Horizontal Displacement

Update October 2018 – to be used for all competitions
Horizontal Displacement Zones
Horizontal Displacement

Foot landings to the long side of the Trampoline:

(at least) one foot has to be clearly outside the line
Horizontal Displacement

Foot landings to the short side of the Trampoline:

the length of (at least one) foot has to be at least $\frac{2}{3}$ outside the line
Long Sides
Horizontal Displacement – Feet

Short Sides

Long Sides
Horizontal Displacement – Front/Seat/Back Landings

- The hip joint must be obviously in an outer zone for the greater deduction to apply.

- An outer deduction zone deduction cannot be given if the Horizontal Displacement Judges are not sure that the hip is not obviously in the zone.
Horizontal Displacement – Seat landings
Horizontal Displacement – Front and Back landings