

**DISABILITY GRADE 1  
ISOLATED BALL ELEMENTS**



Gymnast No \_\_\_\_\_ Gymnast Name \_\_\_\_\_ Club \_\_\_\_\_

Skill	Assessment criteria and marks available		Score
<b>Assisted roll on body</b>	0.5	Smooth roll of the ball, controlled finish to the roll	
	0.3	Isolated moments when roll not smooth and/or finish is not controlled	
	0.1	Roll is jerky throughout and/or stops part way through the roll	
	0	Roll not performed or not recognisable or ball is dropped	
<b>Passé balance ball to change hands (own choice) during balance</b>	0.5	Passe shape is clear, balance is held for one second, smooth transition of ball with no cupping or grasping	
	0.3	Slight deviation in passe shape and/or balance held but not for one second and/or slightly incorrect handling of ball	
	0.1	Passe shape not clear and/or balance not held at all and/or ball is grasped/cupped	
	0	Not performed or not recognisable or ball is dropped	
<b>Mirror plane swings x 4, ball to follow movement (own choice)</b>	0.5	Swings are smooth, smooth transition between each swing, ball stays in plane throughout, ball not cupped or grasped	
	0.3	Isolated moments when swings not smooth and/or ball not in plane and/or ball is incorrectly held	
	0.1	Swings are jerky throughout and/or ball is not in plane throughout and/or ball is incorrectly held throughout	
	0	Swings not performed and/or not recognisable and/or ball is dropped	
<b>Body wave ball in 2 hands (starts near hips, move up body, ends above head)</b>	0.5	Wave through whole body, controlled finish, ball moves smoothly and is correctly held (no grasping) throughout	
	0.3	Wave only through most (not all) of body and/or finish with one step and/or ball is slightly grasped	
	0.1	Wave only through part of body and/or finish with more than one step and/or ball is grasped throughout	
	0	Wave not performed or not recognisable and/or ball is dropped	
<b>TOTAL:</b>			

Judge Signature \_\_\_\_\_ Judge No \_\_\_\_\_