

Rhythmic Technical Committee

Dear all,

Please find the latest Rhythmic news.

New Newsletter sign up

Please note if you would like to still receive the RGTC News Bulletins for 2021 onwards, your club will need to enroll using this [link](#) or by scanning this code.



Information will be circulated to club's official representatives only (i.e., club secretary, head coach and judge). Independent Judges can also enroll to receive judging updates.

Alternately, you can check for regular updates on:

<https://www.british-gymnastics.org/technical-information/discipline-updates/rhythmic>

Kindest Regards,

Stefano Sirianni

June 2021

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Calendar Update

Please find attached the latest 2021 and 2022 calendar updates.

Working Groups

The Rhythmic Gymnastics Technical Committee (RGTC) is looking to appoint working groups to support and co-operate with the development and implementation of specific projects and events.

Please read the attached document to find out more about working groups and how to apply.

Rhythmic Technical Committee

GBR Representation

Best of luck to all the gymnasts who will compete at the 2021 European championships in Varna 9th 13th June.

Individuals

Marfa Ekimova
Gemma Frizelle
Alice Leaper

Group

Emily Austin
Rosina Cheale
Isabella Mason-Iran
Atanaska Kirilova
Phillipa Museva
Isabella Rittman

The gymnast will be supported by the Assistant National coaches Laura Hogg(HOD) & Lynne Hutchison with Maria Foster as Judge, Nia Evans has been selected as a member of the superior jury for the Olympic Qualification competitions.

Pathway Development Coaching Clinic

Following our save the date in our previous newsletter please see the amended workshop focus.

Title: *Drilling to the core - Let's go deep.*

Aim: Developing a deeper understanding of the body for Elite Rhythmic Gymnastics.

Course Content:

- Can Ballet help to achieve Elite performance?
- Clarification of the Recommended body difficulties for 2021 onwards.
- How to architect an International level gymnast.
- Do things change when we add apparatus?

Follow this [link](#) to enroll in this coaching clinic.

Selection Policy 2021 World Championships (JPN)

The selection policy for the above event has been published and can be found on the BG website [here](#).

If you no longer wish to receive this information, just email "Rhythmic News Opt Out" to [RG TC Contact](#)