SENIOR BRITISH CHAMPIONSHIPS 2019

Gymnasts 16+ years of age

UNCHANGED FROM 2017

• FIG Cycle 14 Code of Points (2017-2020)

BONUS'

GENERAL

- 0.2 bonus for D or above dismount on Bars, Beam, Floor
- 0.1 bonus added on to the above for a stuck landing (D or above) on Floor landing must be from a D or above acrobatic line / element.

BARS

• 0.1 bonus on Bars if a 1/1 turn in an element is completed within 10°

VAULT

• 0.2 bonus on Vault for stuck landings (minimum DV 4.8).

FLOOR

- 0.3 deduction if one foot / one hand is out of bounds on Floor
- 0.5 deduction if both feet are out of bounds on Floor