

TUM Technical Requirements

British Championships

2022

Trampoline National Technical Committee

Please refer to the National Competition Handbook for further information

British Championships 2022 Competition Format

YOUTH 10-12yrs and JUNIOR 13-16yrs

- Qualification Round – 2 exercises, cumulative score
- Final (top 8) – 1 exercise, scores starting from zero

FIG Elite Age Group (WAGC) Requirement			
Age Groups	Exercise 1	Exercise 2	Exercise 3 (Final)
Youth Junior	Voluntary exercise of 8 skills	Voluntary exercise of 8 skills	Voluntary exercise of 8 skills
	FIG Repeat Rule applies – no repeated somersaults within the exercise except for RO, Flics, Whips & Whip 360.	FIG Repeat Rule applies – no repeated somersaults within this exercise or between exercise 1 & exercise 2 except for RO, Flics, Whips & Whip 360.	FIG Repeat Rule applies – no repeated somersaults within the exercise, except for RO, Flics, Whips & Whip 360
	Must end with a somersault, otherwise a penalty of 2.0 will be applied	Must end with a somersault, otherwise a penalty of 2.0 will be applied	Must end with a somersault, otherwise a penalty of 2.0 will be applied
			Can be same as Exercise 1 or Exercise 2 or completely different

The following difficulty limits for an individual element apply at all age group events	
YOUTH: 2.8	JUNIOR: 4.3
For 10yrs & 11-12 years, triple somersaults are prohibited. For all age groups, quadruple somersaults are prohibited. Any abuse of this rule will result in disqualification	

SENIOR

- Qualification Round – 2 exercises, cumulative score
- Final 1 (top 8) – 1 exercise, scores starting from zero
- Final 2 (top 4) – 1 exercise, scores starting from zero

Senior				
Age Groups	Exercise 1	Exercise 2	Exercise 3 (Final 1)	Exercise 4 (Final 2)
Senior	Voluntary exercise of 8 skills	Voluntary exercise of 8 skills	Voluntary exercise of 8 skills	Voluntary exercise of 8 skills
	FIG Repeat Rule applies – no repeated somersault within the exercise except for RO, Flics, Whips & Whip 360.	FIG Repeat Rule applies – no repeated somersault within this exercise or between Exercise 1 & Exercise 2 except for RO, Flics, Whips & Whip 360.	FIG Repeat Rule applies – no repeated somersault within the exercise except for RO, Flics, Whips & Whip 360 Skills from exercise 1 & 2 can be used as this is a zero start final	FIG Repeat Rule applies – no repeated somersault within this exercise or between Exercise 3 & Exercise 4 except for RO, Flics, Whips & Whip 360.
	Must end with a somersault, otherwise a penalty of 2.0 will be applied	Must end with a somersault, otherwise a penalty of 2.0 will be applied	Must end with a somersault, otherwise a penalty of 2.0 will be applied	Must end with a somersault, otherwise a penalty of 2.0 will be applied

FIG rules will be applied other than;

- o In the combined age groups, Youth, Junior & Senior, the skill difficulty cap will be set at that of the older limit.
- o No Semi final.

Qualification to the British Championships

A maximum number of 24 gymnasts per age group (Youth, Junior, Senior), per gender will be invited to attend the British Championships made up of the following:

- Current members of the GBR Senior and Junior National Squad
- The remaining places will be allocated in rank order from the combined Age Groups at the National Age Group Final
 - YOUTH (10yrs & 11-12yrs)
 - JUNIOR (13-14yrs & 15-16yrs)
 - SENIOR (17-21yrs & Senior 17yrs+)

When selecting the qualifying gymnasts to the Youth section, all 10yr old gymnasts will have their difficulty score recalculated with the bonus for whips removed to give a level playing field with the 11-12 gymnasts in the age band.

The final list of qualifiers for the British Championships will be published no later than 4 weeks after the National Age Group Final.

Entry to the event must be completed by clubs via British Gymnastics' GymNET online Entry Portal by the published closing date..

PLEASE NOTE: If there are any amendments to the FIG Code of Points the TC reserve the right to amend these Technical Requirements.