

## Rhythmic Technical Committee

### Application for gymnast waiver

**This form must be completed by the gymnast's/group's coach. Please complete a separate application form for each gymnast/group.**

Name of Gymnast/Group: .....

Club: .....

1. What are you seeking a waiver for (e.g. exemption from certain BQT exercises, entry to British Championships, right to participate in GBR Programme selection event etc)?

2. Why does the gymnast need a waiver (e.g. illness/injury\*, missed BQT or Grades)?

*\*If the reason relates to illness or injury please enclose medical evidence in support*

3. Why do you believe that the gymnast/group should be granted the waiver? You must provide **evidence** supporting your application. For example, scores and rankings from recent competitions. It is **not** enough to simply state that you believe that the gymnast/group is of the right level.

## **Coach's declaration** - by submitting this form the coach agrees to the following:

It is the coach's responsibility to ensure that their gymnast/group performs only when fit and well enough to do so. The disclosure of the information requested in this form does not create any responsibility on the RGTC or any selection panel to make this assessment. The coach confirms that the gymnast/group is expected to be fit and well enough to:

- perform the remaining BQT exercises in respect of which a waiver is not sought; AND/OR
- compete in the competition/selection event in respect of which you make this application; AND/OR
- participate in the scheduled GBR Programme sessions,

as appropriate, in the context of this application form. If the gymnast's/group's circumstances change so that this is no longer the case, it is the coach's responsibility to ensure that the gymnast/group does not put herself/themselves at risk by proceeding with that event.

Coach's signature: \_\_\_\_\_

Coach's name: \_\_\_\_\_

Date: \_\_\_\_\_

Please submit this form to the Rhythmic Gymnastics Technical Committee by email on  
[rhythmicctc@british-gymnastics.org](mailto:rhythmicctc@british-gymnastics.org)