

**DISABILITY GRADE 2
ISOLATED HOOP ELEMENTS**



Gymnast No _____ Gymnast Name _____ Club _____

Skill	Assessment criteria and marks available		Score
Mirror plane swing x 2 then turn. Hoop to follow swing, held in 2 hands	0.5	Swings are smooth, smooth transition between each swing and into turn, hoop stays in plane throughout, hoop correctly held	
	0.3	Isolated moments when swings not smooth and/or hoop not in plane and/or hoop is incorrectly held	
	0.1	Swings are jerky throughout and/or hoop is not in plane throughout and/or hoop is incorrectly held throughout	
	0	Swings not performed or not recognisable and/or hoop is dropped	
Spin hoop on floor (vertical axis)	0.5	Hoop stays on the same spot, remains vertical, shows at least two clear rotations	
	0.3	Hoop shows at least 1 clear rotation but moves off the spot and/or begins to drop	
	0.1	Hoop does less than 1 clear rotation	
	0	Spin not performed or not recognisable and/or hoop drops completely to floor	
Skip stretch x 3 through hoop	0.5	Skips are smooth, toes pointed, hoop not touching feet or floor	
	0.3	Skips performed hesitantly and/or hoop touches feet or floor once and/or feet not stretched	
	0.1	Interruption between skips and/or hoop touches feet or floor more than once	
	0	Skips not performed or not recognisable and/or hoop is dropped	
Rotations of hoop around waist, neck or hand	0.5	Rotations are on the correct body part and are smooth, hoop stays in the relevant plane	
	0.3	Hoop travels slightly from the intended body part and/or hoop is slightly off plane	
	0.1	Rotations are jerky and/or hoop travels significantly from intended body part and/or hoop is significantly off plane	
	0	Rotations not performed or not recognisable and/or hoop is dropped	
TOTAL:			

Judge Signature _____ Judge No _____