

CONTENT OF THE EXERCISE

Maximum 8 highest difficulties including dismount are counted for DV
 This consists of - **Minimum 3 Dance, Minimum 3 Acro, and 2 optional elements**
 Maximum number of acro lines is 4. No dismount will be credited if only 1 acro line
 If no dismount count only 7 elements for DV - **0.50 deduction D Panel from Final Score**
 Any difficulty (acro) performed after last counting acro line will not be counted for DV
 Acro line is min 2 directly connected flight elements one of which must be a salto
 Failure to land feet first from a salto will still be considered an acro line

Short exercise D Panel deduction from Final Score

7 elements or more - 0.00 ded / 5-6 els - 4.00 ded / 3-4 els - 6.00 ded / 1-2 els - 8.00 ded / No els - 10.00 ded

Duration of exercise may not exceed 90 seconds Overtime deduction - 0.10

13.3 COMPOSITION REQUIREMENTS (CR) - D PANEL -2.00		
1. Dance passage 2 different leaps/hops (from Code), connected directly or indirectly, 1 with 180° split (cross/side) or straddle	award	0.50
2. Salto with LA turn (minimum 360°)	award	0.50
3. Salto with double BA	award	0.50
4. Salto backward & salto forward (<i>no aeriels</i>) in same or different acro line	award	0.50
NOTE CR 2, 3 and 4 must be performed within acro line		

13.4 CONNECTION VALUE (CV) - D PANEL Formulas for indirect and direct connections		
INDIRECT ACRO (Acro elements without hand support only)		
0.10	0.20	
B/C + D	C + E / D + D	
A + A + D	A + A + E	
DIRECT ACRO (Acro elements without hand support only)		
A + D	A + E	
C + C	C + D	
MIXED		
D salto + B (dance)	Both must be performed in this order	
E salto + A (dance)		
CONNECTION of TURNS on ONE LEG		
D + B	Note: Turns can be performed on same support leg (brief demi-plié on support leg is permitted) or with step into turn on opposite leg (no demi-plié is permitted)	
B + B (no step)		

13.5 ARTISTRY AND CHOREOGRAPHY DEDUCTIONS - E PANEL	0.10	0.30	0.50
Artistry of Performance			
- Insufficient artistry of performance throughout the entire exercise			
• Lack of expressiveness	X		
• Inappropriate gesture or facial expression (mimic) not corresponding to the music or to the movement	X		
• Failure to engage the audience	X		
- Inability to reflect musical theme, to play a role or a character throughout the performance	X		
- Performance of the entire exercise as a series of disconnected elements & movements	X		
Composition			
- Incorrect selection of movements for particular music, eg. 'Tango' music but 'Polka' movements	X	X	
- Insufficient complexity or creativity of movements (<i>a complex and creative movement is one that requires training time, co-ordination and previous preparation</i>)	X		
- Missing movement touching floor (including minimum trunk or thigh or knee or head)	X		
Music & Musicality			
- Editing of music (eg. no opening, ending or accents)			
• No structure to the music	X		
- Musicality			
• Lack of synchronisation between movement and musical beat during a part of the exercise		X	
• Lack of synchronisation between movement and musical beat at the end of the exercise	X		
• Background music (<i>the exercise is connected to the music only at the beginning and end of the exercise</i>)			X

13.6 SPECIFIC APPARATUS DEDUCTIONS - E PANEL			
- Excessive preparation			
• Pause (apply at 2 seconds)	ea X		
• Adjustment (unnecessary steps)	ea X		
• Excessive arm swing before dance elements	ea X		
- Poor body posture/amplitude throughout (<i>maximum elongation of the body movements</i>)			
• Head, trunk, shoulder and arm positions	X		
• Feet not pointed/relaxed turned in/flat	X		
• Insufficient amplitude of leg swings/kicks	X		
- Distribution of elements			
• Exercise starts immediately with an acro line/acro element	X		
• Subsequent acro line performed after previous line along the same diagonal without choreography in between (<i>long acro line allowed</i>)	ea X		
• More than 1 subsequent acro line	ea X		
• Exercise ends with acro element (no choreography after last acro)	X		
• Lack of variety in choreography into corners (<i>for the entire exercise NL 40</i>)	X		