



TeamGym Symposium

25th & 26th November 2017



K2 Leisure Centre, Pease Pottage Hill, Crawley RH11 9BQ

Saturday 12noon-5pm

New UEG Code of Points with Peter Tranckle

Inter-zonal Competition & GB Selection Event with Chris Bennett & Stuart Woods

International Internship Report from Bromma Gymnastics, Sweden (TBC)

Sport Psychology with Sue Lawton (Trampoline IPC)

Power Elements with Alberto Cacace (Men's Artistic IPC)

Sunday 9am - 4pm

Jumps & Leaps with Stacey Godden

Whips & Transitions Workshop with Alan Lavelle & Kristoff Willerton

Advanced Flexibility Methods with Helen O'Leary

Body Alignment with Helen O'Leary

Eligibility: Level 3-5 TeamGym Coaches

Fee: £40 for both day or £25 for one day

To enroll on this course please click here:

<https://www.british-gymnastics.org/course/21838/team-gym-symposium/?location=>

Book early to avoid disappointment.

Contact Peter.Tranckle@british-gymnastics.org for any enquiries.