



Rhythmic Technical Committee

APPLICATION FOR GYMNAST WAIVER

Please complete a separate application form for each Gymnast/Group.

Name of Gymnast/Group:

Club:

1. Matter in respect of which a waiver is sought (e.g. exemption from certain BQT exercises, entry to British Championships, right to participate in GBR Squad selection event, membership of GBR Squad)
2. Reason for requesting the waiver (e.g. illness/injury*, missed BQT or Grades)
**If the reason relates to illness or injury please enclose medical evidence in support*
3. Information in support of your application, i.e. why the coach believes that the Gymnast/Group should be allowed to compete in the relevant competition/attend the selection event/be a member of the GBR Squad, together with any supporting information (e.g. scores from recent competitions)

Coach's declaration *(by submitting this form the coach agrees to the following)*

It is the coach's responsibility to ensure that their gymnast(s) performs/competes only when fit and well enough to do so. The disclosure of the information requested in this form does not impart any responsibility on the RGTC to make this assessment. The coach confirms that the gymnast(s) is/are (or is/are expected to be) fit and well enough to:

- perform the remaining BQT exercises in respect of which a waiver is not sought; AND/OR
- compete in the competition/selection event in respect of which you make this application; AND/OR
- participate in the scheduled GBR Squad sessions

as appropriate, in the context of this application form. If the gymnast(s)'s circumstances change so that this is no longer the case, it is the coach's responsibility to ensure that the gymnast(s) does not put herself/themselves at risk by proceeding with that event.

Coach's signature:

Coach's name:

Date: