

## Rhythmic Technical Committee

Dear all,

I'm so glad that we can finally begin to return to training with face-to-face interactions, your on-line sessions have served you well over this last year. I would like to extend my deep gratitude & to the outgoing technical committee members who have served our Rhythmic Gymnastics community for the last two cycles or more, Nicky Richards, Sarah Moon, Lisa Higgins, Rachel Haines, Karen Crutchley & Ruth Hudson. As a team we have successfully overseen the growth & development of our beautiful sport. The technical committee structure moving forwards is now reduced to only 3 people, Stefano Sirianni has been appointed alongside myself & Karen who remain. We will shortly be launching our working groups, where we will be looking for volunteers to work with us on key projects for the continued development of the discipline.

Vicki Pearson (RG TC Chairperson)

Please find the latest Rhythmic news.

April 2021

### Contents

- TC Update
- 2021 Competition Handbook
- RHY Foundation Programme 2021
- CPD Sessions for coaches Level 2 and above
- Unauthorized Apparatus manufacture
- New Newsletter distribution list

### New Rhythmic Gymnastics Technical Committee 2021/24

|                                      |                  |
|--------------------------------------|------------------|
| <b>Chair</b>                         | Vicki Pearson    |
| <b>National Judging Co-ordinator</b> | Karen Crutchley  |
| <b>Member</b>                        | Stefano Sirianni |
| <b>Disability Representative</b>     | Jaime Robb       |

### 2021 Competition Handbook

The 2021 competition handbook will shortly be available on BG website.  
In the interim, please see attached the proposed apparatus for the remainder of the 2021 events.

### **RHY Foundation Programme 2021**

The RGTC have requested that a further window of opportunity be given to all clubs to declare an expression of interest to enter the selection process for 2021.

- For a gymnast who has not already expressed interest for the Foundation Online Assessment and would like to as per requirements.
- OR**
- Coaches who are currently struggling to put groups together of 5 gymnasts due to withdrawals from the group, or would like to include new gymnasts to form a 'group' (new gymnasts due to a group being different to the gymnasts who expressed interest in December 2020)

If you fall into either of the above, please follow this [LINK](#) to register.  
The **deadline** for this will be **Friday 30th April by 9am and no later:**

We will have a maximum number of 75 submissions across individuals and groups, therefore if we exceed this number it will be based on a first come, first serve basis.  
Gymnasts previously enrolled need to confirm their attendance to [harriet.barnes@british-gymnastics.org](mailto:harriet.barnes@british-gymnastics.org)

#### Assessment Dates for New selection:

May 17<sup>th</sup> by 12pm – Ballet Video Submission Deadline  
May 22<sup>nd</sup> – Assessment Day 1  
May 29<sup>th</sup> – Assessment Day 2

Provisional New Squad Date for Foundation: 10-11th July 2021

### **SAVE THE DATE - CPD Sessions for coaches Level 2 and above**

We are delighted to launch a seminar series for level 2 and above coaches to support their learning development and share knowledge, experiences and examples of good practice from our national coaches.

**Seminar 1** - Sunday 27<sup>th</sup> June – What's the point of Ballet? The fundamentals from Ballet and how we translate onto the Floor.

### **Unauthorized apparatus manufacture**

FIG have advised that GOKI SPORTS are not an FIG authorized apparatus manufacturer.

### New Newsletter sign up

Please note if you would like to still receive the RGTC News Bulletins for 2021 onwards, your club will need to enroll using this [link](#) or by scanning this code.



Information will be circulated to club's official representatives only (i.e., club secretary, head coach and judge). Independent Judges can also enroll to receive judging updates.

Alternately, you can check for regular updates on:

<https://www.british-gymnastics.org/technical-information/discipline-updates/rhythmic>