

Rhythmic Technical Committee

National Events Programme 2021

Group Apparatus & Gymnast Eligibility

The apparatus for group competitions in 2021 will be amended from the published 2021 NDP handbook and will be as follows:

Age Group	Apparatus 1	Apparatus 2
Esplor	5 or 6 Free	5 or 6 Ball
Junior	5 Ropes	5 Balls
Senior	5 Hoops or 5 Balls (Choice)	3 Ribbon / 2 Balls

Groups will be judged on the current FIG code of points with age group adaptations as per the NDP already published.

There will be no eligibility criteria other than age. It is up to the coach's discretion as to whether each group is of a suitable standard to compete safely at Level 3 and above.

For this year only we will allow gymnasts to compete according to their age group for 2022 except for gymnasts born in 2013 (U9s in 2022), who are not able to compete due to British Gymnastics' safeguarding requirements.

Gymnasts are not permitted to compete in multiple age groups or multiple groups.

All group competitions will be Apparatus Finals (Competition 3). Groups can enter 1 or both apparatuses. Routines will be performed only once.

Individuals Apparatus & Gymnast Eligibility

Gymnasts must compete in their age groups for the designated competition for 2021 (the Pre-Juniors being those born in 2009). The competition is open to disability and mainstream gymnasts. Apparatus choices will be as follows for each age group:

Age Group 2021	Apparatus 1	Apparatus 2	Apparatus 3	Apparatus 4
Senior	Hoop	Ball	Clubs	Ribbon
Junior	Hoop	Ball	Clubs	Ribbon
Pre-Junior	Hoop	Ball	Clubs	Ribbon
Esplor	Free	Hoop	Ball	Clubs

Individuals will be judged on the current FIG COP including UK adaptations published in the NDP.

There will be no eligibility criteria other than age. It is up to the coach's discretion as to whether each gymnast is of a suitable standard to compete safely at Level 3 and above.

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Gymnasts may enter a maximum of 2 apparatus from their age group's apparatus as shown above. Gymnasts who are current full members of a Junior or Senior Home Nation Performance programme may be permitted to enter more than 2 apparatus if time permits, any additional routines would be hors concours.