG regional committees
  – England Level 4 inter-regional competition cancelled due to lack of take up, will try again next year

• North (Ina Wightman)
  – Still only one club
  – Attending Scotland pathway workshops last year
  – Currently unable to attend Regional meeting as no committee,
Regions

• North West (Laura Hogg)
  – 6 clubs in region
  – Two competitions per year
  – Zonal/regional squads are not currently running
  – Looking at whether can use Lilleshall

• West Midlands (Nicky Richards)
  – Fully integrated with EG Regional Committee
  – Funding gymnasts attending squads
  – Funding coach/judge course subsidies
  – Have funding for a base/carpet, but no identified venue
Regions

• East Midlands (Jo Gardiner)
  – Five clubs in regions
  – No current squads
  – Bursaries for coaches/judges are available

• East (Verity Adams)
  – 2 new clubs
  – Some support for new clubs ongoing
  – Trying to arrange joint training
Regions

• South (Carolyn Palmer)
  – Some new clubs in region
  – Looking to form regional committee
  – Aim to how beginner competition
  – Need coach & judge development courses

• South West (Sarah Moon)
  – 2 new clubs, one active, not so
  – No regional activities
Regions

• London (Monika Vedrichkova)
  – Secured a new venue (Redbridge) for 5 future competitions, facility for equipment storage, venue is with higher ceilings to accommodate the height requirement for Junior / Senior gymnasts.
  – Introduced Disabilities program in the London Championship events.
  – Introduced GROUP routines in the London Championship events.
  – 2 new GYMNOVA carpets, funded by London Gymnastics
  – Regional squad for Espoir/Pre-Espoir, training camps underway

• South East (Maria Foster)
  – 2 clubs, some local competitions
  – Group development in region
  – Looking to set Level 3 group regional squad
  – Canterbury full floor, competition base, I-Star, 4 floors, some satellite clubs, School Program
  – Looking to build regional committee presence
British Gymnastics  Coach Education
BG Performance Pathway Programme
Rhythmic Gymnastics 2020

Individual
- GBR Senior National Programme
  LNSC
  15+ years

Group
- GBR Junior Programme
  LNSC
  13-16 years
- GBR Junior GROUP Programme
  LNSC
  13-16 years
- GBR Espoir Individual & Group Programme
  LNSC
  9-12 years

FOUNDATION Programme
- Regional
  9-11 years
So what happened in 2019?

- **RHG Pathway**
- GBR and ENG Programmes closer aligned and dates harmonised.
- Use of Lilleshall optimised with a second carpet giving full coverage of the Jubilee Hall and a more ‘elite feel’ to the space.
- Carpets down for over 80 days of Squad operation in 2019
- GBR Group Programme introduced across GBR Juniors & Espoirs. 4 Groups selected based at 4 Clubs
So what else happened in 2019…?

- 2 National Coaches – Laura Hogg & Lynne Hutchinson – appointed in February working across ENG and GBR.
- Re-aligned Programme allowed Laura and Lynne to work on their own with ENG and also partly with Maria G and Susanne H at GBR Squads.
- Programme success measures being agreed to allow a more seamless journey for gymnasts through the Pathway.
Also in 2019...

- Written feedback to Personal Coaches more formalised after ENG Camps and Video feedback/sharing to be introduced at the October camp.

Coach Support/Development/Succession Planning

- National Coaches on the BG High Performance Coach Development programme (HPCDP)
- Development Coach Academy aimed at the next level of National Coaches to be introduced in 2020 with some Funding support
Competition Programme 2019

• 6 International events attended by Squad Gymnasts in 2019. Significantly up on 2018
• Well planned, thorough and demanding selection process for the inaugural Junior Worlds – resulting in a final group of 5-6 gymnasts delivering the criteria set
• Team of 2 gymnasts selected for the Junior Worlds in Moscow with credible & encouraging results in a Top World startlist.
• Significant impact with BG........
GBR Group Programme 2019

• Solid start to this new initiative
• A real challenge to work out a ‘British way’ of doing Group most effectively.
• 2019 saw 4 selected Groups initially going for selection with rapid improvement and disappointment when no group selected for JW in Moscow.

Targets/Challenges moving forward
• Credible Senior Group needed for Euros 2020
• GBR Junior Group(s) to continue their development through 2020 to credibly target results at the 2021 Europeans?
Coach Education, Development and High Performance Club Support 2020

- What should the Development Coach Academy look like?
- How can we better support Clubs with Gymnasts on the RHG Pathway?
VMOST Objectives for 2020

Junior Focus continuing on Elite with 2021 Focus – Targets for 2020?

Assistant Coach Development
Identify individual Targets (liaise with HPCDP) and confirm/involve mentors with additional programme support

Refocus on new 2022 CWG goals with review of ENG alignment from 2020 onwards

Physio/Screening/ Prehab
New initiative for 2020 – focus on Juniors /ENG /Espoirs /JuniorsClub
Increased support measures for 2020 to include a 2\textsuperscript{nd} physio.

Club visits by MG/LH/LH?

Personal Coach Support? Mentors Use of Video?
The Next 12 Years

Where could RHG in the UK get to?

What does RHG really Need?

- There might be interest and support in these Questions that hasn’t been there before..
- Watch this space........
Targets from 2019

- **Juniors** – develop a competitive GBR Junior Team
- **Espoirs** – develop/consolidate brilliant basics
- **Aspire** – to underpin Espoirs
- **ENG Potential** – to underpin Espoirs/Juniors
- **ENG Performance** – to develop High Performance Commonwealth Games gymnasts and underpin GBR Seniors
- **Seniors** – Worlds? Olympics? Group? When?
Targets for the new Structure

• **Juniors** – develop a competitive GBR Junior Team
• **Espoirs** – develop/consolidate brilliant basics
• **Aspire** – to underpin Espoirs
• **ENG Potential** – to underpin Espoirs/Juniors
• **ENG Performance** – to develop High Performance Commonwealth Games gymnasts and underpin GBR Seniors
• **Seniors** – Worlds? Olympics? Group? When?
Programme Outcomes 2020 onwards

• More effective use of resources on more aligned, semi-centralised programmes demonstrating to BG economies of scale and value for money.
• Better aligned means more clarity of direction and easier to focus on and deliver against targets
• Individual/Group approach – more opportunities.
• An established, functional National Coaching Team leading to……..
• ....A more effective Coach Succession Planning strategy
• Clear, agreed Targets – Challenging yet realistic.
Tea Break 15 mins
# 2020 Competition Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 1(^{st}) and 2(^{nd})</td>
<td>British Qualification Testing – Individuals and Espoir Groups</td>
<td>Halesowen (TBC)</td>
</tr>
<tr>
<td>March 21(^{st}) and 22(^{nd})</td>
<td>Open Apparatus Championships (Junior &amp; Senior) Seeding competition for Group Leagues</td>
<td>Fenton</td>
</tr>
<tr>
<td>June 13th and 14(^{th})</td>
<td>NDP Finals Elite &amp; National Group Leagues</td>
<td>Fenton</td>
</tr>
<tr>
<td>July 30(^{th}) to August 2(^{nd})</td>
<td>British Championships – Individual and Elite Groups</td>
<td>Liverpool</td>
</tr>
<tr>
<td>October 11(^{th})</td>
<td>Elite &amp; National Group Leagues</td>
<td>Fenton</td>
</tr>
<tr>
<td>November 21(^{st}) and 22(^{nd})</td>
<td>Open Apparatus Championships (Espoir &amp; Pre-Junior) Elite &amp; National Group Leagues</td>
<td>Fenton</td>
</tr>
</tbody>
</table>
2020 Calendar

• See Attached file
National Development Plan
NDP Update – Espoir Group BQT

• Compulsory from 2020 to qualify for Level 5.
• Open to all Pre-Espoir or Espoir group gymnasts from clubs with Espoir Groups who achieved Level 4 or 5 at the 2019 Group Seeding event.
• Level 4 & 5 Espoir groups must consist of 5 or 6 gymnasts.
• Gymnasts entering “BQT” should remain as part of named group composition from beginning of competition year.
• Only 5 gymnasts should be entered per group for BQT, with the same 5 gymnasts to complete all tests.
• A minimum score will be required for each gymnast and an average overall score will be calculated.

• Strength and conditioning:
  – All exercises with the exceptions of
  – Uni Lateral drop jump (both sides)
  – Trunk Prone Back capacity
  – Skipping

• Flexibility:
  – Exercise 1 – extended box splits
  – Exercise 2 – extended front splits
  – Exercise 3 – standing fold
  – Bridge to the requirements set below.

• Ballet Program – same as for 2019
NDP Update – Group Seeding Entry

• Apart from Groups where at least 50% of the gymnasts are born in 2011, to be eligible for Seeding, at least 50% of the gymnasts in a group entering seeding must have competed in a group which completed the Level 3, 4 or 5 Group Leagues in 2019.

• Groups who granted permission to compete as "Guests" in the Level 3 Group League, will be considered equivalent to competing towards eligibility to enter Group Seeding.

• From 2020, Level 4 & 5 Espoir groups must consist of 5 or 6 gymnasts. All Espoir groups which enter seeding must therefore consist of 5 or 6 gymnasts.

• The option of 4, 5 or 6 gymnasts will remain for Level 3 groups.
NDP Update - Reminder

• NDP can only be accessed by BG Members

• Must be logged into Gymnet

• Under “Technical Information”
  > “Discipline Specific Resources”
RBD Analysis
Analysis of use of RBDs

• In 2014 RBDs were introduced with the aims of:
  – encouraging steady progression to performance of good quality, high value body difficulties at junior level and beyond
  – encouraging gymnasts across the country to work on similar body difficulties to facilitate GBR group work

• Every year, following BCH, we look at routines of individuals and groups who competed at BCH
• We analyse what BDs are in their routine, and how many of them were awarded
Analysis of use of RBDs - Groups

• General trend of increasing take up of some RBDs by Espoir groups:

<table>
<thead>
<tr>
<th>Year</th>
<th>T</th>
<th>F</th>
</tr>
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<tbody>
<tr>
<td>2014</td>
<td>50%</td>
<td>0%</td>
</tr>
<tr>
<td>2015</td>
<td>64%</td>
<td>9%</td>
</tr>
<tr>
<td>2016</td>
<td>60%</td>
<td>10%</td>
</tr>
<tr>
<td>2017</td>
<td>78%</td>
<td>22%</td>
</tr>
<tr>
<td>2018</td>
<td>88%</td>
<td>75%</td>
</tr>
<tr>
<td>2019</td>
<td>80%</td>
<td>90%</td>
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</table>
Analysis of use of RBDs - Group

- Less use of lower value difficulties, e.g.

<table>
<thead>
<tr>
<th></th>
<th>Espoir</th>
<th>Junior</th>
<th>Senior</th>
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</thead>
<tbody>
<tr>
<td>2014</td>
<td>83%</td>
<td>75%</td>
<td>40%</td>
</tr>
<tr>
<td>2015</td>
<td>64%</td>
<td>56%</td>
<td>60%</td>
</tr>
<tr>
<td>2016</td>
<td>80%</td>
<td>56%</td>
<td>25%</td>
</tr>
<tr>
<td>2017</td>
<td>11%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2018</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2019</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
Are the difficulties counting for groups?

- General improvement in proportion of BDs counting for Espoir groups, for example:
  - 2015: 25% counted
  - 2016: 50% counted
  - 2017: 45% counted
  - 2018: 92% counted
  - 2019: 92% counted

- Pivots gradually improving, for example:
  - 2015: 30% counted
  - 2016: 43% counted
  - 2017: 10% counted
  - 2018: 50% counted
  - 2019: 70% counted
Analysis of use of RBDs – individuals

- Use of RBDs generally high across espoir individuals
- Exception: U11 leaps

<table>
<thead>
<tr>
<th>Year</th>
<th>Stance U10</th>
<th>Stance U11</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>75%</td>
<td>0%</td>
</tr>
<tr>
<td>2015</td>
<td>71%</td>
<td>14%</td>
</tr>
<tr>
<td>2016</td>
<td>100%</td>
<td>33%</td>
</tr>
<tr>
<td>2017</td>
<td>60%</td>
<td>80%</td>
</tr>
<tr>
<td>2018</td>
<td>100%</td>
<td>0%</td>
</tr>
<tr>
<td>2019</td>
<td>50%</td>
<td>30%</td>
</tr>
</tbody>
</table>

- Take-up of the dynamic balances is better than last year but still low:

<table>
<thead>
<tr>
<th>Year</th>
<th>U10 Stance</th>
<th>U11 Stance</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>10%</td>
<td>0%</td>
</tr>
<tr>
<td>2019</td>
<td>18%</td>
<td>30%</td>
</tr>
</tbody>
</table>
Analysis of use of RBDs – individuals

- Example review of use of developments of RBDs across ages:

<table>
<thead>
<tr>
<th>Year</th>
<th>U9</th>
<th>U10</th>
<th>U11</th>
<th>U12*</th>
<th>JNR</th>
<th>SNR</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>n/a</td>
<td>n/a</td>
<td>10%</td>
<td>33 / 0%</td>
<td>20%</td>
<td>30%</td>
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<tr>
<td>2014</td>
<td>n/a</td>
<td>20%</td>
<td>50%</td>
<td>30%</td>
<td>8%</td>
<td>20%</td>
</tr>
<tr>
<td>2015</td>
<td>50%</td>
<td>83%</td>
<td>71%</td>
<td>20%</td>
<td>50%</td>
<td>13%</td>
</tr>
<tr>
<td>2016</td>
<td>0%</td>
<td>38%</td>
<td>100%</td>
<td>66%</td>
<td>0%</td>
<td>38%</td>
</tr>
<tr>
<td>2017</td>
<td>100%</td>
<td>63%</td>
<td>80%</td>
<td>50%</td>
<td>30%</td>
<td>13%</td>
</tr>
<tr>
<td>2018</td>
<td>50%</td>
<td>60%</td>
<td>100%</td>
<td>75%</td>
<td>25%</td>
<td>29%</td>
</tr>
<tr>
<td>2019</td>
<td>100%</td>
<td>45%</td>
<td>60%</td>
<td>50%</td>
<td>29%</td>
<td>29%</td>
</tr>
</tbody>
</table>

*This RBD was releve in 2014 and 2015, now flat foot
Follow through to junior and senior individuals

- Good follow through of higher value BDs into junior/senior, for example:

<table>
<thead>
<tr>
<th>Year</th>
<th>Junior</th>
<th>Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>0%</td>
<td>70%</td>
</tr>
<tr>
<td>2014</td>
<td>38%</td>
<td>60%</td>
</tr>
<tr>
<td>2015</td>
<td>67%</td>
<td>63%</td>
</tr>
<tr>
<td>2016</td>
<td>38%</td>
<td>63%</td>
</tr>
<tr>
<td>2017</td>
<td>60%</td>
<td>75%</td>
</tr>
<tr>
<td>2018</td>
<td>63%</td>
<td>100%</td>
</tr>
<tr>
<td>2019</td>
<td>93%</td>
<td>86%</td>
</tr>
</tbody>
</table>

Note: The table above shows the follow-through percentages for junior and senior individuals from 2013 to 2019.
Are the individuals being awarded their BDs?

• High proportion of balances awarded, including increase this year for junior and seniors

• Leaps generally well performed, though some exceptions:
  – U11 turning stag RBD: only 60% awarded
  – U12 stag back bend RBD: only 50% awarded
  – Senior butterfly: only 60% awarded

But improvement in adding criteria to leaps for juniors and seniors, eg turning stag back bend (juniors 78%, seniors 100%)
Are the individuals being awarded their BDs?

- Rotations performed well by juniors and seniors.
- Mixed bag for espoirs with rotations. Examples of BDs needing more work:
  - U10 passe en dehors RBD: only 64% awarded
  - U11 attitude pivot RBD: only 50% awarded
  - U12 ring pivot RBD: only 67% awarded

Good news:
- U12 half turn penchee: 88% counted (2018:75%)
- U10 illusion RBD: 91% counted (2018: 88%)
Competition Handbook
Major Changes
Changes for 2020 – Groups

• Level 5 & 4 Espoir Groups to be comprised of five or six gymnasts, so all Groups at Seeding must have at least five gymnasts

• change to age requirements for Junior and Senior Groups (all levels)
  – minimum three Juniors in a Junior Group
  – minimum three Seniors in a Senior Group

• maximum number of gymnasts to be used across a season – including seeding – is nine for all ages
Changes for 2020 – Espoir Group BQT

• mandatory for Groups seeking to compete in British Championships/Elite League
• five gymnasts to be tested with all five undertaking each part of the testing
• reduced Strength & Conditioning programme (no skipping, no single leg drop jumps, no trunk prone back capacity)
Changes for 2020 – British Championships

• no Apparatus Finals for Espoirs (Individual or Group), with apparatus titles being decided on the basis of scores in the All-Around competition
• Apparatus Finals for Junior & Senior Groups, with the top six qualifying regardless of how many Groups took part in the All-Around competition
• no guests (Individual or Group) in Apparatus Finals
Zonal Grades

• each Grade must be on a different day
• no other competitions to be added (n.b. can use results for Zonal/Regional Championships but no additional routines)
• Competition Organiser to be named in advance
• entries via GymNET
• minimum 2 x County Judges per club (club’s expense)
• 2–3 RGTC-appointed independent Brevets (from competition budget)
Zonal Grades

• panel composition to be approved by National Judging Convener at least two weeks prior
• scoring spreadsheet to be sent to National Judging Convener for checking one week prior
• results to be sent to National Competition Organiser a.s.a.p. after the event
• completed scoring spreadsheet and all judging paperwork to be sent to National Judging Convener within one week of event
Review of Gymnast Numbers
Around 1,150 gymnasts have competed in at least one competition in 2019 (to date)
Number of gymnasts seen at National competitions stable compared with 2018
The proportion of gymnasts competing in National competitions is stable – but variation evident across Zones.

<table>
<thead>
<tr>
<th>Year</th>
<th>Zone A</th>
<th>Zone B</th>
<th>Zone C</th>
<th>Zone D</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>47%</td>
<td>53%</td>
<td>40%</td>
<td>60%</td>
</tr>
<tr>
<td>2016</td>
<td>48%</td>
<td>68%</td>
<td>36%</td>
<td>77%</td>
</tr>
<tr>
<td>2017</td>
<td>46%</td>
<td>40%</td>
<td>35%</td>
<td>47%</td>
</tr>
<tr>
<td>2018</td>
<td>41%</td>
<td>30%</td>
<td>36%</td>
<td>49%</td>
</tr>
<tr>
<td>2019</td>
<td>43%</td>
<td>36%</td>
<td>40%</td>
<td>46%</td>
</tr>
</tbody>
</table>
Number of Individuals competing Level 4 or 5 remains stable
British Championships (Individual)

Number of gymnasts

<table>
<thead>
<tr>
<th>Year</th>
<th>Under 9/10</th>
<th>Under 11/12</th>
<th>Junior</th>
<th>Senior</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td></td>
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<tr>
<td>2015</td>
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</tr>
<tr>
<td>2019</td>
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</tr>
</tbody>
</table>

Total: [Total number of gymnasts for each year]
NDP Finals

Number of gymnasts

Grade 4  Grade 5  Grade 6  Grade 7  Grade 8  Grade 9  Grade 10  Total

Number of Groups entering Seeding stable since 2017

- **Espoir**
  - 2014: 20
  - 2015: 25
  - 2016: 35
  - 2017: 40
  - 2018: 30
  - 2019: 25

- **Junior**
  - 2014: 20
  - 2015: 25
  - 2016: 35
  - 2017: 40
  - 2018: 30
  - 2019: 25

- **Senior**
  - 2014: 20
  - 2015: 25
  - 2016: 35
  - 2017: 40
  - 2018: 30
  - 2019: 25
Pathway selection

• At the 2019 NDP Finals, 22 gymnasts (18.2% of individuals entered) competed both as Individuals and as part of a Group

• At the 2019 British Championships, just 4 (11.4%) did both

• Continued evidence of appropriate pathway selection by coaches
Disability Gymnastics
Update

• Has disabilities gymnastics grown?
• Has Rhythmic disabilities grown?
• Performance/participation
• Have we got the structure in place to succeed?
• Disabilities Reps
• Classification
Technical Regulation Changes
Transgender Clothing Policy